

11e Kortrijk Loopt - 16 mei 2016

4,49 KM

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|-----------------|-----|-----|-------|---------|-------|---------|
| 1 | 5389 | OMEY Hans | ST-ELOOIS-VIJVE | 30 | SEH | 1 | 0:13:40 | 19,71 | 3:03 |
| 2 | 5010 | DESCHODT Bert | HARELBEKE | 35 | M35 | 1 | 0:14:04 | 19,15 | 3:08 |
| 3 | 6552 | CALLENS Steven | HEULE | 27 | SEH | 2 | 0:14:44 | 18,29 | 3:17 |
| 4 | 6603 | DE SMET Thibaut | WAREGEM | 17 | SEH | 3 | 0:15:04 | 17,88 | 3:21 |
| 5 | 6226 | VANHOORELBEKE Renzo | HARELBEKE | 34 | SEH | 4 | 0:15:19 | 17,59 | 3:25 |
| 6 | 5924 | LIBEERT Sander | KORTRIJK | 24 | SEH | 5 | 0:15:21 | 17,55 | 3:25 |
| 7 | 5661 | VERMEULEN Emanuel | BRUGGE | 31 | SEH | 6 | 0:15:29 | 17,40 | 3:27 |
| 8 | 5920 | HOUSSEIN SAID Mahdi | KORTRIJK | 24 | SEH | 7 | 0:15:32 | 17,34 | 3:28 |
| 9 | 5891 | VAN LOO Kevin | MOERKERKE | 14 | SEH | 8 | 0:15:32 | 17,34 | 3:28 |
| 10 | 6002 | DENDONCKER Koen | DEERLIJK | 40 | M40 | 1 | 0:15:42 | 17,16 | 3:30 |
| 11 | 5826 | DENDONCKER Veerle | BOSSUIT | 36 | F35 | 1 | 0:15:45 | 17,10 | 3:30 |
| 12 | 5439 | DEHULLU Bruno | KORTRIJK | 44 | M40 | 2 | 0:15:48 | 17,05 | 3:31 |
| 13 | 5880 | DRIESSENS Ruben | AALBEKE | 16 | SEH | 9 | 0:15:54 | 16,94 | 3:32 |
| 14 | 5011 | GOESAERT Audrey | HARELBEKE | 33 | SEF | 1 | 0:16:05 | 16,75 | 3:35 |
| 15 | 5811 | TIERSEN Jonas | KORTRIJK | 28 | SEH | 10 | 0:16:17 | 16,54 | 3:38 |
| 16 | 5535 | DESMET Angelino | KORTRIJK | 26 | SEH | 11 | 0:16:20 | 16,49 | 3:38 |
| 17 | 5303 | LAMMERTYN Eli | ST-DENIJS | 31 | SEH | 12 | 0:16:28 | 16,36 | 3:40 |
| 18 | 6576 | POPPE Jean-Marie | HEULE | 50 | M50 | 1 | 0:16:33 | 16,28 | 3:41 |
| 19 | 5879 | JANSSENS Geert | GENT | 44 | M40 | 3 | 0:16:36 | 16,23 | 3:42 |
| 20 | 5892 | VAN LOO Maxim | MOERKERKE | 16 | SEH | 13 | 0:16:41 | 16,15 | 3:43 |
| 21 | 5843 | MESSIAEN Kenny | HARELBEKE | 28 | SEH | 14 | 0:16:42 | 16,13 | 3:43 |
| 22 | 5756 | DECLERCQ Olivier | DEERLIJK | 17 | SEH | 15 | 0:16:45 | 16,08 | 3:44 |
| 23 | 5259 | VAN BELLEGHEM Bart | HEULE | 54 | M50 | 2 | 0:16:46 | 16,07 | 3:44 |
| 24 | 5350 | VANNESTE Michaël | MARKE | 36 | M35 | 2 | 0:16:52 | 15,97 | 3:45 |
| 25 | 5251 | BEKAERT Michiel | OUDENAARDE | 30 | SEH | 16 | 0:16:57 | 15,89 | 3:47 |
| 26 | 5828 | VANDEMOORTELE Ritchie | RENINGELST | 41 | M40 | 4 | 0:16:59 | 15,86 | 3:47 |
| 27 | 5239 | CLINCEMAILLE Jolien | ST-NIKLAAS | 23 | SEH | 17 | 0:17:01 | 15,83 | 3:47 |
| 28 | 6130 | VERLINDEN Jurgen | ZOTTEGEM | 41 | M40 | 5 | 0:17:06 | 15,75 | 3:49 |
| 29 | 6196 | DELEU Peter | WIELSBEKE | 46 | M45 | 1 | 0:17:13 | 15,65 | 3:50 |
| 30 | 5296 | LEBBE Rémy | KORTRIJK | 19 | SEH | 18 | 0:17:15 | 15,62 | 3:51 |
| 31 | 5754 | PARMENTIER Ann | INGOOIGEM | 37 | F35 | 2 | 0:17:32 | 15,37 | 3:54 |
| 32 | 5878 | JANSSENS Tibo | GENT | 14 | SEH | 19 | 0:17:33 | 15,35 | 3:55 |
| 33 | 5863 | VAN ISEGHEM Tim | KORTRIJK | 19 | SEH | 20 | 0:17:36 | 15,31 | 3:55 |
| 34 | 5706 | DE RIDDER Aloys | KOTRTIJK | 12 | SEH | 21 | 0:17:45 | 15,18 | 3:57 |
| 35 | 5211 | DESRAMAULT Timothy | MARKE | 28 | SEH | 22 | 0:17:46 | 15,16 | 3:57 |
| 36 | 6180 | BATTHEU Simon | MOORSELE | 15 | SEH | 23 | 0:17:48 | 15,13 | 3:58 |
| 37 | 5310 | DESCAMPS Matthias | KORTRIJK | 16 | SEH | 24 | 0:17:53 | 15,06 | 3:59 |
| 38 | 5740 | VANSCHAMELHOUT Emile | KORTRIJK | 16 | SEH | 25 | 0:17:56 | 15,02 | 4:00 |
| 39 | 6119 | RYCKEBOER Jérôme | OOIGEM | 10 | SEH | 26 | 0:18:06 | 14,88 | 4:02 |
| 40 | 6160 | DERYCKE Gino | KORTRIJK | 49 | M45 | 2 | 0:18:07 | 14,87 | 4:02 |
| 41 | 6170 | REMMERIE Alexander | ZWEVEGEM | 11 | SEH | 27 | 0:18:12 | 14,80 | 4:03 |
| 42 | 5438 | DE BACKER Bert | OTEGEM | 36 | M35 | 3 | 0:18:12 | 14,80 | 4:03 |
| 43 | 5810 | DEMASURE Sien | KORTRIJK | 28 | SEF | 2 | 0:18:20 | 14,69 | 4:05 |
| 44 | 5255 | VERMEULEN Ian | HARELBEKE | 25 | SEH | 28 | 0:18:22 | 14,67 | 4:05 |
| 45 | 5026 | TAVEIRNE Bjorn | BISSEGEM | 36 | M35 | 4 | 0:18:23 | 14,65 | 4:06 |
| 46 | 5999 | DEFREYNE Andres | HEULE | 17 | SEH | 29 | 0:18:24 | 14,64 | 4:06 |
| 47 | 6223 | VERDONCK Hendrik | KORTRIJK | 57 | M55 | 1 | 0:18:24 | 14,64 | 4:06 |
| 48 | 5702 | DE RIDDER Eddy | KOTRTIJK | 43 | M40 | 6 | 0:18:24 | 14,64 | 4:06 |
| 49 | 5319 | BOONANTS Luc | MARKE | 54 | M50 | 3 | 0:18:24 | 14,64 | 4:06 |
| 50 | 5819 | DE ROP Virginie | AALBEKE | 35 | F35 | 3 | 0:18:26 | 14,61 | 4:06 |
| 51 | 6680 | LEBRUN Dirk | MENEN | 42 | M40 | 7 | 0:18:27 | 14,60 | 4:07 |
| 52 | 5316 | DEMEYER Johan | BEVEREN-LEIE | 62 | M60 | 1 | 0:18:28 | 14,59 | 4:07 |
| 53 | 6237 | VANKEIRSBILCK Julien | KORTRIJK | 16 | SEH | 30 | 0:18:29 | 14,58 | 4:07 |
| 54 | 5677 | WATTEYN Maxim | KORTRIJK | 14 | SEH | 31 | 0:18:30 | 14,56 | 4:07 |
| 55 | 6208 | DEVOLDERE Robin | KORTRIJK | 11 | SEH | 32 | 0:18:30 | 14,56 | 4:07 |
| 56 | 6638 | DEVRIENDT Jasper | GULLEGEM | 13 | SEH | 33 | 0:18:32 | 14,54 | 4:08 |
| 57 | 6614 | LAMMERTIN Emiel | INGELMUNSTER | 11 | SEH | 34 | 0:18:32 | 14,54 | 4:08 |
| 58 | 5354 | VANWALLEGHEM Noah | ROESELARE | 13 | SEH | 35 | 0:18:35 | 14,50 | 4:08 |
| 59 | 5469 | VANWALLEGHEM Alexander | ROESELARE | 39 | M35 | 5 | 0:18:35 | 14,50 | 4:08 |
| 60 | 5280 | DEBRUYNE Kjartann | ROESELARE | 13 | SEH | 36 | 0:18:35 | 14,50 | 4:08 |
| 61 | 6215 | DEQUAE Sofie | KORTRIJK | 17 | SEF | 3 | 0:18:36 | 14,48 | 4:09 |
| 62 | 6640 | TOP Maarten | OLSENE | 27 | SEH | 37 | 0:18:37 | 14,47 | 4:09 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 63 | 5037 | LOUAGIE Pieter | KORTRIJK | 27 | SEH | 38 | 0:18:38 | 14,46 | 4:09 |
| 64 | 6575 | BEEUWSAERT Dirk | HEULE | 72 | M70 | 1 | 0:18:38 | 14,46 | 4:09 |
| 65 | 5727 | STAELS Emiel | HEULE | 13 | SEH | 39 | 0:18:41 | 14,42 | 4:10 |
| 66 | 5720 | RAES Elia | KORTRIJK | 13 | SEH | 40 | 0:18:41 | 14,42 | 4:10 |
| 67 | 5192 | DELOBELLE Emiel | MARKE | 13 | SEH | 41 | 0:18:42 | 14,41 | 4:10 |
| 68 | 5194 | JONCKHEERE Niels | MARKE | 13 | SEH | 42 | 0:18:42 | 14,41 | 4:10 |
| 69 | 5693 | TORBeyNS Viktor | HARELBEKE | 13 | SEH | 43 | 0:18:45 | 14,37 | 4:11 |
| 70 | 6587 | CLOET Remi | KORTRIJK | 11 | SEH | 44 | 0:18:46 | 14,36 | 4:11 |
| 71 | 6642 | TOP Martijn | OLSENE | 23 | SEH | 45 | 0:18:49 | 14,32 | 4:11 |
| 72 | 5809 | WITDOUCK Dries | LEDEGEM | 25 | SEH | 46 | 0:18:50 | 14,30 | 4:12 |
| 73 | 5676 | WATTEYN Cédric | KORTRIJK | 12 | SEH | 47 | 0:18:52 | 14,28 | 4:12 |
| 74 | 5678 | CHRISTIAENS Thibaut | ROLLEGEM | 15 | SEH | 48 | 0:18:54 | 14,25 | 4:13 |
| 75 | 5726 | STAELS Andreas | HEULE | 14 | SEH | 49 | 0:18:55 | 14,24 | 4:13 |
| 76 | 5813 | FERYN Gaëtan | HEULE | 14 | SEH | 50 | 0:18:56 | 14,23 | 4:13 |
| 77 | 6559 | SABBE Kim | KORTRIJK | 13 | SEH | 51 | 0:18:56 | 14,23 | 4:13 |
| 78 | 6199 | DECONINCK Baziel | MARKE | 13 | SEH | 52 | 0:18:56 | 14,23 | 4:13 |
| 79 | 5446 | MAROY Victor | ZWEVEGEM | 10 | SEH | 53 | 0:19:06 | 14,10 | 4:15 |
| 80 | 6198 | VANDENBERGHE Milan | MENEN | 13 | SEH | 54 | 0:19:10 | 14,06 | 4:16 |
| 81 | 5636 | HOOFD Jeroen | BRUGGE | 32 | SEH | 55 | 0:19:10 | 14,06 | 4:16 |
| 82 | 6129 | WARLOP Louis | KORTRIJK | 25 | SEH | 56 | 0:19:12 | 14,03 | 4:17 |
| 83 | 6228 | BOGAERT Emile | RUMBEKE | 10 | SEH | 57 | 0:19:12 | 14,03 | 4:17 |
| 84 | 6231 | TOMME Peter | MARKE | 18 | SEH | 58 | 0:19:13 | 14,02 | 4:17 |
| 85 | 5505 | NDIONE Coumba | HARELBEKE | 28 | SEF | 4 | 0:19:13 | 14,02 | 4:17 |
| 86 | 5887 | BEEL Emma Reinilde | KORTRIJK | 29 | SEF | 5 | 0:19:14 | 14,01 | 4:17 |
| 87 | 6176 | OVAERE Piet | ZWEVEGEM | 36 | M35 | 6 | 0:19:22 | 13,91 | 4:19 |
| 88 | 5553 | DEVOGEL Kim | KORTRIJK | 16 | SEF | 6 | 0:19:23 | 13,90 | 4:19 |
| 89 | 5033 | DE CLERCQ Lorenzo | LAUWE | 33 | SEH | 59 | 0:19:24 | 13,89 | 4:19 |
| 90 | 5135 | SUPPLY Lisa | AVELGEM | 24 | SEF | 7 | 0:19:27 | 13,85 | 4:20 |
| 91 | 6589 | DEFUSTER Harold | KORTRIJK | 38 | M35 | 7 | 0:19:27 | 13,85 | 4:20 |
| 92 | 6637 | DEVRIENDT Thomas | GULLEGEM | 14 | SEH | 60 | 0:19:28 | 13,84 | 4:20 |
| 93 | 5507 | VANFLETEREN Robbe | BISSEGEM | 16 | SEH | 61 | 0:19:30 | 13,82 | 4:21 |
| 94 | 5611 | VANDERSCHAEGHE Davy | | 40 | M40 | 8 | 0:19:31 | 13,80 | 4:21 |
| 95 | 5378 | VAN BELLEGHEM Edward | KONTICH | 14 | SEH | 62 | 0:19:35 | 13,76 | 4:22 |
| 96 | 5341 | VAN BIERVLIET Jean-Paul | KORTRIJK | 49 | M45 | 3 | 0:19:38 | 13,72 | 4:22 |
| 97 | 5818 | WAEKENS Virginie | BLANKENBERGE | 34 | SEF | 8 | 0:19:38 | 13,72 | 4:22 |
| 98 | 5104 | DECALUWE Fien | KORTRIJK | 35 | F35 | 4 | 0:19:46 | 13,63 | 4:24 |
| 99 | 6577 | MIGNERET Caroline | HEULE | 37 | F35 | 5 | 0:19:47 | 13,62 | 4:24 |
| 100 | 5508 | VANFLETEREN Arne | BISSEGEM | 16 | SEH | 63 | 0:19:51 | 13,57 | 4:25 |
| 101 | 6623 | KOOPS Hendrik | KORTRIJK | 17 | SEH | 64 | 0:19:52 | 13,56 | 4:25 |
| 102 | 5566 | BERTRAND Olivier | WAREGEM | 30 | SEH | 65 | 0:19:54 | 13,54 | 4:26 |
| 103 | 5299 | D'HAERYERE Joke | HARELBEKE | 27 | SEF | 9 | 0:19:56 | 13,52 | 4:26 |
| 104 | 5932 | ACCARIN Elewout | KORTRIJK | 8 | SEH | 66 | 0:19:58 | 13,49 | 4:27 |
| 105 | 5041 | DUPONSELLE Lisa | KORTRIJK | 15 | SEF | 10 | 0:20:01 | 13,46 | 4:27 |
| 106 | 5718 | DESPLENTER Quentin | HARELBEKE | 13 | SEH | 67 | 0:20:01 | 13,46 | 4:27 |
| 107 | 5603 | VERHUE Helen | KORTRIJK | 11 | SEF | 11 | 0:20:02 | 13,45 | 4:28 |
| 108 | 5904 | VANDENBOGAERDE Sander | DEERLIJK | 24 | SEH | 68 | 0:20:03 | 13,44 | 4:28 |
| 109 | 5841 | DESRUMAUX Laurence | KORTRIJK | 11 | SEF | 12 | 0:20:04 | 13,43 | 4:28 |
| 110 | 5623 | DEBEUCKELAERE Kevin | OOSTENDE | 27 | SEH | 69 | 0:20:05 | 13,41 | 4:28 |
| 111 | 5095 | DERLUYN Tom | RUMBEKE | 23 | SEH | 70 | 0:20:05 | 13,41 | 4:28 |
| 112 | 5342 | MINNEBO Jarne | ZWEVEGEM | 11 | SEH | 71 | 0:20:05 | 13,41 | 4:28 |
| 113 | 6666 | ZUTTERMAN Luca | ASSEBROEK | 12 | SEH | 72 | 0:20:08 | 13,38 | 4:29 |
| 114 | 5385 | DERUMEAUX Asha | WEVELGEM | 23 | SEF | 13 | 0:20:09 | 13,37 | 4:29 |
| 115 | 5827 | VERHELST Thomas | KORTRIJK | 18 | SEH | 73 | 0:20:09 | 13,37 | 4:29 |
| 116 | 5705 | DAENEKINDT Elise | KORTRIJK | 15 | SEF | 14 | 0:20:09 | 13,37 | 4:29 |
| 117 | 5724 | VANDESOMPELE Waldo | KORTRIJK | 38 | M35 | 8 | 0:20:09 | 13,37 | 4:29 |
| 118 | 5340 | VAN BIERVLIET Tanguy | KORTRIJK | 16 | SEH | 74 | 0:20:11 | 13,35 | 4:30 |
| 119 | 5797 | DEJONCKERE Jeroen | KORTRIJK | 25 | SEH | 75 | 0:20:11 | 13,35 | 4:30 |
| 120 | 6063 | BALCAEN Maarten | KORTRIJK | 33 | SEH | 76 | 0:20:16 | 13,29 | 4:31 |
| 121 | 5959 | DEPLANCKE Guillaume | HARELBEKE | 14 | SEH | 77 | 0:20:23 | 13,22 | 4:32 |
| 122 | 5602 | VERHUE Oliver | KORTRIJK | 10 | SEH | 78 | 0:20:27 | 13,17 | 4:33 |
| 123 | 5381 | VANHAVERBEKE Thibault | ZWEVEGEM | 11 | SEH | 79 | 0:20:27 | 13,17 | 4:33 |
| 124 | 5940 | PLOUY Bryan | VICHTE | 25 | SEH | 80 | 0:20:30 | 13,14 | 4:34 |
| 125 | 5361 | VERMEIRE Bram | HARELBEKE | 38 | M35 | 9 | 0:20:30 | 13,14 | 4:34 |
| 126 | 5430 | GHEsqUIERE Sep | WEVELGEM | 12 | SEH | 81 | 0:20:31 | 13,13 | 4:34 |
| 127 | 5213 | PAUWELS Bernard | KORTRIJK | 53 | M50 | 4 | 0:20:33 | 13,11 | 4:35 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|------------------|-----|-----|-------|---------|-------|---------|
| 128 | 5941 | DHONT Maxim | WAKKEN | 22 | SEH | 82 | 0:20:33 | 13,11 | 4:35 |
| 129 | 5369 | VANDESOMPELE Laura | ZWEVEGEM | 22 | SEF | 15 | 0:20:37 | 13,07 | 4:36 |
| 130 | 5413 | CUETO Alexander | KORTRIJK | 13 | SEH | 83 | 0:20:39 | 13,05 | 4:36 |
| 131 | 6143 | DEHING Daan | LEEFDAAL | 12 | SEH | 84 | 0:20:40 | 13,04 | 4:36 |
| 132 | 5789 | VUYLSTEKE Ewout | ST-ELOOIS-WINKEL | 13 | SEH | 85 | 0:20:40 | 13,04 | 4:36 |
| 133 | 5106 | CORTIER Simon | PITTEM | 15 | SEH | 86 | 0:20:40 | 13,04 | 4:36 |
| 134 | 5321 | SCHELLEMANS Thibault | DESTELBERGEN | 11 | SEH | 87 | 0:20:43 | 13,00 | 4:37 |
| 135 | 5616 | SCHEERS Bruno | | 41 | M40 | 9 | 0:20:44 | 12,99 | 4:37 |
| 136 | 6214 | AMEEL Amber | KORTRIJK | 17 | SEF | 16 | 0:20:44 | 12,99 | 4:37 |
| 137 | 5747 | PICCAVET Luc | WAREGEM | 58 | M55 | 2 | 0:20:44 | 12,99 | 4:37 |
| 138 | 6167 | RYCKEBOER Julien | OOGIGEM | 11 | SEH | 88 | 0:20:44 | 12,99 | 4:37 |
| 139 | 5901 | DEWULF Layce | KORTRIJK | 24 | SEH | 89 | 0:20:44 | 12,99 | 4:37 |
| 140 | 5933 | ACCARIN Korneel | KORTRIJK | 11 | SEH | 90 | 0:20:45 | 12,98 | 4:37 |
| 141 | 5961 | DECOCK Esteban | GENT | 11 | SEH | 91 | 0:20:45 | 12,98 | 4:37 |
| 142 | 5830 | VANDEMOORTELE Shaeny | RENINGELST | 17 | SEF | 17 | 0:20:46 | 12,97 | 4:38 |
| 143 | 5078 | CARPENTIER Marie | KORTRIJK | 29 | SEF | 18 | 0:20:49 | 12,94 | 4:38 |
| 144 | 6172 | VALCKE Bjorn | WERVIK | 30 | SEH | 92 | 0:20:50 | 12,93 | 4:38 |
| 145 | 5391 | LISON Corinne | OOSTROZEBEKE | 30 | SEF | 19 | 0:20:53 | 12,90 | 4:39 |
| 146 | 6030 | DEBONNE Mathieu | WEVELGEM | 32 | SEH | 93 | 0:20:54 | 12,89 | 4:39 |
| 147 | 5960 | DECOCK Pablo | GENT | 40 | M40 | 10 | 0:20:57 | 12,86 | 4:40 |
| 148 | 5471 | GRAULICH Valérie | KORTRIJK | 49 | F45 | 1 | 0:20:59 | 12,84 | 4:40 |
| 149 | 5419 | TOMME Helena | BELLESEM | 14 | SEF | 20 | 0:21:02 | 12,81 | 4:41 |
| 150 | 5947 | BENSALEM Sabri | HELKIJN | 19 | SEF | 21 | 0:21:03 | 12,80 | 4:41 |
| 151 | 6681 | LEBRUN Luca | MENEN | 10 | SEH | 94 | 0:21:04 | 12,79 | 4:42 |
| 152 | 5286 | DERUYCK Margot | GENT | 31 | SEF | 22 | 0:21:04 | 12,79 | 4:42 |
| 153 | 5719 | DESPLENTER Jo | HARELBEKE | 43 | M40 | 11 | 0:21:05 | 12,78 | 4:42 |
| 154 | 5762 | SOETAERT Geert André | ZONNEBEKE | 46 | M45 | 4 | 0:21:07 | 12,76 | 4:42 |
| 155 | 5023 | ANNE Margaux | HARELBEKE | 14 | SEF | 23 | 0:21:09 | 12,74 | 4:43 |
| 156 | 5835 | VANDENBERGHE Billie | KORTRIJK | 12 | SEH | 95 | 0:21:09 | 12,74 | 4:43 |
| 157 | 6257 | VANDENBROUCKE Brecht | BAVIKHOVE | 10 | SEH | 96 | 0:21:09 | 12,74 | 4:43 |
| 158 | 6100 | KAPENGA Tesse | KORTRIJK | 14 | SEF | 24 | 0:21:11 | 12,72 | 4:43 |
| 159 | 5224 | MONDY Vanessa | KORTRIJK | 36 | F35 | 6 | 0:21:12 | 12,71 | 4:43 |
| 160 | 6122 | DEMUYNCK Amaury | BELLESEM | 11 | SEH | 97 | 0:21:14 | 12,69 | 4:44 |
| 161 | 6132 | DEPREZ Justine | AALBEKE | 14 | SEF | 25 | 0:21:17 | 12,66 | 4:44 |
| 162 | 5642 | DUJARDIN Jimmy | BRUGGE | 29 | SEH | 98 | 0:21:18 | 12,65 | 4:45 |
| 163 | 5200 | CAPPELLE Thomas | LICHTERVELDE | 24 | SEH | 99 | 0:21:18 | 12,65 | 4:45 |
| 164 | 6699 | VERHAEGHE Ruben | MARKE | 9 | SEH | 100 | 0:21:19 | 12,64 | 4:45 |
| 165 | 6179 | DEBOISERIE Julien | DEERLIJK | 24 | SEH | 101 | 0:21:22 | 12,61 | 4:46 |
| 166 | 5763 | CAUCHETEUX Francois | KAIN | 12 | SEH | 102 | 0:21:23 | 12,60 | 4:46 |
| 167 | 5937 | VANDERERFVEN Maurice | KORTRIJK | 11 | SEH | 103 | 0:21:23 | 12,60 | 4:46 |
| 168 | 6258 | ROGIEST Emile | KORTRIJK | 11 | SEH | 104 | 0:21:24 | 12,59 | 4:46 |
| 169 | 6235 | DEBAETS Veerle | HARELBEKE | 50 | F50 | 1 | 0:21:25 | 12,58 | 4:46 |
| 170 | 6613 | LAMMERTIN Flore | INGELMUNSTER | 11 | SEF | 26 | 0:21:25 | 12,58 | 4:46 |
| 171 | 5052 | MEULEWAETER Cédric | KORTRIJK | 16 | SEH | 105 | 0:21:28 | 12,55 | 4:47 |
| 172 | 5786 | DELMOTTE Tuur | KORTRIJK | 12 | SEH | 106 | 0:21:29 | 12,54 | 4:47 |
| 173 | 5297 | DENYS Florens | 8650 MERKEM | 17 | SEH | 107 | 0:21:29 | 12,54 | 4:47 |
| 174 | 5834 | TANGHE Noah | KORTRIJK | 12 | SEH | 108 | 0:21:29 | 12,54 | 4:47 |
| 175 | 5231 | SINNAEVE Dieter | BISSESEM | 32 | SEH | 109 | 0:21:31 | 12,52 | 4:48 |
| 176 | 5912 | TLILI Semy | KORTRIJK | 26 | SEH | 110 | 0:21:31 | 12,52 | 4:48 |
| 177 | 5034 | VANBECELAERE Sanne | WEVELGEM | 30 | SEF | 27 | 0:21:32 | 12,51 | 4:48 |
| 178 | 5485 | COORNAERT Frederic | ORROIR | 39 | M35 | 10 | 0:21:33 | 12,50 | 4:48 |
| 179 | 6582 | DENYS Stephanie | HEULE | 36 | F35 | 7 | 0:21:35 | 12,48 | 4:48 |
| 180 | 6639 | DELESIE Jan | MARKE | 68 | M65 | 1 | 0:21:36 | 12,47 | 4:49 |
| 181 | 5025 | VERA Rudy | KORTRIJK | 47 | M45 | 5 | 0:21:36 | 12,47 | 4:49 |
| 182 | 5452 | STEEN Alicia | LENDELEDE | 34 | SEF | 28 | 0:21:37 | 12,46 | 4:49 |
| 183 | 6241 | DELCHAMBRE Bart | KORTRIJK | 40 | M40 | 12 | 0:21:39 | 12,44 | 4:49 |
| 184 | 6023 | STAELENS Sigurd | ICHTEGEM | 27 | SEH | 111 | 0:21:40 | 12,43 | 4:50 |
| 185 | 5379 | DE KEYZER Michiel | KORTRIJK | 30 | SEH | 112 | 0:21:40 | 12,43 | 4:50 |
| 186 | 6134 | VERHAEST Sophie | KORTRIJK | 45 | F45 | 2 | 0:21:40 | 12,43 | 4:50 |
| 187 | 6022 | EECKHOUT Justine | ICHTEGEM | 26 | SEF | 29 | 0:21:42 | 12,41 | 4:50 |
| 188 | 6413 | VERHELST Stan | KORTRIJK | 14 | SEH | 113 | 0:21:43 | 12,41 | 4:50 |
| 189 | 5107 | CORTIER Emma | PITTEM | 13 | SEF | 30 | 0:21:43 | 12,41 | 4:50 |
| 190 | 5681 | CHRISTIAENS Axelle | ROLLEGEM | 12 | SEF | 31 | 0:21:44 | 12,40 | 4:50 |
| 191 | 5411 | VAN DE VEL Elien | MERELBEKE | 27 | SEF | 32 | 0:21:44 | 12,40 | 4:50 |
| 192 | 5291 | BONAMI Yves | MERELBEKE | 27 | SEH | 114 | 0:21:45 | 12,39 | 4:51 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 193 | 5962 | ARENA Emilio | BISSEGEM | 15 | SEH | 115 | 0:21:45 | 12,39 | 4:51 |
| 194 | 6616 | BOSSUYT Nathan | KORTRIJK | 11 | SEH | 116 | 0:21:47 | 12,37 | 4:51 |
| 195 | 5787 | MAES Ruben | KORTRIJK | 12 | SEH | 117 | 0:21:47 | 12,37 | 4:51 |
| 196 | 6669 | | | | - | | 0:21:47 | 12,37 | 4:51 |
| 197 | 5126 | SCHEPPERS Jordy | BRUGGE | 29 | SEH | 118 | 0:21:47 | 12,37 | 4:51 |
| 198 | 6156 | JOLIE Briek | HEULE | 14 | SEH | 119 | 0:21:48 | 12,36 | 4:51 |
| 199 | 6618 | BOSSUYT Judith | KORTRIJK | 12 | SEF | 33 | 0:21:49 | 12,35 | 4:52 |
| 200 | 5743 | VANSCHAMELHOUT Marie | KORTRIJK | 18 | SEF | 34 | 0:21:49 | 12,35 | 4:52 |
| 201 | 5777 | DEWULF Wannes | DENTERGEM | 15 | SEH | 120 | 0:21:53 | 12,31 | 4:52 |
| 202 | 5802 | PIENS Jarne | HEESTERT | 15 | SEH | 121 | 0:21:55 | 12,29 | 4:53 |
| 203 | 5193 | JONCKHEERE Elias | MARKE | 11 | SEH | 122 | 0:21:55 | 12,29 | 4:53 |
| 204 | 5063 | VANDENBERGHE Celine | KORTRIJK | 15 | SEF | 35 | 0:21:59 | 12,25 | 4:54 |
| 205 | 5817 | CUVELIER Kris Remi | WAREGEM | 34 | SEH | 123 | 0:22:01 | 12,24 | 4:54 |
| 206 | 5048 | BORTIER Lucie | KORTRIJK | 14 | SEF | 36 | 0:22:01 | 12,24 | 4:54 |
| 207 | 6103 | VANDENABEELE Eva | MOORSLEDE | 20 | SEF | 37 | 0:22:03 | 12,22 | 4:55 |
| 208 | 6104 | BATAILLIE Bram | KORTRIJK | 20 | SEH | 124 | 0:22:03 | 12,22 | 4:55 |
| 209 | 5001 | DE BEULE Bart | SCHOTEN | 34 | SEH | 125 | 0:22:04 | 12,21 | 4:55 |
| 210 | 5499 | BEERNAERT Sattawat | GELUWE | 26 | SEH | 126 | 0:22:05 | 12,20 | 4:55 |
| 211 | 6243 | THURMAN Pieter | KORTRIJK | 10 | SEH | 127 | 0:22:06 | 12,19 | 4:55 |
| 212 | 5929 | VANDENBROUCKE Steven | BISSEGEM | 33 | SEH | 128 | 0:22:06 | 12,19 | 4:55 |
| 213 | 6245 | MATS Sustronck | KORTRIJK | 10 | SEH | 129 | 0:22:08 | 12,17 | 4:56 |
| 214 | 6005 | DEGRAEVE Anne | MARKE | 48 | F45 | 3 | 0:22:08 | 12,17 | 4:56 |
| 215 | 6698 | VERHEECKE Michael | MARKE | 38 | M35 | 11 | 0:22:08 | 12,17 | 4:56 |
| 216 | 5483 | ANSION Esteban | ATH | 14 | SEH | 130 | 0:22:09 | 12,16 | 4:56 |
| 217 | 6123 | DEMUYNCK Alexis | BELLESEM | 6 | SEH | 131 | 0:22:10 | 12,15 | 4:56 |
| 218 | 6117 | COENEGRACHT Hendrik | KORTRIJK | 16 | SEH | 132 | 0:22:11 | 12,14 | 4:56 |
| 219 | 5939 | DUQUESNOY Cindy | DEERLIJK | 23 | SEF | 38 | 0:22:12 | 12,14 | 4:57 |
| 220 | 5971 | VANCOPPENOLLE Indra | KORTRIJK | 15 | SEF | 39 | 0:22:13 | 12,13 | 4:57 |
| 221 | 5767 | VANHESTE Tine | HEULE | 41 | F40 | 1 | 0:22:14 | 12,12 | 4:57 |
| 222 | 6115 | DESOMBERE Ione | MARKE | 50 | F50 | 2 | 0:22:16 | 12,10 | 4:58 |
| 223 | 5864 | JEHOUL Hannes | WILSELE | 25 | SEH | 133 | 0:22:18 | 12,08 | 4:58 |
| 224 | 5783 | CARTON Glenn | IEPER | 26 | SEH | 134 | 0:22:18 | 12,08 | 4:58 |
| 225 | 5246 | BOUAOUD David | KORTRIJK | 41 | M40 | 13 | 0:22:18 | 12,08 | 4:58 |
| 226 | 5110 | VALCKE John | ST-DENIJS | 43 | M40 | 14 | 0:22:21 | 12,05 | 4:59 |
| 227 | 5675 | PARMENTIER Katrien | WEVELGEM | 35 | F35 | 8 | 0:22:22 | 12,04 | 4:59 |
| 228 | 6426 | MARRECAU Matteo | KORTRIJK | 11 | SEH | 135 | 0:22:22 | 12,04 | 4:59 |
| 229 | 5615 | DESCHILDRE Thijs | | 10 | SEH | 136 | 0:22:22 | 12,04 | 4:59 |
| 230 | 6357 | SAMYN Victor Gabriel | ROESELARE | 9 | SEH | 137 | 0:22:23 | 12,04 | 4:59 |
| 231 | 5759 | VERSCHUERE Pol | BEVEREN-LEIE | 40 | M40 | 15 | 0:22:26 | 12,01 | 5:00 |
| 232 | 5427 | VERPLAETSE Annelies | HULSTE | 56 | F55 | 1 | 0:22:26 | 12,01 | 5:00 |
| 233 | 5262 | DEGROOTE Koen | OTEGEM | 47 | M45 | 6 | 0:22:28 | 11,99 | 5:00 |
| 234 | 5845 | BAERT Frederik | OUDENAARDE | 33 | SEH | 138 | 0:22:28 | 11,99 | 5:00 |
| 235 | 5180 | CAULIEZ Nicolas | KORTRIJK | 24 | SEH | 139 | 0:22:29 | 11,98 | 5:00 |
| 236 | 6146 | STEELAND Baptiste | DEERLIJK | 11 | SEH | 140 | 0:22:30 | 11,97 | 5:01 |
| 237 | 6236 | VANKEIRSBILCK Chris | KORTRIJK | 51 | M50 | 5 | 0:22:30 | 11,97 | 5:01 |
| 238 | 5788 | VANDERMARLIERE Tom | LANDEN | 38 | M35 | 12 | 0:22:31 | 11,96 | 5:01 |
| 239 | 5839 | DEKIMPE Robbe | MARKE | 11 | SEH | 141 | 0:22:32 | 11,96 | 5:01 |
| 240 | 6265 | LAMOTE Michèle | KORTRIJK | 15 | SEF | 40 | 0:22:33 | 11,95 | 5:01 |
| 241 | 5840 | DESRUMAUX Maxime | KORTRIJK | 9 | SEH | 142 | 0:22:33 | 11,95 | 5:01 |
| 242 | 5287 | MANDERICK Sonja | KORTRIJK | 48 | F45 | 4 | 0:22:35 | 11,93 | 5:02 |
| 243 | 5521 | DE JODE Francis | GIBECQ | 50 | M50 | 6 | 0:22:35 | 11,93 | 5:02 |
| 244 | 5258 | DE CONINCK Günther | GULLEGEM | 31 | SEH | 143 | 0:22:35 | 11,93 | 5:02 |
| 245 | 6427 | MARRECAU Emmanuel | KORTRIJK | 53 | M50 | 7 | 0:22:35 | 11,93 | 5:02 |
| 246 | 5641 | VAN GEIJN Eric | BRUGGE | 29 | SEH | 144 | 0:22:36 | 11,92 | 5:02 |
| 247 | 5382 | VANHAVERBEKE Manon | ZWEVEGEM | 15 | SEF | 41 | 0:22:36 | 11,92 | 5:02 |
| 248 | 5416 | MOREELS Stijn | MENEN | 21 | SEH | 145 | 0:22:36 | 11,92 | 5:02 |
| 249 | 6676 | VANDER HAUWAERT Christophe | KORTRIJK | 42 | M40 | 16 | 0:22:42 | 11,87 | 5:03 |
| 250 | 6353 | PEETERS Ephraim | BELLESEM | 9 | SEH | 146 | 0:22:43 | 11,86 | 5:04 |
| 251 | 5679 | VANDENBULCKE Margot | BEVEREN-LEIE | 14 | SEF | 42 | 0:22:43 | 11,86 | 5:04 |
| 252 | 6560 | SKATCHKOFF Zaza | KORTRIJK | 12 | SEF | 43 | 0:22:43 | 11,86 | 5:04 |
| 253 | 6423 | MULIER Eline | GULLEGEM | 18 | SEF | 44 | 0:22:44 | 11,85 | 5:04 |
| 254 | 5842 | DESRUMAUX Pascal | KORTRIJK | 48 | M45 | 7 | 0:22:44 | 11,85 | 5:04 |
| 255 | 6564 | VANDER CRUYSSSEN Heike | VICHTE | 13 | SEF | 45 | 0:22:45 | 11,84 | 5:04 |
| 256 | 6662 | VANDER CRUYSSSEN Maaike | VICHTE | 11 | SEF | 46 | 0:22:45 | 11,84 | 5:04 |
| 257 | 5245 | DEVOLDER Kristl | KORTRIJK | 28 | SEF | 47 | 0:22:45 | 11,84 | 5:04 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|------------------|-----|-----|-------|---------|-------|---------|
| 258 | 5766 | VANPARYS Elien | OOSTROZEBEKE | 31 | SEF | 48 | 0:22:45 | 11,84 | 5:04 |
| 259 | 6561 | VERSTRAETEN Liesbeth | KORTRIJK | 46 | F45 | 5 | 0:22:46 | 11,83 | 5:04 |
| 260 | 5437 | DE BACKER Louise | OTEGEM | 9 | SEF | 49 | 0:22:48 | 11,82 | 5:05 |
| 261 | 5498 | SIRI Chalermasuk | GELUWE | 28 | SEH | 147 | 0:22:49 | 11,81 | 5:05 |
| 262 | 6590 | MOLENAAR Jan | GELUWE | 62 | M60 | 2 | 0:22:51 | 11,79 | 5:05 |
| 263 | 5874 | DE CLERCQ August | KORTRIJK | 13 | SEH | 148 | 0:22:52 | 11,78 | 5:06 |
| 264 | 5497 | NOTTE Louis | ST-MARTENS-LATEM | 13 | SEH | 149 | 0:22:53 | 11,77 | 5:06 |
| 265 | 5298 | VERHAEGHE Sander | HEULE | 9 | SEH | 150 | 0:22:53 | 11,77 | 5:06 |
| 266 | 5506 | VERHAEGHE Angelo | HEULE | 34 | SEH | 151 | 0:22:54 | 11,76 | 5:06 |
| 267 | 5640 | DUFOUR Kevin | BRUGGE | 29 | SEH | 152 | 0:22:56 | 11,75 | 5:06 |
| 268 | 6352 | PEETERS Beniyam | BELLEGEM | 10 | SEH | 153 | 0:22:56 | 11,75 | 5:06 |
| 269 | 5013 | DEPICKERE Tim | IZEGEM | 16 | SEH | 154 | 0:22:58 | 11,73 | 5:07 |
| 270 | 5046 | VANDEPUTTE Brent | KORTRIJK | 16 | SEH | 155 | 0:22:58 | 11,73 | 5:07 |
| 271 | 6148 | STEELAND Koen Anna | DEERLIJK | 40 | M40 | 17 | 0:22:58 | 11,73 | 5:07 |
| 272 | 5047 | DUYCK Yorre | KORTRIJK | 16 | SEH | 156 | 0:22:58 | 11,73 | 5:07 |
| 273 | 5888 | DUBOIS Leen | KORTRIJK | 48 | F45 | 6 | 0:23:00 | 11,71 | 5:07 |
| 274 | 6193 | VAN DER BEKEN Quim | WAREGEM | 9 | SEH | 157 | 0:23:01 | 11,70 | 5:08 |
| 275 | 5474 | STOCK Pieter | KORTRIJK | 32 | SEH | 158 | 0:23:02 | 11,70 | 5:08 |
| 276 | 6194 | VAN DER BEKEN Quim | WAREGEM | 40 | M40 | 18 | 0:23:03 | 11,69 | 5:08 |
| 277 | 6242 | VANDEMOORTELE Britt | ST-ELOOIS WINKEL | 16 | SEF | 50 | 0:23:04 | 11,68 | 5:08 |
| 278 | 5060 | DUPONT Seppe | KORTRIJK | 13 | SEH | 159 | 0:23:04 | 11,68 | 5:08 |
| 279 | 6636 | DEVRIENDT Stijn | GULLEGEM | 39 | M35 | 13 | 0:23:06 | 11,66 | 5:09 |
| 280 | 5388 | PAESMANS Stef | BEKKEVOORT | 11 | SEH | 160 | 0:23:09 | 11,64 | 5:09 |
| 281 | 6161 | DE JONGHE Jean-Marc | KORTRIJK | 48 | M45 | 8 | 0:23:12 | 11,61 | 5:10 |
| 282 | 5292 | VANDEN BUSSCHE Toon | KORTRIJK | 12 | SEH | 161 | 0:23:13 | 11,60 | 5:10 |
| 283 | 6233 | DEWULF Stef | KORTRIJK | 46 | M45 | 9 | 0:23:14 | 11,60 | 5:10 |
| 284 | 6116 | COENEGRACHT Luc Eddy | KORTRIJK | 45 | M45 | 10 | 0:23:14 | 11,60 | 5:10 |
| 285 | 6150 | LAMBRECHT Kenneth | HARELBEKE | 26 | SEH | 162 | 0:23:16 | 11,58 | 5:11 |
| 286 | 5085 | SPEYBROUCK Nandino | HARELBEKE | 41 | M40 | 19 | 0:23:16 | 11,58 | 5:11 |
| 287 | 5760 | MOINY Olivia | AUDERGHEN | 26 | SEF | 51 | 0:23:17 | 11,57 | 5:11 |
| 288 | 5380 | VANHAVERBEKE Gerd | ZWEVEGEM | 43 | M40 | 20 | 0:23:18 | 11,56 | 5:11 |
| 289 | 6249 | NOTTE Marie | ST-MARTENS-LATEM | 15 | SEF | 52 | 0:23:19 | 11,55 | 5:12 |
| 290 | 6227 | DROOGENBROODT Torben | HEESTERT | 24 | SEH | 163 | 0:23:20 | 11,55 | 5:12 |
| 291 | 6133 | VERHAEGHE Dieter | WEVELGEM | 26 | SEH | 164 | 0:23:20 | 11,55 | 5:12 |
| 292 | 5622 | COFFYN Olivier | ICHTEGEM | 22 | SEH | 165 | 0:23:21 | 11,54 | 5:12 |
| 293 | 5554 | MIGOM Anne | KORTRIJK | 48 | F45 | 7 | 0:23:21 | 11,54 | 5:12 |
| 294 | 5808 | LANNOY Sofie | BISSEGEM | 18 | SEF | 53 | 0:23:22 | 11,53 | 5:12 |
| 295 | 6553 | VANDEWALLE Maika | LAUWE | 29 | SEF | 54 | 0:23:22 | 11,53 | 5:12 |
| 296 | 5204 | BRUYLAND Pascal | KORTRIJK | 50 | M50 | 8 | 0:23:23 | 11,52 | 5:12 |
| 297 | 6052 | MAENE Jurgen | MARKE | 50 | M50 | 9 | 0:23:24 | 11,51 | 5:13 |
| 298 | 5056 | AMEELE Jessim | KORTRIJK | 13 | SEH | 166 | 0:23:24 | 11,51 | 5:13 |
| 299 | 6641 | TOP Mattias | OLSENE | 25 | SEH | 167 | 0:23:25 | 11,50 | 5:13 |
| 300 | 6648 | MOLLY Jelle | OLSENE | 19 | SEH | 168 | 0:23:26 | 11,50 | 5:13 |
| 301 | 5465 | VANHEES Kirsten | KUURNE | 39 | F35 | 9 | 0:23:27 | 11,49 | 5:13 |
| 302 | 6158 | VUYLSTEKE Louis | KORTRIJK | 12 | SEH | 169 | 0:23:27 | 11,49 | 5:13 |
| 303 | 5805 | BEKAERT Ruben | KORTRIJK | 14 | SEH | 170 | 0:23:27 | 11,49 | 5:13 |
| 304 | 5169 | CLARYSSE Yves | HARELBEKE | 40 | M40 | 21 | 0:23:27 | 11,49 | 5:13 |
| 305 | 5311 | DESCAMPS Marie | KORTRIJK | 11 | SEF | 55 | 0:23:28 | 11,48 | 5:14 |
| 306 | 6358 | BALDUYCK Elke Hilde | ROESELARE | 37 | F35 | 10 | 0:23:28 | 11,48 | 5:14 |
| 307 | 6626 | NEYRINCK Sammy | MARKE | 40 | M40 | 22 | 0:23:29 | 11,47 | 5:14 |
| 308 | 5690 | VERLEYEN Veerle | HARELBEKE | 41 | F40 | 2 | 0:23:29 | 11,47 | 5:14 |
| 309 | 5190 | WECXSTEEN Louise | KORTRIJK | 21 | SEF | 56 | 0:23:30 | 11,46 | 5:14 |
| 310 | 5688 | LANKIANE Lucy | KORTRIJK | 14 | SEF | 57 | 0:23:30 | 11,46 | 5:14 |
| 311 | 5312 | DESCAMPS Eline | KORTRIJK | 14 | SEF | 58 | 0:23:32 | 11,45 | 5:14 |
| 312 | 5523 | VAN OVERWALLE Yana | WAREGEM | 22 | SEF | 59 | 0:23:32 | 11,45 | 5:14 |
| 313 | 5776 | DEWULF Lauren | DENTERGEM | 13 | SEF | 60 | 0:23:32 | 11,45 | 5:14 |
| 314 | 5721 | BULS Marthe | LAUWE | 12 | SEF | 61 | 0:23:33 | 11,44 | 5:15 |
| 315 | 5855 | MONSEREZ Dylan | MARKE | 19 | SEH | 171 | 0:23:33 | 11,44 | 5:15 |
| 316 | 6418 | HAERYNCK Matisse | HEULE | 14 | SEH | 172 | 0:23:34 | 11,43 | 5:15 |
| 317 | 5856 | VANDEN BROUCKE Eloy | GULLEGEM | 16 | SEH | 173 | 0:23:34 | 11,43 | 5:15 |
| 318 | 5445 | MAROY Edward | ZWEVEGEM | 9 | SEH | 174 | 0:23:35 | 11,42 | 5:15 |
| 319 | 5934 | ACCARIN Luc Sylvère | KORTRIJK | 47 | M45 | 11 | 0:23:36 | 11,42 | 5:15 |
| 320 | 5444 | MAROY Alexander | ZWEVEGEM | 40 | M40 | 23 | 0:23:36 | 11,42 | 5:15 |
| 321 | 5985 | VEREECKE Lidewij | KORTRIJK | 36 | F35 | 11 | 0:23:39 | 11,39 | 5:16 |
| 322 | 5014 | HELLIN Elise | IZEGEM | 18 | SEF | 62 | 0:23:39 | 11,39 | 5:16 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------------|-------------|--------------------------|-------------------|-----------|------------|----------|----------------|--------------|-------------|
| 323 | 5019 | CUVELIER Wout | MARKE | 7 | SEH | 175 | 0:23:41 | 11,38 | 5:16 |
| 324 | 5018 | CUVELIER David | MARKE | 36 | M35 | 14 | 0:23:41 | 11,38 | 5:16 |
| 325 | 6221 | VANDEBUSSCHE Koen | KORTRIJK | 46 | M45 | 12 | 0:23:45 | 11,34 | 5:17 |
| 326 | 5053 | MAHIEU Lore | KORTRIJK | 18 | SEF | 63 | 0:23:45 | 11,34 | 5:17 |
| 327 | 5044 | CALLENS Elviera | KORTRIJK | 18 | SEF | 64 | 0:23:45 | 11,34 | 5:17 |
| 328 | 6155 | MERCHIE Rob | OTEGEM | 28 | SEH | 176 | 0:23:46 | 11,34 | 5:18 |
| 329 | 5794 | OSTYN Sharis | HARELBEKE | 18 | SEF | 65 | 0:23:46 | 11,34 | 5:18 |
| 330 | 5049 | VANDERHISPALLIE Oceân | KORTRIJK | 17 | SEF | 66 | 0:23:47 | 11,33 | 5:18 |
| 331 | 6020 | BAETENS Davy | KORTRIJK | 31 | SEH | 177 | 0:23:48 | 11,32 | 5:18 |
| 332 | 6102 | BATAILLIE Kris | KORTRIJK | 53 | M50 | 10 | 0:23:49 | 11,31 | 5:18 |
| 333 | 5024 | ANNE Quentain | HARELBEKE | 10 | SEH | 178 | 0:23:49 | 11,31 | 5:18 |
| 334 | 5988 | WELTER Ronny | HARELBEKE | 30 | SEH | 179 | 0:23:51 | 11,30 | 5:19 |
| 335 | 5016 | DEPICKERE Hans | STEKENE | 49 | M45 | 13 | 0:23:51 | 11,30 | 5:19 |
| 336 | 6690 | VAN ROBAEYS Wouter | WORTEGEM-PETEGEM | 30 | SEH | 180 | 0:23:51 | 11,30 | 5:19 |
| 337 | 5012 | DEPICKERE Robbe | STEKENE | 14 | SEH | 181 | 0:23:52 | 11,29 | 5:19 |
| 338 | 5753 | VANNESTE Valerie | KORTRIJK | 39 | F35 | 12 | 0:23:53 | 11,28 | 5:19 |
| 339 | 6267 | NEERINCK Lieven | BELLESEM | 39 | M35 | 15 | 0:23:53 | 11,28 | 5:19 |
| 340 | 5165 | STEELENDT Nathalie | ST-ELOOIS-VIJVE | 37 | F35 | 13 | 0:23:53 | 11,28 | 5:19 |
| 341 | 5254 | HUYSE Elliot | ROLLEGEM | 25 | SEH | 182 | 0:23:54 | 11,27 | 5:19 |
| 342 | 5387 | DERUMEAUX Thoya | WEVELGEM | 26 | SEF | 67 | 0:23:57 | 11,25 | 5:20 |
| 343 | 5083 | WITTEWRONGEL Mathias | GRAMMENE | 28 | SEH | 183 | 0:23:57 | 11,25 | 5:20 |
| 344 | 5833 | CASTEELS Michael | BERCHEM | 13 | SEH | 184 | 0:23:58 | 11,24 | 5:20 |
| 345 | 5647 | VAN ASSCHE Thibaut | BRUGGE | 29 | SEH | 185 | 0:23:58 | 11,24 | 5:20 |
| 346 | 5027 | DESIMPELAERE Thomas | KORTRIJK | 37 | M35 | 16 | 0:23:58 | 11,24 | 5:20 |
| 347 | 5007 | HEYLEN Bram | ITEGEM | 39 | M35 | 17 | 0:23:59 | 11,23 | 5:20 |
| 348 | 5704 | DAENEKINDT Arthur | KORTRIJK | 13 | SEH | 186 | 0:24:02 | 11,21 | 5:21 |
| 349 | 5002 | DESMET Koen | HULSTE | 52 | M50 | 11 | 0:24:02 | 11,21 | 5:21 |
| 350 | 5639 | UYTTERSCHAUT Pieter | BRUGGE | 29 | SEH | 187 | 0:24:02 | 11,21 | 5:21 |
| 351 | 6163 | DE LANGHE Milan | MARKE | 13 | SEH | 188 | 0:24:04 | 11,19 | 5:22 |
| 352 | 6268 | RAEPSAET Elien | ZWEVEGEM | 30 | SEF | 68 | 0:24:04 | 11,19 | 5:22 |
| 353 | 6677 | VERGOTE Luc | KUURNE | 50 | M50 | 12 | 0:24:04 | 11,19 | 5:22 |
| 354 | 5335 | OTTEVAERE Febe | KORTRIJK | 13 | SEF | 69 | 0:24:05 | 11,19 | 5:22 |
| 355 | 5157 | LIETAERT Theo | KORTRIJK | 27 | SEH | 189 | 0:24:05 | 11,19 | 5:22 |
| 356 | 5710 | QUIDOUSSE Lotte | KORTRIJK | 14 | SEF | 70 | 0:24:05 | 11,19 | 5:22 |
| 357 | 5343 | DE ROO Ann | POPERINGE | 54 | F50 | 3 | 0:24:07 | 11,17 | 5:22 |
| 358 | 5893 | DECROO Annick | ROESELARE | 52 | F50 | 4 | 0:24:11 | 11,14 | 5:23 |
| 359 | 6421 | VANKEIRSBILCK Menno | ZWEVEGEM | 10 | SEH | 190 | 0:24:11 | 11,14 | 5:23 |
| 360 | 6025 | PEETERS Bart | BELLESEM | 52 | M50 | 13 | 0:24:11 | 11,14 | 5:23 |
| 361 | 5504 | MALFAIT Adelen | KORTRIJK | 41 | F40 | 3 | 0:24:12 | 11,13 | 5:23 |
| 362 | 5017 | ROOSE Fien | MARKE | 35 | F35 | 14 | 0:24:14 | 11,12 | 5:24 |
| 363 | 5183 | DEMEYER Laurien | KORTRIJK | 20 | SEF | 71 | 0:24:14 | 11,12 | 5:24 |
| 364 | 5936 | VERMOORTELE Pedro Aurèle | KORTRIJK | 41 | M40 | 24 | 0:24:15 | 11,11 | 5:24 |
| 365 | 5199 | CATTELOIN Stefanie | KOOIGEM | 23 | SEF | 72 | 0:24:15 | 11,11 | 5:24 |
| 366 | 5050 | TOYE Anna | KORTRIJK | 12 | SEF | 73 | 0:24:17 | 11,09 | 5:24 |
| 367 | 5593 | CASIER Tine | MOORSELE | 32 | SEF | 74 | 0:24:18 | 11,09 | 5:25 |
| 368 | 6422 | CORNEILLIE Evelyne | ZWEVEGEM | 39 | F35 | 15 | 0:24:19 | 11,08 | 5:25 |
| 369 | 5112 | BUYCK Griet | BELLESEM | 45 | F45 | 8 | 0:24:19 | 11,08 | 5:25 |
| 370 | 5151 | VANHOORELBEKE Stijn | KORTRIJK | 27 | SEH | 191 | 0:24:19 | 11,08 | 5:25 |
| 371 | 5847 | VANDENBERGHE Tom | GULLEGEM | 25 | SEH | 192 | 0:24:20 | 11,07 | 5:25 |
| 372 | 5039 | VANDEPLASSCHE Janne | KORTRIJK | 15 | SEF | 75 | 0:24:22 | 11,06 | 5:26 |
| 373 | 5935 | TYTGAT Tom Michel | KORTRIJK | 36 | M35 | 18 | 0:24:23 | 11,05 | 5:26 |
| 374 | 5806 | BEKAERT Christof | KORTRIJK | 42 | M40 | 25 | 0:24:23 | 11,05 | 5:26 |
| 375 | 6693 | VROMAN Johan | DEERLIJK | 50 | M50 | 14 | 0:24:23 | 11,05 | 5:26 |
| 376 | 5696 | WITHOUCCK Annelies | KORTRIJK | 39 | F35 | 16 | 0:24:24 | 11,04 | 5:26 |
| 377 | 6657 | VINCKIER Dirk | HARELBEKE | 42 | M40 | 26 | 0:24:25 | 11,03 | 5:26 |
| 378 | 5792 | VERMANDER Evelyn | DIKSMUIDE | 32 | SEF | 76 | 0:24:25 | 11,03 | 5:26 |
| 379 | 6164 | VERVAEKE Michelle | HARELBEKE | 21 | SEF | 77 | 0:24:26 | 11,03 | 5:27 |
| 380 | 5353 | POTTIE Liesbeth | OUDENAARDE | 54 | F50 | 5 | 0:24:26 | 11,03 | 5:27 |
| 381 | 5711 | DEFRESNE Gilles | KORTRIJK | 13 | SEH | 193 | 0:24:28 | 11,01 | 5:27 |
| 382 | 6029 | VANDROMME Stefaan | MARKE | 33 | SEH | 194 | 0:24:29 | 11,00 | 5:27 |
| 383 | 5604 | SAYOEN Matthieu | BISSESEM | 33 | SEH | 195 | 0:24:29 | 11,00 | 5:27 |
| 384 | 5257 | BOUSELLAM Alae | WAREGEM | 37 | M35 | 19 | 0:24:31 | 10,99 | 5:28 |
| 385 | 5896 | LANHOVE Pierre | KORTRIJK | 9 | SEH | 196 | 0:24:31 | 10,99 | 5:28 |
| 386 | 5435 | CAFFIAUX Wendy | MOORSELE | 16 | SEF | 78 | 0:24:33 | 10,97 | 5:28 |
| 387 | 5329 | TEIRLYNCK Isabelle | ROLLEGEM | 46 | F45 | 9 | 0:24:33 | 10,97 | 5:28 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 388 | 5358 | ROHART Kristel | GELUVELD | 44 | F40 | 4 | 0:24:33 | 10,97 | 5:28 |
| 389 | 5208 | VILEYN Maya | KORTRIJK | 33 | SEF | 79 | 0:24:34 | 10,97 | 5:28 |
| 390 | 6189 | VAERNEWYCK Stephanie | ZULTE | 33 | SEF | 80 | 0:24:34 | 10,97 | 5:28 |
| 391 | 5858 | GARREYN Nele | MARKE | 33 | SEF | 81 | 0:24:35 | 10,96 | 5:29 |
| 392 | 6264 | BRUNEEL Nils | VEURNE | 20 | SEH | 197 | 0:24:35 | 10,96 | 5:29 |
| 393 | 6301 | CHERCHIÉ Justine | IEPER | 20 | SEF | 82 | 0:24:36 | 10,95 | 5:29 |
| 394 | 5374 | HANSSSENS Cyndie | SPIERE | 32 | SEF | 83 | 0:24:38 | 10,94 | 5:29 |
| 395 | 5261 | DEKEERSMAECKER Dimitri | HOUTHULST | 33 | SEH | 198 | 0:24:38 | 10,94 | 5:29 |
| 396 | 5368 | DECOCK Andie | KORTRIJK | 41 | M40 | 27 | 0:24:38 | 10,94 | 5:29 |
| 397 | 6017 | DE LOOSE Johan | AALBEKE | 56 | M55 | 3 | 0:24:38 | 10,94 | 5:29 |
| 398 | 5596 | LAMBRECHT Laura | KORTRIJK | 20 | SEF | 84 | 0:24:40 | 10,92 | 5:30 |
| 399 | 6036 | DEBLAUWE Sofie | LEDEGEM | 24 | SEF | 85 | 0:24:42 | 10,91 | 5:30 |
| 400 | 6147 | STEELAND Josephine | DEERLIJK | 14 | SEF | 86 | 0:24:43 | 10,90 | 5:30 |
| 401 | 5484 | COORNAERT Aiden | ORROIR | 10 | SEH | 199 | 0:24:45 | 10,88 | 5:31 |
| 402 | 5895 | LANHOVE Bruce | KORTRIJK | 43 | M40 | 28 | 0:24:45 | 10,88 | 5:31 |
| 403 | 5220 | SPOTBEEN Michele | DADIZELE | 37 | F35 | 17 | 0:24:45 | 10,88 | 5:31 |
| 404 | 5951 | LOGIE Fons | KORTRIJK | 8 | SEH | 200 | 0:24:46 | 10,88 | 5:31 |
| 405 | 5970 | VAN RANST Manon | KORTRIJK | 15 | SEF | 87 | 0:24:46 | 10,88 | 5:31 |
| 406 | 5765 | DERMAUX Félice | WEVELGEM | 15 | SEF | 88 | 0:24:46 | 10,88 | 5:31 |
| 407 | 5938 | VANDERERFVEN Leon | KORTRIJK | 13 | SEH | 201 | 0:24:46 | 10,88 | 5:31 |
| 408 | 5097 | DE COCK Marie | KORTRIJK | 13 | SEF | 89 | 0:24:50 | 10,85 | 5:32 |
| 409 | 6137 | VANHUYSSSE Quinten | MARKE | 12 | SEH | 202 | 0:24:52 | 10,83 | 5:32 |
| 410 | 6596 | BAEKELANDT Kristien | MARKE | 48 | F45 | 10 | 0:24:53 | 10,83 | 5:33 |
| 411 | 5967 | VERSLYPE Kate | DEINZE | 47 | F45 | 11 | 0:24:53 | 10,83 | 5:33 |
| 412 | 6403 | OTTEVAERE Lieve | HULSTE | 56 | F55 | 2 | 0:24:54 | 10,82 | 5:33 |
| 413 | 5617 | SCHEERS Milo | | 10 | SEH | 203 | 0:24:54 | 10,82 | 5:33 |
| 414 | 5714 | MASSCHELEIN Torben | KORTRIJK | 10 | SEH | 204 | 0:24:54 | 10,82 | 5:33 |
| 415 | 5263 | SNAUWAERT Joachim | WIELSBEKE | 48 | M45 | 14 | 0:24:54 | 10,82 | 5:33 |
| 416 | 5748 | BUSTER Monique | 76 | 40 | F40 | 5 | 0:24:54 | 10,82 | 5:33 |
| 417 | 6261 | VIAENE Jan | MARKE | 48 | M45 | 15 | 0:24:55 | 10,81 | 5:33 |
| 418 | 5472 | KOOPMAN Pascal | BISSEGEM | 36 | M35 | 20 | 0:24:55 | 10,81 | 5:33 |
| 419 | 5782 | SPELEERS Ilse Maria | WAREGEM | 39 | F35 | 18 | 0:24:57 | 10,80 | 5:33 |
| 420 | 6621 | PERSYN Emma | HARELBEKE | 14 | SEF | 90 | 0:24:58 | 10,79 | 5:34 |
| 421 | 6655 | GOOSSEN Sven | BASSEVELDE | 29 | SEH | 205 | 0:24:58 | 10,79 | 5:34 |
| 422 | 5449 | VERLINDE Delphyn | GULLEGEM | 28 | SEF | 91 | 0:24:59 | 10,78 | 5:34 |
| 423 | 6112 | DUPON Alice | ZANDVOORDE | 20 | SEF | 92 | 0:24:59 | 10,78 | 5:34 |
| 424 | 5790 | ENGELEN Ron | RENINGELST | 44 | M40 | 29 | 0:25:00 | 10,78 | 5:34 |
| 425 | 5201 | COSAERT Bart | KORTRIJK | 50 | M50 | 15 | 0:25:00 | 10,78 | 5:34 |
| 426 | 5202 | LECOMPTE An | KORTRIJK | 47 | F45 | 12 | 0:25:01 | 10,77 | 5:34 |
| 427 | 5207 | NOLLET Stijn | KORTRIJK | 27 | SEH | 206 | 0:25:02 | 10,76 | 5:35 |
| 428 | 5315 | CHRISTIAENS Patricia | OOSTROZEBEKE | 36 | F35 | 19 | 0:25:03 | 10,75 | 5:35 |
| 429 | 5219 | VERSCHEURE Karolien | LENDELEDE | 48 | F45 | 13 | 0:25:03 | 10,75 | 5:35 |
| 430 | 5436 | PUTMAN Maaïke | OTEGEM | 35 | F35 | 20 | 0:25:04 | 10,75 | 5:35 |
| 431 | 5795 | FEYS Lena | WEVELGEM | 12 | SEF | 93 | 0:25:04 | 10,75 | 5:35 |
| 432 | 5872 | ULRICHTS Aidan Peter | KORTRIJK | 7 | SEH | 207 | 0:25:05 | 10,74 | 5:35 |
| 433 | 5796 | FEYS Peter | WEVELGEM | 45 | M45 | 16 | 0:25:05 | 10,74 | 5:35 |
| 434 | 6620 | GARRÉ Saskia | HARELBEKE | 42 | F40 | 6 | 0:25:05 | 10,74 | 5:35 |
| 435 | 5950 | DEGRENDELE Griet | KORTRIJK | 38 | F35 | 21 | 0:25:05 | 10,74 | 5:35 |
| 436 | 6203 | VANDENBUSSCHE Jan | LEOPOLDSBURG | 37 | M35 | 21 | 0:25:06 | 10,73 | 5:35 |
| 437 | 6033 | VANDE VYVERE Emile | TIEGEM | 10 | SEH | 208 | 0:25:06 | 10,73 | 5:35 |
| 438 | 5860 | MARTIN Delphine | HEULE | 34 | SEF | 94 | 0:25:07 | 10,73 | 5:36 |
| 439 | 6166 | CARDON Tjörven | ZUIENKERKE | 7 | SEH | 209 | 0:25:07 | 10,73 | 5:36 |
| 440 | 5069 | AVAKYAN Vanush | HARELBEKE | 14 | SEH | 210 | 0:25:09 | 10,71 | 5:36 |
| 441 | 5057 | VANDERSTEEN Laure | KORTRIJK | 13 | SEF | 95 | 0:25:09 | 10,71 | 5:36 |
| 442 | 5500 | DOUCHY Noah | HEULE | 13 | SEH | 211 | 0:25:09 | 10,71 | 5:36 |
| 443 | 5058 | VERHULST Maité | KORTRIJK | 13 | SEF | 96 | 0:25:09 | 10,71 | 5:36 |
| 444 | 6037 | DOOMS Dominique | WAREGEM | 48 | F45 | 14 | 0:25:10 | 10,70 | 5:36 |
| 445 | 5530 | DEWILDE Petra | BISSEGEM | 50 | F50 | 6 | 0:25:11 | 10,70 | 5:37 |
| 446 | 6213 | GOETHALS Marina | KORTRIJK | 52 | F50 | 7 | 0:25:11 | 10,70 | 5:37 |
| 447 | 5744 | SPEYBROUCK Marc | KORTRIJK | 58 | M55 | 4 | 0:25:12 | 10,69 | 5:37 |
| 448 | 5949 | LIBEERT Lore | KORTRIJK | 17 | SEF | 97 | 0:25:12 | 10,69 | 5:37 |
| 449 | 6224 | DESCHACHT Jill | BUIZINGEN | 29 | SEF | 98 | 0:25:12 | 10,69 | 5:37 |
| 450 | 5215 | TIJTGAT Lore | WEVELGEM | 24 | SEF | 99 | 0:25:13 | 10,68 | 5:37 |
| 451 | 6225 | PEIREN Benjamin | BUIZINGEN | 30 | SEH | 212 | 0:25:13 | 10,68 | 5:37 |
| 452 | 6269 | DECABOOTER Griet | KRUISSHOUTEM | 31 | SEF | 100 | 0:25:14 | 10,68 | 5:37 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|----------------|-----|-----|-------|---------|-------|---------|
| 453 | 6126 | VERWIMP Rune | SCHERPENHEUVEL | 14 | SEH | 213 | 0:25:14 | 10,68 | 5:37 |
| 454 | 6212 | GOETHALS Marina | KORTRIJK | 47 | F45 | 15 | 0:25:14 | 10,68 | 5:37 |
| 455 | 5621 | VAN HOUCKE Koen | BLANKENBERGE | 36 | M35 | 22 | 0:25:15 | 10,67 | 5:37 |
| 456 | 5328 | HOOGHE Nele | ROLLEGEM | 35 | F35 | 22 | 0:25:15 | 10,67 | 5:37 |
| 457 | 5247 | DE NEEF Thomas | WAKKEN | 35 | M35 | 23 | 0:25:16 | 10,66 | 5:38 |
| 458 | 5249 | SERRUYS Thomas | GENTBRUGGE | 26 | SEH | 214 | 0:25:16 | 10,66 | 5:38 |
| 459 | 5462 | DECRUYENAERE Nancy | ROLLEGEM | 43 | F40 | 7 | 0:25:17 | 10,66 | 5:38 |
| 460 | 5103 | BLOMME Victor | REKKEM | 16 | SEH | 215 | 0:25:17 | 10,66 | 5:38 |
| 461 | 6605 | DESPLENTER Suzanne | HARELBEKE | 13 | SEF | 101 | 0:25:18 | 10,65 | 5:38 |
| 462 | 6615 | DELARUE Anja | INGELMUNSTER | 40 | F40 | 8 | 0:25:18 | 10,65 | 5:38 |
| 463 | 5658 | VIENNE Pierre | BRUGGE | 51 | M50 | 16 | 0:25:19 | 10,64 | 5:38 |
| 464 | 6438 | DERIEUW Kimberly | KOKSIJDE | 29 | SEF | 102 | 0:25:19 | 10,64 | 5:38 |
| 465 | 5045 | VERHEYE Elise | KORTRIJK | 17 | SEF | 103 | 0:25:19 | 10,64 | 5:38 |
| 466 | 5862 | MARTIN Eline | BELLESEM | 34 | SEF | 104 | 0:25:19 | 10,64 | 5:38 |
| 467 | 6606 | BEIRNAERT Xander | MAARKEDAL | 12 | SEH | 216 | 0:25:20 | 10,63 | 5:39 |
| 468 | 5055 | DUKIEWIEZ Quentin | KORTRIJK | 17 | SEH | 217 | 0:25:20 | 10,63 | 5:39 |
| 469 | 5028 | DERCK Silien | KORTRIJK | 16 | SEF | 105 | 0:25:21 | 10,63 | 5:39 |
| 470 | 6585 | DEBACKER Veronique | BEVEREN-LEIE | 46 | F45 | 16 | 0:25:21 | 10,63 | 5:39 |
| 471 | 6229 | VERMEERSCH Ine | KORTRIJK | 29 | SEF | 106 | 0:25:23 | 10,61 | 5:39 |
| 472 | 6668 | | | | - | | 0:25:23 | 10,61 | 5:39 |
| 473 | 5838 | VANHEE Kristien | MARKE | 44 | F40 | 9 | 0:25:23 | 10,61 | 5:39 |
| 474 | 6145 | DEPOORTERE Maaïke | DEERLIJK | 40 | F40 | 10 | 0:25:24 | 10,61 | 5:39 |
| 475 | 6670 | | | | - | | 0:25:24 | 10,61 | 5:39 |
| 476 | 6200 | BUYSE Bauke | RUMBEKE | 15 | SEF | 107 | 0:25:25 | 10,60 | 5:40 |
| 477 | 6688 | MATIAS Ramon Leon | ROESELARE | 10 | SEH | 218 | 0:25:25 | 10,60 | 5:40 |
| 478 | 5837 | DEKIMPE Ruth | MARKE | 43 | F40 | 11 | 0:25:26 | 10,59 | 5:40 |
| 479 | 6113 | VERBEKE Geert | ZWEVEGEM | 51 | M50 | 17 | 0:25:26 | 10,59 | 5:40 |
| 480 | 5944 | TURPYN Florian | GULLEGEM | 13 | SEH | 219 | 0:25:27 | 10,59 | 5:40 |
| 481 | 5324 | VAN ASSCHE Andreas | BELSELE | 27 | SEH | 220 | 0:25:27 | 10,59 | 5:40 |
| 482 | 5189 | DELODDERE Lize | KORTRIJK | 23 | SEF | 108 | 0:25:28 | 10,58 | 5:40 |
| 483 | 5418 | TAELMAN Lucrèce | LAUWE | 40 | F40 | 12 | 0:25:29 | 10,57 | 5:41 |
| 484 | 5995 | DUTRÉ Marieke | GENT | 30 | SEF | 109 | 0:25:29 | 10,57 | 5:41 |
| 485 | 6173 | FERYN Gaudrick | HEULE | 8 | SEH | 221 | 0:25:29 | 10,57 | 5:41 |
| 486 | 5948 | TERRYN Patty | KORTRIJK | 47 | F45 | 17 | 0:25:31 | 10,56 | 5:41 |
| 487 | 6165 | HANSENS Katrien | HARELBEKE | 46 | F45 | 18 | 0:25:32 | 10,55 | 5:41 |
| 488 | 6411 | VERSTRAETE Inge | HOOGLEDE | 35 | F35 | 23 | 0:25:34 | 10,54 | 5:42 |
| 489 | 5884 | DEMUNTER Tom | WAREGEM | 30 | SEH | 222 | 0:25:34 | 10,54 | 5:42 |
| 490 | 6018 | VERCAEMER Hanne | KORTRIJK | 27 | SEF | 110 | 0:25:34 | 10,54 | 5:42 |
| 491 | 5242 | DEWAELE Gringo | ST-NIKLAAS | 36 | M35 | 24 | 0:25:37 | 10,52 | 5:42 |
| 492 | 5522 | DEVRIENDT Francis | BELLESEM | 49 | M45 | 17 | 0:25:37 | 10,52 | 5:42 |
| 493 | 6019 | VANRAES Auke | KORTRIJK | 29 | SEF | 111 | 0:25:37 | 10,52 | 5:42 |
| 494 | 5397 | DRIESSCHAERT Frederik | KORTRIJK | 48 | M45 | 18 | 0:25:38 | 10,51 | 5:43 |
| 495 | 5516 | SCHELFHOUT Charlotte | DEERLIJK | 29 | SEF | 112 | 0:25:38 | 10,51 | 5:43 |
| 496 | 5496 | VANDEN BULCKE Gianni | MENEN | 24 | SEH | 223 | 0:25:40 | 10,50 | 5:43 |
| 497 | 5680 | LOUVAERT Ariane | KORTRIJK | 44 | F40 | 13 | 0:25:41 | 10,49 | 5:43 |
| 498 | 5043 | DUMORTIER Oceane | KORTRIJK | 14 | SEF | 113 | 0:25:42 | 10,48 | 5:43 |
| 499 | 6042 | VANSTEENKISTE Mare | KORTRIJK | 9 | SEF | 114 | 0:25:42 | 10,48 | 5:43 |
| 500 | 6420 | VAN DE VELDE Noémy Julie | KORTRIJK | 9 | SEF | 115 | 0:25:42 | 10,48 | 5:43 |
| 501 | 6632 | VANHOUTTE Niels | AALBEKE | 15 | SEH | 224 | 0:25:44 | 10,47 | 5:44 |
| 502 | 6162 | MATTELAER Marie Paule | KORTRIJK | 49 | F45 | 19 | 0:25:44 | 10,47 | 5:44 |
| 503 | 5320 | DE BRABANDERE Cathérine | TIEGEM | 39 | F35 | 24 | 0:25:45 | 10,46 | 5:44 |
| 504 | 5846 | BRUSSEEL Guy Maurice | GENT | 62 | M60 | 3 | 0:25:46 | 10,46 | 5:44 |
| 505 | 6414 | VERHELST Karel | KORTRIJK | 45 | M45 | 19 | 0:25:46 | 10,46 | 5:44 |
| 506 | 6254 | HERMAN Stijn | GULLEGEM | 28 | SEH | 225 | 0:25:48 | 10,44 | 5:45 |
| 507 | 6253 | COUSSEMENT Liesbeth | LEDEGEM | 29 | SEF | 116 | 0:25:48 | 10,44 | 5:45 |
| 508 | 6041 | NR 6041 | | | - | | 0:25:49 | 10,44 | 5:45 |
| 509 | 6255 | VANDAMME Maaïke | HARELBEKE | 25 | SEF | 117 | 0:25:49 | 10,44 | 5:45 |
| 510 | 5148 | MARIËN Frank | WIJNEGEM | 57 | M55 | 5 | 0:25:49 | 10,44 | 5:45 |
| 511 | 6171 | REMMERIE Sarah- Marie | ZWEVEGEM | 13 | SEF | 118 | 0:25:49 | 10,44 | 5:45 |
| 512 | 5040 | DERCK Jolien | WERVIK | 15 | SEF | 119 | 0:25:51 | 10,42 | 5:45 |
| 513 | 5035 | SEYNAEVE Hanne | ZWEVEGEM | 29 | SEF | 120 | 0:25:51 | 10,42 | 5:45 |
| 514 | 6691 | DUTRY Stefanie | ROESELARE | 38 | F35 | 25 | 0:25:52 | 10,41 | 5:46 |
| 515 | 6266 | DEFOORT Anne-Marie | HEULE | 47 | F45 | 20 | 0:25:53 | 10,41 | 5:46 |
| 516 | 6635 | STRUYVE Bert | HEULE | 44 | M40 | 30 | 0:25:53 | 10,41 | 5:46 |
| 517 | 5723 | DE JODE Xavier | BELLESEM | 26 | SEH | 226 | 0:25:53 | 10,41 | 5:46 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 518 | 6663 | NOLF Ann-Sophie | BEVEREN-LEIE | 35 | F35 | 26 | 0:25:54 | 10,40 | 5:46 |
| 519 | 6646 | | | | - | | 0:25:54 | 10,40 | 5:46 |
| 520 | 6664 | BOSTOEN Sarah | BEVEREN-LEIE | 36 | F35 | 27 | 0:25:54 | 10,40 | 5:46 |
| 521 | 6584 | DEBACKER Bernadette | BEVEREN-LEIE | 51 | F50 | 8 | 0:25:55 | 10,39 | 5:46 |
| 522 | 6583 | MESTDAGH Rita | BEVEREN-LEIE | 58 | F55 | 3 | 0:25:55 | 10,39 | 5:46 |
| 523 | 5764 | CLEMENT Inge | KAIN | 41 | F40 | 14 | 0:25:55 | 10,39 | 5:46 |
| 524 | 5734 | PHAGAN Kelvin | KORTRIJK | 14 | SEH | 227 | 0:25:55 | 10,39 | 5:46 |
| 525 | 5684 | DESCHEEMAERKER Greet | TORHOUT | 40 | F40 | 15 | 0:25:55 | 10,39 | 5:46 |
| 526 | 6619 | BOSSUYT Esther | KORTRIJK | 9 | SEF | 121 | 0:25:56 | 10,39 | 5:47 |
| 527 | 5645 | D'HOORE Patricia | BRUGGE | 29 | SEF | 122 | 0:25:56 | 10,39 | 5:47 |
| 528 | 5188 | CALLENS Stéphanie | KORTRIJK | 25 | SEF | 123 | 0:25:56 | 10,39 | 5:47 |
| 529 | 5218 | DUYCK Anne | KORTRIJK | 62 | F60 | 1 | 0:25:58 | 10,37 | 5:47 |
| 530 | 5008 | VERRAES Justine | MARKE | 8 | SEH | 228 | 0:25:58 | 10,37 | 5:47 |
| 531 | 5064 | VANDENBERGHE Eleni | KORTRIJK | 17 | SEF | 124 | 0:25:58 | 10,37 | 5:47 |
| 532 | 5738 | LAUWERS Klaas | KORTRIJK | 35 | M35 | 25 | 0:25:59 | 10,37 | 5:47 |
| 533 | 5062 | DE PELECIJN Bram | KORTRIJK | 19 | SEH | 229 | 0:25:59 | 10,37 | 5:47 |
| 534 | 6563 | DHAENE Ilse | VICHTE | 38 | F35 | 28 | 0:25:59 | 10,37 | 5:47 |
| 535 | 5004 | VERRAES Laurent | MARKE | 38 | M35 | 26 | 0:26:00 | 10,36 | 5:47 |
| 536 | 6665 | CLAPUYT Katrien | DEERLIJK | 37 | F35 | 29 | 0:26:00 | 10,36 | 5:47 |
| 537 | 6136 | GOETHALS Emily | OOSTAKKER | 9 | SEF | 125 | 0:26:00 | 10,36 | 5:47 |
| 538 | 6135 | CATTOIR Julie | OOSTAKKER | 40 | F40 | 16 | 0:26:00 | 10,36 | 5:47 |
| 539 | 6124 | DEMUYNCK Jill | BELLESEM | 13 | SEF | 126 | 0:26:01 | 10,35 | 5:48 |
| 540 | 5699 | POUPART Lucille | KORTRIJK | 31 | SEF | 127 | 0:26:01 | 10,35 | 5:48 |
| 541 | 6251 | VERHULST Delphine | WIELSBEKE | 36 | F35 | 30 | 0:26:01 | 10,35 | 5:48 |
| 542 | 6633 | VANHOUTTE Seppe | AALBEKE | 12 | SEH | 230 | 0:26:01 | 10,35 | 5:48 |
| 543 | 6588 | OCKIER Paul | KORTRIJK | 64 | M60 | 4 | 0:26:03 | 10,34 | 5:48 |
| 544 | 6617 | MOREELS Renilde | KORTRIJK | 38 | F35 | 31 | 0:26:03 | 10,34 | 5:48 |
| 545 | 6056 | NR 6056 | | | - | | 0:26:04 | 10,34 | 5:48 |
| 546 | 5359 | VANDENBROUCKE Maaïke | DEERLIJK | 35 | F35 | 32 | 0:26:04 | 10,34 | 5:48 |
| 547 | 5791 | NEUVILLE Katleen | RENINGELST | 42 | F40 | 17 | 0:26:05 | 10,33 | 5:49 |
| 548 | 6207 | HAERYNCK Max | MARKE | 12 | SEH | 231 | 0:26:05 | 10,33 | 5:49 |
| 549 | 5829 | RAMON Kathleen | RENINGELST | 44 | F40 | 18 | 0:26:06 | 10,32 | 5:49 |
| 550 | 5685 | VANDESTEENE Ilse | AVELGEM | 35 | F35 | 33 | 0:26:06 | 10,32 | 5:49 |
| 551 | 5396 | VANDEWALLE Stephanie | RESSEGEM | 35 | F35 | 34 | 0:26:07 | 10,32 | 5:49 |
| 552 | 6586 | DEBUSSCHERE Kathy | HARELBEKE | 47 | F45 | 21 | 0:26:07 | 10,32 | 5:49 |
| 553 | 5398 | VANDEWALLE Emma | GELUWE | 30 | SEF | 128 | 0:26:07 | 10,32 | 5:49 |
| 554 | 5558 | THANGHE Joël | HULSTE | 60 | M60 | 5 | 0:26:08 | 10,31 | 5:49 |
| 555 | 5197 | NACHTERGAELE Jonas | RESSEGEM | 23 | SEH | 232 | 0:26:08 | 10,31 | 5:49 |
| 556 | 5529 | NOTREDAME Luc | BISSEGEM | 55 | M55 | 6 | 0:26:08 | 10,31 | 5:49 |
| 557 | 6050 | VAN RESPAILLE Joyce | WIELSBEKE | 28 | SEF | 129 | 0:26:09 | 10,30 | 5:49 |
| 558 | 5502 | LIBBRECHT Joke | HEULE | 31 | SEF | 130 | 0:26:09 | 10,30 | 5:49 |
| 559 | 5501 | DECOUTTERE Evelien | GULLEGEM | 33 | SEF | 131 | 0:26:10 | 10,30 | 5:50 |
| 560 | 5468 | VANDCASTEEL Stef | HEULE | 44 | M40 | 31 | 0:26:11 | 10,29 | 5:50 |
| 561 | 5264 | FERLIN Paul | DEERLIJK | 53 | M50 | 18 | 0:26:11 | 10,29 | 5:50 |
| 562 | 6015 | OLLEVIËR Enrico | IEPER | 33 | SEH | 233 | 0:26:13 | 10,28 | 5:50 |
| 563 | 6174 | FERYN Tom | HEULE | 44 | M40 | 32 | 0:26:14 | 10,27 | 5:51 |
| 564 | 5230 | VANWALLE Lien | KORTRIJK | 41 | F40 | 19 | 0:26:14 | 10,27 | 5:51 |
| 565 | 5493 | DECOCK Stijn | KORTRIJK | 30 | SEH | 234 | 0:26:14 | 10,27 | 5:51 |
| 566 | 6027 | DECORTE Marianne | KORTRIJK | 30 | SEF | 132 | 0:26:15 | 10,26 | 5:51 |
| 567 | 6419 | VAN DE VELDE Gabriel | KORTRIJK | 52 | M50 | 19 | 0:26:16 | 10,26 | 5:51 |
| 568 | 6043 | VANSTEENKISTE Joost | KORTRIJK | 35 | M35 | 27 | 0:26:17 | 10,25 | 5:51 |
| 569 | 6209 | DEVOLDERE Laura | KORTRIJK | 13 | SEF | 133 | 0:26:17 | 10,25 | 5:51 |
| 570 | 6694 | | | | - | | 0:26:18 | 10,24 | 5:51 |
| 571 | 5909 | D'HAËZ Jürgen | DEERLIJK | 31 | SEH | 235 | 0:26:18 | 10,24 | 5:51 |
| 572 | 5922 | DEBAERE Lucas Frans | MENEN | 12 | SEH | 236 | 0:26:18 | 10,24 | 5:51 |
| 573 | 6581 | DELEERSNYDER Karen | LENDELEDE | 35 | F35 | 35 | 0:26:18 | 10,24 | 5:51 |
| 574 | 5873 | AYLWARD Kelly | KORTRIJK | 38 | F35 | 36 | 0:26:20 | 10,23 | 5:52 |
| 575 | 5131 | TACK Laura | DEERLIJK | 23 | SEF | 134 | 0:26:21 | 10,22 | 5:52 |
| 576 | 5925 | THURMAN Charlotte | KORTRIJK | 8 | SEF | 135 | 0:26:22 | 10,22 | 5:52 |
| 577 | 5952 | DEJONCKHEERE Emilia | KORTRIJK | 16 | SEF | 136 | 0:26:22 | 10,22 | 5:52 |
| 578 | 6109 | HOORELBEKE Rik | BELLESEM | 54 | M50 | 20 | 0:26:22 | 10,22 | 5:52 |
| 579 | 5851 | SAMAIN Leen | ZWEVEGEM | 38 | F35 | 37 | 0:26:23 | 10,21 | 5:53 |
| 580 | 5518 | DUPONT Ine | MOORSELE | 24 | SEF | 137 | 0:26:23 | 10,21 | 5:53 |
| 581 | 5954 | VANHONSEBROUCK Bettina | HEULE | 16 | SEF | 138 | 0:26:23 | 10,21 | 5:53 |
| 582 | 5955 | VAN DEN STEEN Lara | MARKE | 16 | SEF | 139 | 0:26:23 | 10,21 | 5:53 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|------------|-----|-----|-------|---------|-------|---------|
| 583 | 5757 | DENYS Sofie | WEVELGEM | 37 | F35 | 38 | 0:26:24 | 10,20 | 5:53 |
| 584 | 6244 | THURMAN Bruno | KORTRIJK | 41 | M40 | 33 | 0:26:24 | 10,20 | 5:53 |
| 585 | 6570 | VANROOSE Heidi | KORTRIJK | 43 | F40 | 20 | 0:26:24 | 10,20 | 5:53 |
| 586 | 5953 | BOSTOEN Maria | KORTRIJK | 16 | SEF | 140 | 0:26:24 | 10,20 | 5:53 |
| 587 | 5857 | ROMMELAERE Friedl | ROESELARE | 38 | F35 | 39 | 0:26:25 | 10,20 | 5:53 |
| 588 | 5176 | TAGHON Geert | HEULE | 46 | M45 | 20 | 0:26:25 | 10,20 | 5:53 |
| 589 | 5586 | VERHEGGE Lies | ZWEVEGEM | 30 | SEF | 141 | 0:26:25 | 10,20 | 5:53 |
| 590 | 5900 | VANTOMME Fien | DEERLIJK | 25 | SEF | 142 | 0:26:25 | 10,20 | 5:53 |
| 591 | 5638 | CAPPON Sofie | BRUGGE | 29 | SEF | 143 | 0:26:26 | 10,19 | 5:53 |
| 592 | 5541 | DECROUBELE Yrida | LAUWE | 49 | F45 | 22 | 0:26:27 | 10,19 | 5:53 |
| 593 | 5300 | VERHEYEN Carla | WIJNEGEM | 55 | F55 | 4 | 0:26:27 | 10,19 | 5:53 |
| 594 | 5870 | HERMAN Hermine | HARELBEKE | 15 | SEF | 144 | 0:26:28 | 10,18 | 5:54 |
| 595 | 6217 | AMEYE Greet | ZWEVEGEM | 39 | F35 | 40 | 0:26:28 | 10,18 | 5:54 |
| 596 | 5871 | DEPOORTERE Thierry | KORTRIJK | 48 | M45 | 21 | 0:26:28 | 10,18 | 5:54 |
| 597 | 5980 | VANDEMEULEBROUCKE Joke | DEERLIJK | 11 | SEF | 145 | 0:26:29 | 10,17 | 5:54 |
| 598 | 5574 | BRANTS Silke | ZONNEBEKE | 18 | SEF | 146 | 0:26:29 | 10,17 | 5:54 |
| 599 | 5221 | VERHELLE Katy | MARKE | 52 | F50 | 9 | 0:26:29 | 10,17 | 5:54 |
| 600 | 5080 | CANNOOT Audrey | GULLEGEM | 5 | SEF | 147 | 0:26:30 | 10,17 | 5:54 |
| 601 | 5981 | VERMEULEN Wendy | DEERLIJK | 37 | F35 | 41 | 0:26:31 | 10,16 | 5:54 |
| 602 | 6239 | MEYFROIDT Marc | IZEGEM | 41 | M40 | 34 | 0:26:31 | 10,16 | 5:54 |
| 603 | 6216 | MEGANCK Melina | BISSEGEM | 41 | F40 | 21 | 0:26:31 | 10,16 | 5:54 |
| 604 | 6004 | VANDERKIMPEN Ann | DEERLIJK | 37 | F35 | 42 | 0:26:31 | 10,16 | 5:54 |
| 605 | 5455 | VAN HAUTEGEM Pauline | KORTRIJK | 24 | SEF | 148 | 0:26:32 | 10,15 | 5:55 |
| 606 | 5470 | SUFFIS Sophie | HEULE | 33 | SEF | 149 | 0:26:32 | 10,15 | 5:55 |
| 607 | 6410 | SOENS Steven Geert | LEDEGEM | 37 | M35 | 28 | 0:26:33 | 10,15 | 5:55 |
| 608 | 5121 | LOWIE Katrien | WAREGEM | 54 | F50 | 10 | 0:26:34 | 10,14 | 5:55 |
| 609 | 6011 | DEWULF Marieke | ZONNEBEKE | 34 | SEF | 150 | 0:26:35 | 10,13 | 5:55 |
| 610 | 5906 | VERHULST Kevin | LENDELEDE | 27 | SEH | 237 | 0:26:35 | 10,13 | 5:55 |
| 611 | 5250 | DE SMET Tom | KUURNE | 31 | SEH | 238 | 0:26:35 | 10,13 | 5:55 |
| 612 | 5646 | BAERT Sofie | BRUGGE | 29 | SEF | 151 | 0:26:36 | 10,13 | 5:55 |
| 613 | 5293 | BAERT Patrick | OUDENAARDE | 57 | M55 | 7 | 0:26:37 | 10,12 | 5:56 |
| 614 | 5357 | PRINZIE Angelique | BELLEGEM | 33 | SEF | 152 | 0:26:37 | 10,12 | 5:56 |
| 615 | 6053 | PYNOO Lynn | WEVELGEM | 28 | SEF | 153 | 0:26:37 | 10,12 | 5:56 |
| 616 | 5984 | VANLANCKER Marjan | ROESELARE | 57 | F55 | 5 | 0:26:38 | 10,12 | 5:56 |
| 617 | 5236 | HONORE Isabel | ST-NIKLAAS | 41 | F40 | 22 | 0:26:38 | 10,12 | 5:56 |
| 618 | 5348 | PLOUY Jolien | IZEGEM | 16 | SEF | 154 | 0:26:39 | 10,11 | 5:56 |
| 619 | 5334 | SIMONS Alicia | IZEGEM | 16 | SEF | 155 | 0:26:39 | 10,11 | 5:56 |
| 620 | 6003 | DEWAELE Stefanie | DEERLIJK | 34 | SEF | 156 | 0:26:39 | 10,11 | 5:56 |
| 621 | 5338 | VERMEERSCH Louise | KORTRIJK | 12 | SEF | 157 | 0:26:40 | 10,10 | 5:56 |
| 622 | 6600 | VANDEWALLE Detlev | BELLEGEM | 29 | SEH | 239 | 0:26:40 | 10,10 | 5:56 |
| 623 | 5527 | VENKEN Veerle | HEULE | 39 | F35 | 43 | 0:26:41 | 10,10 | 5:57 |
| 624 | 6659 | VINCKIER Adeline | HARELBEKE | 10 | SEF | 158 | 0:26:41 | 10,10 | 5:57 |
| 625 | 5302 | CREUPELANDT Sylvie | HEULE | 45 | F45 | 23 | 0:26:41 | 10,10 | 5:57 |
| 626 | 5492 | BOSTOEN Anna | KORTRIJK | 11 | SEF | 159 | 0:26:42 | 10,09 | 5:57 |
| 627 | 5868 | BUCKINX Bavo | GRIMBERGEN | 10 | SEH | 240 | 0:26:42 | 10,09 | 5:57 |
| 628 | 5173 | VANOVERBEKE Marleen | KUURNE | 52 | F50 | 11 | 0:26:43 | 10,08 | 5:57 |
| 629 | 5957 | DECLERCQ Barbara | OOIGEM | 34 | SEF | 160 | 0:26:43 | 10,08 | 5:57 |
| 630 | 6658 | VINCKIER Marie-Julie | HARELBEKE | 12 | SEF | 161 | 0:26:43 | 10,08 | 5:57 |
| 631 | 5290 | DRIESSCHAERT Hanne | KORTRIJK | 18 | SEF | 162 | 0:26:43 | 10,08 | 5:57 |
| 632 | 5108 | DECRUYENAERE Katrien | PITTEM | 41 | F40 | 23 | 0:26:43 | 10,08 | 5:57 |
| 633 | 5867 | BUCKINX Jef | GRIMBERGEN | 45 | M45 | 22 | 0:26:44 | 10,08 | 5:57 |
| 634 | 5175 | LERNOUT Inge | HEULE | 46 | F45 | 24 | 0:26:44 | 10,08 | 5:57 |
| 635 | 5910 | COULEMBIER Hanne | KOOIGEM | 31 | SEF | 163 | 0:26:45 | 10,07 | 5:57 |
| 636 | 5168 | LEWYLLIE Haike | IZEGEM | 28 | SEF | 164 | 0:26:45 | 10,07 | 5:57 |
| 637 | 5166 | VANDEPUTTE Elien | LEDEGEM | 25 | SEF | 165 | 0:26:45 | 10,07 | 5:57 |
| 638 | 5167 | VERSCHA EVE Vanessa | MOORSELE | 35 | F35 | 44 | 0:26:45 | 10,07 | 5:57 |
| 639 | 5517 | DE WANDEL Judith | AVELGEM | 25 | SEF | 166 | 0:26:45 | 10,07 | 5:57 |
| 640 | 5434 | D'HONDT Kathy | ZWEVEGEM | 48 | F45 | 25 | 0:26:45 | 10,07 | 5:57 |
| 641 | 5509 | BOSSIER An | ZWEVEGEM | 47 | F45 | 26 | 0:26:46 | 10,06 | 5:58 |
| 642 | 5237 | VANNIEUWENHUYZE Heidi | ST-NIKLAAS | 47 | F45 | 27 | 0:26:46 | 10,06 | 5:58 |
| 643 | 5238 | PLATTEEUW Kathy | ST-NIKLAAS | 49 | F45 | 28 | 0:26:46 | 10,06 | 5:58 |
| 644 | 5510 | BOUSSIER Sandrine | KORTRIJK | 28 | SEF | 167 | 0:26:46 | 10,06 | 5:58 |
| 645 | 5412 | VERPRAET Els | WAREGEM | 48 | F45 | 29 | 0:26:46 | 10,06 | 5:58 |
| 646 | 5544 | BUSSCHER Tamara | ROESELARE | 37 | F35 | 45 | 0:26:47 | 10,06 | 5:58 |
| 647 | 5115 | CARRON Veerle | LENDELEDE | 52 | F50 | 12 | 0:26:47 | 10,06 | 5:58 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|--------------|-----|-----|-------|---------|-------|---------|
| 648 | 6700 | VERHAEGHE Boris | MARKE | 7 | SEH | 241 | 0:26:48 | 10,05 | 5:58 |
| 649 | 5812 | SPELEERS Evi | OUDENAARDE | 30 | SEF | 168 | 0:26:49 | 10,05 | 5:58 |
| 650 | 5551 | LEROUGE Marie- Elisha | HARELBEKE | 34 | SEF | 169 | 0:26:49 | 10,05 | 5:58 |
| 651 | 5476 | BAUWENS Edouard | KORTRIJK | 8 | SEH | 242 | 0:26:49 | 10,05 | 5:58 |
| 652 | 6021 | CAPPON Phyllis | RUIEN | 28 | SEF | 170 | 0:26:49 | 10,05 | 5:58 |
| 653 | 6701 | VERHAEGHE Bruno | MARKE | 39 | M35 | 29 | 0:26:50 | 10,04 | 5:59 |
| 654 | 5458 | VERMEULEN Fleur | WEVELGEM | 33 | SEF | 171 | 0:26:50 | 10,04 | 5:59 |
| 655 | 6202 | DE BUCK Sigrid | SLEIDINGE | 42 | F40 | 24 | 0:26:50 | 10,04 | 5:59 |
| 656 | 5477 | BAUWENS Michèle | KORTRIJK | 12 | SEF | 172 | 0:26:50 | 10,04 | 5:59 |
| 657 | 6201 | DE VLIJGER Aagje | SLEIDINGE | 13 | SEF | 173 | 0:26:51 | 10,03 | 5:59 |
| 658 | 5479 | VANCRAEYNST Isabelle | KORTRIJK | 41 | F40 | 25 | 0:26:51 | 10,03 | 5:59 |
| 659 | 5588 | TYBERGHIEN Stefanie | WEVELGEM | 41 | F40 | 26 | 0:26:51 | 10,03 | 5:59 |
| 660 | 5428 | CUYLITS Inge | WEVELGEM | 41 | F40 | 27 | 0:26:51 | 10,03 | 5:59 |
| 661 | 5282 | BRUYNOOGHE Bart | KORTEMARK | 28 | SEH | 243 | 0:26:52 | 10,03 | 5:59 |
| 662 | 5356 | NOTEBAERT Ineke | MACHELEN | 35 | F35 | 46 | 0:26:52 | 10,03 | 5:59 |
| 663 | 5861 | LEFEVRE Daisy | HEULE | 56 | F55 | 6 | 0:26:52 | 10,03 | 5:59 |
| 664 | 5065 | LOOSVELT Amélie | KORTRIJK | 12 | SEF | 174 | 0:26:53 | 10,02 | 5:59 |
| 665 | 5571 | MORTHIER Mia | ADEGEM | 59 | F55 | 7 | 0:26:54 | 10,01 | 5:59 |
| 666 | 5093 | HALSBERGHE Vincent | GULLEGEM | 56 | M55 | 8 | 0:26:54 | 10,01 | 5:59 |
| 667 | 5751 | BEUN Sabrina | BEERVELDE | 26 | SEF | 175 | 0:26:55 | 10,01 | 6:00 |
| 668 | 6125 | BEUN Delphine | WEVELGEM | 26 | SEF | 176 | 0:26:55 | 10,01 | 6:00 |
| 669 | 5832 | CASTEELS Alex | BERCHEM | 10 | SEH | 244 | 0:26:55 | 10,01 | 6:00 |
| 670 | 5561 | HAEK Annelies | ZOMERGEM | 26 | SEF | 177 | 0:26:56 | 10,00 | 6:00 |
| 671 | 5798 | MAES Astrid | VICHTE | 30 | SEF | 178 | 0:26:56 | 10,00 | 6:00 |
| 672 | 5799 | VAN MAELE Thibaut | OOSTROZEBEKE | 10 | SEH | 245 | 0:26:57 | 10,00 | 6:00 |
| 673 | 5800 | VAN MAELE Michelle | OOSTROZEBEKE | 12 | SEF | 179 | 0:26:57 | 10,00 | 6:00 |
| 674 | 5136 | DE PORRE Els | GENT | 27 | SEF | 180 | 0:26:58 | 9,99 | 6:00 |
| 675 | 5739 | VERHEYEN Evi | MARKE | 31 | SEF | 181 | 0:26:58 | 9,99 | 6:00 |
| 676 | 5464 | DEVLAMINCK Stefanie | AVELGEM | 43 | F40 | 28 | 0:26:59 | 9,98 | 6:01 |
| 677 | 6028 | D'HULST Aline | KORTRIJK | 32 | SEF | 182 | 0:26:59 | 9,98 | 6:01 |
| 678 | 5038 | HOORNAERT Baue | KORTRIJK | 15 | SEH | 246 | 0:26:59 | 9,98 | 6:01 |
| 679 | 5284 | CEUTERICK Gwen | KERKHOVE | 28 | SEF | 183 | 0:27:00 | 9,98 | 6:01 |
| 680 | 6218 | BEYENS Inge | ZWEVEGEM | 37 | F35 | 47 | 0:27:00 | 9,98 | 6:01 |
| 680 | 5129 | VANDERBEKEN Marlies | MENEN | 30 | SEF | 184 | 0:27:00 | 9,98 | 6:01 |
| 682 | 5512 | HOLLEVOET Timon | HEULE | 14 | SEH | 247 | 0:27:00 | 9,98 | 6:01 |
| 683 | 5216 | DE JAEGERE Isabelle | KORTRIJK | 56 | F55 | 8 | 0:27:01 | 9,97 | 6:01 |
| 684 | 5187 | VANMARCKE Mylaila | KORTRIJK | 29 | SEF | 185 | 0:27:01 | 9,97 | 6:01 |
| 685 | 5184 | GOEREE Martin | KORTRIJK | 30 | SEH | 248 | 0:27:01 | 9,97 | 6:01 |
| 686 | 6154 | LUC Vanfleteren | KORTRIJK | 67 | M65 | 2 | 0:27:01 | 9,97 | 6:01 |
| 687 | 5051 | CLARYS Arthur | KORTRIJK | 16 | SEH | 249 | 0:27:02 | 9,97 | 6:01 |
| 688 | 6035 | VYNCKIER Sofie | LAUWE | 44 | F40 | 29 | 0:27:02 | 9,97 | 6:01 |
| 689 | 6034 | HÉLIN Pauline | OEKENE | 16 | SEF | 186 | 0:27:02 | 9,97 | 6:01 |
| 690 | 5111 | CLERICK Peggy | REKKEM | 45 | F45 | 30 | 0:27:04 | 9,95 | 6:02 |
| 691 | 5248 | GRUWEZ Geert | REKKEM | 42 | M40 | 35 | 0:27:05 | 9,95 | 6:02 |
| 692 | 5852 | BULCKAEN Joost | KORTRIJK | 52 | M50 | 21 | 0:27:05 | 9,95 | 6:02 |
| 693 | 5451 | CORNEILLIE Sonja | RUMBEKE | 56 | F55 | 9 | 0:27:06 | 9,94 | 6:02 |
| 694 | 5761 | CALLENS Veronique | WEVELGEM | 53 | F50 | 13 | 0:27:06 | 9,94 | 6:02 |
| 695 | 1243 | KEIJZER Fien | BRUGGE | 32 | SEF | 187 | 0:27:06 | 9,94 | 6:02 |
| 696 | 6000 | VANDENBORRE Sien | KORTRIJK | 10 | SEF | 188 | 0:27:07 | 9,93 | 6:02 |
| 697 | 5084 | VERHAEGHE Sofie | HARELBEKE | 37 | F35 | 48 | 0:27:07 | 9,93 | 6:02 |
| 698 | 6001 | DESMET Lut | KORTRIJK | 41 | F40 | 30 | 0:27:08 | 9,93 | 6:03 |
| 699 | 6195 | SINNESAELE Ine | HEULE | 38 | F35 | 49 | 0:27:08 | 9,93 | 6:03 |
| 700 | 5822 | DESEURE Tine | KORTEMARK | 25 | SEF | 189 | 0:27:09 | 9,92 | 6:03 |
| 701 | 5911 | COUSSEMENT Cecile | ROLLEGEM | 55 | F55 | 10 | 0:27:10 | 9,92 | 6:03 |
| 702 | 5422 | BRUYNINCKX Sofie | TIENEN | 32 | SEF | 190 | 0:27:10 | 9,92 | 6:03 |
| 703 | 5074 | LAPERRE Melanie | HARELBEKE | 18 | SEF | 191 | 0:27:10 | 9,92 | 6:03 |
| 704 | 5373 | BURGGRAEVE Sam | KORTRIJK | 16 | SEF | 192 | 0:27:10 | 9,92 | 6:03 |
| 705 | 5689 | VERCRUYSSSE Charlotte | KORTRIJK | 36 | F35 | 50 | 0:27:10 | 9,92 | 6:03 |
| 706 | 5965 | WAUTHIER Nathalie | ROLLEGEM | 33 | SEF | 193 | 0:27:10 | 9,92 | 6:03 |
| 707 | 5457 | D'HAENE Eef | WEVELGEM | 33 | SEF | 194 | 0:27:11 | 9,91 | 6:03 |
| 708 | 5061 | SPILLEBEEN Obe | KORTRIJK | 17 | SEF | 195 | 0:27:11 | 9,91 | 6:03 |
| 709 | 5958 | LINSTER Jean-Marie | KORTRIJK | 65 | M65 | 3 | 0:27:11 | 9,91 | 6:03 |
| 710 | 6191 | ROLAND Labrecht | HERENT | 65 | M65 | 4 | 0:27:12 | 9,90 | 6:03 |
| 711 | 6412 | VERHELST Fien | KORTRIJK | 16 | SEF | 196 | 0:27:12 | 9,90 | 6:03 |
| 712 | 5850 | SIMOENS Hilde | WIELSBEKE | 39 | F35 | 51 | 0:27:12 | 9,90 | 6:03 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|------------------|-----|-----|-------|---------|------|---------|
| 713 | 6574 | GOEMAERE Pascale | HARELBEKE | 50 | F50 | 14 | 0:27:13 | 9,90 | 6:04 |
| 714 | 6256 | CATRY Muriëlle | BAVIKHOVE | 44 | F40 | 31 | 0:27:13 | 9,90 | 6:04 |
| 715 | 5133 | VANDIERDONCK Vanessa | GULLEGEM | 34 | SEF | 197 | 0:27:16 | 9,88 | 6:04 |
| 716 | 5021 | DIERCKENS Jana | MEULEBEKE | 27 | SEF | 198 | 0:27:17 | 9,87 | 6:05 |
| 717 | 5902 | HERMAN Laura | ROESELARE | 15 | SEF | 199 | 0:27:17 | 9,87 | 6:05 |
| 718 | 5930 | CLAEYSSENS Pieter-Jan | BEVEREN-LEIE | 26 | SEH | 250 | 0:27:19 | 9,86 | 6:05 |
| 719 | 5174 | CORNELIS Leen | ZWEVEGEM | 35 | F35 | 52 | 0:27:19 | 9,86 | 6:05 |
| 720 | 6424 | VANDEPLANCKE Charlotte | HEULE | 31 | SEF | 200 | 0:27:19 | 9,86 | 6:05 |
| 721 | 6696 | | | | - | | 0:27:19 | 9,86 | 6:05 |
| 722 | 6686 | UCAR Gokhan | MEULEBEKE | 20 | SEH | 251 | 0:27:20 | 9,86 | 6:05 |
| 723 | 5563 | DE RAEVE Anne-Sophie | KUURNE | 28 | SEF | 201 | 0:27:20 | 9,86 | 6:05 |
| 724 | 5364 | PAUWELS Lilette | VINDERHOUTE | 60 | F60 | 2 | 0:27:20 | 9,86 | 6:05 |
| 725 | 5883 | MASQUELIN Henri | MARKE | 9 | SEH | 252 | 0:27:21 | 9,85 | 6:05 |
| 726 | 5686 | LAUWERS Griet | KUURNE | 38 | F35 | 53 | 0:27:21 | 9,85 | 6:05 |
| 727 | 5882 | MASQUELIN Peter | KORTRIJK | 43 | M40 | 36 | 0:27:21 | 9,85 | 6:05 |
| 728 | 5102 | BLOMME Remi | REKKEM | 13 | SEH | 253 | 0:27:22 | 9,84 | 6:06 |
| 729 | 5105 | HERMAN Eva | BELLEGEM | 13 | SEF | 202 | 0:27:22 | 9,84 | 6:06 |
| 730 | 6432 | MORTIER Henri | KORTRIJK | 8 | SEH | 254 | 0:27:23 | 9,84 | 6:06 |
| 731 | 6631 | VANHAUWAERT Maxim | KUURNE | 9 | SEH | 255 | 0:27:25 | 9,83 | 6:06 |
| 732 | 5205 | VANDENDRIESSCHE Saan | KORTRIJK | 28 | SEH | 256 | 0:27:25 | 9,83 | 6:06 |
| 733 | 6431 | VANHOUTTEGHEM Laurent | KORTRIJK | 8 | SEH | 257 | 0:27:25 | 9,83 | 6:06 |
| 734 | 5778 | GOEMAERE Stijn William | ANZEGEM | 34 | SEH | 258 | 0:27:25 | 9,83 | 6:06 |
| 735 | 6206 | STAELENS Gracienne | KORTRIJK | 54 | F50 | 15 | 0:27:25 | 9,83 | 6:06 |
| 735 | 6205 | VAN HOEFS Merel | KORTRIJK | 22 | SEF | 203 | 0:27:25 | 9,83 | 6:06 |
| 737 | 6592 | DE BRABANDERE Michèle | AALBEKE | 48 | F45 | 31 | 0:27:26 | 9,82 | 6:07 |
| 738 | 6055 | LIBEERT Louise | KORTRIJK | 15 | SEF | 204 | 0:27:26 | 9,82 | 6:07 |
| 739 | 5076 | ALBERS Manon | KORTRIJK | 27 | SEF | 205 | 0:27:26 | 9,82 | 6:07 |
| 740 | 5990 | ADYNS Maxence | KORTRIJK | 8 | SEH | 259 | 0:27:26 | 9,82 | 6:07 |
| 741 | 5993 | GOETHALS Achile | KORTRIJK | 10 | SEF | 206 | 0:27:26 | 9,82 | 6:07 |
| 742 | 6591 | ADINS Greet | KORTRIJK | 49 | F45 | 32 | 0:27:26 | 9,82 | 6:07 |
| 743 | 5853 | NUYTTENS Kaat | KUURNE | 33 | SEF | 207 | 0:27:27 | 9,81 | 6:07 |
| 744 | 6433 | ALEXANDRA Bekaert | KORTRIJK | 37 | F35 | 54 | 0:27:27 | 9,81 | 6:07 |
| 745 | 5854 | DEBLAUWE Eline | KUURNE | 31 | SEF | 208 | 0:27:28 | 9,81 | 6:07 |
| 746 | 5513 | HOLLEVOET Robin | HEULE | 18 | SEH | 260 | 0:27:28 | 9,81 | 6:07 |
| 747 | 6430 | PERSOONS Stephanie | KORTRIJK | 40 | F40 | 32 | 0:27:28 | 9,81 | 6:07 |
| 748 | 5989 | SAGAERT Sophie | KORTRIJK | 35 | F35 | 55 | 0:27:28 | 9,81 | 6:07 |
| 749 | 5203 | VIERSTRAETE Joke | KORTRIJK | 32 | SEF | 209 | 0:27:28 | 9,81 | 6:07 |
| 750 | 5371 | ADINS Trees | HARELBEKE | 65 | F65 | 1 | 0:27:29 | 9,80 | 6:07 |
| 751 | 6149 | DE TROYER Sofie | HULSTE | 33 | SEF | 210 | 0:27:31 | 9,79 | 6:08 |
| 752 | 6246 | GOETHALS Jasmien | GELUVELD | 25 | SEF | 211 | 0:27:31 | 9,79 | 6:08 |
| 753 | 5614 | DESCHILDRE Floor | | 8 | SEF | 212 | 0:27:32 | 9,78 | 6:08 |
| 754 | 5289 | DE MEUTER Karhleen | MERCHTEM | 43 | F40 | 33 | 0:27:32 | 9,78 | 6:08 |
| 755 | 6622 | | | | - | | 0:27:32 | 9,78 | 6:08 |
| 755 | 6234 | ALGOET Ria | DEERLIJK | 50 | F50 | 16 | 0:27:32 | 9,78 | 6:08 |
| 757 | 6190 | VERHAEGEN Ilse | ST-MARTENS LATEM | 43 | F40 | 34 | 0:27:33 | 9,78 | 6:08 |
| 758 | 5032 | DE BUYSERE Charlotte | LENDELEDE | 26 | SEF | 213 | 0:27:33 | 9,78 | 6:08 |
| 759 | 5029 | DEGLORIE Tom | KACHTEM | 21 | SEH | 261 | 0:27:33 | 9,78 | 6:08 |
| 760 | 5660 | VANDECASTEELE Cassandra | BRUGGE | 15 | SEF | 214 | 0:27:33 | 9,78 | 6:08 |
| 761 | 5022 | MARECAUX Ann | HARELBEKE | 44 | F40 | 35 | 0:27:34 | 9,77 | 6:08 |
| 762 | 6305 | DE MEESTERE Valerie | MARKE | 18 | SEF | 215 | 0:27:34 | 9,77 | 6:08 |
| 763 | 6230 | DEVOLDER Mauro | KORTRIJK | 9 | SEH | 262 | 0:27:34 | 9,77 | 6:08 |
| 764 | 6558 | DEWYN Wim | KORTRIJK | 29 | SEH | 263 | 0:27:34 | 9,77 | 6:08 |
| 765 | 6259 | BRUTSAERT Sofie | KORTRIJK | 41 | F40 | 36 | 0:27:35 | 9,77 | 6:09 |
| 766 | 5003 | TJOENS Eva | BAVIKHOVE | 31 | SEF | 216 | 0:27:35 | 9,77 | 6:09 |
| 767 | 6260 | ROGIEST Julie | KORTRIJK | 11 | SEF | 217 | 0:27:35 | 9,77 | 6:09 |
| 768 | 5966 | HOUTEKIER Saskia | BELLEGEM | 34 | SEF | 218 | 0:27:36 | 9,76 | 6:09 |
| 769 | 5243 | DERUYTERE Saska | ST-NIKLAAS | 44 | F40 | 37 | 0:27:36 | 9,76 | 6:09 |
| 770 | 5550 | VANDAMME Kim | BELLEGEM | 32 | SEF | 219 | 0:27:36 | 9,76 | 6:09 |
| 771 | 5613 | SAVELKOULS Alberdina | | 46 | F45 | 33 | 0:27:36 | 9,76 | 6:09 |
| 772 | 6118 | DESMEDT Koen | KORTRIJK | 44 | M40 | 37 | 0:27:37 | 9,75 | 6:09 |
| 773 | 6121 | BECAUS Laurence | BELLEGEM | 39 | F35 | 56 | 0:27:37 | 9,75 | 6:09 |
| 774 | 5314 | HEDEMAN Femke | ELEWIJT | 20 | SEF | 220 | 0:27:37 | 9,75 | 6:09 |
| 775 | 5548 | VANDAMME Jolien | KORTRIJK | 26 | SEF | 221 | 0:27:38 | 9,75 | 6:09 |
| 776 | 5223 | DEGRYSE Nele | KORTRIJK | 36 | F35 | 57 | 0:27:38 | 9,75 | 6:09 |
| 777 | 5178 | VERMANDERE Tine | KORTRIJK | 38 | F35 | 58 | 0:27:38 | 9,75 | 6:09 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|--------------|-----|-----|-------|---------|------|---------|
| 778 | 6429 | LEENKNECHT Miro | MARKE | 13 | SEH | 264 | 0:27:38 | 9,75 | 6:09 |
| 779 | 5177 | VANDORPE Noa | KORTRIJK | 13 | SEF | 222 | 0:27:38 | 9,75 | 6:09 |
| 780 | 5252 | LORIDAN Tom | LENDELEDE | 35 | M35 | 30 | 0:27:38 | 9,75 | 6:09 |
| 781 | 5549 | VANDAMME Celien | BELLESEM | 26 | SEF | 223 | 0:27:39 | 9,74 | 6:09 |
| 782 | 5114 | DEVOS Carine | ANZEGEM | 53 | F50 | 17 | 0:27:41 | 9,73 | 6:10 |
| 783 | 5814 | DE ROO Ilse | REXPOËDE | 41 | F40 | 38 | 0:27:41 | 9,73 | 6:10 |
| 784 | 6428 | NR 6428 | | | - | | 0:27:41 | 9,73 | 6:10 |
| 785 | 6671 | | | | - | | 0:27:42 | 9,73 | 6:10 |
| 786 | 5671 | MEURISSE Evy | BRUGGE | 35 | F35 | 59 | 0:27:42 | 9,73 | 6:10 |
| 787 | 5410 | GEERARDYN Jelena | BELLESEM | 21 | SEF | 224 | 0:27:45 | 9,71 | 6:11 |
| 788 | 5091 | VANNESTE Lieselot | GULLEGEM | 24 | SEF | 225 | 0:27:46 | 9,70 | 6:11 |
| 789 | 5295 | CHRISTIAENS Roos | MERELBEKE | 67 | F65 | 2 | 0:27:47 | 9,70 | 6:11 |
| 790 | 5409 | GEERARDYN Jakobe | BELLESEM | 15 | SEF | 226 | 0:27:47 | 9,70 | 6:11 |
| 791 | 6040 | DEVOLDERE Babette | KORTRIJK | 15 | SEF | 227 | 0:27:48 | 9,69 | 6:11 |
| 792 | 5877 | BOSTOEN Marthe | KORTRIJK | 16 | SEF | 228 | 0:27:48 | 9,69 | 6:11 |
| 793 | 6406 | CAFFIAUX Mandy | LEDEGEM | 22 | SEF | 229 | 0:27:49 | 9,68 | 6:12 |
| 794 | 5400 | PLANCKAERT Marielou | REKKEM | 13 | SEF | 230 | 0:27:49 | 9,68 | 6:12 |
| 795 | 5401 | DEBEUF Orphee | REKKEM | 39 | F35 | 60 | 0:27:49 | 9,68 | 6:12 |
| 796 | 5590 | DEBEL Aniana | ROESELARE | 41 | F40 | 39 | 0:27:49 | 9,68 | 6:12 |
| 797 | 5429 | GHEsqUIERE Flore | WEVELGEM | 13 | SEF | 231 | 0:27:50 | 9,68 | 6:12 |
| 798 | 5587 | DETRU Lotte | WEVELGEM | 14 | SEF | 232 | 0:27:50 | 9,68 | 6:12 |
| 799 | 5283 | COOPMAN Sarah | KERKHOVE | 27 | SEF | 233 | 0:27:50 | 9,68 | 6:12 |
| 800 | 5624 | PLASMANS Sofie | TIELT | 35 | F35 | 61 | 0:27:50 | 9,68 | 6:12 |
| 801 | 5227 | DESMEDT Sarah | KUURNE | 29 | SEF | 234 | 0:27:51 | 9,67 | 6:12 |
| 802 | 5543 | T'JAECKX Wouter | RUMBEKE | 33 | SEH | 265 | 0:27:51 | 9,67 | 6:12 |
| 803 | 5281 | COPPENS Delphine | ZWEVEGEM | 44 | F40 | 40 | 0:27:53 | 9,66 | 6:13 |
| 804 | 5931 | BRIE Hélène | KORTRIJK | 26 | SEF | 235 | 0:27:53 | 9,66 | 6:13 |
| 805 | 5332 | VERSCHAEEVE Hannelore | LAUWE | 34 | SEF | 236 | 0:27:53 | 9,66 | 6:13 |
| 806 | 6630 | VANDERSYPPE Griet | KUURNE | 46 | F45 | 34 | 0:27:54 | 9,66 | 6:13 |
| 807 | 6046 | JOSSON Ignace | BISSEGEM | 52 | M50 | 22 | 0:27:55 | 9,65 | 6:13 |
| 807 | 6629 | LENOIR Marie-Maxence | MARKE | 10 | SEF | 237 | 0:27:55 | 9,65 | 6:13 |
| 809 | 5821 | VAN DEN HEEDE Aïsha | KNOCKE-HEIST | 26 | SEF | 238 | 0:27:55 | 9,65 | 6:13 |
| 810 | 5285 | WERBROUCK Ward | KORTRIJK | 30 | SEH | 266 | 0:27:55 | 9,65 | 6:13 |
| 811 | 6628 | FOULON Stéphanie | MARKE | 42 | F40 | 41 | 0:27:55 | 9,65 | 6:13 |
| 812 | 6139 | ROELS Janne | BRUGGE | 11 | SEF | 239 | 0:27:56 | 9,64 | 6:13 |
| 813 | 5225 | HUYSE Greetje | GULLEGEM | 51 | F50 | 18 | 0:27:56 | 9,64 | 6:13 |
| 814 | 5070 | VAN ZANTBEEK Kathleen | GENT | 48 | F45 | 35 | 0:27:56 | 9,64 | 6:13 |
| 815 | 6407 | VERFAILLIE Margaux | WEVELGEM | 15 | SEF | 240 | 0:27:57 | 9,64 | 6:13 |
| 816 | 5079 | DEVOS Marianne | KORTRIJK | 40 | F40 | 42 | 0:27:57 | 9,64 | 6:13 |
| 817 | 5667 | PAIROUX Sandy | BRUGGE | 28 | SEF | 241 | 0:27:57 | 9,64 | 6:13 |
| 818 | 6138 | ROELS Peter | BRUGGE | 44 | M40 | 38 | 0:27:57 | 9,64 | 6:13 |
| 819 | 5408 | CARREIN Damienne | HARELBEKE | 54 | F50 | 19 | 0:27:58 | 9,63 | 6:14 |
| 820 | 5407 | DEBRABANDERE Dominique | HARELBEKE | 52 | M50 | 23 | 0:27:58 | 9,63 | 6:14 |
| 821 | 5732 | DEVOS Jean Luc | EKE | 53 | M50 | 24 | 0:27:59 | 9,63 | 6:14 |
| 822 | 6252 | VAN LOO Vicky Christiane | AALTER | 42 | F40 | 43 | 0:28:00 | 9,62 | 6:14 |
| 823 | 5036 | NHAT Nguyen | HEULE | 14 | SEH | 267 | 0:28:00 | 9,62 | 6:14 |
| 824 | 5869 | DE HEUSCH Sylvie | GRIMBERGEN | 43 | F40 | 44 | 0:28:00 | 9,62 | 6:14 |
| 825 | 5801 | PENNINCK Wendy | VICHTE | 37 | F35 | 62 | 0:28:01 | 9,62 | 6:14 |
| 826 | 5453 | PLOVIE Michiel | INGELMUNSTER | 25 | SEH | 268 | 0:28:03 | 9,60 | 6:15 |
| 827 | 6014 | VAN KEIRSBILCK Veerle | IEPER | 30 | SEF | 242 | 0:28:03 | 9,60 | 6:15 |
| 828 | 6608 | LAGAE Liza | BISSEGEM | 19 | SEF | 243 | 0:28:04 | 9,60 | 6:15 |
| 829 | 5383 | GUILLEMIN Warre | IZEGEM | 11 | SEH | 269 | 0:28:05 | 9,59 | 6:15 |
| 830 | 6186 | VERBEURE Anneke | BISSEGEM | 49 | F45 | 36 | 0:28:06 | 9,59 | 6:16 |
| 831 | 6610 | LAGAE Louise | BISSEGEM | 21 | SEF | 244 | 0:28:06 | 9,59 | 6:16 |
| 832 | 6151 | CALLEWAERT Chloe | AALBEKE | 23 | SEF | 245 | 0:28:07 | 9,58 | 6:16 |
| 833 | 5927 | PEREZ-SORDO Brigitte | BRUXELLES | 46 | F45 | 37 | 0:28:07 | 9,58 | 6:16 |
| 834 | 5210 | MOERKERKE Sofie | LAUWE | 40 | F40 | 45 | 0:28:07 | 9,58 | 6:16 |
| 835 | 6062 | BILLIAU Jelle | MOORSLEDE | 33 | SEH | 270 | 0:28:08 | 9,58 | 6:16 |
| 836 | 5928 | PEREZ-SORDO Paul | BRUXELLES | 11 | SEH | 271 | 0:28:08 | 9,58 | 6:16 |
| 837 | 5071 | VERGAUWE Kelly | HEULE | 36 | F35 | 63 | 0:28:08 | 9,58 | 6:16 |
| 838 | 6108 | AMEEL Alain | KORTRIJK | 52 | M50 | 25 | 0:28:08 | 9,58 | 6:16 |
| 839 | 5926 | PEREZ-SORDO Fabian | BRUXELLES | 10 | SEH | 272 | 0:28:09 | 9,57 | 6:16 |
| 840 | 5393 | DE VOS Kelly | DEINZE | 26 | SEF | 246 | 0:28:09 | 9,57 | 6:16 |
| 841 | 5392 | VAN HEUVERSWIJN Giel | DEINZE | 26 | SEH | 273 | 0:28:10 | 9,56 | 6:16 |
| 842 | 6065 | VERSCHELDEN Margaux | KORTRIJK | 20 | SEF | 247 | 0:28:11 | 9,56 | 6:17 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|--------------|-----|-----|-------|---------|------|---------|
| 843 | 5489 | NOWAKOWSKI León | KORTRIJK | 9 | SEH | 274 | 0:28:12 | 9,55 | 6:17 |
| 844 | 6188 | BOSTEELS Dominique | KORTRIJK | 48 | F45 | 38 | 0:28:12 | 9,55 | 6:17 |
| 845 | 5490 | NOWAKOWSKI Nikolas | KORTRIJK | 38 | M35 | 31 | 0:28:12 | 9,55 | 6:17 |
| 846 | 6270 | VANHERPE Noémie | KORTRIJK | 20 | SEF | 248 | 0:28:12 | 9,55 | 6:17 |
| 847 | 5375 | AMEYE Pascale | KORTRIJK | 46 | F45 | 39 | 0:28:12 | 9,55 | 6:17 |
| 848 | 5998 | VYT Jan | MERCHTEM | 54 | M50 | 26 | 0:28:13 | 9,55 | 6:17 |
| 849 | 5163 | VERMEERSCH Marjolein | KORTRIJK | 30 | SEF | 249 | 0:28:13 | 9,55 | 6:17 |
| 850 | 5241 | BONGAERTS Sofie | ST-NIKLAAS | 42 | F40 | 46 | 0:28:14 | 9,54 | 6:17 |
| 851 | 5569 | SIJNAVE Jan | KOKSIJDE | 59 | M55 | 9 | 0:28:14 | 9,54 | 6:17 |
| 852 | 6013 | VANDERLINDEN Delphine | KORTRIJK | 38 | F35 | 64 | 0:28:14 | 9,54 | 6:17 |
| 853 | 6673 | | | | - | | 0:28:14 | 9,54 | 6:17 |
| 854 | 6222 | VANDEBUSSCHE Rune | KORTRIJK | 17 | SEF | 250 | 0:28:14 | 9,54 | 6:17 |
| 855 | 6012 | VANHAECKE Veerle | KORTRIJK | 32 | SEF | 251 | 0:28:14 | 9,54 | 6:17 |
| 856 | 6672 | | | | - | | 0:28:14 | 9,54 | 6:17 |
| 857 | 6197 | VANHERPE Ellen | BISSEGEM | 38 | F35 | 65 | 0:28:14 | 9,54 | 6:17 |
| 858 | 5793 | VOSSAERT Karlien | KORTRIJK | 29 | SEF | 252 | 0:28:15 | 9,54 | 6:18 |
| 859 | 5475 | SOENENS Joke | KORTRIJK | 30 | SEF | 253 | 0:28:15 | 9,54 | 6:18 |
| 860 | 5997 | VAN STEENBERGE Karien | WINKSELE | 46 | F45 | 40 | 0:28:15 | 9,54 | 6:18 |
| 861 | 5482 | HOOGHE Lien | MOEN | 33 | SEF | 254 | 0:28:16 | 9,53 | 6:18 |
| 862 | 6175 | ROELS Isabelle | ZEDELGEM | 43 | F40 | 47 | 0:28:18 | 9,52 | 6:18 |
| 863 | 5735 | VANDEBUSSCHE Virginie | WAREGEM | 30 | SEF | 255 | 0:28:18 | 9,52 | 6:18 |
| 864 | 6127 | VAN HOECKE Sandy | AARTRIJKE | 43 | F40 | 48 | 0:28:18 | 9,52 | 6:18 |
| 865 | 5159 | DEMETS André | KORTRIJK | 66 | M65 | 5 | 0:28:19 | 9,51 | 6:18 |
| 866 | 6114 | VERBEKE Emma | ZWEVEGEM | 18 | SEF | 256 | 0:28:19 | 9,51 | 6:18 |
| 867 | 5849 | LOIJSON Filip | HARELBEKE | 46 | M45 | 23 | 0:28:20 | 9,51 | 6:19 |
| 868 | 5546 | DENDONCKER Karen | ZWIJNAARDE | 27 | SEF | 257 | 0:28:20 | 9,51 | 6:19 |
| 869 | 6437 | VANDAMME Stijn | HARELBEKE | 35 | M35 | 32 | 0:28:21 | 9,50 | 6:19 |
| 870 | 5643 | SERGEANT Nelly | BRUGGE | 29 | SEF | 258 | 0:28:21 | 9,50 | 6:19 |
| 871 | 5206 | NUIJTENS Thomas | KORTRIJK | 25 | SEH | 275 | 0:28:23 | 9,49 | 6:19 |
| 872 | 5268 | DENOLF Suzy | HEESTERT | 43 | F40 | 49 | 0:28:24 | 9,49 | 6:20 |
| 873 | 6271 | CORNEILLIE Pascal | WEVELGEM | 50 | M50 | 27 | 0:28:25 | 9,48 | 6:20 |
| 874 | 5118 | DELCHAMBRE Martine | KUURNE | 60 | F60 | 3 | 0:28:25 | 9,48 | 6:20 |
| 875 | 6554 | DEBRUYNE Eva | INGELMUNSTER | 33 | SEF | 259 | 0:28:27 | 9,47 | 6:20 |
| 876 | 5113 | DE BLIQUY Vanessa | MARKE | 42 | F40 | 50 | 0:28:27 | 9,47 | 6:20 |
| 877 | 5124 | COOLSAET Caroline | ZWEVEGEM | 54 | F50 | 20 | 0:28:27 | 9,47 | 6:20 |
| 878 | 6178 | DEMUYNCK Cindy | LENDELEDE | 42 | F40 | 51 | 0:28:28 | 9,46 | 6:20 |
| 879 | 6356 | GRYSON Eline | KUURNE | 34 | SEF | 260 | 0:28:31 | 9,45 | 6:21 |
| 880 | 5232 | VANDEVENNE Nino | HEULE | 51 | M50 | 28 | 0:28:31 | 9,45 | 6:21 |
| 881 | 5240 | DERUYTERE Sofie | ST-NIKLAAS | 38 | F35 | 66 | 0:28:32 | 9,44 | 6:21 |
| 882 | 5491 | VANTOMME Wendy | HARELBEKE | 37 | F35 | 67 | 0:28:32 | 9,44 | 6:21 |
| 883 | 6128 | DE VOS Liesbeth | MOLLEM | 29 | SEF | 261 | 0:28:33 | 9,44 | 6:22 |
| 884 | 5913 | RASSENEUR Mélanie | MOUSCRON | 31 | SEF | 262 | 0:28:33 | 9,44 | 6:22 |
| 885 | 5317 | DELAGRANGE Lies | RUMBEKE | 33 | SEF | 263 | 0:28:35 | 9,43 | 6:22 |
| 886 | 5158 | HERTSENS Tom | KORTRIJK | 43 | M40 | 39 | 0:28:36 | 9,42 | 6:22 |
| 887 | 5325 | VANDECASTEELE Isabel | IZEGEM | 38 | F35 | 68 | 0:28:36 | 9,42 | 6:22 |
| 888 | 5568 | VANDENHEEDE Fien | KORTRIJK | 33 | SEF | 264 | 0:28:39 | 9,40 | 6:23 |
| 889 | 6566 | NEYRINCK Lisa | KUURNE | 28 | SEF | 265 | 0:28:39 | 9,40 | 6:23 |
| 890 | 6302 | BAMELIS Sofie | WAREGEM | 37 | F35 | 69 | 0:28:40 | 9,40 | 6:23 |
| 891 | 5562 | VANDERPIJPEN Geert | HEULE | 35 | M35 | 33 | 0:28:40 | 9,40 | 6:23 |
| 892 | 6105 | DELORGE Danté | KORTRIJK | 11 | SEH | 276 | 0:28:41 | 9,39 | 6:23 |
| 893 | 5346 | DUCATTEEUW Megan | KUURNE | 16 | SEF | 266 | 0:28:43 | 9,38 | 6:24 |
| 894 | 5355 | DEJAGERE Margaux | BAVIKHOVE | 15 | SEF | 267 | 0:28:45 | 9,37 | 6:24 |
| 895 | 5450 | DUBRUNFAUT Yana | HEULE | 20 | SEF | 268 | 0:28:45 | 9,37 | 6:24 |
| 896 | 6010 | DEJONGHE Briek | IEPER | 9 | SEH | 277 | 0:28:46 | 9,37 | 6:24 |
| 897 | 5009 | VERGALLE Sophie | 8501 | 33 | SEF | 269 | 0:28:46 | 9,37 | 6:24 |
| 898 | 5605 | BRAAT Nicole | BREDENE | 60 | F60 | 4 | 0:28:46 | 9,37 | 6:24 |
| 899 | 5229 | LAPAUW Amélie | ZWEVEGEM | 32 | SEF | 270 | 0:28:46 | 9,37 | 6:24 |
| 900 | 5815 | MOTTE Inge | MENEN | 45 | F45 | 41 | 0:28:46 | 9,37 | 6:24 |
| 901 | 5454 | DE MAN Stéphanie | KORTRIJK | 28 | SEF | 271 | 0:28:47 | 9,36 | 6:25 |
| 902 | 5816 | WASTYN Finn | MENEN | 45 | M45 | 24 | 0:28:47 | 9,36 | 6:25 |
| 903 | 5701 | VERSCHATSE Elke | KORTRIJK | 40 | F40 | 52 | 0:28:47 | 9,36 | 6:25 |
| 904 | 5448 | NOLLET Leen | KORTEMARK | 47 | F45 | 42 | 0:28:48 | 9,35 | 6:25 |
| 905 | 5575 | NOLLET Els | ZONNEBEKE | 50 | F50 | 21 | 0:28:48 | 9,35 | 6:25 |
| 906 | 6110 | JOLIE Staf | HEULE | 12 | SEH | 278 | 0:28:48 | 9,35 | 6:25 |
| 907 | 5697 | VEROUGSTRAETE Fleur | KORTRIJK | 17 | SEF | 272 | 0:28:48 | 9,35 | 6:25 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|--------------|-----|-----|-------|---------|------|---------|
| 908 | 5595 | DELBAERE Jo | KORTRIJK | 57 | F55 | 11 | 0:28:48 | 9,35 | 6:25 |
| 909 | 5456 | DEGRYSE Dorine | KORTRIJK | 26 | SEF | 273 | 0:28:49 | 9,35 | 6:25 |
| 910 | 5708 | WEMEL Liesje | KORTRIJK | 38 | F35 | 70 | 0:28:50 | 9,34 | 6:25 |
| 911 | 6599 | WITTEZAELE Jenny | ROLLEGEM | 24 | SEF | 274 | 0:28:51 | 9,34 | 6:26 |
| 912 | 6181 | SCHITTECATTE Ilse | OUDENAARDE | 31 | SEF | 275 | 0:28:51 | 9,34 | 6:26 |
| 913 | 6434 | VERHAMME Stefaan | KORTRIJK | 37 | M35 | 34 | 0:28:52 | 9,33 | 6:26 |
| 914 | 5425 | SINNESAELE Bieke | LENDELEDE | 34 | SEF | 276 | 0:28:52 | 9,33 | 6:26 |
| 915 | 5709 | VANNESTE Carine | KORTRIJK | 47 | F45 | 43 | 0:28:52 | 9,33 | 6:26 |
| 916 | 5666 | PARMENTIER Elise | BRUGGE | 29 | SEF | 277 | 0:28:53 | 9,33 | 6:26 |
| 917 | 5488 | DUMONT Géraldine | MARKE | 21 | SEF | 278 | 0:28:53 | 9,33 | 6:26 |
| 918 | 5707 | CUYPERS Evi | INGELMUNSTER | 36 | F35 | 71 | 0:28:54 | 9,32 | 6:26 |
| 918 | 6598 | PLATTEAU Ike | ROLLEGEM | 35 | F35 | 71 | 0:28:54 | 9,32 | 6:26 |
| 920 | 5612 | ÖDBERG Diane | | 32 | SEF | 279 | 0:28:55 | 9,32 | 6:26 |
| 921 | 5942 | DELATTER Anja | GULLEGEM | 41 | F40 | 53 | 0:28:55 | 9,32 | 6:26 |
| 922 | 5943 | JAECQUES Nancy | GULLEGEM | 43 | F40 | 54 | 0:28:55 | 9,32 | 6:26 |
| 923 | 5572 | VANDEWEYER Matisse | OELEGEM | 12 | SEH | 279 | 0:28:55 | 9,32 | 6:26 |
| 924 | 6303 | DELEERSNIJDER Evelyne | KUURNE | 47 | F45 | 44 | 0:28:55 | 9,32 | 6:26 |
| 925 | 6008 | VAN LOO Jean-Marie | LOKEREN | 48 | M45 | 25 | 0:28:56 | 9,31 | 6:27 |
| 926 | 5480 | VERCAEMER Juliette | ZWEVEGEM | 11 | SEF | 280 | 0:28:56 | 9,31 | 6:27 |
| 927 | 6106 | VANNESTE Isabel | KORTRIJK | 44 | F40 | 55 | 0:28:56 | 9,31 | 6:27 |
| 928 | 6304 | NIELS Hosdez | KORTRIJK | 25 | SEH | 280 | 0:28:57 | 9,31 | 6:27 |
| 929 | 6107 | WATTEYN Ella | KORTRIJK | 8 | SEF | 281 | 0:28:57 | 9,31 | 6:27 |
| 930 | 6064 | HAEMERS Nico | HEULE | 45 | M45 | 26 | 0:28:57 | 9,31 | 6:27 |
| 931 | 6031 | VANHOUBAERT Sophie | DESSELGEM | 47 | F45 | 45 | 0:28:57 | 9,31 | 6:27 |
| 932 | 6556 | VYNCKIER Els | MEULEBEKE | 36 | F35 | 73 | 0:28:59 | 9,29 | 6:27 |
| 933 | 5737 | VANDEWIELE Ilse | ANZEGEM | 40 | F40 | 56 | 0:28:59 | 9,29 | 6:27 |
| 934 | 5323 | CLOET Delphine | WAREGEM | 35 | F35 | 74 | 0:28:59 | 9,29 | 6:27 |
| 935 | 5370 | ROOM Marie | POPERINGE | 64 | F60 | 5 | 0:29:01 | 9,28 | 6:28 |
| 936 | 6573 | LAPEIRRE Greet | HARELBEKE | 39 | F35 | 75 | 0:29:01 | 9,28 | 6:28 |
| 937 | 5644 | BRAEKEVELD Stephanie | BRUGGE | 27 | SEF | 282 | 0:29:01 | 9,28 | 6:28 |
| 938 | 5956 | VERMEIREN Nele | LONDERZEEL | 34 | SEF | 283 | 0:29:01 | 9,28 | 6:28 |
| 939 | 6024 | HERREMAN Linda | HEULE | 51 | F50 | 22 | 0:29:01 | 9,28 | 6:28 |
| 940 | 5848 | LOIJSON Chloe | HARELBEKE | 17 | SEF | 284 | 0:29:02 | 9,28 | 6:28 |
| 941 | 5976 | DECRAENE Reinhilde | ZWEVEGEM | 40 | F40 | 57 | 0:29:03 | 9,27 | 6:28 |
| 942 | 6609 | LAGAE Marie | BISSEGEM | 19 | SEF | 285 | 0:29:03 | 9,27 | 6:28 |
| 943 | 5977 | ALLAERT Ann | OOIGEM | 48 | F45 | 46 | 0:29:03 | 9,27 | 6:28 |
| 944 | 5270 | CALLENS Kathy | KORTRIJK | 45 | F45 | 47 | 0:29:04 | 9,27 | 6:28 |
| 945 | 5377 | VAN BELLEGHEM Anton | KONTICH | 14 | SEH | 281 | 0:29:04 | 9,27 | 6:28 |
| 946 | 5256 | VERGOTE Olivier | WEVELGEM | 35 | M35 | 35 | 0:29:05 | 9,26 | 6:29 |
| 947 | 5138 | MALFAIT Julie | HARELBEKE | 30 | SEF | 286 | 0:29:05 | 9,26 | 6:29 |
| 948 | 5531 | NOTREDAME Julie | BISSEGEM | 21 | SEF | 287 | 0:29:06 | 9,26 | 6:29 |
| 949 | 5265 | HARTEEL Griet | HEULE | 28 | SEF | 288 | 0:29:07 | 9,25 | 6:29 |
| 950 | 5253 | FEIJTRAIJ Christ | DESSELGEM | 37 | M35 | 36 | 0:29:07 | 9,25 | 6:29 |
| 951 | 6060 | CALJON Sherilyn | GELUWE | 24 | SEF | 289 | 0:29:08 | 9,25 | 6:29 |
| 952 | 5692 | VANHAVERBEKE -Aude | KORTRIJK | 50 | F50 | 23 | 0:29:08 | 9,25 | 6:29 |
| 953 | 6627 | WITTERS Sophie | MARKE | 38 | F35 | 76 | 0:29:09 | 9,24 | 6:30 |
| 954 | 5222 | DEWULF Birgit | KORTRIJK | 52 | M50 | 29 | 0:29:10 | 9,24 | 6:30 |
| 955 | 5606 | DEMEULEMEESTER Joke | MARKE | 38 | F35 | 77 | 0:29:11 | 9,23 | 6:30 |
| 956 | 6009 | VAN DE CASTEELE Anna | KORTRIJK | 54 | F50 | 24 | 0:29:11 | 9,23 | 6:30 |
| 957 | 5322 | SHELLEMANS Julie | DESTELBERGEN | 10 | SEH | 282 | 0:29:11 | 9,23 | 6:30 |
| 958 | 6415 | VANHUYSSSE Lieselot | KORTRIJK | 33 | SEF | 290 | 0:29:12 | 9,23 | 6:30 |
| 959 | 5674 | KUPRASZEWICZ Jaroslaw | MARKE | 51 | M50 | 30 | 0:29:12 | 9,23 | 6:30 |
| 960 | 5609 | GELLYNCK Astrid | MARKE | 48 | F45 | 48 | 0:29:12 | 9,23 | 6:30 |
| 961 | 6604 | LOGGHE Tine | HARELBEKE | 37 | F35 | 78 | 0:29:12 | 9,23 | 6:30 |
| 962 | 5992 | GOETHALS Zoé | KORTRIJK | 12 | SEF | 291 | 0:29:12 | 9,23 | 6:30 |
| 963 | 5137 | CHYS Shauni | WEVELGEM | 22 | SEF | 292 | 0:29:13 | 9,22 | 6:30 |
| 964 | 5996 | VAN DE KERCHOVE Kathleen | ZWEVEGEM | 56 | F55 | 12 | 0:29:13 | 9,22 | 6:30 |
| 965 | 5994 | VANHOO Delphine | KORTRIJK | 42 | F40 | 58 | 0:29:14 | 9,22 | 6:31 |
| 966 | 5528 | VANDENBROUCKE Lisa | LOPPEM | 26 | SEF | 293 | 0:29:15 | 9,21 | 6:31 |
| 967 | 6435 | CALLENS Miet | KORTRIJK | 34 | SEF | 294 | 0:29:15 | 9,21 | 6:31 |
| 968 | 5898 | VERLEDENS Laetitia | DEERLIJK | 29 | SEF | 295 | 0:29:16 | 9,21 | 6:31 |
| 969 | 5305 | UYTDENHOUWEN Walter | HOEVENEN | 49 | M45 | 27 | 0:29:16 | 9,21 | 6:31 |
| 970 | 6153 | BEYENS Gregory | KORTRIJK | 38 | M35 | 37 | 0:29:16 | 9,21 | 6:31 |
| 971 | 6601 | LOOSVELT Stefi | BELLEGEM | 26 | SEF | 296 | 0:29:17 | 9,20 | 6:31 |
| 972 | 5567 | PIJCKE Veerle | HOEVENEN | 47 | F45 | 49 | 0:29:17 | 9,20 | 6:31 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|--------------|-----|-----|-------|---------|------|---------|
| 973 | 1325 | DE SMET Niels | PITTEM | 30 | SEH | 283 | 0:29:17 | 9,20 | 6:31 |
| 974 | 5442 | VERBEKE Inge | INGELMUNSTER | 34 | SEF | 297 | 0:29:17 | 9,20 | 6:31 |
| 975 | 5945 | ROMMENS Renilde | ROESELARE | 37 | F35 | 79 | 0:29:17 | 9,20 | 6:31 |
| 976 | 5946 | SINNAEVE Elisabeth | HULSTE | 37 | F35 | 80 | 0:29:18 | 9,19 | 6:32 |
| 977 | 6408 | CLAEYS Milan | LAUWE | 10 | SEH | 284 | 0:29:18 | 9,19 | 6:32 |
| 978 | 5424 | BONNIER Greet | DE PINTE | 36 | F35 | 81 | 0:29:19 | 9,19 | 6:32 |
| 979 | 5728 | HOSTENS Veerle | HEULE | 37 | F35 | 82 | 0:29:19 | 9,19 | 6:32 |
| 980 | 5670 | BENOIT Emely | BRUGGE | 23 | SEF | 298 | 0:29:20 | 9,18 | 6:32 |
| 981 | 5589 | DEWINTER Anneroos | BISSEGEM | 38 | F35 | 83 | 0:29:20 | 9,18 | 6:32 |
| 982 | 6409 | SABBE Elien | KORTRIJK | 38 | F35 | 84 | 0:29:21 | 9,18 | 6:32 |
| 983 | 5443 | VANDOMMELE Kevin | INGELMUNSTER | 33 | SEH | 285 | 0:29:21 | 9,18 | 6:32 |
| 984 | 5653 | DOOLAEGE Kathleen | BRUGGE | 40 | F40 | 59 | 0:29:21 | 9,18 | 6:32 |
| 985 | 5132 | VANDEWEGHE Marion | IEPER | 25 | SEF | 299 | 0:29:22 | 9,17 | 6:32 |
| 986 | 5130 | NEIRYNCK Tina | HEULE | 29 | SEF | 300 | 0:29:22 | 9,17 | 6:32 |
| 987 | 5652 | DHONT Kelly | BRUGGE | 32 | SEF | 301 | 0:29:22 | 9,17 | 6:32 |
| 988 | 5650 | MESTDAGH Michele | BRUGGE | 55 | F55 | 13 | 0:29:23 | 9,17 | 6:33 |
| 989 | 5092 | DECNEUDT Martine | MOORSELE | 49 | F45 | 50 | 0:29:23 | 9,17 | 6:33 |
| 990 | 5147 | SCHEPENS Els | DADIZELE | 33 | SEF | 302 | 0:29:23 | 9,17 | 6:33 |
| 991 | 5404 | DESMET Delphine | ZWEVEGEM | 38 | F35 | 85 | 0:29:24 | 9,16 | 6:33 |
| 992 | 5275 | VYNCKE Lucas | KORTRIJK | 11 | SEH | 286 | 0:29:24 | 9,16 | 6:33 |
| 993 | 5098 | BRUYLAND Karen | KORTRIJK | 47 | F45 | 51 | 0:29:25 | 9,16 | 6:33 |
| 994 | 5344 | DUFOUR Stefanie | KORTRIJK | 37 | F35 | 86 | 0:29:26 | 9,15 | 6:33 |
| 995 | 5326 | DECALUWE Evie | ROLLEGEM | 34 | SEF | 303 | 0:29:26 | 9,15 | 6:33 |
| 996 | 5309 | BULTINCK Veerle | GENT | 37 | F35 | 87 | 0:29:26 | 9,15 | 6:33 |
| 997 | 5421 | BRUYNINCKX Anouk | TIENEN | 10 | SEF | 304 | 0:29:27 | 9,15 | 6:34 |
| 998 | 5096 | VUYLSTEKE Sharon | ZONNEBEKE | 24 | SEF | 305 | 0:29:29 | 9,14 | 6:34 |
| 999 | 5336 | VERSTRAETE Lise | ST-NIKLAAS | 18 | SEF | 306 | 0:29:29 | 9,14 | 6:34 |
| 1000 | 5405 | VANDEWEEGE Veerle | KORTRIJK | 37 | F35 | 88 | 0:29:29 | 9,14 | 6:34 |
| 1001 | 5503 | VERSCHAEVE Corien | MEULEBEKE | 25 | SEF | 307 | 0:29:30 | 9,13 | 6:34 |
| 1002 | 5099 | VANNESTE Lut | MENEN | 55 | F55 | 14 | 0:29:31 | 9,13 | 6:34 |
| 1003 | 6569 | SABBE Liesbeth | OOSTROZEBEKE | 32 | SEF | 308 | 0:29:32 | 9,12 | 6:35 |
| 1004 | 5601 | VERGOTE Isabel | MARKE | 42 | F40 | 60 | 0:29:32 | 9,12 | 6:35 |
| 1005 | 5579 | VANWYNGENE Delphine | ROLLEGEM | 36 | F35 | 89 | 0:29:33 | 9,12 | 6:35 |
| 1006 | 5515 | VANDEN BUSSCHE Ann | BELLEGEM | 29 | SEF | 309 | 0:29:34 | 9,11 | 6:35 |
| 1007 | 6557 | DE ZAEYTIJD Nele | LENDELEDE | 31 | SEF | 310 | 0:29:34 | 9,11 | 6:35 |
| 1008 | 6026 | D'HULST Elisabeth | KORTRIJK | 30 | SEF | 311 | 0:29:34 | 9,11 | 6:35 |
| 1009 | 5964 | DEFRANCE Simon | TOURNAI | 11 | SEH | 287 | 0:29:35 | 9,11 | 6:35 |
| 1010 | 6555 | JESSIE Vion | KORTRIJK | 28 | SEF | 312 | 0:29:35 | 9,11 | 6:35 |
| 1011 | 5963 | DEL RUE Sofie | TOURNAI | 42 | F40 | 61 | 0:29:35 | 9,11 | 6:35 |
| 1012 | 5301 | MAES Aline | DEERLIJK | 33 | SEF | 313 | 0:29:35 | 9,11 | 6:35 |
| 1013 | 5386 | GRAHOVEC Marija | KORTRIJK | 31 | SEF | 314 | 0:29:36 | 9,10 | 6:36 |
| 1014 | 5610 | FOSSAERT Yves | MARKE | 50 | M50 | 31 | 0:29:36 | 9,10 | 6:36 |
| 1015 | 5525 | VERCAEMST Charlotte | KORTRIJK | 33 | SEF | 315 | 0:29:36 | 9,10 | 6:36 |
| 1016 | 6607 | DE BAERE Dorine | MAARKEDAL | 41 | F40 | 62 | 0:29:36 | 9,10 | 6:36 |
| 1017 | 6416 | VAN BENEDEN Sara | KORTRIJK | 21 | SEF | 316 | 0:29:37 | 9,10 | 6:36 |
| 1018 | 5524 | REUSE Eline | BISSEGEM | 25 | SEF | 317 | 0:29:37 | 9,10 | 6:36 |
| 1019 | 5394 | HOOGMARTENS Femke | KORTRIJK | 21 | SEF | 318 | 0:29:38 | 9,09 | 6:36 |
| 1020 | 5565 | DE ZUTTER Viviane | ZULTE | 53 | F50 | 25 | 0:29:38 | 9,09 | 6:36 |
| 1021 | 5272 | LABUSCHAGNE Amelie | ROLLEGEM | 11 | SEF | 319 | 0:29:38 | 9,09 | 6:36 |
| 1022 | 5467 | MAES Elise | MOORSELE | 22 | SEF | 320 | 0:29:38 | 9,09 | 6:36 |
| 1023 | 6417 | DECEUKELIER Krista | KORTRIJK | 61 | F60 | 6 | 0:29:38 | 9,09 | 6:36 |
| 1024 | 5597 | VANLANDEGHEM Sylvie | KORTRIJK | 46 | F45 | 52 | 0:29:38 | 9,09 | 6:36 |
| 1025 | 5417 | POTTIE Els | MENEN | 47 | F45 | 53 | 0:29:39 | 9,09 | 6:36 |
| 1026 | 5054 | CLARYS Morgan | KORTRIJK | 13 | SEF | 321 | 0:29:39 | 9,09 | 6:36 |
| 1027 | 5059 | HOEFT Louise | KORTRIJK | 13 | SEF | 322 | 0:29:39 | 9,09 | 6:36 |
| 1028 | 5662 | VANDECASTEELE Laetitia | BRUGGE | 24 | SEF | 323 | 0:29:39 | 9,09 | 6:36 |
| 1029 | 5162 | BOGEMANS Flor | KORTRIJK | 24 | SEH | 288 | 0:29:39 | 9,09 | 6:36 |
| 1030 | 5273 | LABUSCHAGNE Willem | ROLLEGEM | 48 | M45 | 28 | 0:29:39 | 9,09 | 6:36 |
| 1031 | 5161 | VAN WEYENBERGH Michel | KORTRIJK | 32 | SEH | 289 | 0:29:40 | 9,08 | 6:36 |
| 1032 | 6654 | GOOSSEN Natasja | KAPRIJKE | 26 | SEF | 324 | 0:29:41 | 9,08 | 6:37 |
| 1033 | 5875 | JOOS Sylvia | KORTRIJK | 50 | F50 | 26 | 0:29:41 | 9,08 | 6:37 |
| 1034 | 6057 | SABBE Isabelle | HEULE | 42 | F40 | 63 | 0:29:42 | 9,07 | 6:37 |
| 1035 | 5539 | SABBE Katrien | LENDELEDE | 38 | F35 | 90 | 0:29:42 | 9,07 | 6:37 |
| 1036 | 5820 | DELAHAYE Isabel | MARKE | 38 | F35 | 91 | 0:29:42 | 9,07 | 6:37 |
| 1037 | 5101 | VERCRUYSSSE Elise | GULLEGEM | 28 | SEF | 325 | 0:29:43 | 9,07 | 6:37 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|--------------|-----|-----|-------|---------|------|---------|
| 1038 | 6039 | VERHAEGE Conny | WINGENE | 48 | F45 | 54 | 0:29:44 | 9,06 | 6:37 |
| 1039 | 6038 | VERHAEGE Jenny | ARDOOIE | 57 | F55 | 15 | 0:29:44 | 9,06 | 6:37 |
| 1040 | 5608 | ROELAND Laura | HALLE | 32 | SEF | 326 | 0:29:45 | 9,06 | 6:38 |
| 1041 | 5607 | VAN SCHUERBEEK Gert | HALLE | 32 | SEH | 290 | 0:29:45 | 9,06 | 6:38 |
| 1042 | 5755 | DAELS Eva | KORTRIJK | 26 | SEF | 327 | 0:29:46 | 9,05 | 6:38 |
| 1043 | 5991 | VEYS Lien | MARKE | 33 | SEF | 328 | 0:29:46 | 9,05 | 6:38 |
| 1044 | 6653 | DEJODE Helga | BISSEGEM | 54 | F50 | 27 | 0:29:47 | 9,05 | 6:38 |
| 1045 | 5545 | VANOOTEGHEM Helene | KORTRIJK | 22 | SEF | 329 | 0:29:47 | 9,05 | 6:38 |
| 1046 | 5179 | BULCAEN Geneviève | KORTRIJK | 35 | F35 | 92 | 0:29:47 | 9,05 | 6:38 |
| 1047 | 5979 | DEBRABANDERE Annelies | KORTRIJK | 29 | SEF | 330 | 0:29:48 | 9,04 | 6:38 |
| 1048 | 5978 | NAEYAERT Yooshi | WEVELGEM | 27 | SEF | 331 | 0:29:49 | 9,04 | 6:38 |
| 1049 | 5185 | DERYCKE Ophélie | KORTRIJK | 23 | SEF | 332 | 0:29:50 | 9,03 | 6:39 |
| 1050 | 5116 | VAN MOORLEGHEM Petra | OESELGEM | 48 | F45 | 55 | 0:29:50 | 9,03 | 6:39 |
| 1051 | 5466 | GOULET Caroline | KORTRIJK | 37 | F35 | 93 | 0:29:51 | 9,03 | 6:39 |
| 1052 | 6624 | CLAES Elisabeth | KORTRIJK | 54 | F50 | 28 | 0:29:52 | 9,02 | 6:39 |
| 1053 | 5123 | PATTYN Kathleen | KUURNE | 52 | F50 | 29 | 0:29:52 | 9,02 | 6:39 |
| 1054 | 6625 | KOOPS Katia | KORTRIJK | 48 | F45 | 56 | 0:29:52 | 9,02 | 6:39 |
| 1055 | 5186 | DECLOEDT Debbie | KORTRIJK | 19 | SEF | 333 | 0:29:53 | 9,02 | 6:39 |
| 1056 | 5559 | THANGHE Patricia | HARELBEKE | 36 | F35 | 94 | 0:29:54 | 9,01 | 6:40 |
| 1057 | 5916 | VANHECKE Bruno | HEULE | 52 | M50 | 32 | 0:29:55 | 9,01 | 6:40 |
| 1058 | 5066 | DE TOLLENAERE Anne-Laure | MARKE | 24 | SEF | 334 | 0:29:55 | 9,01 | 6:40 |
| 1059 | 5914 | VENS Dirk | HEULE | 55 | M55 | 10 | 0:29:56 | 9,00 | 6:40 |
| 1060 | 5917 | VANDEN BOGAERDE Gijs | KORTRIJK | 28 | SEH | 291 | 0:29:56 | 9,00 | 6:40 |
| 1061 | 5182 | RIGOLLE Maya | KORTRIJK | 30 | SEF | 335 | 0:29:56 | 9,00 | 6:40 |
| 1062 | 5191 | VALCKE Marie-France | KORTRIJK | 32 | SEF | 336 | 0:29:57 | 8,99 | 6:40 |
| 1063 | 5067 | VOET Immanuel | KUURNE | 14 | SEH | 292 | 0:29:57 | 8,99 | 6:40 |
| 1064 | 5918 | VANDEWEEGE Pieter | GULLEGEM | 35 | M35 | 38 | 0:29:57 | 8,99 | 6:40 |
| 1065 | 5915 | DESMET David | HEULE | 43 | M40 | 40 | 0:29:58 | 8,99 | 6:40 |
| 1066 | 5594 | HOLVOET Veronique | IZEGEM | 29 | SEF | 337 | 0:29:58 | 8,99 | 6:40 |
| 1067 | 5919 | VANDEWEEGE Maxime | GULLEGEM | 9 | SEF | 338 | 0:29:58 | 8,99 | 6:40 |
| 1068 | 5866 | BUCKINX Roos | GRIMBERGEN | 12 | SEF | 339 | 0:29:59 | 8,98 | 6:41 |
| 1069 | 5908 | BOUVRY Ann | HEULE | 40 | F40 | 64 | 0:29:59 | 8,98 | 6:41 |
| 1070 | 6263 | VIAENE Amber | MARKE | 15 | SEF | 340 | 0:29:59 | 8,98 | 6:41 |
| 1071 | 5620 | DEPOORTER Guy | HOUTHULST | 56 | M55 | 11 | 0:29:59 | 8,98 | 6:41 |
| 1072 | 6645 | TYVAERT Wim | KOEKELARE | 51 | M50 | 33 | 0:30:00 | 8,98 | 6:41 |
| 1073 | 5402 | PATTYN Valentine | MARKE | 20 | SEF | 341 | 0:30:01 | 8,98 | 6:41 |
| 1074 | 5403 | RIGOLE Julie | MARKE | 20 | SEF | 342 | 0:30:01 | 8,98 | 6:41 |
| 1075 | 6644 | TYVAERT Ninke | KOEKELARE | 22 | SEF | 343 | 0:30:02 | 8,97 | 6:41 |
| 1076 | 5153 | IVANOVA Olga | KORTRIJK | 33 | SEF | 344 | 0:30:02 | 8,97 | 6:41 |
| 1077 | 5663 | DEL RUE Dorien | BRUGGE | 51 | F50 | 30 | 0:30:02 | 8,97 | 6:41 |
| 1078 | 6182 | CLYMANS Marie | RAMSDONK | 13 | SEF | 345 | 0:30:03 | 8,97 | 6:42 |
| 1079 | 6568 | GARSY Jolien | OOSTROZEBEKE | 30 | SEF | 346 | 0:30:04 | 8,96 | 6:42 |
| 1080 | 5672 | LEJEUNE Caitlin | BRUGGE | 18 | SEF | 347 | 0:30:04 | 8,96 | 6:42 |
| 1081 | 6250 | LONCKE Trees | DENTERGEM | 42 | F40 | 65 | 0:30:04 | 8,96 | 6:42 |
| 1082 | 6211 | DECEUNINCK Sofie | DEERLIJK | 31 | SEF | 348 | 0:30:04 | 8,96 | 6:42 |
| 1083 | 5712 | MAERTENS Isabelle | OOSTROZEBEKE | 25 | SEF | 349 | 0:30:05 | 8,96 | 6:42 |
| 1084 | 5716 | DE BORGGRAVE Valentijn | INGELMUNSTER | 28 | SEH | 293 | 0:30:05 | 8,96 | 6:42 |
| 1085 | 5673 | VANHOORNE Chloë | BRUGGE | 18 | SEF | 350 | 0:30:05 | 8,96 | 6:42 |
| 1086 | 5228 | DEBUCK Gilles | KORTRIJK | 24 | SEH | 294 | 0:30:05 | 8,96 | 6:42 |
| 1087 | 5749 | DEWULF Ella | DENTERGEM | 10 | SEF | 351 | 0:30:05 | 8,96 | 6:42 |
| 1088 | 5347 | BOURGOIS Anais | MOUSCRON | 25 | SEF | 352 | 0:30:06 | 8,95 | 6:42 |
| 1089 | 5974 | DENTURCK Hanne | KORTRIJK | 26 | SEF | 353 | 0:30:07 | 8,95 | 6:42 |
| 1090 | 5831 | VERAVERBEKE Ann | BERCHEM | 44 | F40 | 66 | 0:30:07 | 8,95 | 6:42 |
| 1091 | 5414 | LISABETH Sofie | KORTRIJK | 46 | F45 | 57 | 0:30:07 | 8,95 | 6:42 |
| 1092 | 5975 | LANDUYT Dylan | INGELMUNSTER | 24 | SEH | 295 | 0:30:08 | 8,94 | 6:43 |
| 1093 | 5209 | DUTHOO Mieke | KORTRIJK | 34 | SEF | 354 | 0:30:08 | 8,94 | 6:43 |
| 1094 | 5903 | DEVLOO Sandra | ROESELARE | 43 | F40 | 67 | 0:30:08 | 8,94 | 6:43 |
| 1095 | 6177 | DE BACKER Stijn | KORTRIJK | 10 | SEH | 296 | 0:30:08 | 8,94 | 6:43 |
| 1096 | 6551 | CALLENS Sylvie | BISSEGEM | 37 | F35 | 95 | 0:30:08 | 8,94 | 6:43 |
| 1097 | 5557 | DEKEUKELAERE Carine | WAREGEM | 57 | F55 | 16 | 0:30:08 | 8,94 | 6:43 |
| 1098 | 5655 | POT Louisa | BRUGGE | 23 | SEF | 355 | 0:30:09 | 8,94 | 6:43 |
| 1099 | 5170 | OOSTERLYNCK Melanie | MARKE | 36 | F35 | 96 | 0:30:10 | 8,93 | 6:43 |
| 1100 | 5825 | CHIELENS Femke | KORTRIJK | 38 | F35 | 97 | 0:30:10 | 8,93 | 6:43 |
| 1101 | 5172 | NOLF Barbara | REKKEM | 33 | SEF | 356 | 0:30:10 | 8,93 | 6:43 |
| 1102 | 5570 | DUFRAIMONT Leen | KORTRIJK | 42 | F40 | 68 | 0:30:10 | 8,93 | 6:43 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|----------------|-----|-----|-------|---------|------|---------|
| 1103 | 5824 | DEGANG Delphine Flora | KUURNE | 38 | F35 | 98 | 0:30:11 | 8,93 | 6:43 |
| 1104 | 5171 | OOSTERLYNCK Delphine | ROLLEGEM | 32 | SEF | 357 | 0:30:11 | 8,93 | 6:43 |
| 1105 | 5307 | DUFRAIMONTT Els | BONHEIDEN | 45 | F45 | 58 | 0:30:11 | 8,93 | 6:43 |
| 1106 | 5481 | DEVOLDERE Annick | ZWEVEGEM | 39 | F35 | 99 | 0:30:11 | 8,93 | 6:43 |
| 1107 | 5306 | GELDHOF Vanessa | LENDELEDE | 36 | M35 | 39 | 0:30:11 | 8,93 | 6:43 |
| 1108 | 5487 | VAN ISEGHEM Dorothy | MARKE | 49 | F45 | 59 | 0:30:12 | 8,92 | 6:44 |
| 1109 | 6059 | NR 6059 | | | - | | 0:30:12 | 8,92 | 6:44 |
| 1110 | 5573 | VERCAEMER Els | OEELEGEM | 42 | F40 | 69 | 0:30:12 | 8,92 | 6:44 |
| 1111 | 6058 | MEULEMEESTER Joke | LAUWE | 46 | F45 | 60 | 0:30:13 | 8,92 | 6:44 |
| 1112 | 5478 | BAUWENS Alexandra | KORTRIJK | 15 | SEF | 358 | 0:30:13 | 8,92 | 6:44 |
| 1113 | 6054 | DELABIE Jasmine | KORTRIJK | 29 | SEF | 359 | 0:30:14 | 8,91 | 6:44 |
| 1114 | 6571 | MESTDAGH Ann-Sophie | INGELMUNSTER | 28 | SEF | 360 | 0:30:14 | 8,91 | 6:44 |
| 1115 | 5580 | SLOS Bert | WIELSBEKE | 27 | SEH | 297 | 0:30:15 | 8,91 | 6:44 |
| 1116 | 6572 | COUCKE Bert | INGELMUNSTER | 28 | SEH | 298 | 0:30:15 | 8,91 | 6:44 |
| 1117 | 5461 | PLOVIE Wouter | GENT | 30 | SEH | 299 | 0:30:15 | 8,91 | 6:44 |
| 1118 | 5651 | DESPINOY Nathalie | BRUGGE | 33 | SEF | 361 | 0:30:16 | 8,90 | 6:44 |
| 1119 | 6593 | VERSTRAETE Tine | BELLEGEEM | 31 | SEF | 362 | 0:30:20 | 8,88 | 6:45 |
| 1120 | 6594 | VERSTRAETE Leen | BELLEGEEM | 37 | F35 | 100 | 0:30:20 | 8,88 | 6:45 |
| 1121 | 6595 | VANWYNSBERGHE Stefanie | BELLEGEEM | 31 | SEF | 363 | 0:30:20 | 8,88 | 6:45 |
| 1122 | 6006 | VERLEDENS Sofie | IZEGEM | 38 | F35 | 101 | 0:30:20 | 8,88 | 6:45 |
| 1123 | 6597 | DURIEUX Sophie | BELLEGEEM | 49 | F45 | 61 | 0:30:21 | 8,88 | 6:46 |
| 1124 | 5520 | VAN MELKEBEEK Gaëlle | GIBECQ | 12 | SEF | 364 | 0:30:21 | 8,88 | 6:46 |
| 1125 | 5683 | LECOMPTE Laura | KORTRIJK | 17 | SEF | 365 | 0:30:22 | 8,87 | 6:46 |
| 1126 | 5694 | VANDECAVEYE Selena | KORTRIJK | 17 | SEF | 366 | 0:30:22 | 8,87 | 6:46 |
| 1127 | 5695 | LOUWAGIE Nora | KORTRIJK | 17 | SEF | 367 | 0:30:22 | 8,87 | 6:46 |
| 1128 | 5973 | COTTENIE Lotte | ST-DENIJS | 15 | SEF | 368 | 0:30:22 | 8,87 | 6:46 |
| 1129 | 5463 | PLOVIE Gino | INGELMUNSTER | 55 | M55 | 12 | 0:30:22 | 8,87 | 6:46 |
| 1130 | 6247 | JONCKHEERE Nathalie | GENT | 36 | F35 | 102 | 0:30:22 | 8,87 | 6:46 |
| 1131 | 6184 | BUYENS An | RAMSDONK | 45 | F45 | 62 | 0:30:23 | 8,87 | 6:46 |
| 1132 | 6248 | VANTOMME Caroline | GULLEGEM | 31 | SEF | 369 | 0:30:24 | 8,86 | 6:46 |
| 1133 | 5288 | PAESMANS Anna | BEKKEVOORT | 9 | SEF | 370 | 0:30:24 | 8,86 | 6:46 |
| 1134 | 6144 | DEHING Alix | LEEFDAAL | 9 | SEF | 371 | 0:30:25 | 8,86 | 6:46 |
| 1135 | 5156 | MAERTENS Kathy | KORTRIJK | 47 | F45 | 63 | 0:30:25 | 8,86 | 6:46 |
| 1136 | 6142 | VAN HAUTHEM Ilonka | LEEFDAAL | 43 | F40 | 70 | 0:30:25 | 8,86 | 6:46 |
| 1137 | 6355 | GOBIN Marieke | ZANDVOORDE | 27 | SEF | 372 | 0:30:26 | 8,85 | 6:47 |
| 1138 | 6183 | CLYMANS Ella | RAMSDONK | 10 | SEF | 373 | 0:30:26 | 8,85 | 6:47 |
| 1139 | 6354 | DEMELY Jolyce | KORTRIJK | 27 | SEF | 374 | 0:30:26 | 8,85 | 6:47 |
| 1140 | 5885 | COPPENS Miro | MARKE | 11 | SEH | 300 | 0:30:29 | 8,84 | 6:47 |
| 1141 | 5333 | VAN DER MIJNSBRUGGE Els | MARKE | 40 | F40 | 71 | 0:30:29 | 8,84 | 6:47 |
| 1142 | 6101 | DESPLENTER Gilbert | TIELT | 59 | M55 | 13 | 0:30:30 | 8,83 | 6:48 |
| 1143 | 5730 | CATRY Jeroen | STASEGEM | 29 | SEH | 301 | 0:30:30 | 8,83 | 6:48 |
| 1144 | 620 | CATRY Kimberly | ZWEVEGEM | 32 | SEF | 375 | 0:30:30 | 8,83 | 6:48 |
| 1145 | 5415 | BERNAERT Ward | KORTRIJK | 26 | SEH | 302 | 0:30:31 | 8,83 | 6:48 |
| 1145 | 5890 | DECLERCQ Laurence | GULLEGEM | 23 | SEF | 376 | 0:30:31 | 8,83 | 6:48 |
| 1147 | 6007 | MUYLLE Daphne | KORTRIJK | 34 | SEF | 377 | 0:30:32 | 8,82 | 6:48 |
| 1148 | 6402 | DEWITTE Sabine Denise | KORTRIJK | 50 | F50 | 31 | 0:30:32 | 8,82 | 6:48 |
| 1149 | 5395 | WAEGBAERT Margot | MARKE | 17 | SEF | 378 | 0:30:33 | 8,82 | 6:48 |
| 1150 | 5360 | BOUTTENS Cleo | MOEN | 33 | SEF | 379 | 0:30:35 | 8,81 | 6:49 |
| 1151 | 5533 | MARIS Erika | VILVOORDE | 45 | F45 | 64 | 0:30:36 | 8,80 | 6:49 |
| 1152 | 5122 | VANOOTEGHEM Linda | KUURNE | 50 | F50 | 32 | 0:30:36 | 8,80 | 6:49 |
| 1153 | 5399 | HOLVOET Shauny | MARKE/KORTRIJK | 18 | SEF | 380 | 0:30:36 | 8,80 | 6:49 |
| 1154 | 5363 | WARLOP Els | WEVELGEM | 32 | SEF | 381 | 0:30:36 | 8,80 | 6:49 |
| 1155 | 5120 | NJEMBAZI Marie | KORTRIJK | 56 | F55 | 17 | 0:30:37 | 8,80 | 6:49 |
| 1156 | 5881 | COBBAERT Karin | KUURNE | 41 | F40 | 72 | 0:30:37 | 8,80 | 6:49 |
| 1157 | 5886 | VAN ECKHOUDT Marie-Julie | WAASMUNSTER | 12 | SEF | 382 | 0:30:39 | 8,79 | 6:50 |
| 1158 | 5600 | SNAET Sabien | LEDEGEM | 45 | F45 | 65 | 0:30:40 | 8,78 | 6:50 |
| 1159 | 5140 | LANSSSENS Joyce | OOSTAKKER | 25 | SEF | 383 | 0:30:40 | 8,78 | 6:50 |
| 1160 | 6141 | VANDENBROUCKE Broes | KORTRIJK | 36 | M35 | 40 | 0:30:41 | 8,78 | 6:50 |
| 1161 | 6140 | EMESE Kabai | KORTRIJK | 33 | SEF | 384 | 0:30:41 | 8,78 | 6:50 |
| 1162 | 5583 | VANDEVELDE Manuela | VICHTE | 42 | F40 | 73 | 0:30:43 | 8,77 | 6:50 |
| 1163 | 5736 | VANWYNSBERGHE Els | MOORSELE | 43 | F40 | 74 | 0:30:43 | 8,77 | 6:50 |
| 1164 | 5969 | CAMBIEN Guillaume | MARKE | 13 | SEH | 303 | 0:30:45 | 8,76 | 6:51 |
| 1165 | 6675 | VINTEVOGEL Chloé | SPIERE | 19 | SEF | 385 | 0:30:46 | 8,76 | 6:51 |
| 1166 | 6660 | HOOGSTOEL Inge | GENT | 52 | F50 | 33 | 0:30:47 | 8,75 | 6:51 |
| 1167 | 5968 | CAMBIEN Bruno | MARKE | 47 | M45 | 29 | 0:30:47 | 8,75 | 6:51 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|----------------------|--------------|-----|-----|-------|---------|------|---------|
| 1168 | 5907 | LOUAGE Kathy | WEVELGEM | 44 | F40 | 75 | 0:30:48 | 8,75 | 6:52 |
| 1169 | 6436 | BAERT Caroline | KORTRIJK | 56 | F55 | 18 | 0:30:49 | 8,74 | 6:52 |
| 1170 | 6061 | OVIJN Marie-Line | AVELGEM | 39 | F35 | 103 | 0:30:49 | 8,74 | 6:52 |
| 1171 | 6238 | VERHAEGHE Nele | KORTRIJK | 33 | SEF | 386 | 0:30:51 | 8,73 | 6:52 |
| 1172 | 5278 | KETELS Glenn | EGEM | 24 | SEH | 304 | 0:30:52 | 8,73 | 6:52 |
| 1173 | 5731 | ALEGRET Carmen | EKE | 50 | F50 | 34 | 0:30:52 | 8,73 | 6:52 |
| 1174 | 6656 | VYNCKE Joyce | BASSEVELDE | 24 | SEF | 387 | 0:30:52 | 8,73 | 6:52 |
| 1175 | 5279 | TYTGAT Kris | INGELMUNSTER | 54 | M50 | 34 | 0:30:53 | 8,72 | 6:53 |
| 1176 | 5349 | TYTGAT Delphine | EGEM | 22 | SEF | 388 | 0:30:53 | 8,72 | 6:53 |
| 1177 | 5657 | BRAEM Julie | BRUGGE | 24 | SEF | 389 | 0:30:53 | 8,72 | 6:53 |
| 1178 | 5274 | OTTEVAERE Kato | KORTRIJK | 9 | SEF | 390 | 0:30:53 | 8,72 | 6:53 |
| 1179 | 6562 | COUCKE Karolien | OOGEM | 37 | F35 | 104 | 0:30:53 | 8,72 | 6:53 |
| 1180 | 5715 | MASSCHELEIN Tarja | KORTRIJK | 9 | SEF | 391 | 0:30:54 | 8,72 | 6:53 |
| 1181 | 5152 | OTTEVAERE Tom | KORTRIJK | 39 | M35 | 41 | 0:30:54 | 8,72 | 6:53 |
| 1182 | 5659 | VERBEKE Fleur | BRUGGE | 23 | SEF | 392 | 0:30:54 | 8,72 | 6:53 |
| 1183 | 5682 | VERHULST Veerle | BEVEREN-LEIE | 39 | F35 | 105 | 0:30:54 | 8,72 | 6:53 |
| 1184 | 5733 | VERCRUYSSSE Veerle | BEVEREN-LEIE | 41 | F40 | 76 | 0:30:55 | 8,71 | 6:53 |
| 1185 | 6210 | VAN AVERBEKE Doris | KORTRIJK | 61 | F60 | 7 | 0:30:56 | 8,71 | 6:53 |
| 1186 | 6661 | BURGGRAEVE Eugène | GENT | 64 | M60 | 6 | 0:30:57 | 8,70 | 6:54 |
| 1187 | 5713 | ROOSENS Linda | KORTRIJK | 36 | F35 | 106 | 0:30:57 | 8,70 | 6:54 |
| 1188 | 5318 | BLATON Dominique | KORTRIJK | 41 | F40 | 77 | 0:30:57 | 8,70 | 6:54 |
| 1189 | 5015 | GROENWEGHE Sofie | KUURNE | 36 | F35 | 107 | 0:31:00 | 8,69 | 6:54 |
| 1190 | 5260 | JOREZ Sarah | BEVEREN-LEIE | 30 | SEF | 393 | 0:31:01 | 8,69 | 6:54 |
| 1191 | 5087 | COPPENS Caroline | BELGIE | 45 | F45 | 66 | 0:31:02 | 8,68 | 6:55 |
| 1192 | 5082 | LEWYLLIE Annelies | INGELMUNSTER | 35 | F35 | 108 | 0:31:02 | 8,68 | 6:55 |
| 1193 | 6232 | DE PRAETERE Annelies | ROLLEGEM | 35 | F35 | 109 | 0:31:02 | 8,68 | 6:55 |
| 1194 | 5473 | SEGHERS Daphne | BELLEGEM | 33 | SEF | 394 | 0:31:04 | 8,67 | 6:55 |
| 1195 | 6152 | CHRISTIAENS Lien | KORTRIJK | 35 | F35 | 110 | 0:31:04 | 8,67 | 6:55 |
| 1196 | 5149 | SEURINCK Bieke | KORTRIJK | 36 | F35 | 111 | 0:31:04 | 8,67 | 6:55 |
| 1197 | 5269 | VERBRUGGHE Evy | IZEGEM | 36 | F35 | 112 | 0:31:04 | 8,67 | 6:55 |
| 1198 | 5089 | SLAMBROUCK Isabel | HARELBEKE | 41 | F40 | 78 | 0:31:05 | 8,67 | 6:55 |
| 1199 | 5195 | WINDERICKX Dina | LEDEBERG | 23 | SEF | 395 | 0:31:05 | 8,67 | 6:55 |
| 1200 | 6192 | DE KETELE Nancy | WAREGEM | 47 | F45 | 67 | 0:31:05 | 8,67 | 6:55 |
| 1201 | 5266 | MOLLY Xavier | ZULTE | 46 | M45 | 30 | 0:31:06 | 8,66 | 6:56 |
| 1202 | 5088 | SERGYSSSELS Nele | HARELBEKE | 44 | F40 | 79 | 0:31:06 | 8,66 | 6:56 |
| 1203 | 5308 | LAMBRECHT Jo | ZULTE | 48 | M45 | 31 | 0:31:07 | 8,66 | 6:56 |
| 1204 | 6204 | COMMENNE Ronny | KORTRIJK | 73 | M70 | 2 | 0:31:08 | 8,65 | 6:56 |
| 1205 | 5889 | DEMEESTERE Marijke | ANZEGEM | 25 | SEF | 396 | 0:31:08 | 8,65 | 6:56 |
| 1206 | 5876 | LAMBRECHT Jessica | WAREGEM | 32 | SEF | 397 | 0:31:09 | 8,65 | 6:56 |
| 1207 | 6579 | BEKAERT Kaatje | DADIZELE | 34 | SEF | 398 | 0:31:10 | 8,64 | 6:56 |
| 1208 | 6580 | BEKAERT Bieke | GELUWE | 32 | SEF | 399 | 0:31:10 | 8,64 | 6:56 |
| 1209 | 6578 | COUSSENS Melissa | DADIZELE | 36 | F35 | 113 | 0:31:10 | 8,64 | 6:56 |
| 1210 | 5128 | DEWOLF Jolien | KUURNE | 25 | SEF | 400 | 0:31:11 | 8,64 | 6:57 |
| 1211 | 5552 | BERTEL Lore | ROLLEGEM | 23 | SEF | 401 | 0:31:11 | 8,64 | 6:57 |
| 1212 | 5526 | NOLLET Annelies | LAUWE | 23 | SEF | 402 | 0:31:12 | 8,63 | 6:57 |
| 1213 | 6634 | COORNAERT Leslie | HEULE | 44 | F40 | 80 | 0:31:15 | 8,62 | 6:58 |
| 1214 | 5534 | VANHEE Liesbeth | KORTRIJK | 31 | SEF | 403 | 0:31:15 | 8,62 | 6:58 |
| 1215 | 6692 | BUFKENS Barbara | STASEGEM | 30 | SEF | 404 | 0:31:15 | 8,62 | 6:58 |
| 1216 | 6425 | PIETERS Martien | WEVELGEM | 53 | F50 | 35 | 0:31:16 | 8,62 | 6:58 |
| 1217 | 5536 | DERYCKERE Ilse | ZWEVEGEM | 33 | SEF | 405 | 0:31:16 | 8,62 | 6:58 |
| 1218 | 5494 | UGILLE Maaïke | KORTRIJK | 28 | SEF | 406 | 0:31:16 | 8,62 | 6:58 |
| 1219 | 6240 | VAN REETJ Liselore | MARKE | 39 | F35 | 114 | 0:31:19 | 8,60 | 6:58 |
| 1220 | 5271 | LABUSCHAGNE Lisa | ROLLEGEM | 12 | SEF | 407 | 0:31:19 | 8,60 | 6:58 |
| 1221 | 5669 | DEJONCKHEERE Justine | BRUGGE | 29 | SEF | 408 | 0:31:23 | 8,58 | 6:59 |
| 1222 | 6168 | D'OLIESLAEGER Ann | BRUGGE | 29 | SEF | 409 | 0:31:24 | 8,58 | 7:00 |
| 1223 | 6169 | PACE Sophia | BRUGGE | 29 | SEF | 410 | 0:31:24 | 8,58 | 7:00 |
| 1224 | 5668 | VANTHUYNE Drieke | BRUGGE | 29 | SEF | 411 | 0:31:24 | 8,58 | 7:00 |
| 1225 | 5362 | VERBRUGGHE Linda | BISSGEM | 57 | F55 | 19 | 0:31:25 | 8,58 | 7:00 |
| 1226 | 5752 | IPEK Havin | EDEGEM | 11 | SEF | 412 | 0:31:27 | 8,57 | 7:00 |
| 1227 | 5244 | LABEEUW Frank | BEVEREN-LEIE | 55 | M55 | 14 | 0:31:29 | 8,56 | 7:01 |
| 1228 | 5420 | DEPREZ Pascal | HEULE | 47 | M45 | 32 | 0:31:29 | 8,56 | 7:01 |
| 1229 | 5584 | VANDENBULCKE Chantal | BEVEREN-LEIE | 54 | F50 | 36 | 0:31:32 | 8,54 | 7:01 |
| 1230 | 5982 | BIESBROUCK Hanne | HEULE | 31 | SEF | 413 | 0:31:35 | 8,53 | 7:02 |
| 1231 | 5654 | VINDEVOGEL Anika | BRUGGE | 35 | F35 | 115 | 0:31:36 | 8,53 | 7:02 |
| 1232 | 5656 | VINDEVOGEL Ilse | BRUGGE | 37 | F35 | 116 | 0:31:36 | 8,53 | 7:02 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|-----------------|-----|-----|-------|---------|------|---------|
| 1233 | 6262 | VRAL Marthe | MARKE | 14 | SEF | 414 | 0:31:36 | 8,53 | 7:02 |
| 1234 | 6016 | DELCOUR Penelope | KORTRIJK | 31 | SEF | 415 | 0:31:37 | 8,52 | 7:02 |
| 1235 | 6565 | VERCAEMST Veerle | DEINZE | 55 | F55 | 20 | 0:31:37 | 8,52 | 7:02 |
| 1236 | 5581 | VAN ACKERE Mimy | ST-ELOOIS-VIJVE | 56 | F55 | 21 | 0:31:38 | 8,52 | 7:03 |
| 1237 | 5327 | VITAL DE MATOS Felicia | KORTRIJK | 22 | SEF | 416 | 0:31:39 | 8,51 | 7:03 |
| 1238 | 6611 | LAGAE Bernadette | WEVELGEM | 54 | F50 | 37 | 0:31:40 | 8,51 | 7:03 |
| 1239 | 6612 | LAGAE Maud | BISSEGEM | 16 | SEF | 417 | 0:31:41 | 8,50 | 7:03 |
| 1240 | 5020 | VANDENBULCKE Renate | KORTRIJK | 50 | F50 | 38 | 0:31:42 | 8,50 | 7:04 |
| 1241 | 5983 | VAN GOMPEL Edith | KORTRIJK | 26 | SEF | 418 | 0:31:43 | 8,49 | 7:04 |
| 1242 | 5665 | VAN DER AUWERA Nina | BRUGGE | 26 | SEF | 419 | 0:31:43 | 8,49 | 7:04 |
| 1243 | 5217 | BEERNAERT Veerle | BISSEGEM | 47 | F45 | 68 | 0:31:44 | 8,49 | 7:04 |
| 1244 | 5460 | DEBLAUWE Hilde | IZEGEM | 50 | F50 | 39 | 0:31:45 | 8,49 | 7:04 |
| 1245 | 5717 | DEWULF Rosalie | GENT | 26 | SEF | 420 | 0:31:46 | 8,48 | 7:04 |
| 1246 | 5459 | ZERDA Leila | DEERLIJK | 32 | SEF | 421 | 0:31:46 | 8,48 | 7:04 |
| 1247 | 5585 | MONDY Yana | ST-DENIJS | 12 | SEF | 422 | 0:31:47 | 8,48 | 7:05 |
| 1248 | 6404 | CAMBIEN Valentina | KORTRIJK | 23 | SEF | 423 | 0:31:51 | 8,46 | 7:06 |
| 1249 | 6405 | DEBOOSERE Lisa | MOORSLEDE | 23 | SEF | 424 | 0:31:55 | 8,44 | 7:07 |
| 1250 | 5972 | PUTZEYS Julie | BELLESEM | 15 | SEF | 425 | 0:31:55 | 8,44 | 7:07 |
| 1251 | 5619 | BEUNNENS Stijn | BAVIKHOVE | 34 | SEH | 305 | 0:31:56 | 8,44 | 7:07 |
| 1252 | 5511 | HOLLEVOET Romy | HEULE | 13 | SEF | 426 | 0:31:57 | 8,43 | 7:07 |
| 1253 | 5514 | MONTEYNE Nancy | HEULE | 43 | F40 | 81 | 0:31:57 | 8,43 | 7:07 |
| 1254 | 5339 | OUIGUMANE Aicha | ZWEVEGEM | 36 | F35 | 117 | 0:31:57 | 8,43 | 7:07 |
| 1255 | 5337 | POTTIE Xander | BISSEGEM | 10 | SEH | 306 | 0:31:57 | 8,43 | 7:07 |
| 1256 | 5146 | DESCAMPS Els | ZAFFELARE | 37 | F35 | 118 | 0:31:58 | 8,43 | 7:07 |
| 1257 | 5196 | VANDERCRUYSSSEN Laurane | EVERGEM | 23 | SEF | 427 | 0:32:00 | 8,42 | 7:08 |
| 1258 | 5538 | VANMARCKE Ingrid | HEULE | 54 | F50 | 40 | 0:32:02 | 8,41 | 7:08 |
| 1259 | 5537 | VUYLSTEKE Cindy | ASSEBROEK | 40 | F40 | 82 | 0:32:05 | 8,40 | 7:09 |
| 1260 | 6602 | NAESSENS Phaedra | MARKE | 31 | SEF | 428 | 0:32:06 | 8,39 | 7:09 |
| 1261 | 5785 | RYCKEBOER Lut | IEPER | 51 | F50 | 41 | 0:32:09 | 8,38 | 7:10 |
| 1262 | 5784 | VERSTRAETE Florine | IEPER | 25 | SEF | 429 | 0:32:09 | 8,38 | 7:10 |
| 1263 | 6045 | BETTENS Hilde | KORTRIJK | 47 | F45 | 69 | 0:32:10 | 8,38 | 7:10 |
| 1264 | 6044 | DESMET Mieke | KORTRIJK | 47 | F45 | 70 | 0:32:10 | 8,38 | 7:10 |
| 1265 | 6679 | LATEUR Annelies | BELLESEM | 37 | F35 | 119 | 0:32:10 | 8,38 | 7:10 |
| 1266 | 5164 | STRAUS Karen | KORTRIJK | 28 | SEF | 430 | 0:32:10 | 8,38 | 7:10 |
| 1267 | 6682 | TORSY Inge | GULLEGEM | 36 | F35 | 120 | 0:32:10 | 8,38 | 7:10 |
| 1268 | 5631 | HOUTHAEVE Laura | REKKEM | 25 | SEF | 431 | 0:32:13 | 8,36 | 7:11 |
| 1269 | 5633 | MAES Louise | MARKE | 23 | SEF | 432 | 0:32:15 | 8,35 | 7:11 |
| 1270 | 5844 | JANSSEN Carole | ROTTERDAM | 52 | F50 | 42 | 0:32:15 | 8,35 | 7:11 |
| 1271 | 6652 | LETZER Nathalie | KAPELLEN | 49 | F45 | 71 | 0:32:16 | 8,35 | 7:11 |
| 1272 | 5031 | DERYCKE Frank | KORTRIJK | 40 | M40 | 41 | 0:32:17 | 8,34 | 7:11 |
| 1273 | 6651 | TAVEIRNE Luc | BISSEGEM | 60 | M60 | 7 | 0:32:17 | 8,34 | 7:11 |
| 1274 | 5628 | SPEYBROUCK Charlotte | LEDEBERG | 28 | SEF | 433 | 0:32:17 | 8,34 | 7:11 |
| 1275 | 5626 | GERMONPREZ Margo | MARKE | 20 | SEF | 434 | 0:32:18 | 8,34 | 7:12 |
| 1276 | 6157 | REMY Delphine | ROLLEGEM | 16 | SEF | 435 | 0:32:18 | 8,34 | 7:12 |
| 1277 | 5331 | MEERT Trui | HARELBEKE | 29 | SEF | 436 | 0:32:18 | 8,34 | 7:12 |
| 1278 | 5629 | CRAS Britt | HARELBEKE | 31 | SEF | 437 | 0:32:18 | 8,34 | 7:12 |
| 1279 | 5627 | CUVELIER Charlotte | WEVELGEM | 26 | SEF | 438 | 0:32:18 | 8,34 | 7:12 |
| 1280 | 5897 | LANHOVE Arnaud | KORTRIJK | 7 | SEH | 307 | 0:32:18 | 8,34 | 7:12 |
| 1281 | 6219 | PATTYN Dirk | ZULTE | 51 | M50 | 35 | 0:32:19 | 8,34 | 7:12 |
| 1282 | 5634 | MAES Laura | MARKE | 28 | SEF | 439 | 0:32:19 | 8,34 | 7:12 |
| 1283 | 5625 | GERMONPREZ Laura | MARKE | 20 | SEF | 440 | 0:32:19 | 8,34 | 7:12 |
| 1284 | 6111 | REMY Elise | ROLLEGEM | 14 | SEF | 441 | 0:32:19 | 8,34 | 7:12 |
| 1285 | 5632 | DEBAES Lieselotte | LAUWE | 32 | SEF | 442 | 0:32:20 | 8,33 | 7:12 |
| 1286 | 5423 | VAN DEN ABEELE Eline | ZULTE | 29 | SEF | 443 | 0:32:20 | 8,33 | 7:12 |
| 1287 | 6220 | VERSPEELT Eveline | ZULTE | 47 | F45 | 72 | 0:32:21 | 8,33 | 7:12 |
| 1288 | 5630 | BALCAEN Griet | LAUWE | 29 | SEF | 444 | 0:32:22 | 8,32 | 7:13 |
| 1289 | 5698 | VAN DEN HEEDE Ann | OLSENE | 32 | SEF | 445 | 0:32:22 | 8,32 | 7:13 |
| 1290 | 5703 | MICHELS Valerie | OLSENE | 32 | SEF | 446 | 0:32:23 | 8,32 | 7:13 |
| 1291 | 6567 | MAHIEU Sanne | OOSTROZEBEKE | 29 | SEF | 447 | 0:32:23 | 8,32 | 7:13 |
| 1292 | 5725 | DE RIJBEL Anja | WIEZE | 36 | F35 | 121 | 0:32:24 | 8,31 | 7:13 |
| 1293 | 5700 | VANDAELE Vicky | OLSENE | 39 | F35 | 122 | 0:32:24 | 8,31 | 7:13 |
| 1294 | 5722 | VAN GELE Melissa | EVERGEM | 36 | F35 | 123 | 0:32:24 | 8,31 | 7:13 |
| 1295 | 5859 | POLFLIET Cindy | MARKE | 34 | SEF | 448 | 0:32:25 | 8,31 | 7:13 |
| 1296 | 6159 | ISABEL Dewaele | KORTRIJK | 38 | F35 | 124 | 0:32:30 | 8,29 | 7:14 |
| 1297 | 5803 | DESANCTE Karien | HEESTERT | 46 | F45 | 73 | 0:32:30 | 8,29 | 7:14 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|------------------|-----|-----|-------|---------|------|---------|
| 1298 | 5836 | BUCKENS Marleen | ZWEVEGEM | 44 | F40 | 83 | 0:32:31 | 8,28 | 7:15 |
| 1299 | 5894 | VANDERHEYDE Muriel | KORTRIJK | 42 | F40 | 84 | 0:32:31 | 8,28 | 7:15 |
| 1300 | 5100 | DEPOURCQ Gudrun | BERCHEM | 51 | F50 | 43 | 0:32:32 | 8,28 | 7:15 |
| 1301 | 5094 | DE SMET Gudrun | KUURNE | 66 | F65 | 3 | 0:32:33 | 8,28 | 7:15 |
| 1302 | 5426 | PUTMAN Patricia | LENDELEDE | 49 | F45 | 74 | 0:32:34 | 8,27 | 7:15 |
| 1303 | 6032 | SAMAIN Ciska | ZWEVEGEM | 40 | F40 | 85 | 0:32:42 | 8,24 | 7:17 |
| 1304 | 5447 | DOMS Elisabeth | KORTRIJK | 52 | F50 | 44 | 0:32:44 | 8,23 | 7:17 |
| 1305 | 5729 | DECOENE Magda | ZWEVEGEM | 58 | F55 | 22 | 0:32:45 | 8,23 | 7:18 |
| 1306 | 5649 | BEERLANDT Natacha | BRUGGE | 36 | F35 | 125 | 0:32:45 | 8,23 | 7:18 |
| 1307 | 5294 | VAN BRUWAENE Marie-Julie | LICHTERVELDE | 14 | SEF | 449 | 0:32:46 | 8,22 | 7:18 |
| 1308 | 5804 | GHILLEMYN Margit | MEULEBKE | 16 | SEF | 450 | 0:32:48 | 8,21 | 7:18 |
| 1309 | 5440 | KINDT Els | LICHTERVELDE | 45 | F45 | 75 | 0:32:48 | 8,21 | 7:18 |
| 1310 | 5125 | MAREEL Gertje | OOSTROZEBEKE | 64 | F60 | 8 | 0:32:52 | 8,20 | 7:19 |
| 1311 | 5119 | BOVIJN Katrien | MARKE | 59 | F55 | 23 | 0:32:53 | 8,19 | 7:19 |
| 1312 | 5235 | WILLE Els | ST-NIKLAAS | 39 | F35 | 126 | 0:32:59 | 8,17 | 7:21 |
| 1313 | 5234 | SCHROEYERS Celine | ST-NIKLAAS | 30 | SEF | 451 | 0:32:59 | 8,17 | 7:21 |
| 1314 | 890 | MESSIAEN Lesley | ADEGEM | 29 | SEF | 452 | 0:33:00 | 8,16 | 7:21 |
| 1315 | 886 | CASTELLANO Cynthia | KORTRIJK | 29 | SEF | 453 | 0:33:01 | 8,16 | 7:21 |
| 1316 | 6697 | | | | - | | 0:33:06 | 8,14 | 7:22 |
| 1317 | 6695 | | | | - | | 0:33:06 | 8,14 | 7:22 |
| 1318 | 6187 | VIGUURS Daphne | KORTRIJK | 40 | F40 | 86 | 0:33:13 | 8,11 | 7:24 |
| 1319 | 5560 | VANHOENACKER Patrick | KOOIGEM | 54 | M50 | 36 | 0:33:16 | 8,10 | 7:25 |
| 1320 | 5779 | PAUWELS Ilse | OUTRIJVE | 40 | F40 | 87 | 0:33:17 | 8,09 | 7:25 |
| 1321 | 5742 | VAN DER KELFT Nancy | BERCHEM | 44 | F40 | 88 | 0:33:18 | 8,09 | 7:25 |
| 1322 | 5741 | BULCKENS Steve | BERCHEM | 42 | M40 | 42 | 0:33:18 | 8,09 | 7:25 |
| 1323 | 5547 | MEURIS Patricia | PERK | 47 | F45 | 76 | 0:33:19 | 8,09 | 7:25 |
| 1324 | 5780 | VANDERERVEN Leen | BOSSUIT | 41 | F40 | 89 | 0:33:21 | 8,08 | 7:26 |
| 1325 | 5781 | BEUNENS Claudine | OUTRIJVE | 43 | F40 | 90 | 0:33:23 | 8,07 | 7:26 |
| 1326 | 6051 | DELBAR Veronique | MARKE | 51 | F50 | 45 | 0:33:23 | 8,07 | 7:26 |
| 1327 | 5276 | CATOIRE Axelle | MOUSCRON | 11 | SEF | 454 | 0:33:34 | 8,03 | 7:29 |
| 1328 | 5277 | DERVAUX Sophie | MOUSCRON | 48 | F45 | 77 | 0:33:34 | 8,03 | 7:29 |
| 1329 | 5432 | VANROOSE Jan | ST-DENIJS | 28 | SEH | 308 | 0:33:34 | 8,03 | 7:29 |
| 1330 | 5431 | VAN DEN HEEDE Mieke | KORTRIJK | 29 | SEF | 455 | 0:33:35 | 8,02 | 7:29 |
| 1331 | 5433 | DENDONCKER Fien | ST-DENIJS | 29 | SEF | 456 | 0:33:36 | 8,02 | 7:29 |
| 1332 | 5921 | DEWITTE Charlotte | MENEN | 36 | F35 | 127 | 0:33:48 | 7,97 | 7:32 |
| 1333 | 6185 | PHILIPS Sylvia | STABROEK | 58 | F55 | 24 | 0:33:55 | 7,94 | 7:33 |
| 1334 | 5267 | WINDELS Angélique | ST-DENIJS | 36 | F35 | 128 | 0:34:00 | 7,92 | 7:34 |
| 1335 | 5987 | MATTHYS Gwendolyn | HARELBEKE | 26 | SEF | 457 | 0:34:00 | 7,92 | 7:34 |
| 1336 | 5313 | MONDY Febe | ST-DENIJS | 10 | SEF | 458 | 0:34:01 | 7,92 | 7:35 |
| 1337 | 5637 | GALLOO Lisa | BRUGGE | 27 | SEF | 459 | 0:34:22 | 7,84 | 7:39 |
| 1338 | 5304 | FEYS Greet | KOOIGEM | 48 | F45 | 78 | 0:34:27 | 7,82 | 7:40 |
| 1339 | 5117 | LANDSHEERE Viviane | BEVEREN-LEIE | 54 | F50 | 46 | 0:34:36 | 7,79 | 7:42 |
| 1340 | 5495 | PUTMAN Greta | KORTRIJK | 61 | F60 | 9 | 0:34:37 | 7,78 | 7:43 |
| 1341 | 5823 | SULMON Sabine | AVELGEM | 58 | F55 | 25 | 0:34:46 | 7,75 | 7:45 |
| 1342 | 5865 | DE BRABANDERE Leen | LEUVEN | 24 | SEF | 460 | 0:34:57 | 7,71 | 7:47 |
| 1343 | 6689 | VALCKE Alsion | MENEN | 23 | SEF | 461 | 0:35:37 | 7,56 | 7:56 |
| 1344 | 6687 | HERCINOVIC Emina | ST-ELOOIS VIJVE | 22 | SEF | 462 | 0:35:38 | 7,56 | 7:56 |
| 1345 | 5212 | VANHOUTTE Nele | KORTRIJK | 36 | F35 | 129 | 0:36:00 | 7,48 | 8:01 |
| 1346 | 6047 | MALYSSE Martine | BISSEGEM | 53 | F50 | 47 | 0:36:02 | 7,48 | 8:02 |
| 1347 | 6683 | DELAHOUSSE Debbie | KUURNE | 47 | F45 | 79 | 0:38:16 | 7,04 | 8:31 |
| 1348 | 5648 | GABRIEL Stefanie | BRUGGE | 27 | SEF | 463 | 0:38:18 | 7,03 | 8:32 |
| 1349 | 5986 | MESTDAGH Astrid | ST-ELOOIS-WINKEL | 32 | SEF | 464 | 0:38:34 | 6,99 | 8:35 |
| 1350 | 5072 | VANDENBROUCKE Emma | ZWEVEGEM | 15 | SEF | 465 | 0:38:34 | 6,99 | 8:35 |
| 1351 | 5075 | VAN DEN EYNDE Emilie | KORTRIJK | 17 | SEF | 466 | 0:38:35 | 6,98 | 8:36 |
| 1352 | 5073 | SIX Femke | KORTRIJK | 15 | SEF | 467 | 0:38:36 | 6,98 | 8:36 |
| 1353 | 6049 | TANT Greta | KORTRIJK | 50 | F50 | 48 | 0:38:47 | 6,95 | 8:38 |
| 1354 | 6048 | TANT Christine | KORTRIJK | 49 | F45 | 80 | 0:38:48 | 6,94 | 8:38 |
| 1355 | 5923 | LEGLEY Lucinda | MENEN | 36 | F35 | 130 | 0:39:01 | 6,90 | 8:41 |
| 1356 | 5081 | CANNOOT Shauny | GULLEGEM | 18 | SEF | 468 | 0:40:00 | 6,74 | 8:55 |
| 1357 | 561 | WYSEUR Carl | ZWEVEGEM | 53 | M50 | 37 | 0:40:19 | 6,68 | 8:59 |
| 1358 | 5367 | VELGHE Myriam | ZWEVEGEM | 63 | F60 | 10 | 0:42:26 | 6,35 | 9:27 |

11e Kortrijk Loopt - 16 mei 2016

11,1 KM

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|----------------|-----|-----|-------|---------|-------|---------|
| 1 | 1 | SERROEN Nico | WEVELGEM | 38 | M35 | 1 | 0:36:51 | 17,91 | 3:21 |
| 2 | 1546 | VANDEWEGHE Lieven | HEULE | 37 | M35 | 2 | 0:37:09 | 17,77 | 3:23 |
| 3 | 713 | VERSCHATSE Bram | MEULEBEKE | 24 | SEH | 1 | 0:37:11 | 17,75 | 3:23 |
| 4 | 1369 | DELOMBAERDE Dimitri | VICHTE | 39 | M35 | 3 | 0:37:15 | 17,72 | 3:23 |
| 5 | 93 | DUJARDYN Pedro | OIGEM | 38 | M35 | 4 | 0:37:31 | 17,59 | 3:25 |
| 6 | 1205 | VALCKE Tomas | BRUGGE | 29 | SEH | 2 | 0:37:41 | 17,51 | 3:26 |
| 7 | 1339 | VAN HAECHT Joachim | ROESLARE | 22 | SEH | 3 | 0:37:45 | 17,48 | 3:26 |
| 8 | 1531 | STOCKMAN Stefaan | KORTRIJK | 39 | M35 | 5 | 0:38:04 | 17,34 | 3:28 |
| 9 | 407 | DEPUYDT Bruno | GULLEGEM | 25 | SEH | 4 | 0:38:38 | 17,08 | 3:31 |
| 10 | 864 | LAMBRECHT Arno | KUURNE | 22 | SEH | 5 | 0:38:48 | 17,01 | 3:32 |
| 11 | 10 | DEBAVEYE Jeroen | WEVELGEM | 35 | M35 | 6 | 0:38:57 | 16,94 | 3:32 |
| 12 | 1383 | VANDEMEULEBROUCKE Yves | AVELGEM | 42 | M40 | 1 | 0:39:02 | 16,91 | 3:33 |
| 13 | 1372 | VAN HAMME Koen | BISSEGEM | 32 | SEH | 6 | 0:39:04 | 16,89 | 3:33 |
| 14 | 359 | VAN HEVELE Stijn | KORTRIJK | 31 | SEH | 7 | 0:39:31 | 16,70 | 3:36 |
| 15 | 98 | TIMPERMAN Carlos | BELLEGEM | 41 | M40 | 2 | 0:39:37 | 16,66 | 3:36 |
| 16 | 5 | GOESAERT Jan | KORTRIJK | 43 | M40 | 3 | 0:39:43 | 16,62 | 3:37 |
| 17 | 101 | VAN WESEPOEL Dirk | EEKLO | 43 | M40 | 4 | 0:39:45 | 16,60 | 3:37 |
| 18 | 1581 | DEWAEGENAERE Kurt | DEERLIJK | 51 | M50 | 1 | 0:39:56 | 16,53 | 3:38 |
| 19 | 458 | VANHAVERBEKE Mathias | KORTRIJK | 37 | M35 | 7 | 0:40:18 | 16,38 | 3:40 |
| 20 | 73 | CREUPELANDT Frederic | DEERLIJK | 42 | M40 | 5 | 0:40:19 | 16,37 | 3:40 |
| 21 | 1502 | DESMET Yani | DEERLIJK | 20 | SEH | 8 | 0:40:24 | 16,34 | 3:40 |
| 22 | 1396 | DE DEYNE Gwendolyn | AALTER | 29 | SEF | 1 | 0:40:27 | 16,32 | 3:41 |
| 23 | 268 | MATTHYS Dave | GENT | 38 | M35 | 8 | 0:40:42 | 16,22 | 3:42 |
| 24 | 94 | DUMALIN Nico | BRUGGE | 49 | M45 | 1 | 0:40:46 | 16,19 | 3:42 |
| 25 | 1446 | SOENEN Robin | MENEN | 18 | SEH | 9 | 0:40:50 | 16,16 | 3:43 |
| 26 | 139 | DE VESTELE Douwe | LAUWE | 17 | SEH | 10 | 0:40:56 | 16,12 | 3:43 |
| 27 | 1495 | SEYS Pieter | WINGENE | 36 | M35 | 9 | 0:40:59 | 16,10 | 3:44 |
| 28 | 1601 | TERRIERE Lorenzo | MESEN | 28 | SEH | 11 | 0:41:01 | 16,09 | 3:44 |
| 29 | 860 | DESMET Lieven | KORTRIJK | 47 | M45 | 2 | 0:41:22 | 15,95 | 3:46 |
| 30 | 65 | VAN WIJMEERSCH Wim | DENDERLEEUV | 42 | M40 | 6 | 0:41:23 | 15,95 | 3:46 |
| 31 | 134 | COULON Dominique | BELLEGEM | 48 | M45 | 3 | 0:41:25 | 15,94 | 3:46 |
| 32 | 1802 | VANDEWAETERE Hendrik | IZEGEM | 58 | M55 | 1 | 0:41:27 | 15,92 | 3:46 |
| 33 | 818 | HERTVELDT Heidi | OOSTENDE | 41 | F40 | 1 | 0:41:30 | 15,90 | 3:46 |
| 34 | 266 | HEYVAERT Kris | MERCHTEM | 29 | SEH | 12 | 0:41:35 | 15,87 | 3:47 |
| 35 | 1371 | PLOVIER Didier | TOURCOING | 41 | M40 | 7 | 0:41:38 | 15,85 | 3:47 |
| 36 | 1547 | VAN HOUCKE Bart | WARGEM | 35 | M35 | 10 | 0:41:47 | 15,80 | 3:48 |
| 37 | 1457 | DELATTRE Luc-Olivier | ROOSDAAL | 46 | M45 | 4 | 0:41:49 | 15,78 | 3:48 |
| 38 | 1628 | DECAVEL Bram | KORTRIJK | 28 | SEH | 13 | 0:41:50 | 15,78 | 3:48 |
| 39 | 1444 | GEERAERT Sebastiaan | MENEN | 30 | SEH | 14 | 0:41:53 | 15,76 | 3:48 |
| 40 | 1689 | DEJONGHE Thijs | IEPER | 16 | SEH | 15 | 0:42:00 | 15,71 | 3:49 |
| 41 | 59 | TOMME Bert | BELLEGEM | 48 | M45 | 5 | 0:42:14 | 15,63 | 3:50 |
| 42 | 655 | NR 655 | | | - | | 0:42:17 | 15,61 | 3:51 |
| 43 | 1222 | BEUKELAERS Stijn | BRUGGE | 31 | SEH | 16 | 0:42:22 | 15,58 | 3:51 |
| 44 | 120 | BOSSUYT Peter | WEVELGEM | 43 | M40 | 8 | 0:42:22 | 15,58 | 3:51 |
| 45 | 1476 | EXELMANS Yves | SCHERPENHEUVEL | 52 | M50 | 2 | 0:42:27 | 15,55 | 3:52 |
| 46 | 1190 | HOLLEVOET Manuel | BRUGGE | 50 | M50 | 3 | 0:42:33 | 15,51 | 3:52 |
| 47 | 1514 | DEBAL Dieter | WEVELGEM | 35 | M35 | 11 | 0:42:33 | 15,51 | 3:52 |
| 48 | 1678 | HELLYN Filip Luc | HARELBEKE | 38 | M35 | 12 | 0:42:40 | 15,47 | 3:53 |
| 49 | 377 | GYSELS Sibren | HARELBEKE | 30 | SEH | 17 | 0:42:44 | 15,44 | 3:53 |
| 50 | 1674 | VAN LOO Niels | MOERKERKE | 17 | SEH | 18 | 0:42:45 | 15,44 | 3:53 |
| 51 | 56 | DERYNCK Geert | VARSNARE | 53 | M50 | 4 | 0:42:45 | 15,44 | 3:53 |
| 52 | 135 | VANDENBERGHE Steven | INGELMUNSTER | 32 | SEH | 19 | 0:42:46 | 15,43 | 3:53 |
| 53 | 466 | VRANCKX Maarten | MERCHTEM | 26 | SEH | 20 | 0:42:48 | 15,42 | 3:53 |
| 54 | 1615 | BRUWIER Brian Tom | ROESLARE | 27 | SEH | 21 | 0:42:49 | 15,41 | 3:54 |
| 55 | 672 | DESNOUCK Ben | KORTRIJK | 36 | M35 | 13 | 0:42:59 | 15,35 | 3:54 |
| 56 | 420 | DE VRIENDT David | LEDE | 32 | SEH | 22 | 0:43:00 | 15,35 | 3:55 |
| 57 | 657 | DHAENENS Tuur | KORTRIJK | 22 | SEH | 23 | 0:43:03 | 15,33 | 3:55 |
| 58 | 1540 | VAN DEN ABEELE Thomas | SIJSELE | 35 | M35 | 14 | 0:43:05 | 15,32 | 3:55 |
| 59 | 1582 | D'HONDT Frederik | KORTRIJK | 36 | M35 | 15 | 0:43:05 | 15,32 | 3:55 |
| 60 | 1645 | SAELEN Conan | WEVELGEM | 27 | SEH | 24 | 0:43:10 | 15,29 | 3:55 |
| 61 | 1475 | CUVELIER Ward | KORTRIJK | 34 | SEH | 25 | 0:43:14 | 15,27 | 3:56 |
| 62 | 66 | BOMMAREZ Kristof | HEULE | 48 | M45 | 6 | 0:43:23 | 15,21 | 3:57 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 63 | 81 | RONSE Mathieu | HARELBEKE | 26 | SEH | 26 | 0:43:25 | 15,20 | 3:57 |
| 64 | 394 | PLANCKAERT Thijs | GENT | 31 | SEH | 27 | 0:43:26 | 15,20 | 3:57 |
| 65 | 106 | GHEQUIERE Dany | WEVELGEM | 46 | M45 | 7 | 0:43:26 | 15,20 | 3:57 |
| 66 | 659 | DHAENENS Frits | KORTRIJK | 22 | SEH | 28 | 0:43:31 | 15,17 | 3:57 |
| 67 | 126 | MAES Pedro | HARELBEKE | 41 | M40 | 9 | 0:43:34 | 15,15 | 3:58 |
| 68 | 115 | POLLIET Johan | MARKE | 47 | M45 | 8 | 0:43:37 | 15,13 | 3:58 |
| 69 | 54 | VIAENE Jonas | DEERLIJK | 32 | SEH | 29 | 0:43:37 | 15,13 | 3:58 |
| 70 | 1183 | DECLERCK Nico | | 46 | M45 | 9 | 0:43:37 | 15,13 | 3:58 |
| 71 | 62 | DELVOY Joeri | KORTRIJK | 39 | M35 | 16 | 0:43:40 | 15,11 | 3:58 |
| 72 | 90 | VANDEGHINSTE Lotte | MOEN | 38 | F35 | 1 | 0:43:44 | 15,09 | 3:59 |
| 73 | 1506 | VANHUYSSSE Nicolas | BELLESEM | 42 | M40 | 10 | 0:43:45 | 15,09 | 3:59 |
| 74 | 1665 | DE ROEVE Toon | KORTRIJK | 32 | SEH | 30 | 0:43:53 | 15,04 | 3:59 |
| 75 | 332 | BATTHEU Michiel | WEVELGEM | 45 | M45 | 10 | 0:43:54 | 15,03 | 3:59 |
| 76 | 706 | D'HELFT Stefaan | DEERLIJK | 46 | M45 | 11 | 0:43:55 | 15,03 | 4:00 |
| 77 | 905 | GUILIERME Simon | KORTRIJK | 15 | SEH | 31 | 0:43:58 | 15,01 | 4:00 |
| 78 | 1400 | VERHAEGHE Tim | KUURNE | 40 | M40 | 11 | 0:43:58 | 15,01 | 4:00 |
| 79 | 1406 | FERTEIN Bjorn | WEVELGEM | 38 | M35 | 17 | 0:44:00 | 15,00 | 4:00 |
| 80 | 1599 | DEPAUW Maxim | DEERLIJK | 25 | SEH | 32 | 0:44:04 | 14,98 | 4:00 |
| 81 | 61 | DE PAEPE Floris | DE PINTE | 40 | M40 | 12 | 0:44:08 | 14,95 | 4:01 |
| 82 | 665 | VANOOST Lode | MARKE | 35 | M35 | 18 | 0:44:08 | 14,95 | 4:01 |
| 83 | 142 | DE RIDDER Mattéo | KORTRIJK | 15 | SEH | 33 | 0:44:10 | 14,94 | 4:01 |
| 84 | 1035 | ROOSE Simon | ZWEVEGEM | 20 | SEH | 34 | 0:44:12 | 14,93 | 4:01 |
| 85 | 1496 | VANWYMELEBEKE Tim | HEULE | 24 | SEH | 35 | 0:44:12 | 14,93 | 4:01 |
| 86 | 1408 | FERTEIN Benny | INGELMUNSTER | 38 | M35 | 19 | 0:44:13 | 14,93 | 4:01 |
| 87 | 91 | GUILLEMYN Tom | BRUSSEL | 33 | SEH | 36 | 0:44:14 | 14,92 | 4:01 |
| 87 | 551 | SCHOTTE Sammy | MENEN | 33 | SEH | 36 | 0:44:14 | 14,92 | 4:01 |
| 89 | 1445 | CALLENS John | KORTRIJK | 50 | M50 | 5 | 0:44:25 | 14,86 | 4:02 |
| 90 | 144 | VERVAEKE Stephan | DIKKEBUS | 45 | M45 | 12 | 0:44:26 | 14,85 | 4:02 |
| 91 | 89 | DE GRAEF Yvan | MECHELEN | 36 | M35 | 20 | 0:44:26 | 14,85 | 4:02 |
| 92 | 259 | HINNENS Stijn | ANZEGEM | 30 | SEH | 38 | 0:44:27 | 14,85 | 4:02 |
| 93 | 130 | BOONS Hetty | KOEKELBERG | 30 | SEF | 2 | 0:44:27 | 14,85 | 4:02 |
| 94 | 654 | LAREU Piet | POTTES | 49 | M45 | 13 | 0:44:27 | 14,85 | 4:02 |
| 95 | 1548 | VERLYSEN Steven | POEKE | 45 | M45 | 14 | 0:44:29 | 14,84 | 4:03 |
| 96 | 127 | VERSTRAETE Peter | POPERINGE | 56 | M55 | 2 | 0:44:30 | 14,83 | 4:03 |
| 97 | 885 | VERMEULEN Isabel | BELLESEM | 47 | F45 | 1 | 0:44:36 | 14,80 | 4:03 |
| 98 | 258 | VERHEUST Jorg | DEINZE | 23 | SEH | 39 | 0:44:37 | 14,79 | 4:03 |
| 99 | 1394 | CONINX Carl | WESTMALLE | 28 | SEH | 40 | 0:44:38 | 14,79 | 4:03 |
| 100 | 1376 | DE RYNCK Filip | MARKE | 60 | M60 | 1 | 0:44:50 | 14,72 | 4:05 |
| 101 | 1422 | DE RAMMELAERE Frederik | OOGEM | 34 | SEH | 41 | 0:44:52 | 14,71 | 4:05 |
| 102 | 363 | NEMEGEER Aaron | KORTRIJK | 18 | SEH | 42 | 0:44:52 | 14,71 | 4:05 |
| 103 | 1322 | SCHROYEN Michel | KORTRIJK | 29 | SEH | 43 | 0:44:55 | 14,69 | 4:05 |
| 104 | 76 | VROMAN Davy | HARELBEKE | 36 | M35 | 21 | 0:44:57 | 14,68 | 4:05 |
| 105 | 1541 | SCHAMELHOUT Lode | HARELBEKE | 53 | M50 | 6 | 0:45:13 | 14,60 | 4:07 |
| 106 | 237 | DUPONT Clarick Jozef | MENEN | 41 | M40 | 13 | 0:45:21 | 14,55 | 4:07 |
| 107 | 140 | VERLINDE Michael | GULLEGEM | 32 | SEH | 44 | 0:45:26 | 14,53 | 4:08 |
| 108 | 405 | VAN DE CASTEELE Johan | KORTRIJK | 49 | M45 | 15 | 0:45:28 | 14,52 | 4:08 |
| 109 | 664 | LECLUYSE Steven | KORTRIJK | 42 | M40 | 14 | 0:45:29 | 14,51 | 4:08 |
| 110 | 141 | SCHOLLAERT Samuel | KORTRIJK | 40 | M40 | 15 | 0:45:29 | 14,51 | 4:08 |
| 111 | 1397 | VANDEGHINSTE Sam | IEPER | 36 | M35 | 22 | 0:45:32 | 14,49 | 4:08 |
| 112 | 575 | LEHKYY Vitaliy | BRUSSELS | 32 | SEH | 45 | 0:45:36 | 14,47 | 4:09 |
| 113 | 1384 | VERBEKE Bart | STASEGEM | 36 | M35 | 23 | 0:45:40 | 14,45 | 4:09 |
| 114 | 1600 | D'HAENE Claude | ST-DENIJS | 39 | M35 | 24 | 0:45:43 | 14,44 | 4:09 |
| 115 | 1505 | VANLERSBERGHE Steven | WEVELGEM | 37 | M35 | 25 | 0:45:45 | 14,43 | 4:10 |
| 116 | 63 | VERPLANCKE Thomas | KORTRIJK | 33 | SEH | 46 | 0:45:47 | 14,42 | 4:10 |
| 117 | 83 | ROGIERS Dimitri | WAASMUNSTER | 40 | M40 | 16 | 0:45:49 | 14,41 | 4:10 |
| 118 | 114 | VAN BELLE Rony | BRUGGE | 49 | M45 | 16 | 0:45:50 | 14,40 | 4:10 |
| 119 | 445 | DERAEDT William | ARDOOIE | 38 | M35 | 26 | 0:45:54 | 14,38 | 4:10 |
| 120 | 1338 | GOVAERT Peter | OORDEGEM | 33 | SEH | 47 | 0:45:59 | 14,35 | 4:11 |
| 121 | 419 | BAEYENS Peter | SHELLEBELLE | 38 | M35 | 27 | 0:46:04 | 14,33 | 4:11 |
| 122 | 240 | COORNAERT Alexis | KORTRIJK | 42 | M40 | 17 | 0:46:05 | 14,32 | 4:11 |
| 123 | 631 | COTTENIE Sven | KORTRIJK | 36 | M35 | 28 | 0:46:18 | 14,25 | 4:13 |
| 124 | 211 | D'HOOGHE Olivier | KORTRIJK | 42 | M40 | 18 | 0:46:20 | 14,24 | 4:13 |
| 125 | 1638 | DEKOKER Ronny | ROLLEGEM | 48 | M45 | 17 | 0:46:20 | 14,24 | 4:13 |
| 126 | 603 | DECRUYNAERE Bruno | KORTRIJK | 44 | M40 | 19 | 0:46:21 | 14,24 | 4:13 |
| 127 | 1134 | SMITS Gert | MECHELEN | 41 | M40 | 20 | 0:46:22 | 14,23 | 4:13 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 128 | 472 | SECEMBER Ibe | DEERLIJK | 26 | SEH | 48 | 0:46:23 | 14,23 | 4:13 |
| 129 | 1529 | DESMEDT Stijn | KORTRIJK | 36 | M35 | 29 | 0:46:30 | 14,19 | 4:14 |
| 130 | 1588 | VANDERJEUGT Wim | IEPER | 46 | M45 | 18 | 0:46:30 | 14,19 | 4:14 |
| 131 | 1001 | RASSON Quentin | ZWEVEGEM | 18 | SEH | 49 | 0:46:34 | 14,17 | 4:14 |
| 132 | 1264 | MICHIELS Davy | BRUGGE | 23 | SEH | 50 | 0:46:37 | 14,16 | 4:14 |
| 133 | 1098 | DE VOS Stijn | HEULE | 29 | SEH | 51 | 0:46:39 | 14,15 | 4:14 |
| 134 | 1490 | VROMAN Django | ZWEVEGEM | 27 | SEH | 52 | 0:46:43 | 14,13 | 4:15 |
| 135 | 1449 | DE CLERCQ Gudrun | BAVIKHOVE | 40 | F40 | 2 | 0:46:45 | 14,12 | 4:15 |
| 136 | 232 | TACK Joris | AARSELE | 46 | M45 | 19 | 0:46:48 | 14,10 | 4:15 |
| 137 | 832 | VIERSTRAETE Maarten | HEULE | 41 | M40 | 21 | 0:46:49 | 14,10 | 4:15 |
| 138 | 1235 | DEKENS Andy | BRUGGE | 29 | SEH | 53 | 0:46:52 | 14,08 | 4:16 |
| 139 | 1840 | MEULEBROUCK Stefaan | TIELT | 57 | M55 | 3 | 0:46:53 | 14,08 | 4:16 |
| 140 | 352 | DECROCK Frederik | IEPER | 33 | SEH | 54 | 0:46:56 | 14,06 | 4:16 |
| 141 | 1814 | DEGANDT Mathias | WAREGEM | 32 | SEH | 55 | 0:46:56 | 14,06 | 4:16 |
| 142 | 692 | DE ROO Frederik | DIKKEBUS | 29 | SEH | 56 | 0:47:02 | 14,03 | 4:17 |
| 143 | 241 | BOSSUYT Jelle | HEULE | 29 | SEH | 57 | 0:47:06 | 14,01 | 4:17 |
| 144 | 701 | LAHEYE Wesly | ZWEVEGEM | 34 | SEH | 58 | 0:47:08 | 14,00 | 4:17 |
| 145 | 370 | VANDEMEULEBROUCKE Isabelle | DEERLIJK | 41 | F40 | 3 | 0:47:08 | 14,00 | 4:17 |
| 146 | 1550 | HAST Mario | ZEDELGEM | 47 | M45 | 20 | 0:47:11 | 13,99 | 4:17 |
| 147 | 574 | SNAET Robin | LICHTERVELDE | 18 | SEH | 59 | 0:47:14 | 13,97 | 4:18 |
| 148 | 1491 | ALEDDA Valentino | BRUSSEL | 34 | SEH | 60 | 0:47:15 | 13,97 | 4:18 |
| 149 | 1412 | STRAGIER Bert Maurice | MENEN | 34 | SEH | 61 | 0:47:15 | 13,97 | 4:18 |
| 150 | 634 | VERDONCK Bruno | KORTRIJK | 30 | SEH | 62 | 0:47:16 | 13,96 | 4:18 |
| 151 | 1627 | CALLEEUW Andries | HARELBEKE | 33 | SEH | 63 | 0:47:18 | 13,95 | 4:18 |
| 152 | 796 | THOMA Frederick | GULLEGEM | 33 | SEH | 64 | 0:47:19 | 13,95 | 4:18 |
| 153 | 1515 | DERWEDUWEN Jan | KORTRIJK | 46 | M45 | 21 | 0:47:19 | 13,95 | 4:18 |
| 154 | 412 | COMMEYNE Wouter | HEULE | 35 | M35 | 30 | 0:47:20 | 13,94 | 4:18 |
| 155 | 247 | SMAGGHE Mathias | INGOOIGEM | 32 | SEH | 65 | 0:47:24 | 13,92 | 4:19 |
| 156 | 1473 | LEFEVRE Simon | WEVELGEM | 28 | SEH | 66 | 0:47:24 | 13,92 | 4:19 |
| 157 | 1811 | DE SCHIPPER Tessa | KORTRIJK | 27 | SEF | 3 | 0:47:24 | 13,92 | 4:19 |
| 158 | 504 | WELTERS Siegfried | WOMMELGEM | 28 | SEH | 67 | 0:47:26 | 13,91 | 4:19 |
| 159 | 981 | DE SCHIPPER Andre | ROOSENDAAL | 57 | M55 | 4 | 0:47:27 | 13,91 | 4:19 |
| 160 | 433 | VAN NESTE Diederik | MATER | 30 | SEH | 68 | 0:47:28 | 13,90 | 4:19 |
| 161 | 1648 | LAMMENS Levi | KORTRIJK | 32 | SEH | 69 | 0:47:28 | 13,90 | 4:19 |
| 162 | 72 | DE KETELE Eddy | VICHTE | 53 | M50 | 7 | 0:47:30 | 13,89 | 4:19 |
| 163 | 1223 | D'HONDT Kris | BRUGGE | 29 | SEH | 70 | 0:47:34 | 13,88 | 4:19 |
| 164 | 121 | SERCU Filiep | HEULE | 53 | M50 | 8 | 0:47:34 | 13,88 | 4:19 |
| 165 | 693 | LAMON Peter | INGOOIGEM | 41 | M40 | 22 | 0:47:35 | 13,87 | 4:20 |
| 166 | 333 | CLAEYS Bram | KORTRIJK | 28 | SEH | 71 | 0:47:40 | 13,85 | 4:20 |
| 167 | 1891 | PACKET Mathieu | KORTRIJK | 38 | M35 | 31 | 0:47:41 | 13,84 | 4:20 |
| 168 | 596 | VANDER SCHELDEN Bart | GENT | 29 | SEH | 72 | 0:47:42 | 13,84 | 4:20 |
| 169 | 1378 | ACX Cis | HARELBEKE | 25 | SEH | 73 | 0:47:43 | 13,83 | 4:20 |
| 170 | 82 | BROECKMANS Valerie | AALBEKE | 46 | F45 | 2 | 0:47:44 | 13,83 | 4:20 |
| 171 | 77 | VERHAEGHE Robert | KORTRIJK | 60 | M60 | 2 | 0:47:45 | 13,82 | 4:20 |
| 172 | 702 | LAUWERS Koen | ST-MICHIELS | 30 | SEH | 74 | 0:47:46 | 13,82 | 4:21 |
| 173 | 967 | LIPPENS Luc | DEERLIJK | 50 | M50 | 9 | 0:47:47 | 13,81 | 4:21 |
| 174 | 60 | LAVENS Bart | KORTRIJK | 54 | M50 | 10 | 0:47:47 | 13,81 | 4:21 |
| 175 | 1259 | STERCKX Benny | BRUGGE | 37 | M35 | 32 | 0:47:47 | 13,81 | 4:21 |
| 176 | 883 | VANHAVERBEKE Matthis | ZWEVEGEM | 15 | SEH | 75 | 0:47:49 | 13,80 | 4:21 |
| 177 | 1373 | BORN Eric | KORTRIJK | 54 | M50 | 11 | 0:47:50 | 13,80 | 4:21 |
| 178 | 1395 | LAPIERRE Pieter | OLSENE | 28 | SEH | 76 | 0:47:50 | 13,80 | 4:21 |
| 179 | 597 | BROECKAERT Tom | DENDERLEEUV | 30 | SEH | 77 | 0:47:51 | 13,79 | 4:21 |
| 180 | 1809 | HOORELBEKE Arne | VLAMERTINGE | 26 | SEH | 78 | 0:47:55 | 13,77 | 4:21 |
| 181 | 346 | HOCHART Antonio | MOUSCRON | 45 | M45 | 22 | 0:47:55 | 13,77 | 4:21 |
| 182 | 1469 | SCHIETGAT Dominiek | MARKE | 53 | M50 | 12 | 0:47:56 | 13,77 | 4:21 |
| 183 | 125 | LEGEIN Pieter | ZEDELGEM | 33 | SEH | 79 | 0:48:01 | 13,75 | 4:22 |
| 184 | 124 | BEKAERT Jana | WAREGEM | 29 | SEF | 4 | 0:48:04 | 13,73 | 4:22 |
| 185 | 345 | VERMANDER Davy | DIKSMUIDE | 29 | SEH | 80 | 0:48:04 | 13,73 | 4:22 |
| 186 | 699 | LAZOU Philip | ANZEGEM | 50 | M50 | 13 | 0:48:15 | 13,68 | 4:23 |
| 187 | 95 | VERSCHELDE Luc | WAREGEM | 66 | M65 | 1 | 0:48:16 | 13,67 | 4:23 |
| 188 | 705 | CHRISTIAENS Sam | VICHTE | 27 | SEH | 81 | 0:48:23 | 13,64 | 4:24 |
| 189 | 117 | SOENEN Andy | LAUWE | 46 | M45 | 23 | 0:48:24 | 13,64 | 4:24 |
| 190 | 656 | SAGAERT Wim | HEULE | 44 | M40 | 23 | 0:48:30 | 13,61 | 4:25 |
| 191 | 119 | DECONINCK Leentje | AALBEKE | 36 | F35 | 2 | 0:48:33 | 13,59 | 4:25 |
| 192 | 431 | DESLOOVER Jolle | KORTRIJK | 31 | SEH | 82 | 0:48:36 | 13,58 | 4:25 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 193 | 78 | VANDEN BUSSCHE Willem | KORTRIJK | 15 | SEH | 83 | 0:48:36 | 13,58 | 4:25 |
| 194 | 1587 | FABRY Alain Georges | OLEN | 45 | M45 | 24 | 0:48:36 | 13,58 | 4:25 |
| 195 | 1479 | VAN PUT Kenny | MORTSEL | 24 | SEH | 84 | 0:48:37 | 13,58 | 4:25 |
| 196 | 233 | CALLENS Tuur | LAUWE | 29 | SEH | 85 | 0:48:39 | 13,57 | 4:25 |
| 196 | 71 | HOCHEPIED Peter | IZEGEM | 50 | M50 | 14 | 0:48:39 | 13,57 | 4:25 |
| 198 | 496 | PIENS Robin | HEESTERT | 18 | SEH | 86 | 0:48:42 | 13,55 | 4:26 |
| 199 | 105 | BRUYNINCKX Bart | TIENEN | 41 | M40 | 24 | 0:48:44 | 13,54 | 4:26 |
| 200 | 553 | LANCIERS Kenny | IZEGEM | 27 | SEH | 87 | 0:48:46 | 13,53 | 4:26 |
| 201 | 239 | COORNAERT Lucas | KORTRIJK | 41 | M40 | 25 | 0:48:47 | 13,53 | 4:26 |
| 202 | 548 | STURM Arne | GULLEGEM | 26 | SEH | 88 | 0:48:47 | 13,53 | 4:26 |
| 203 | 709 | STAELENS Didier | HARELBEKE | 33 | SEH | 89 | 0:48:47 | 13,53 | 4:26 |
| 204 | 1179 | DESCHILDRE Klaas | | 13 | SEH | 90 | 0:48:50 | 13,52 | 4:26 |
| 205 | 1377 | VANDENBUSSCHE Lut | MARKE | 59 | F55 | 1 | 0:48:51 | 13,51 | 4:26 |
| 206 | 243 | VAN LOON Collin | DENDERLEEUEW | 42 | M40 | 26 | 0:48:55 | 13,49 | 4:27 |
| 207 | 96 | VANDE CASTEELE Justin | GULLEGEM | 27 | SEH | 91 | 0:48:55 | 13,49 | 4:27 |
| 208 | 68 | GHEYSEN Dominiek | HARELBEKE | 54 | M50 | 15 | 0:48:57 | 13,48 | 4:27 |
| 209 | 97 | DE BLOCK Piet | DEINZE | 49 | M45 | 25 | 0:48:58 | 13,48 | 4:27 |
| 210 | 904 | CALLENS Lode | WEVELGEM | 36 | M35 | 33 | 0:48:59 | 13,47 | 4:27 |
| 211 | 1881 | SAEY Kristof | ZWEVEGEM | 41 | M40 | 27 | 0:48:59 | 13,47 | 4:27 |
| 212 | 1882 | DEWEERDT Delfine | GULLEGEM | 36 | F35 | 3 | 0:49:01 | 13,46 | 4:27 |
| 213 | 1487 | HUYGHE Jef | HEUVELLAND | 30 | SEH | 92 | 0:49:02 | 13,46 | 4:27 |
| 214 | 544 | TIJTGAT Frederik | HARELBEKE | 40 | M40 | 28 | 0:49:04 | 13,45 | 4:28 |
| 215 | 1461 | VANDENDRIESSCHE Bart | KUURNE | 51 | M50 | 16 | 0:49:05 | 13,45 | 4:28 |
| 216 | 1829 | DESLOOVERE Frederik | HEULE | 40 | M40 | 29 | 0:49:07 | 13,44 | 4:28 |
| 217 | 1262 | PARMENTIER Tom | BRUGGE | 45 | M45 | 26 | 0:49:08 | 13,43 | 4:28 |
| 218 | 1192 | GADEYNE Timothy | BRUGGE | 35 | M35 | 34 | 0:49:10 | 13,42 | 4:28 |
| 219 | 1009 | STOCK Thomas | KORTRIJK | 25 | SEH | 93 | 0:49:12 | 13,41 | 4:28 |
| 220 | 988 | STOCK Stefaan | ST-MICHIELS | 34 | SEH | 94 | 0:49:12 | 13,41 | 4:28 |
| 221 | 74 | CLAERHOUT Bart | ZWEVEGEM | 48 | M45 | 27 | 0:49:14 | 13,41 | 4:29 |
| 222 | 64 | MATTON Mathias | KORTRIJK | 25 | SEH | 95 | 0:49:15 | 13,40 | 4:29 |
| 223 | 1553 | GODDYN Wim | MARKE | 44 | M40 | 30 | 0:49:15 | 13,40 | 4:29 |
| 224 | 1257 | VAN LOKEREN Eva | BRUGGE | 40 | F40 | 4 | 0:49:16 | 13,40 | 4:29 |
| 225 | 543 | BAUWENS Dominiek | HARELBEKE | 39 | M35 | 35 | 0:49:16 | 13,40 | 4:29 |
| 226 | 79 | VANDEN BUSSCHE Jakob | KORTRIJK | 14 | SEH | 96 | 0:49:17 | 13,39 | 4:29 |
| 227 | 1000 | DEPICKERE Bram | BRUGGE | 26 | SEH | 97 | 0:49:17 | 13,39 | 4:29 |
| 228 | 1068 | MESSELY Rinus | HEULE | 30 | SEH | 98 | 0:49:21 | 13,37 | 4:29 |
| 229 | 1411 | BOONE Bart | HARELBEKE | 38 | M35 | 36 | 0:49:21 | 13,37 | 4:29 |
| 230 | 739 | DE SCHIPPER Marianne | ROOSENDAAL | 57 | F55 | 2 | 0:49:22 | 13,37 | 4:29 |
| 231 | 1839 | CALUWAERTS Lucas | DEERLIJK | 24 | SEH | 99 | 0:49:23 | 13,36 | 4:29 |
| 232 | 1838 | CALUWAERTS Dirk | DEERLIJK | 52 | M50 | 17 | 0:49:24 | 13,36 | 4:29 |
| 233 | 1596 | VANACKER Xavier | ELVERDINGE | 44 | M40 | 31 | 0:49:25 | 13,36 | 4:30 |
| 234 | 270 | VANDEVELDE Jasper | LEDEGEM | 26 | SEH | 100 | 0:49:25 | 13,36 | 4:30 |
| 235 | 566 | GEVAERT Bert | DRONGEN | 18 | SEH | 101 | 0:49:27 | 13,35 | 4:30 |
| 236 | 1885 | BROUCKAERT Alexander | ROLLEGEM | 24 | SEH | 102 | 0:49:29 | 13,34 | 4:30 |
| 237 | 111 | VERCAEMST Kristof | KORTRIJK | 54 | M50 | 18 | 0:49:33 | 13,32 | 4:30 |
| 238 | 1918 | COMMEYNE Brice | MOORSLEDE | 20 | SEH | 103 | 0:49:33 | 13,32 | 4:30 |
| 239 | 1187 | DUMOULEIN Gregory | WIELSBEKE | 32 | SEH | 104 | 0:49:33 | 13,32 | 4:30 |
| 240 | 110 | VERCAEMST Charles | KORTRIJK | 24 | SEH | 105 | 0:49:34 | 13,32 | 4:30 |
| 241 | 1404 | GARREIN Nathalie Eric | KORTRIJK | 40 | F40 | 5 | 0:49:34 | 13,32 | 4:30 |
| 242 | 727 | CARTON Tim | ROESLARE | 32 | SEH | 106 | 0:49:36 | 13,31 | 4:31 |
| 243 | 556 | COTTIGNIES Dirk | PASSENDAELE | 58 | M55 | 5 | 0:49:41 | 13,28 | 4:31 |
| 244 | 354 | HOSTE Hannelore | WEVELGEM | 36 | F35 | 4 | 0:49:41 | 13,28 | 4:31 |
| 245 | 1232 | MICHIELS Tom | BRUGGE | 39 | M35 | 37 | 0:49:42 | 13,28 | 4:31 |
| 246 | 1598 | ALLEMAN Garm | POPERINGE | 29 | SEH | 107 | 0:49:45 | 13,27 | 4:31 |
| 247 | 1673 | VAN LOO Kris | MOERKERKE | 44 | M40 | 32 | 0:49:46 | 13,26 | 4:31 |
| 248 | 838 | VAN RIJCKEGHEM Sven | DEINZE | 48 | M45 | 28 | 0:49:47 | 13,26 | 4:32 |
| 249 | 1878 | VANDENBERGHE Sam | BEVEREN-LEIE | 34 | SEH | 108 | 0:49:47 | 13,26 | 4:32 |
| 250 | 1006 | GEERTS Jan | VORST | 33 | SEH | 109 | 0:49:50 | 13,24 | 4:32 |
| 251 | 859 | DE BACKER Joost | ZWEVEGEM | 61 | M60 | 3 | 0:49:50 | 13,24 | 4:32 |
| 252 | 1462 | MORTIER Charlotte Marie | MENEN | 29 | SEF | 5 | 0:49:50 | 13,24 | 4:32 |
| 253 | 531 | EL MNAOUCH Hamza | KORTRIJK | 17 | SEH | 110 | 0:49:51 | 13,24 | 4:32 |
| 254 | 773 | DE COCK Hans | KORTRIJK | 40 | M40 | 33 | 0:49:52 | 13,24 | 4:32 |
| 255 | 339 | VERWERFT Stefaan | LIER | 47 | M45 | 29 | 0:49:52 | 13,24 | 4:32 |
| 256 | 1379 | MISPELAERE Marieke | WEVELGEM | 24 | SEF | 6 | 0:49:53 | 13,23 | 4:32 |
| 257 | 58 | SADIK Hakim | HARELBEKE | 43 | M40 | 34 | 0:49:53 | 13,23 | 4:32 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|----------------|-----|-----|-------|---------|-------|---------|
| 258 | 391 | JOSSON Maarten | BRUGGE | 32 | SEH | 111 | 0:49:54 | 13,23 | 4:32 |
| 259 | 1603 | LIBBRECHT Lesley | MENEN | 32 | SEH | 112 | 0:49:54 | 13,23 | 4:32 |
| 260 | 780 | KEYEN Pieter | ZOUTLEEUW | 26 | SEH | 113 | 0:49:55 | 13,22 | 4:32 |
| 261 | 1591 | VERHULST Jan | WAREGEM | 49 | M45 | 30 | 0:49:56 | 13,22 | 4:32 |
| 262 | 622 | VERBEKE Kevin | MARKE | 22 | SEH | 114 | 0:49:59 | 13,20 | 4:33 |
| 263 | 1477 | DESMET Mark | ROESLARE | 49 | M45 | 31 | 0:49:59 | 13,20 | 4:33 |
| 264 | 929 | HOFACK Frank | KORTRIJK | 47 | M45 | 32 | 0:49:59 | 13,20 | 4:33 |
| 265 | 501 | VAN LOON Dirk | KALMTHOUT | 41 | M40 | 35 | 0:50:02 | 13,19 | 4:33 |
| 266 | 1543 | VANDEKERCKHOVE Andy | AARTRIJKE | 45 | M45 | 33 | 0:50:02 | 13,19 | 4:33 |
| 267 | 1024 | VANFLETEREN Tom | BISSEGEM | 46 | M45 | 34 | 0:50:03 | 13,19 | 4:33 |
| 268 | 108 | NAESSENS Stefaan | ROLLEGEM | 63 | M60 | 4 | 0:50:05 | 13,18 | 4:33 |
| 269 | 602 | VERMEULEN Stijn | KORTRIJK | 33 | SEH | 115 | 0:50:06 | 13,17 | 4:33 |
| 270 | 1029 | DICK Verbouw | ASSEBROEK | 31 | SEH | 116 | 0:50:07 | 13,17 | 4:33 |
| 271 | 235 | PELS Mike | OUDENAARDE | 32 | SEH | 117 | 0:50:10 | 13,16 | 4:34 |
| 272 | 109 | MAESEN Dieter | DEERLIJK | 27 | SEH | 118 | 0:50:10 | 13,16 | 4:34 |
| 273 | 123 | DEPRAETERE Femke | ST-DENIJS | 30 | SEF | 7 | 0:50:10 | 13,16 | 4:34 |
| 274 | 1671 | NOPPE Charles | VICHTE | 17 | SEH | 119 | 0:50:11 | 13,15 | 4:34 |
| 275 | 347 | VANDENBROUCKE Gerard | KOMEN | 62 | M60 | 5 | 0:50:13 | 13,14 | 4:34 |
| 276 | 1392 | VANGAEVER Tom | TIELT | 36 | M35 | 38 | 0:50:15 | 13,13 | 4:34 |
| 277 | 888 | DE SCHAMPHELAERE Karel | DEINZE | 40 | M40 | 36 | 0:50:16 | 13,13 | 4:34 |
| 278 | 1194 | DURNEZ Bjorn | BRUGGE | 36 | M35 | 39 | 0:50:17 | 13,13 | 4:34 |
| 279 | 1013 | DECOUTERE Francis | KUURNE | 47 | M45 | 35 | 0:50:19 | 13,12 | 4:34 |
| 280 | 204 | COOREVITS Glenn | KORTRIJK | 23 | SEH | 120 | 0:50:19 | 13,12 | 4:34 |
| 281 | 687 | BULCKAEN Kris | GELUWE | 50 | M50 | 19 | 0:50:20 | 13,11 | 4:35 |
| 282 | 1489 | GAEREMYN Esli | IEPER | 27 | SEH | 121 | 0:50:21 | 13,11 | 4:35 |
| 283 | 1910 | VERSCHATSE Bert | LAUWE | 33 | SEH | 122 | 0:50:21 | 13,11 | 4:35 |
| 284 | 1684 | CAILLIEZ Pieter | TORHOUT | 35 | M35 | 40 | 0:50:23 | 13,10 | 4:35 |
| 285 | 1037 | CHRISTIAENS Maarten | DEINZE | 31 | SEH | 123 | 0:50:23 | 13,10 | 4:35 |
| 286 | 599 | GUNTHER Peter | HALLUIN | 44 | M40 | 37 | 0:50:23 | 13,10 | 4:35 |
| 287 | 88 | EBO Dominiek | KORTRIJK | 45 | M45 | 36 | 0:50:23 | 13,10 | 4:35 |
| 288 | 624 | DELOBELLE Mathis | MARKE | 13 | SEH | 124 | 0:50:26 | 13,09 | 4:35 |
| 289 | 598 | MOHAMED OSMAN Guuleed | GERAARDSBERGEN | 47 | M45 | 37 | 0:50:26 | 13,09 | 4:35 |
| 290 | 348 | BOGAERT Thibaut | RUMBEKE | 15 | SEH | 125 | 0:50:28 | 13,08 | 4:35 |
| 291 | 248 | DELANNOY Kevin | MOORSELE | 36 | M35 | 41 | 0:50:29 | 13,07 | 4:35 |
| 292 | 263 | MATTELAER Stefan | KORTRIJK | 48 | M45 | 38 | 0:50:29 | 13,07 | 4:35 |
| 293 | 1189 | LAGAGE Yves | BRUGGE | 48 | M45 | 39 | 0:50:29 | 13,07 | 4:35 |
| 294 | 616 | BERTHIER David | MOORSELE | 35 | M35 | 42 | 0:50:30 | 13,07 | 4:35 |
| 295 | 722 | EMAER Luc | OOSTKAMP | 55 | M55 | 6 | 0:50:31 | 13,06 | 4:36 |
| 296 | 910 | LIETAERT Francis | BELLESEM | 57 | M55 | 7 | 0:50:31 | 13,06 | 4:36 |
| 297 | 1267 | VANDENHOEKE Nick | BRUGGE | 27 | SEH | 126 | 0:50:33 | 13,06 | 4:36 |
| 298 | 681 | MEEUSEN Jan | ST-NIKLAAS | 48 | M45 | 40 | 0:50:35 | 13,05 | 4:36 |
| 299 | 1464 | RANSON Michael | MOEN | 36 | M35 | 43 | 0:50:35 | 13,05 | 4:36 |
| 300 | 1088 | COUDENYS Joost | MEULEBEKE | 53 | M50 | 20 | 0:50:36 | 13,04 | 4:36 |
| 301 | 1513 | DHAENENS Maarten | KORTRIJK | 28 | SEH | 127 | 0:50:36 | 13,04 | 4:36 |
| 302 | 1318 | SPIESSENS Mathieu | BAVIKHOVE | 32 | SEH | 128 | 0:50:41 | 13,02 | 4:36 |
| 303 | 1586 | DESMET Sabine | KUURNE | 45 | F45 | 3 | 0:50:41 | 13,02 | 4:36 |
| 304 | 1421 | LIBEER Roeland | WEVELGEM | 49 | M45 | 41 | 0:50:41 | 13,02 | 4:36 |
| 305 | 922 | DEMUYNCK Bavo | LENDELEDE | 37 | M35 | 44 | 0:50:43 | 13,01 | 4:37 |
| 306 | 552 | DE COCK Serge | KORTRIJK | 45 | M45 | 42 | 0:50:43 | 13,01 | 4:37 |
| 307 | 102 | VANDEN BUSSCHE Carl | KORTRIJK | 44 | M40 | 38 | 0:50:44 | 13,01 | 4:37 |
| 308 | 360 | LOBBENS Arne | DEERLIJK | 29 | SEH | 129 | 0:50:44 | 13,01 | 4:37 |
| 309 | 1559 | DHEEDENE Axana | VICHTE | 21 | SEF | 8 | 0:50:45 | 13,00 | 4:37 |
| 310 | 1668 | DEKIMPE Ano | KORRIJK | 34 | SEH | 130 | 0:50:45 | 13,00 | 4:37 |
| 311 | 1528 | FOULON Sofie | KORTRIJK | 39 | F35 | 5 | 0:50:46 | 13,00 | 4:37 |
| 312 | 508 | CARETTE Simon | KORTRIJK | 30 | SEH | 131 | 0:50:47 | 13,00 | 4:37 |
| 313 | 769 | DESCAMPS Wim | KORTRIJK | 49 | M45 | 43 | 0:50:48 | 12,99 | 4:37 |
| 314 | 1905 | | | | | | 0:50:49 | 12,99 | 4:37 |
| 315 | 116 | BOSTOEN Jacky | KORTRIJK | 53 | M50 | 21 | 0:50:50 | 12,98 | 4:37 |
| 316 | 84 | VANDOOREN Henk | WEVELGEM | 54 | M50 | 22 | 0:50:50 | 12,98 | 4:37 |
| 317 | 1644 | VAN MARCKE Robin | WEVELGEM | 25 | SEH | 132 | 0:50:52 | 12,98 | 4:37 |
| 318 | 1041 | DELERUE Stefaan | ALVERINGEM | 54 | M50 | 23 | 0:50:52 | 12,98 | 4:37 |
| 319 | 736 | KONIX Werner | KURINGEN | 50 | M50 | 24 | 0:50:53 | 12,97 | 4:38 |
| 320 | 1834 | MARTENS Stephan | ROESLARE | 50 | M50 | 25 | 0:50:53 | 12,97 | 4:38 |
| 321 | 104 | VALLAEYS Bart | POPERINGE | 53 | M50 | 26 | 0:50:53 | 12,97 | 4:38 |
| 322 | 719 | STEENKISTE Nicolas | VELDEGEM | 35 | M35 | 45 | 0:50:54 | 12,97 | 4:38 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|------------------|-----|-----|-------|---------|-------|---------|
| 323 | 1454 | LIEVROUW Luc | OOIGEM | 44 | M40 | 39 | 0:50:54 | 12,97 | 4:38 |
| 324 | 1038 | MUYLLE Davy | EERNEGEM | 40 | M40 | 40 | 0:50:56 | 12,96 | 4:38 |
| 325 | 1114 | VANHOVE Cédric | PLOEGSTEERT | 20 | SEH | 133 | 0:50:57 | 12,95 | 4:38 |
| 326 | 639 | DESMET Ward | KORTRIJK | 29 | SEH | 134 | 0:50:58 | 12,95 | 4:38 |
| 327 | 600 | VAN WANZEELE Ruben | KORTRIJK | 28 | SEH | 135 | 0:50:59 | 12,95 | 4:38 |
| 328 | 1647 | DESAUW Yves | KORTRIJK | 48 | M45 | 44 | 0:51:02 | 12,93 | 4:38 |
| 329 | 1401 | COMPERNOL Tijts Jan | GISTEL | 24 | SEH | 136 | 0:51:02 | 12,93 | 4:38 |
| 330 | 520 | DUMONT Lieven | ZWEVEGEM | 42 | M40 | 41 | 0:51:02 | 12,93 | 4:38 |
| 331 | 265 | MOLANDRE Lionel | VILVOORDE | 28 | SEH | 137 | 0:51:03 | 12,93 | 4:38 |
| 332 | 132 | DE WANDEL Christian | RONSE | 56 | M55 | 8 | 0:51:05 | 12,92 | 4:39 |
| 333 | 811 | ROOSE An | SNELLESEM | 57 | F55 | 3 | 0:51:05 | 12,92 | 4:39 |
| 334 | 1180 | DESCHILDRE Tom | | 44 | M40 | 42 | 0:51:05 | 12,92 | 4:39 |
| 335 | 1597 | VAN BOXTEL Bert | RENINGELST | 30 | SEH | 138 | 0:51:06 | 12,92 | 4:39 |
| 336 | 805 | SUCAET Alex | SNELLESEM | 57 | M55 | 9 | 0:51:06 | 12,92 | 4:39 |
| 337 | 358 | DEWULF Jeroen | DENTERGEM | 42 | M40 | 43 | 0:51:06 | 12,92 | 4:39 |
| 338 | 1125 | DESCAMPS Lode | KORTRIJK | 45 | M45 | 45 | 0:51:06 | 12,92 | 4:39 |
| 339 | 406 | VERHENNE Petra | KORTRIJK | 46 | F45 | 4 | 0:51:07 | 12,91 | 4:39 |
| 340 | 1666 | VANDENBERGHE Geoffrey | HEUVELLAND | 32 | SEH | 139 | 0:51:07 | 12,91 | 4:39 |
| 341 | 926 | VANDENBRUAENE Hendrik | TIELT | 46 | M45 | 46 | 0:51:07 | 12,91 | 4:39 |
| 342 | 1285 | DESLOOVER Wouter | KORTRIJK | 37 | M35 | 46 | 0:51:10 | 12,90 | 4:39 |
| 343 | 481 | BOUDRY Liese | KUURNE | 30 | SEF | 9 | 0:51:10 | 12,90 | 4:39 |
| 344 | 1380 | VANHALST Sven | LAUWE | 37 | M35 | 47 | 0:51:10 | 12,90 | 4:39 |
| 345 | 452 | EL HASNAOUI Sofiane | KORTRIJK | 21 | SEH | 140 | 0:51:15 | 12,88 | 4:40 |
| 346 | 1536 | VANDORPE Filip | ROESELARE | 46 | M45 | 47 | 0:51:16 | 12,87 | 4:40 |
| 347 | 1219 | CLARYSSE Mathias | BRUGGE | 29 | SEH | 141 | 0:51:19 | 12,86 | 4:40 |
| 348 | 1291 | QUIDOUSSE Tijts | KORTRIJK | 13 | SEH | 142 | 0:51:19 | 12,86 | 4:40 |
| 349 | 1072 | VANCOILLIE Christophe | PITTEM | 45 | M45 | 48 | 0:51:19 | 12,86 | 4:40 |
| 350 | 1424 | DEKEMPE Frederick | ZUIENKERKE | 34 | SEH | 143 | 0:51:19 | 12,86 | 4:40 |
| 351 | 376 | VAN KEIRSBILCK Marnix | DILBEEK | 56 | M55 | 10 | 0:51:20 | 12,86 | 4:40 |
| 352 | 99 | VANDEKERCKHOVE Johan | KUURNE | 47 | M45 | 49 | 0:51:20 | 12,86 | 4:40 |
| 353 | 1456 | VANPARYS Maarten | IZEGEM | 35 | M35 | 48 | 0:51:20 | 12,86 | 4:40 |
| 354 | 685 | JOHAN De Decker | TIELT | 28 | SEH | 144 | 0:51:21 | 12,85 | 4:40 |
| 355 | 527 | HOORNE Els | ROESELARE | 35 | F35 | 6 | 0:51:22 | 12,85 | 4:40 |
| 356 | 1091 | LORRÉ Jeroen | DRONGEN | 33 | SEH | 145 | 0:51:22 | 12,85 | 4:40 |
| 357 | 361 | LOBBENS Dieter | KORTRIJK | 37 | M35 | 49 | 0:51:22 | 12,85 | 4:40 |
| 358 | 383 | DEVOLDER Sven | KORTRIJK | 34 | SEH | 146 | 0:51:23 | 12,84 | 4:40 |
| 359 | 455 | DEWULF Frederik | ST-MARTENS-LATEM | 42 | M40 | 44 | 0:51:24 | 12,84 | 4:40 |
| 360 | 1805 | SCHERPEREEL Kevin | WEVELGEM | 37 | M35 | 50 | 0:51:24 | 12,84 | 4:40 |
| 361 | 129 | VANDENBERGHE Hans | ASTENE | 51 | M50 | 27 | 0:51:25 | 12,84 | 4:40 |
| 362 | 1273 | DECORTE Cederic | OLSENE | 31 | SEH | 147 | 0:51:25 | 12,84 | 4:40 |
| 363 | 256 | SAMAIN Ruben | HARELBEKE | 24 | SEH | 148 | 0:51:26 | 12,83 | 4:41 |
| 364 | 570 | RINGOOT Arne | KORTRIJK | 27 | SEH | 149 | 0:51:27 | 12,83 | 4:41 |
| 365 | 118 | BALCAEN Els | KORTRIJK | 42 | F40 | 6 | 0:51:27 | 12,83 | 4:41 |
| 366 | 218 | GILLES Massaux | KORTRIJK | -2 | - | | 0:51:28 | 12,82 | 4:41 |
| 367 | 1431 | DEKLERCK Jeroen | TORHOUT | 29 | SEH | 150 | 0:51:30 | 12,82 | 4:41 |
| 368 | 509 | VAN ROYEN Stijn | KORTRIJK | 34 | SEH | 151 | 0:51:31 | 12,81 | 4:41 |
| 369 | 961 | MONSEREZ Ivan | LAUWE | 51 | M50 | 28 | 0:51:32 | 12,81 | 4:41 |
| 370 | 423 | DCUATTEEUW Nicolas | TIEGEM | 22 | SEH | 152 | 0:51:35 | 12,79 | 4:41 |
| 371 | 920 | LECLUYSE Steven | OTEGEM | 29 | SEH | 153 | 0:51:35 | 12,79 | 4:41 |
| 372 | 424 | DUCATTEEUW Yannick | TIEGEM | 25 | SEH | 154 | 0:51:35 | 12,79 | 4:41 |
| 373 | 1646 | CLAEYS Jean-Marie | WEVELGEM | 33 | SEH | 155 | 0:51:35 | 12,79 | 4:41 |
| 374 | 896 | DEVOS Christophe | MERCHTEM | 44 | M40 | 45 | 0:51:45 | 12,75 | 4:42 |
| 375 | 1879 | BOSSUYT Tom | BEVEREN-LEIE | 36 | M35 | 51 | 0:51:47 | 12,75 | 4:42 |
| 376 | 217 | QUENTIN Mahieu | KORTRIJK | 36 | M35 | 52 | 0:51:48 | 12,74 | 4:43 |
| 377 | 1367 | THYLYS Daniel | WINGENE | 41 | M40 | 46 | 0:51:48 | 12,74 | 4:43 |
| 378 | 85 | SEGHERS Frederic | KORTRIJK | 32 | SEH | 156 | 0:51:49 | 12,74 | 4:43 |
| 379 | 1637 | DEMETS Olivier | KORTRIJK | 30 | SEH | 157 | 0:51:50 | 12,73 | 4:43 |
| 380 | 918 | VERHAEGHE Vincent | HEULE | 47 | M45 | 50 | 0:51:51 | 12,73 | 4:43 |
| 381 | 1439 | LABARQUE Jonathan | KORTRIJK | 38 | M35 | 53 | 0:51:53 | 12,72 | 4:43 |
| 382 | 1116 | VINCKIER Nathalie | IZEGEM | 45 | F45 | 5 | 0:51:54 | 12,72 | 4:43 |
| 383 | 789 | SALEMBIER Danny | LAUWE | 53 | M50 | 29 | 0:51:57 | 12,70 | 4:43 |
| 384 | 979 | VAN OVERSCHELDE Gilles | DEINZE | 24 | SEH | 158 | 0:51:58 | 12,70 | 4:43 |
| 385 | 619 | VUYLSTEKE Dries | ST-ELOOIS-WINKEL | 44 | M40 | 47 | 0:52:01 | 12,69 | 4:44 |
| 386 | 1069 | LAHAYE Laurent | DESSELGEM | 46 | M45 | 51 | 0:52:05 | 12,67 | 4:44 |
| 387 | 1256 | VANDEMOORTELE Nico | BRUGGE | 44 | M40 | 48 | 0:52:06 | 12,67 | 4:44 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|---------------|-----|-----|-------|---------|-------|---------|
| 388 | 1115 | VANDEWAETERE Joost | IZEGEM | 48 | M45 | 52 | 0:52:11 | 12,65 | 4:45 |
| 389 | 1428 | DECLERCQ Peter | ZWEVEGEM | 51 | M50 | 30 | 0:52:16 | 12,63 | 4:45 |
| 390 | 457 | VANDERSTRAETEN Tom | KORTRIJK | 30 | SEH | 159 | 0:52:17 | 12,62 | 4:45 |
| 391 | 755 | VAN STEENBRUGGE Karlien | HEUSDEN | 41 | F40 | 7 | 0:52:17 | 12,62 | 4:45 |
| 392 | 1899 | DEFLOUR Louis | ROESLARE | 26 | SEH | 160 | 0:52:21 | 12,61 | 4:46 |
| 393 | 453 | LANHOVE Nicolas | KORTRIJK | 21 | SEH | 161 | 0:52:24 | 12,60 | 4:46 |
| 394 | 399 | VLAEMINCKX Jan | DIKSMUIDE | 50 | M50 | 31 | 0:52:25 | 12,59 | 4:46 |
| 395 | 675 | LOOTENS Jean-Philippe | KORTRIJK | 46 | M45 | 53 | 0:52:25 | 12,59 | 4:46 |
| 396 | 1176 | BOYDENS Johan | WAREGEM | 50 | M50 | 32 | 0:52:26 | 12,59 | 4:46 |
| 397 | 1436 | DEKIMPE Wim 'Koekie' | MARKE | 44 | M40 | 49 | 0:52:27 | 12,58 | 4:46 |
| 398 | 804 | DE CLERCQ Johan | KLUISBERGEN | 59 | M55 | 11 | 0:52:28 | 12,58 | 4:46 |
| 399 | 641 | DEJONCKHEERE Johan | MARKE | 41 | M40 | 50 | 0:52:29 | 12,58 | 4:46 |
| 400 | 1672 | NOPPE Jules | VICHTE | 19 | SEH | 162 | 0:52:32 | 12,56 | 4:47 |
| 401 | 443 | VANDEWALLE Benedict | LENDELEDE | 29 | SEH | 163 | 0:52:36 | 12,55 | 4:47 |
| 402 | 442 | RIGOLE Jeroen Paul | KORTRIJK | 29 | SEH | 164 | 0:52:37 | 12,54 | 4:47 |
| 403 | 1630 | WELVAARTS Rianne | KORTRIJK | 44 | F40 | 8 | 0:52:37 | 12,54 | 4:47 |
| 404 | 820 | DECALUWE Bert | ANZEGEM | 48 | M45 | 54 | 0:52:39 | 12,54 | 4:47 |
| 405 | 1557 | HIMPE Karen | WAREGEM | 33 | SEF | 10 | 0:52:39 | 12,54 | 4:47 |
| 406 | 55 | DECONINCK Pascal | KORTRIJK | 51 | M50 | 33 | 0:52:41 | 12,53 | 4:47 |
| 407 | 1385 | VERBRUGGHE Henri | VICHTE | 59 | M55 | 12 | 0:52:42 | 12,52 | 4:47 |
| 408 | 1692 | NICOLAIJ Christophe | KORTRIJK | 27 | SEH | 165 | 0:52:42 | 12,52 | 4:47 |
| 409 | 75 | VANOVERBEKE Andy | WIELSBEKE | 36 | M35 | 54 | 0:52:44 | 12,52 | 4:48 |
| 410 | 824 | VERMEERSCH Thomas | KORTRIJK | 16 | SEH | 166 | 0:52:46 | 12,51 | 4:48 |
| 411 | 704 | CUVELIER Mathieu | GULLEGEM | 34 | SEH | 167 | 0:52:46 | 12,51 | 4:48 |
| 412 | 720 | SNOECK Ward | KORTRIJK | 26 | SEH | 168 | 0:52:48 | 12,50 | 4:48 |
| 413 | 700 | DERORE Tanguy | WAKKEN | 39 | M35 | 55 | 0:52:49 | 12,50 | 4:48 |
| 414 | 793 | CLAUWS Raf | DESSELGEM | 49 | M45 | 55 | 0:52:50 | 12,49 | 4:48 |
| 415 | 1537 | CROES Kevin | ZOTTEGEM | 29 | SEH | 169 | 0:52:51 | 12,49 | 4:48 |
| 416 | 1670 | D'HONDT Kurt | HEULE | 44 | M40 | 51 | 0:52:52 | 12,48 | 4:48 |
| 417 | 710 | REYNAERT Bert | KUURNE | 32 | SEH | 170 | 0:52:52 | 12,48 | 4:48 |
| 418 | 801 | MOSCOU Etienne | GISTEL | 44 | M40 | 52 | 0:52:55 | 12,47 | 4:49 |
| 419 | 1064 | GORIS Bert | STADEN | 36 | M35 | 56 | 0:52:57 | 12,46 | 4:49 |
| 420 | 1842 | VANDEWALLE Luc | DIKKEBUS | 49 | M45 | 56 | 0:52:58 | 12,46 | 4:49 |
| 421 | 401 | VANDEWALLE Veronique | KORTRIJK | 39 | F35 | 7 | 0:52:58 | 12,46 | 4:49 |
| 422 | 1607 | INGELBERT Geert | DE PINTE | 56 | M55 | 13 | 0:52:58 | 12,46 | 4:49 |
| 423 | 1841 | DELALLEAU Fabienne | DIKKEBUS | 48 | F45 | 6 | 0:52:58 | 12,46 | 4:49 |
| 424 | 1520 | BOUCKHOUT Els | KORTRIJK | 42 | F40 | 9 | 0:53:01 | 12,45 | 4:49 |
| 425 | 215 | BEVERNAGE Bruno | BRUSSEL | 37 | M35 | 57 | 0:53:03 | 12,44 | 4:49 |
| 425 | 1554 | SAMAIN Hannes | MARKE | 32 | SEH | 171 | 0:53:03 | 12,44 | 4:49 |
| 427 | 564 | VERFAILLE Gino | OOGEM | 42 | M40 | 53 | 0:53:10 | 12,41 | 4:50 |
| 428 | 404 | VAN ESBROECK Nicky | BEVEREN | 32 | SEH | 172 | 0:53:10 | 12,41 | 4:50 |
| 429 | 402 | D'HONDT Marc | BEVEREN | 58 | M55 | 14 | 0:53:11 | 12,41 | 4:50 |
| 430 | 1466 | DE PELSEMAEKER Ben | DESTELDONK | 33 | SEH | 173 | 0:53:11 | 12,41 | 4:50 |
| 431 | 1102 | VANDEVELDE Julie | ST-AMANDSBERG | 33 | SEF | 11 | 0:53:14 | 12,40 | 4:50 |
| 432 | 244 | CARON Bart | MARKE | 61 | M60 | 6 | 0:53:16 | 12,39 | 4:51 |
| 433 | 1911 | BEYAERT Xavier | STASEGEM | 33 | SEH | 174 | 0:53:17 | 12,39 | 4:51 |
| 434 | 1589 | DE BACKER Michael | OOSTENDE | 46 | M45 | 57 | 0:53:20 | 12,38 | 4:51 |
| 435 | 367 | VAN MIDDELEM Maarten | DILBEEK | 30 | SEH | 175 | 0:53:21 | 12,37 | 4:51 |
| 436 | 691 | PLANCKAERT Simon | KORTRIJK | 27 | SEH | 176 | 0:53:21 | 12,37 | 4:51 |
| 437 | 871 | VERSTRAETE Didier | ZWEVEZELE | 36 | M35 | 58 | 0:53:22 | 12,37 | 4:51 |
| 438 | 993 | PLATTEEUW Dieter | MOORSELE | 38 | M35 | 59 | 0:53:23 | 12,36 | 4:51 |
| 439 | 474 | GAYTANT Benjamin | KORTRIJK | 32 | SEH | 177 | 0:53:23 | 12,36 | 4:51 |
| 440 | 1233 | DUROI Franky | BRUGGE | 29 | SEH | 178 | 0:53:25 | 12,36 | 4:51 |
| 441 | 491 | CALLEWIER Hendrik | KORTRIJK | 35 | M35 | 60 | 0:53:26 | 12,35 | 4:51 |
| 442 | 708 | LOUWAGIE Bart | MELLE | 47 | M45 | 58 | 0:53:27 | 12,35 | 4:52 |
| 443 | 1023 | VERMOTE Ann | GULLEGEM | 54 | F50 | 1 | 0:53:27 | 12,35 | 4:52 |
| 444 | 357 | DEGRYSE Immanuel | TIELT | 32 | SEH | 179 | 0:53:28 | 12,34 | 4:52 |
| 445 | 1530 | DE MEULEMEESTER Elisabeth | DEINZE | 23 | SEF | 12 | 0:53:28 | 12,34 | 4:52 |
| 446 | 447 | RAPSAET Marian | ROLLGEM | 36 | F35 | 8 | 0:53:30 | 12,34 | 4:52 |
| 447 | 1135 | VAN DE KEERE Stephanie | GENT | 29 | SEF | 13 | 0:53:31 | 12,33 | 4:52 |
| 448 | 371 | HOSTE Nancy | VICHTE | 47 | F45 | 7 | 0:53:31 | 12,33 | 4:52 |
| 449 | 1283 | DESMET Otto-Jan | KORTRIJK | 12 | SEH | 180 | 0:53:33 | 12,32 | 4:52 |
| 450 | 689 | MARICAU Brecht | ZONNEBEKE | 37 | M35 | 61 | 0:53:34 | 12,32 | 4:52 |
| 451 | 1226 | POLLEUNIS Geert | BRUGGE | 39 | M35 | 62 | 0:53:34 | 12,32 | 4:52 |
| 452 | 128 | CAGNIE Charlotte | GRÜN WALD | 30 | SEF | 14 | 0:53:35 | 12,32 | 4:52 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|------------------|-----|-----|-------|---------|-------|---------|
| 453 | 555 | HERMAN Pascal | BELLEGEN | 45 | M45 | 59 | 0:53:39 | 12,30 | 4:53 |
| 454 | 1854 | DEMEYERE Frank | DISCOVERY BAY | 48 | M45 | 60 | 0:53:39 | 12,30 | 4:53 |
| 455 | 205 | CALLENS Xavier Aimé | HARELBEKE | 74 | M70 | 1 | 0:53:42 | 12,29 | 4:53 |
| 456 | 632 | DEVOLDERE Yves | KORTRIJK | 46 | M45 | 61 | 0:53:43 | 12,29 | 4:53 |
| 457 | 1003 | POLFLIET Gregory | MARKE | 16 | SEH | 181 | 0:53:45 | 12,28 | 4:53 |
| 458 | 623 | MAES Kenny | KORTRIJK | 36 | M35 | 63 | 0:53:45 | 12,28 | 4:53 |
| 459 | 1890 | DESIMPELAERE Jelle | DOTTENIJS | 34 | SEH | 182 | 0:53:46 | 12,28 | 4:53 |
| 460 | 670 | LAGAE Philippe | BISSEGEM | 51 | M50 | 34 | 0:53:47 | 12,27 | 4:53 |
| 461 | 969 | WAGNEIN Dirk | REKKEM | 50 | M50 | 35 | 0:53:47 | 12,27 | 4:53 |
| 462 | 202 | BEUNNENS Xavier | KORTRIJK | 44 | M40 | 54 | 0:53:49 | 12,26 | 4:54 |
| 463 | 1221 | VAN HOVE Maxime | BRUGGE | 29 | SEH | 183 | 0:53:49 | 12,26 | 4:54 |
| 464 | 1058 | DEVRIESE Arne | KORTRIJK | 29 | SEH | 184 | 0:53:50 | 12,26 | 4:54 |
| 465 | 1188 | ALSBERGHE Gerd | WERVIK | 40 | M40 | 55 | 0:53:51 | 12,26 | 4:54 |
| 466 | 428 | DAELS Stefaan | IZEGEM | 57 | M55 | 15 | 0:53:54 | 12,24 | 4:54 |
| 467 | 1207 | BONTINCK Pieter | BRUGGE | 29 | SEH | 185 | 0:53:54 | 12,24 | 4:54 |
| 468 | 898 | SAMAIN David | AALBEKE | 47 | M45 | 62 | 0:53:55 | 12,24 | 4:54 |
| 469 | 1255 | CAPPELLE Sabine | BRUGGE | 45 | F45 | 8 | 0:53:55 | 12,24 | 4:54 |
| 470 | 945 | BEKAERT Johan | KORTRIJK | 38 | M35 | 64 | 0:53:57 | 12,23 | 4:54 |
| 471 | 627 | SERÉ Stephanie | ZAVENTEM | 28 | SEF | 15 | 0:53:57 | 12,23 | 4:54 |
| 472 | 408 | DENYS Frank | OUDENBURG | 52 | M50 | 36 | 0:53:58 | 12,23 | 4:54 |
| 473 | 512 | LECOMTE Johan | TORHOUT | 53 | M50 | 37 | 0:53:58 | 12,23 | 4:54 |
| 474 | 1171 | LEMEIRE Pascal | MENEN | 48 | M45 | 63 | 0:53:58 | 12,23 | 4:54 |
| 475 | 1593 | LASEURE Jan | POPERINGE | 34 | SEH | 186 | 0:53:58 | 12,23 | 4:54 |
| 476 | 513 | CALLEWAERT Gerdi | KORTEMARK | 46 | M45 | 64 | 0:53:59 | 12,23 | 4:54 |
| 477 | 1822 | OPSOMER Koen | BAVIKHOVE | 47 | M45 | 65 | 0:54:00 | 12,22 | 4:55 |
| 478 | 671 | LEPERE Stephen | KORTRIJK | 27 | SEH | 187 | 0:54:01 | 12,22 | 4:55 |
| 479 | 715 | NACHTERGAELE Stijn | ST-ELOOIS-VIJVE | 28 | SEH | 188 | 0:54:01 | 12,22 | 4:55 |
| 480 | 1919 | MINGNEAU Stijn | BELGIË | 30 | SEH | 189 | 0:54:02 | 12,21 | 4:55 |
| 481 | 968 | LIPPENS Olivier | BAVIKHOVE | 24 | SEH | 190 | 0:54:03 | 12,21 | 4:55 |
| 482 | 912 | GOETHALS Frederik | OOSTAKKER | 39 | M35 | 65 | 0:54:03 | 12,21 | 4:55 |
| 483 | 1063 | WILDEMEERSCH Klaas | KORTRIJK | 37 | M35 | 66 | 0:54:03 | 12,21 | 4:55 |
| 484 | 539 | DEROO Wouter | POPERINGE | 38 | M35 | 67 | 0:54:06 | 12,20 | 4:55 |
| 485 | 5519 | BULCAEN Amie | KORTRIJK | 47 | F45 | 9 | 0:54:08 | 12,19 | 4:55 |
| 486 | 1409 | DESCHAMPS Hans | AALBEKE | 44 | M40 | 56 | 0:54:09 | 12,19 | 4:55 |
| 487 | 356 | VANDENDRIESSCHE Jeroen | ZWEVEZELE | 30 | SEH | 191 | 0:54:09 | 12,19 | 4:55 |
| 488 | 679 | KREUPELING Margot | ST-NIKLAAS | 46 | F45 | 10 | 0:54:11 | 12,18 | 4:56 |
| 489 | 1609 | DESCHAMPS Tino | ZWEVEGEM | 40 | M40 | 57 | 0:54:13 | 12,17 | 4:56 |
| 490 | 143 | VANASSCHE Peter | AVELGEM | 36 | M35 | 68 | 0:54:14 | 12,17 | 4:56 |
| 491 | 783 | ZULIANI Matthias | DEERLIJK | 32 | SEH | 192 | 0:54:14 | 12,17 | 4:56 |
| 492 | 1895 | | | | - | | 0:54:14 | 12,17 | 4:56 |
| 493 | 792 | DELFOSSÉ Alain | LAUWE | 72 | M70 | 2 | 0:54:16 | 12,16 | 4:56 |
| 494 | 1483 | TOURLAMAIN Ronny | MERELBEKE | 47 | M45 | 66 | 0:54:19 | 12,15 | 4:56 |
| 495 | 668 | NOPPE Tine | STASEGEM | 28 | SEF | 16 | 0:54:20 | 12,15 | 4:56 |
| 496 | 742 | DENYS Milan | 8650 MERKEM | 16 | SEH | 193 | 0:54:22 | 12,14 | 4:57 |
| 497 | 625 | DELOBELLE Wim | MARKE | 45 | M45 | 67 | 0:54:26 | 12,12 | 4:57 |
| 498 | 1500 | STRAGIER Martijn | DEERLIJK | 25 | SEH | 194 | 0:54:26 | 12,12 | 4:57 |
| 499 | 1501 | ENNAERT Nick Lieven | WAREGEM | 22 | SEH | 195 | 0:54:26 | 12,12 | 4:57 |
| 500 | 410 | VIAENE Mathias Maurice | ZWEVEGEM | 29 | SEH | 196 | 0:54:27 | 12,12 | 4:57 |
| 501 | 396 | DESCHACHT Sabrina | GENT | 43 | F40 | 10 | 0:54:29 | 12,11 | 4:57 |
| 502 | 559 | VAN YSACKER Jan | KUURNE | 54 | M50 | 38 | 0:54:35 | 12,09 | 4:58 |
| 503 | 1225 | CARTON Shalom | BRUGGE | 29 | SEF | 17 | 0:54:37 | 12,08 | 4:58 |
| 504 | 781 | DEBALS Danny | KORTRIJK | 55 | M55 | 16 | 0:54:38 | 12,08 | 4:58 |
| 505 | 1850 | SEGERS Pascal | MENEN | 43 | M40 | 58 | 0:54:38 | 12,08 | 4:58 |
| 506 | 418 | TOYE Koen Leopold | KORTRIJK | 42 | M40 | 59 | 0:54:39 | 12,08 | 4:58 |
| 507 | 519 | DEBAERE Dieter | 8500 KORTRIJK | 42 | M40 | 60 | 0:54:40 | 12,07 | 4:58 |
| 508 | 576 | VAN LINDT Jeroen | BRASSCHAAT | 25 | SEH | 197 | 0:54:41 | 12,07 | 4:58 |
| 509 | 389 | THORREZ Aline | BELLEGEN | 40 | F40 | 11 | 0:54:41 | 12,07 | 4:58 |
| 510 | 1894 | | | | - | | 0:54:41 | 12,07 | 4:58 |
| 511 | 470 | BREYNE Kristof | WORTEGEM-PETEGEM | 32 | SEH | 198 | 0:54:42 | 12,07 | 4:58 |
| 512 | 980 | FORÉ Delphine | MARKE | 42 | F40 | 12 | 0:54:43 | 12,06 | 4:58 |
| 513 | 1210 | DE FRUYT Michiel | BRUGGE | 23 | SEH | 199 | 0:54:43 | 12,06 | 4:58 |
| 514 | 411 | VANDEMEULEBROEKE Bjorn | AALBEKE | 39 | M35 | 69 | 0:54:44 | 12,06 | 4:59 |
| 515 | 400 | BONTE Marianne | ZWEVEGEM | 52 | F50 | 2 | 0:54:44 | 12,06 | 4:59 |
| 516 | 1213 | TOPPETS Kristof | BRUGGE | 29 | SEH | 200 | 0:54:44 | 12,06 | 4:59 |
| 517 | 1452 | VANDERMEULEN Jan | LICHTERVELDE | 34 | SEH | 201 | 0:54:44 | 12,06 | 4:59 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|------------------|-----|-----|-------|---------|-------|---------|
| 518 | 100 | DERUMEAUX Hedwig | WEVELGEM | 55 | M55 | 17 | 0:54:48 | 12,04 | 4:59 |
| 519 | 1875 | DESCHEPPER Wouter | ZWEVEGEM | 38 | M35 | 70 | 0:54:48 | 12,04 | 4:59 |
| 520 | 1624 | BONTE Filiep | WEVELGEM | 44 | M40 | 61 | 0:54:50 | 12,04 | 4:59 |
| 521 | 1304 | MICHIELS Johan | AVELGEM | 43 | M40 | 62 | 0:54:50 | 12,04 | 4:59 |
| 522 | 1320 | DELVOYE Nicolas | KORTRIJK | 44 | M40 | 63 | 0:54:52 | 12,03 | 4:59 |
| 523 | 1044 | HALLAERT Thomas | MEULEBEKE | 27 | SEH | 202 | 0:54:52 | 12,03 | 4:59 |
| 524 | 766 | TERRYN Evelyne | KORTRIJK | 42 | F40 | 13 | 0:54:52 | 12,03 | 4:59 |
| 525 | 1381 | DEWULF Klaas | ALVERINGEM | 33 | SEH | 203 | 0:54:53 | 12,03 | 4:59 |
| 526 | 703 | VANBOSSEGHEM Koen | VICHTE | 47 | M45 | 68 | 0:54:54 | 12,02 | 4:59 |
| 527 | 921 | VERREU Stefaan | KORTRIJK | 56 | M55 | 18 | 0:54:56 | 12,01 | 5:00 |
| 528 | 395 | VANDER MEIREN Stefaan | BESELARE | 54 | M50 | 39 | 0:54:57 | 12,01 | 5:00 |
| 529 | 1669 | NEYRINCK Carl Lionel | HARELBEKE | 49 | M45 | 69 | 0:54:57 | 12,01 | 5:00 |
| 530 | 865 | VANDENDRIESSCHE David | WEVELGEM | 37 | M35 | 71 | 0:54:58 | 12,01 | 5:00 |
| 531 | 1616 | DECONINCK Tom | IEPER | 32 | SEH | 204 | 0:55:01 | 12,00 | 5:00 |
| 532 | 1033 | ROOSE Koen | ZWEVEGEM | 50 | M50 | 40 | 0:55:03 | 11,99 | 5:00 |
| 533 | 1032 | ROOSE Flore | ZWEVEGEM | 23 | SEF | 18 | 0:55:03 | 11,99 | 5:00 |
| 534 | 1143 | MARTENS Anouk | HARELBEKE | 25 | SEF | 19 | 0:55:04 | 11,99 | 5:00 |
| 535 | 690 | D'HEYGERE Peter | PITTEM | 45 | M45 | 70 | 0:55:08 | 11,97 | 5:01 |
| 536 | 749 | MESTDAG Tom | WETTEREN | 46 | M45 | 71 | 0:55:08 | 11,97 | 5:01 |
| 537 | 633 | MAZEREEL Jeroen | KORTRIJK | 32 | SEH | 205 | 0:55:09 | 11,97 | 5:01 |
| 538 | 1301 | VERRIEST Bert | AVELGEM | 25 | SEH | 206 | 0:55:09 | 11,97 | 5:01 |
| 539 | 1349 | BEVERNAGE Mathieu | KORTRIJK | 35 | M35 | 72 | 0:55:11 | 11,96 | 5:01 |
| 540 | 1556 | VERHAEGHE Patrick | KORTRIJK | 59 | M55 | 19 | 0:55:12 | 11,96 | 5:01 |
| 541 | 1388 | BLAUWBLOMME Kris | KORTRIJK | 55 | M55 | 20 | 0:55:13 | 11,95 | 5:01 |
| 542 | 746 | DECOENE Johan | BISSEGEM | 48 | M45 | 72 | 0:55:13 | 11,95 | 5:01 |
| 543 | 1621 | DESCHUYTTER Gwen | REXPOËDE | 41 | M40 | 64 | 0:55:13 | 11,95 | 5:01 |
| 544 | 1274 | MASSELIS Bieke | KORTRIJK | 38 | F35 | 9 | 0:55:14 | 11,95 | 5:01 |
| 545 | 485 | STIJN Delmeire | VICHTE | 34 | SEH | 207 | 0:55:15 | 11,95 | 5:01 |
| 546 | 975 | VANHEDE Filip | ZWEVEGEM | 52 | M50 | 41 | 0:55:15 | 11,95 | 5:01 |
| 547 | 1608 | VAN ASSCHE Olivier | LAUWE | 38 | M35 | 73 | 0:55:16 | 11,94 | 5:01 |
| 548 | 1920 | SARRASIN Thierry | KUURNE | 42 | M40 | 65 | 0:55:16 | 11,94 | 5:01 |
| 549 | 1215 | VEILLET Jade | BRUGGE | 29 | SEF | 20 | 0:55:17 | 11,94 | 5:02 |
| 550 | 915 | VANNESTE Filip | KORTRIJK | 59 | M55 | 21 | 0:55:18 | 11,93 | 5:02 |
| 551 | 1165 | CLAESSENS Sofie | DE HAAN | 34 | SEF | 21 | 0:55:21 | 11,92 | 5:02 |
| 552 | 492 | VAN DEN BUSSCHE Thierry | KORTRIJK | 46 | M45 | 73 | 0:55:23 | 11,92 | 5:02 |
| 553 | 810 | VERHEYE Vincent | AVELGEM | 37 | M35 | 74 | 0:55:24 | 11,91 | 5:02 |
| 554 | 375 | MAES Bram | KORTRIJK | 42 | M40 | 66 | 0:55:26 | 11,91 | 5:02 |
| 555 | 440 | VANDORPE Matthias | ST-ELOOIS WINKEL | 38 | M35 | 75 | 0:55:26 | 11,91 | 5:02 |
| 556 | 1610 | KESTELOOT Frank Jozef | HARELBEKE | 59 | M55 | 22 | 0:55:27 | 11,90 | 5:02 |
| 557 | 521 | DE VREESE Pascal | OTEGEM | 44 | M40 | 67 | 0:55:27 | 11,90 | 5:02 |
| 558 | 1141 | COLLE Justine | OOIKE | 28 | SEF | 22 | 0:55:27 | 11,90 | 5:02 |
| 559 | 510 | VERSCHELDE Ann-Sophie | KORTRIJK | 34 | SEF | 23 | 0:55:27 | 11,90 | 5:02 |
| 560 | 505 | VANHEERWEGHE Jan | DEERLIJK | 43 | M40 | 68 | 0:55:27 | 11,90 | 5:02 |
| 561 | 374 | DELMOTTE Tom | KORTRIJK | 41 | M40 | 69 | 0:55:28 | 11,90 | 5:03 |
| 562 | 1567 | SINGIER Benoit | ROLLEGEM | 34 | SEH | 208 | 0:55:29 | 11,90 | 5:03 |
| 563 | 1493 | BERGEZ Mathias | RUISELEDE | 28 | SEH | 209 | 0:55:30 | 11,89 | 5:03 |
| 564 | 393 | VERMANDER Frederik | DIKSMUIDE | 34 | SEH | 210 | 0:55:31 | 11,89 | 5:03 |
| 565 | 637 | FOULON Tony | KORTRIJK | 41 | M40 | 70 | 0:55:33 | 11,88 | 5:03 |
| 566 | 788 | VANDE VYVERE Thomas | TIEGEM | 40 | M40 | 71 | 0:55:35 | 11,87 | 5:03 |
| 567 | 493 | BOURGOIS Karel | KORTRIJK | 29 | SEH | 211 | 0:55:35 | 11,87 | 5:03 |
| 568 | 1447 | DE LATTER Rudi | WAARSCHOOT | 61 | M60 | 7 | 0:55:36 | 11,87 | 5:03 |
| 569 | 1902 | TYTGAT Mattias | AALBEKE | 25 | SEH | 212 | 0:55:38 | 11,86 | 5:03 |
| 570 | 1440 | VERHELLE Tina | KUURNE | 37 | F35 | 10 | 0:55:38 | 11,86 | 5:03 |
| 571 | 1347 | SORROS Brigitta | HEESTERT | 43 | F40 | 14 | 0:55:40 | 11,86 | 5:04 |
| 572 | 695 | BLONTROCK Joris | SPIERE | 42 | M40 | 72 | 0:55:40 | 11,86 | 5:04 |
| 573 | 650 | WASTYN Jurgen | MENEN | 47 | M45 | 74 | 0:55:40 | 11,86 | 5:04 |
| 574 | 365 | CASSIERS Renate | TIEGEM | 23 | SEF | 24 | 0:55:42 | 11,85 | 5:04 |
| 575 | 1851 | LENOIR Dieter | MARKE | 39 | M35 | 76 | 0:55:43 | 11,85 | 5:04 |
| 576 | 962 | DELEERSNYDER Chris | DEERLIJK | 56 | M55 | 23 | 0:55:44 | 11,84 | 5:04 |
| 577 | 881 | NOLF Carmen | KORTRIJK | 57 | F55 | 4 | 0:55:46 | 11,84 | 5:04 |
| 578 | 398 | BEYENS Frederic | HARELBEKE | 44 | M40 | 73 | 0:55:47 | 11,83 | 5:04 |
| 579 | 994 | BAUWENS Carl | KORTRIJK | 45 | M45 | 75 | 0:55:50 | 11,82 | 5:05 |
| 580 | 1679 | D'HAESE Willem | KORTRIJK | 38 | M35 | 77 | 0:55:51 | 11,82 | 5:05 |
| 581 | 716 | DEPUYDT Davy | KUURNE | 29 | SEH | 213 | 0:55:52 | 11,81 | 5:05 |
| 582 | 737 | LESSCHAEVE Christophe | GERAARDSBERGEN | 47 | M45 | 76 | 0:55:52 | 11,81 | 5:05 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 583 | 1813 | TAELMAN Tony | ROLLEGEM | 55 | M55 | 24 | 0:55:53 | 11,81 | 5:05 |
| 584 | 1467 | COUSSEMENT Lieven | KUURNE | 47 | M45 | 77 | 0:55:53 | 11,81 | 5:05 |
| 585 | 1558 | VERCRUYSSSE Heidi | ZWEVEGEM | 43 | F40 | 15 | 0:55:54 | 11,81 | 5:05 |
| 586 | 249 | VANTIEGHEM Dries | KORTRIJK | 43 | M40 | 74 | 0:55:55 | 11,80 | 5:05 |
| 587 | 464 | HERMAN Senne Geert | KORTRIJK | 26 | SEH | 214 | 0:55:56 | 11,80 | 5:05 |
| 588 | 499 | POT Joachim | TORHOUT | 34 | SEH | 215 | 0:55:59 | 11,79 | 5:05 |
| 589 | 686 | PAELINCK Sofie | GENT | 34 | SEF | 25 | 0:56:00 | 11,79 | 5:05 |
| 590 | 712 | MOERMAN Hendrik | OuweGEM | 39 | M35 | 78 | 0:56:01 | 11,78 | 5:06 |
| 591 | 1874 | GOEMAERE Stijn | INGELMUNSTER | 39 | M35 | 79 | 0:56:01 | 11,78 | 5:06 |
| 592 | 948 | IDE Renaat | ZWEVEGEM | 36 | M35 | 80 | 0:56:01 | 11,78 | 5:06 |
| 593 | 688 | BOOY Mieke | LEDEBERG | 25 | SEF | 26 | 0:56:03 | 11,78 | 5:06 |
| 594 | 133 | QUINTYN Govert | WEVELGEM | 33 | SEH | 216 | 0:56:06 | 11,76 | 5:06 |
| 595 | 954 | VANWALLE Maarten | KORTRIJK | 45 | M45 | 78 | 0:56:07 | 11,76 | 5:06 |
| 596 | 662 | COUCKUYT Joost | LAUWE | 50 | M50 | 42 | 0:56:08 | 11,76 | 5:06 |
| 597 | 1419 | TACK Stephaan | KORTRIJK | 46 | M45 | 79 | 0:56:09 | 11,75 | 5:06 |
| 598 | 925 | VAN MAELE Kris | LAUWE | 65 | M65 | 2 | 0:56:10 | 11,75 | 5:06 |
| 599 | 995 | DESCAMPS Henk | BAVIKHOVE | 46 | M45 | 80 | 0:56:11 | 11,75 | 5:06 |
| 600 | 680 | SCHEIRENS Vicky | ST-NIKLAAS | 31 | SEF | 27 | 0:56:12 | 11,74 | 5:07 |
| 601 | 1126 | SCHEPENS Cathy | VOLKEGEM | 52 | F50 | 3 | 0:56:12 | 11,74 | 5:07 |
| 602 | 1876 | DESCHEPPER Ingmar | ROESLARE | 36 | M35 | 81 | 0:56:12 | 11,74 | 5:07 |
| 603 | 1435 | WEMEL David | KORTRIJK | 36 | M35 | 82 | 0:56:13 | 11,74 | 5:07 |
| 604 | 1680 | VAN DAMME Philippe | LEUVEN | 37 | M35 | 83 | 0:56:13 | 11,74 | 5:07 |
| 605 | 1481 | FERNANDES Ricardo | KORTRIJK | 31 | SEH | 217 | 0:56:15 | 11,73 | 5:07 |
| 606 | 1193 | GADEYNE Jill | BRUGGE | 33 | SEF | 28 | 0:56:16 | 11,73 | 5:07 |
| 607 | 1804 | BEGUIN Sophie | ELSEGEM | 32 | SEF | 29 | 0:56:18 | 11,72 | 5:07 |
| 608 | 463 | VANDEPUTTE Wim | GONTRODE | 49 | M45 | 81 | 0:56:19 | 11,72 | 5:07 |
| 609 | 870 | KETELE Johan | KORTRIJK | 54 | M50 | 43 | 0:56:19 | 11,72 | 5:07 |
| 610 | 403 | CARLIER Sabrina | ANTWERPEN | 31 | SEF | 30 | 0:56:20 | 11,72 | 5:07 |
| 611 | 1046 | KUYPERS Olivier | WENDUINE | 44 | M40 | 75 | 0:56:22 | 11,71 | 5:07 |
| 612 | 1212 | DE CORTE Kevin | BRUGGE | 28 | SEH | 218 | 0:56:22 | 11,71 | 5:07 |
| 613 | 554 | CORTIER Tom | PITTEM | 42 | M40 | 76 | 0:56:23 | 11,71 | 5:08 |
| 614 | 1195 | DESEIN Bart | BRUGGE | 27 | SEH | 219 | 0:56:23 | 11,71 | 5:08 |
| 615 | 1886 | DESCHEEMAEKER Jan | WEVELGEM | 62 | M60 | 8 | 0:56:25 | 11,70 | 5:08 |
| 616 | 854 | DEDEURWAERDER Nele | WEVELGEM | 34 | SEF | 31 | 0:56:26 | 11,70 | 5:08 |
| 617 | 1889 | WALKOWIAK Jennifer | DOTTENIJS | 33 | SEF | 32 | 0:56:26 | 11,70 | 5:08 |
| 618 | 1518 | KETS Brecht | HARELBEKE | 32 | SEH | 220 | 0:56:29 | 11,68 | 5:08 |
| 619 | 87 | VAN DE WEGE Leen | KRUISSHOUTEM | 36 | F35 | 11 | 0:56:29 | 11,68 | 5:08 |
| 620 | 1343 | PEREZ-SORDO Alberto | BRUXELLES | 47 | M45 | 82 | 0:56:29 | 11,68 | 5:08 |
| 621 | 617 | DEMYTENAERE Johan | IZEGEM | 38 | M35 | 84 | 0:56:32 | 11,67 | 5:08 |
| 622 | 593 | VANDER HAEGHEN Sophie | BALEGEM | 46 | F45 | 11 | 0:56:32 | 11,67 | 5:08 |
| 623 | 1913 | TIJANI Mo | KORTRIJK | 35 | M35 | 85 | 0:56:33 | 11,67 | 5:08 |
| 624 | 426 | KADIC Sara | HARELBEKE | 17 | SEF | 33 | 0:56:33 | 11,67 | 5:08 |
| 625 | 550 | HALSBERGHE Stijn | GULLEGEM | 24 | SEH | 221 | 0:56:34 | 11,67 | 5:09 |
| 626 | 494 | DEWITTE Wim | KUURNE | 52 | M50 | 44 | 0:56:34 | 11,67 | 5:09 |
| 627 | 1675 | DEBRABANDERE Francis | KORTRIJK | 50 | M50 | 45 | 0:56:34 | 11,67 | 5:09 |
| 628 | 1562 | HUYGHEBAERT Isabel | KORTRIJK | 38 | F35 | 12 | 0:56:37 | 11,66 | 5:09 |
| 629 | 953 | LAGAE Frédérique | SCHAARBEEK | 34 | SEF | 34 | 0:56:38 | 11,65 | 5:09 |
| 630 | 541 | VAN HOORNE Wouter | WEVELGEM | 33 | SEH | 222 | 0:56:42 | 11,64 | 5:09 |
| 631 | 1107 | STEYAERT Nick | KORTRIJK | 47 | M45 | 83 | 0:56:43 | 11,64 | 5:09 |
| 632 | 372 | HEYTENS Stijn | AALTER | 41 | M40 | 77 | 0:56:43 | 11,64 | 5:09 |
| 633 | 1004 | BOURGEOIS Jens | KORTRIJK | 27 | SEH | 223 | 0:56:43 | 11,64 | 5:09 |
| 634 | 744 | GOVAERTS Kurt | KORTRIJK | 54 | M50 | 46 | 0:56:44 | 11,63 | 5:09 |
| 635 | 52 | SAMYN Jonathan | WEVELGEM | 32 | SEH | 224 | 0:56:44 | 11,63 | 5:09 |
| 636 | 1270 | VERBEKE Philip | KORTRIJK | 38 | M35 | 86 | 0:56:45 | 11,63 | 5:10 |
| 637 | 1640 | VANDECASTEELE Kristof | IEPER | 31 | SEH | 225 | 0:56:46 | 11,63 | 5:10 |
| 638 | 992 | VANDERERVEN Klientje | OOSTROZEBEKE | 42 | F40 | 16 | 0:56:47 | 11,62 | 5:10 |
| 639 | 1151 | SWERTS Sebastien | DE HAAN | 33 | SEH | 226 | 0:56:47 | 11,62 | 5:10 |
| 640 | 987 | VANKEIRSBULCK Vlientje | OoigEM | 37 | F35 | 13 | 0:56:47 | 11,62 | 5:10 |
| 641 | 626 | LOONTJES Geoffrey | WAREGEM | 30 | SEH | 227 | 0:56:48 | 11,62 | 5:10 |
| 642 | 1337 | COTTYN Stef | KORTRIJK | 25 | SEH | 228 | 0:56:48 | 11,62 | 5:10 |
| 643 | 607 | LOPES Daniel | KORTRIJK | 41 | M40 | 78 | 0:56:48 | 11,62 | 5:10 |
| 644 | 647 | DEPRAETERE Marie Claire | KORTRIJK | 54 | F50 | 4 | 0:56:51 | 11,61 | 5:10 |
| 645 | 868 | BURGGRAEVE Max | KORTRIJK | 19 | SEH | 229 | 0:56:52 | 11,61 | 5:10 |
| 646 | 822 | CANDAELE Dirk | KORTRIJK | 56 | M55 | 25 | 0:56:53 | 11,60 | 5:10 |
| 647 | 439 | VLIEGHE Angelique | AALBEKE | 29 | SEF | 35 | 0:56:53 | 11,60 | 5:10 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|-------------------|-----|-----|-------|---------|-------|---------|
| 648 | 1403 | DE RIDDER Jo | ROESLARE | 26 | SEH | 230 | 0:56:53 | 11,60 | 5:10 |
| 649 | 1463 | RANSON Frank | ZWEVEGEM-MOEN | 54 | M50 | 47 | 0:56:54 | 11,60 | 5:10 |
| 650 | 1533 | DEVLAMINCK Steve | KORTRIJK | 38 | M35 | 87 | 0:56:56 | 11,59 | 5:11 |
| 651 | 138 | DE SLOOVERE Steven | POPERINGE | 42 | M40 | 79 | 0:56:56 | 11,59 | 5:11 |
| 652 | 738 | VAN HOUDT Stefan | OTTERGEM | 44 | M40 | 80 | 0:56:58 | 11,59 | 5:11 |
| 653 | 210 | BILLIAU Pascale | SPIERE-HELKIJN | 51 | F50 | 5 | 0:56:58 | 11,59 | 5:11 |
| 654 | 1914 | TIJANI Soefiane | KORTRIJK | 24 | SEH | 231 | 0:57:02 | 11,57 | 5:11 |
| 655 | 638 | DEPYPER Thierry | KORTRIJK | 38 | M35 | 88 | 0:57:02 | 11,57 | 5:11 |
| 656 | 1853 | DAMMAN Jurgen | ST-KRUIS (BRUGGE) | 40 | M40 | 81 | 0:57:02 | 11,57 | 5:11 |
| 657 | 931 | VYNCKIER Bart | ZWEVEGEM | 47 | M45 | 84 | 0:57:03 | 11,57 | 5:11 |
| 658 | 853 | PEETERS Danny | GULLEGEM | 35 | M35 | 89 | 0:57:04 | 11,57 | 5:11 |
| 659 | 1471 | DUMON Frédéric | ZWEVEGEM | 22 | SEH | 232 | 0:57:06 | 11,56 | 5:11 |
| 660 | 646 | BYTTEBIER Koen | KORTRIJK | 61 | M60 | 9 | 0:57:07 | 11,56 | 5:12 |
| 661 | 1618 | ROELS Gregory | DE HAAN | 37 | M35 | 90 | 0:57:07 | 11,56 | 5:12 |
| 662 | 1912 | DEWULF Vanessa | KORTEMARK | 45 | F45 | 12 | 0:57:08 | 11,55 | 5:12 |
| 663 | 1499 | ROOSEBOOM Joergen Noël | LENDELEDE | 43 | M40 | 82 | 0:57:09 | 11,55 | 5:12 |
| 664 | 1690 | VANDEN BOGAERDE Pallieter | KORTRIJK | 20 | SEH | 233 | 0:57:10 | 11,55 | 5:12 |
| 665 | 1691 | PROVOOST Samuel | KORTRIJK | 20 | SEH | 234 | 0:57:10 | 11,55 | 5:12 |
| 666 | 1509 | STAELENS Brecht | KORTRIJK | 26 | SEH | 235 | 0:57:10 | 11,55 | 5:12 |
| 667 | 1441 | DE BRUECKER Luc | ST-MARTENS-LATEM | 66 | M65 | 3 | 0:57:10 | 11,55 | 5:12 |
| 668 | 1002 | BONNIER Hilde | 8650 MERKEM | 44 | F40 | 17 | 0:57:11 | 11,54 | 5:12 |
| 669 | 1595 | BRUNEEL Wim | BRUGGE | 37 | M35 | 91 | 0:57:12 | 11,54 | 5:12 |
| 670 | 417 | PETER Degroote | AVELGEM | 46 | M45 | 85 | 0:57:16 | 11,53 | 5:12 |
| 671 | 212 | DESTOOP Hendrik | 8540 | 29 | SEH | 236 | 0:57:16 | 11,53 | 5:12 |
| 672 | 1810 | DHONDT Lien | OEDELEM | 24 | SEF | 36 | 0:57:18 | 11,52 | 5:13 |
| 673 | 1844 | DECOOPMAN Wim | INGELMUNSTER | 45 | M45 | 86 | 0:57:21 | 11,51 | 5:13 |
| 674 | 1410 | DEMEESTER Joseph | IEPER | 57 | M55 | 26 | 0:57:21 | 11,51 | 5:13 |
| 675 | 879 | STOCKX Peter | TORHOUT | 50 | M50 | 48 | 0:57:23 | 11,50 | 5:13 |
| 676 | 807 | DESMET Sofie | HEULE | 33 | SEF | 37 | 0:57:23 | 11,50 | 5:13 |
| 677 | 337 | REMMERY Christoph | HARELBEKE | 47 | M45 | 87 | 0:57:23 | 11,50 | 5:13 |
| 678 | 1184 | LUYSSEN Astrid | | 47 | F45 | 13 | 0:57:25 | 11,49 | 5:13 |
| 679 | 1821 | OTTEVAERE Koen | DEERLIJK | 49 | M45 | 88 | 0:57:26 | 11,49 | 5:13 |
| 680 | 253 | SAVEYN Bram Lucien | KRUISSHOUTEM | 27 | SEH | 237 | 0:57:26 | 11,49 | 5:13 |
| 681 | 456 | HENDERSON Anthony | KORTRIJK | 32 | SEH | 238 | 0:57:27 | 11,49 | 5:13 |
| 682 | 817 | LOOSVELT Piet | ZWEVEGEM | 42 | M40 | 83 | 0:57:27 | 11,49 | 5:13 |
| 683 | 1315 | LOOSVELT Bart | ZWEVEGEM | 36 | M35 | 92 | 0:57:27 | 11,49 | 5:13 |
| 684 | 1517 | CECAT Suzan | ZWEVEGEM | 32 | SEF | 38 | 0:57:27 | 11,49 | 5:13 |
| 685 | 69 | VANSTEENKISTE Régine | HEESTERT | 47 | F45 | 14 | 0:57:27 | 11,49 | 5:13 |
| 686 | 208 | VANDENBERGHE Hendrik | KORTRIJK | 25 | SEH | 239 | 0:57:28 | 11,48 | 5:13 |
| 687 | 735 | DE DEYGERE Yannick | ROESLARE | 29 | SEH | 240 | 0:57:28 | 11,48 | 5:13 |
| 688 | 1389 | DETOLLENAERE Evelien | MOEN | 43 | F40 | 18 | 0:57:28 | 11,48 | 5:13 |
| 689 | 1880 | JANCIH Sébastien | ZWEVEGEM | 12 | SEH | 241 | 0:57:32 | 11,47 | 5:14 |
| 690 | 1545 | D'HOOP Danny | ELSEGEM | 31 | SEH | 242 | 0:57:33 | 11,47 | 5:14 |
| 691 | 560 | WYSEUR Jurgen | ZWEVEGEM | 27 | SEH | 243 | 0:57:35 | 11,46 | 5:14 |
| 692 | 489 | HOLDERBEKE Arne | KORTRIJK | 34 | SEH | 244 | 0:57:35 | 11,46 | 5:14 |
| 693 | 1118 | BRIE Jean-Claude | MARKE | 56 | M55 | 27 | 0:57:36 | 11,46 | 5:14 |
| 693 | 260 | COKELAERE Heleen | KORTRIJK | 18 | SEF | 39 | 0:57:36 | 11,46 | 5:14 |
| 695 | 1492 | HEITZER Jozef | STABROEK | 53 | M50 | 49 | 0:57:36 | 11,46 | 5:14 |
| 696 | 1459 | REYNTJENS Louis | REKKEM | 12 | SEH | 245 | 0:57:36 | 11,46 | 5:14 |
| 697 | 776 | MELSENS Frederik | MELDERT | 51 | M50 | 50 | 0:57:37 | 11,46 | 5:14 |
| 698 | 711 | BERNAERT Stefaan | MARIAKERKE | 35 | M35 | 93 | 0:57:37 | 11,46 | 5:14 |
| 699 | 1577 | VERVENNE Diederik Karel | ZWEVEGEM | 47 | M45 | 89 | 0:57:38 | 11,45 | 5:14 |
| 700 | 887 | HUYGHE Hilde | VICHTE | 51 | F50 | 6 | 0:57:38 | 11,45 | 5:14 |
| 701 | 1687 | CRUYT Rudy | HARELBEKE | 52 | M50 | 51 | 0:57:39 | 11,45 | 5:14 |
| 702 | 1161 | VANDERERVEN Katrien | INGOOIGEM | 46 | F45 | 15 | 0:57:40 | 11,45 | 5:15 |
| 703 | 335 | VANHECKE Rikkie | BAVIKHOVE | 56 | M55 | 28 | 0:57:40 | 11,45 | 5:15 |
| 704 | 334 | VERYSER Ann | HULSTE | 47 | F45 | 16 | 0:57:42 | 11,44 | 5:15 |
| 705 | 1177 | VAN DAMME Pascale | PITTEM | 49 | F45 | 17 | 0:57:42 | 11,44 | 5:15 |
| 706 | 392 | PAREYN Delphine | DIKSMUIDE | 27 | SEF | 40 | 0:57:43 | 11,44 | 5:15 |
| 707 | 1824 | YSERBYT Mia | ZWEVEGEM | 53 | F50 | 7 | 0:57:43 | 11,44 | 5:15 |
| 708 | 1348 | KELLNER Karel | GULLEGEM | 35 | M35 | 94 | 0:57:44 | 11,43 | 5:15 |
| 709 | 1382 | VAN DAMME Jordy | HARELBEKE | 16 | SEH | 246 | 0:57:44 | 11,43 | 5:15 |
| 710 | 785 | BREEMEERSCH Rik | IZEGEM | 53 | M50 | 52 | 0:57:44 | 11,43 | 5:15 |
| 711 | 343 | CLYMANS Kato | RAMSDONK | 15 | SEF | 41 | 0:57:45 | 11,43 | 5:15 |
| 712 | 982 | VAN STEENWINKEL Teddy | KACHTEM | 35 | M35 | 95 | 0:57:46 | 11,43 | 5:15 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|---------------------|-----|-----|-------|---------|-------|---------|
| 713 | 944 | VANFLETEREN Karolien | ZWEVEGEM | 39 | F35 | 14 | 0:57:46 | 11,43 | 5:15 |
| 714 | 867 | AELVOET Melanie | OUDENAARDE | 34 | SEF | 42 | 0:57:47 | 11,42 | 5:15 |
| 715 | 1289 | VANDENBORRE Isabelle | KORTRIJK | 45 | F45 | 18 | 0:57:47 | 11,42 | 5:15 |
| 716 | 1623 | OMAR Tayebi | FLERS EN ESCREBIEUX | 39 | M35 | 96 | 0:57:49 | 11,42 | 5:15 |
| 717 | 1868 | SCHAECK Johnny | BISSEGEM | 52 | M50 | 53 | 0:57:49 | 11,42 | 5:15 |
| 718 | 1370 | SIMOEN Rudy Francois | HARELBEKE | 53 | M50 | 54 | 0:57:49 | 11,42 | 5:15 |
| 719 | 1651 | VRANCKX Robin | MERCHTEM | 23 | SEH | 247 | 0:57:51 | 11,41 | 5:16 |
| 720 | 1870 | MASSIN Cedric | KAPRIJKE | 27 | SEH | 248 | 0:57:56 | 11,39 | 5:16 |
| 721 | 1901 | VAN STEENKISTE Céline | BAVIKHOVE | 33 | SEF | 43 | 0:57:57 | 11,39 | 5:16 |
| 722 | 523 | AGNELLO Vincenzo | ROLLEGEM | 61 | M60 | 10 | 0:58:00 | 11,38 | 5:16 |
| 723 | 621 | HOORNAERT Darline | LAUWE | 51 | F50 | 8 | 0:58:01 | 11,38 | 5:16 |
| 724 | 660 | LANSSENS Isabel | REKKEM | 38 | F35 | 15 | 0:58:03 | 11,37 | 5:17 |
| 725 | 763 | DECALUWE Thibault | KORTRIJK | 24 | SEH | 249 | 0:58:04 | 11,37 | 5:17 |
| 726 | 767 | BRYSSSE An | DE HAAN | 47 | F45 | 19 | 0:58:04 | 11,37 | 5:17 |
| 727 | 1526 | VERSCHELDEN Olivier | KORTRIJK | 46 | M45 | 90 | 0:58:05 | 11,36 | 5:17 |
| 728 | 495 | SOREYN Filip | LAUWE | 55 | M55 | 29 | 0:58:05 | 11,36 | 5:17 |
| 729 | 353 | VAN TONGEL Anniek | EEKLO | 44 | F40 | 19 | 0:58:05 | 11,36 | 5:17 |
| 730 | 762 | DEFONTAINES Shelly | KORTRIJK | 29 | SEF | 44 | 0:58:05 | 11,36 | 5:17 |
| 731 | 594 | SIX Siemen | MARKE | 24 | SEH | 250 | 0:58:05 | 11,36 | 5:17 |
| 732 | 784 | VANDORPE Peter | KORTRIJK | 52 | M50 | 55 | 0:58:06 | 11,36 | 5:17 |
| 733 | 1148 | VERSTRAETE Joke | ST-NIKLAAS | 26 | SEF | 45 | 0:58:06 | 11,36 | 5:17 |
| 734 | 724 | VERMEERSCH Geert | KORTRIJK | 45 | M45 | 91 | 0:58:08 | 11,35 | 5:17 |
| 735 | 1693 | SUSTRONCK Elisabeth | KORTRIJK | 26 | SEF | 46 | 0:58:08 | 11,35 | 5:17 |
| 736 | 591 | BEYENS Tim | HARELBEKE | 29 | SEH | 251 | 0:58:12 | 11,34 | 5:17 |
| 737 | 390 | VANDEBUERIE Dieter | WEVELGEM | 31 | SEH | 252 | 0:58:12 | 11,34 | 5:17 |
| 738 | 1420 | TESSE Veerle | KORTRIJK | 42 | F40 | 20 | 0:58:13 | 11,34 | 5:18 |
| 739 | 1578 | MAES Thomas | MENEN | 30 | SEH | 253 | 0:58:13 | 11,34 | 5:18 |
| 740 | 1643 | CATRY Boudewijn Yves | MERELBEKE | 40 | M40 | 84 | 0:58:15 | 11,33 | 5:18 |
| 741 | 385 | VERHENNE Natalie | KORTRIJK | 48 | F45 | 20 | 0:58:15 | 11,33 | 5:18 |
| 742 | 338 | VERHENNE Barbara | KORTRIJK | 44 | F40 | 21 | 0:58:15 | 11,33 | 5:18 |
| 743 | 438 | LOOSVELT Tom | KORTRIJK | 40 | M40 | 85 | 0:58:16 | 11,33 | 5:18 |
| 744 | 1565 | VANDEWALLE Pieter | KORTRIJK | 36 | M35 | 97 | 0:58:16 | 11,33 | 5:18 |
| 745 | 730 | DRIESSCHAERT Brecht | KORTRIJK | 21 | SEH | 254 | 0:58:17 | 11,32 | 5:18 |
| 746 | 1486 | VAN DER LINDEN Hendrik | WETTEREN | 51 | M50 | 56 | 0:58:18 | 11,32 | 5:18 |
| 747 | 1066 | VIAENE Wouter | MOORSLEDE | 36 | M35 | 98 | 0:58:18 | 11,32 | 5:18 |
| 748 | 1160 | DECRAENE Philip | INGOOIGEM | 59 | M55 | 30 | 0:58:19 | 11,32 | 5:18 |
| 749 | 522 | VAN VLASSELAER Els | NIEUWPOORT | 33 | SEF | 47 | 0:58:21 | 11,31 | 5:18 |
| 750 | 1317 | VERSPEELT Gudrun | ST-MARTEN-LATEM | 44 | F40 | 22 | 0:58:22 | 11,31 | 5:18 |
| 751 | 366 | CASSIERS Flore | TIEGEM | 27 | SEF | 48 | 0:58:22 | 11,31 | 5:18 |
| 752 | 1442 | DE PRINS Hendrik | DEINZE | 51 | M50 | 57 | 0:58:22 | 11,31 | 5:18 |
| 753 | 1907 | | | | - | | 0:58:22 | 11,31 | 5:18 |
| 754 | 613 | VERTOMMEN Sigrid | KORTRIJK | 37 | F35 | 16 | 0:58:22 | 11,31 | 5:18 |
| 755 | 1402 | VANKERSSCHAEVER Cis | MARKE | 43 | M40 | 86 | 0:58:23 | 11,30 | 5:18 |
| 756 | 640 | BRUNEEL Tom | KORTRIJK | 31 | SEH | 255 | 0:58:24 | 11,30 | 5:19 |
| 757 | 540 | BUYL Charlotte | BRUGGE | 25 | SEF | 49 | 0:58:24 | 11,30 | 5:19 |
| 758 | 764 | DELBECQ Daphne | KORTRIJK | 31 | SEF | 50 | 0:58:27 | 11,29 | 5:19 |
| 759 | 694 | VAN TROYS Jan | KACHTEM | 47 | M45 | 92 | 0:58:28 | 11,29 | 5:19 |
| 760 | 1510 | GREMEAUX Griet | WEVELGEM | 33 | SEF | 51 | 0:58:29 | 11,29 | 5:19 |
| 761 | 1807 | CALLENS Koen | KORTRIJK | 50 | M50 | 58 | 0:58:30 | 11,28 | 5:19 |
| 762 | 1458 | REYNTJENS Frederik | REKKEM | 43 | M40 | 87 | 0:58:30 | 11,28 | 5:19 |
| 763 | 397 | HOFMAN Dennis | KORTRIJK | 34 | SEH | 256 | 0:58:30 | 11,28 | 5:19 |
| 764 | 1808 | CALLENS Willem | KORTRIJK | 17 | SEH | 257 | 0:58:31 | 11,28 | 5:19 |
| 765 | 1845 | OSTIJN Björn | OOSTROZEBEKE | 38 | M35 | 99 | 0:58:33 | 11,27 | 5:19 |
| 766 | 1405 | DUCHI Andres | KORTRIJK | 42 | M40 | 88 | 0:58:33 | 11,27 | 5:19 |
| 767 | 1862 | LEMEIRE Charlotte | DEERLIJK | 36 | F35 | 17 | 0:58:33 | 11,27 | 5:19 |
| 768 | 1861 | ERNALSTEEN Myriam | KUURNE | 37 | F35 | 18 | 0:58:34 | 11,27 | 5:19 |
| 769 | 723 | LINSTER Marieke | KORTRIJK | 34 | SEF | 52 | 0:58:35 | 11,27 | 5:20 |
| 770 | 460 | DUHAMEL Ann | KORTRIJK | 44 | F40 | 23 | 0:58:35 | 11,27 | 5:20 |
| 771 | 839 | VANDENBROUCKE Sabine | BELLEGEM | 45 | F45 | 21 | 0:58:35 | 11,27 | 5:20 |
| 772 | 1855 | LEMEY Filip | WAREGEM | 20 | SEH | 258 | 0:58:35 | 11,27 | 5:20 |
| 773 | 725 | FOULON Sandrine | BELLEGEM | 46 | F45 | 22 | 0:58:35 | 11,27 | 5:20 |
| 774 | 565 | AMPE Niek | ROESELARE | 26 | SEH | 259 | 0:58:37 | 11,26 | 5:20 |
| 775 | 1133 | VERHAMME Dempsy | LAUWE | 21 | SEH | 260 | 0:58:37 | 11,26 | 5:20 |
| 776 | 1823 | TANCRE Patrick | KOMEN | 54 | M50 | 59 | 0:58:37 | 11,26 | 5:20 |
| 777 | 618 | VERCRUYSSSE Charlotte | BEVEREN-LEIE | 27 | SEF | 53 | 0:58:40 | 11,25 | 5:20 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|------------------|-----|-----|-------|---------|-------|---------|
| 778 | 855 | ROGIEST Olivier | KORTRIJK | 42 | M40 | 89 | 0:58:42 | 11,24 | 5:20 |
| 779 | 378 | DEBRUYNE Lorenzo | OOSTENDE | 42 | M40 | 90 | 0:58:42 | 11,24 | 5:20 |
| 780 | 1852 | HOSKENS Danny | KORTRIJK | 50 | M50 | 60 | 0:58:45 | 11,23 | 5:20 |
| 781 | 1633 | WOUTERS Peter Henri | KUURNE | 36 | M35 | 100 | 0:58:46 | 11,23 | 5:21 |
| 782 | 246 | VANDENBERGHE Dirk | KORTRIJK | 45 | M45 | 93 | 0:58:48 | 11,22 | 5:21 |
| 783 | 1234 | RASSCHAERT Marika | BRUGGE | 36 | F35 | 19 | 0:58:48 | 11,22 | 5:21 |
| 784 | 490 | WALTENIER Fabrice | SPIERE-HELKIJN | 41 | F40 | 24 | 0:58:48 | 11,22 | 5:21 |
| 785 | 1249 | VAN KERCKHOVEN Sabrina | BRUGGE | 28 | SEF | 54 | 0:58:49 | 11,22 | 5:21 |
| 786 | 1238 | GORISSEN Glenn | BRUGGE | 36 | M35 | 101 | 0:58:49 | 11,22 | 5:21 |
| 787 | 1042 | CUVELIER Brigit | LEISELE | 51 | F50 | 9 | 0:58:50 | 11,22 | 5:21 |
| 788 | 1080 | VANDORPE Barbara | KORTRIJK | 43 | F40 | 25 | 0:58:51 | 11,21 | 5:21 |
| 789 | 899 | LEFEBURE Lieve | BRUGGE | 43 | F40 | 26 | 0:58:52 | 11,21 | 5:21 |
| 790 | 1309 | CASIER Jacques | IEPER | 60 | M60 | 11 | 0:58:54 | 11,21 | 5:21 |
| 791 | 1196 | VANDERSCHUEREN Mattias | BRUGGE | 29 | SEH | 261 | 0:58:55 | 11,20 | 5:21 |
| 792 | 1908 | HAMERS Christ | KORTRIJK | 47 | M45 | 94 | 0:58:56 | 11,20 | 5:21 |
| 793 | 1563 | CLARYSSE Dirk | MOORSELE | 59 | M55 | 31 | 0:58:57 | 11,20 | 5:22 |
| 794 | 331 | MALFRÈRE Piet | WEVELGEM | 37 | M35 | 102 | 0:58:59 | 11,19 | 5:22 |
| 794 | 1040 | MORREEL Julie | DOTTENIJS | 35 | F35 | 20 | 0:58:59 | 11,19 | 5:22 |
| 796 | 1433 | LEMAY Paulien | BISSEGEM | 24 | SEF | 55 | 0:58:59 | 11,19 | 5:22 |
| 797 | 1230 | PIETERS An | BRUGGE | 36 | F35 | 21 | 0:58:59 | 11,19 | 5:22 |
| 798 | 1544 | DENDAUW Astrid | LAUWE | 27 | SEF | 56 | 0:59:02 | 11,18 | 5:22 |
| 799 | 1019 | SAVALLE Mathias | ZULTE | 32 | SEH | 262 | 0:59:02 | 11,18 | 5:22 |
| 800 | 355 | COPPENS Dimitri | ST-AMANDSBERG | 36 | M35 | 103 | 0:59:03 | 11,18 | 5:22 |
| 801 | 907 | FILEZ Dirk | HEULE | 42 | M40 | 91 | 0:59:05 | 11,17 | 5:22 |
| 802 | 1649 | ARENA Angelo | BISSEGEM | 54 | M50 | 61 | 0:59:06 | 11,17 | 5:22 |
| 803 | 812 | HOLVOET Francis | DEERLIJK | 60 | M60 | 12 | 0:59:07 | 11,16 | 5:22 |
| 804 | 425 | WALSCHAP Staf | HARELBEKE | 16 | SEH | 263 | 0:59:08 | 11,16 | 5:23 |
| 805 | 892 | HAVEN Dennis | HAASRODE | 32 | SEH | 264 | 0:59:09 | 11,16 | 5:23 |
| 806 | 958 | MATTON Cédric | LENDELEDE | 35 | M35 | 104 | 0:59:11 | 11,15 | 5:23 |
| 807 | 959 | GRAUWET Pieter | KORTRIJK | 29 | SEH | 265 | 0:59:11 | 11,15 | 5:23 |
| 808 | 1390 | DERVEAUX Heidi | ZWEVEGEM | 44 | F40 | 27 | 0:59:13 | 11,15 | 5:23 |
| 809 | 894 | VAN DER WEIJ Annette | KORTRIJK | 47 | F45 | 23 | 0:59:13 | 11,15 | 5:23 |
| 810 | 1676 | VERSLUYS Alain | DE PINTE | 51 | M50 | 62 | 0:59:13 | 11,15 | 5:23 |
| 811 | 1061 | SNAUWAERT Christof | DEINZE | 42 | M40 | 92 | 0:59:14 | 11,14 | 5:23 |
| 812 | 1847 | DE KETELAERE Filiep | TIELT | 40 | M40 | 93 | 0:59:14 | 11,14 | 5:23 |
| 813 | 663 | MAES Hugo | HEULE | 63 | M60 | 13 | 0:59:14 | 11,14 | 5:23 |
| 814 | 1527 | DEJAGERE Pol | GENT | 48 | M45 | 95 | 0:59:15 | 11,14 | 5:23 |
| 814 | 1073 | VERKEST Tom | EMELGEM | 29 | SEH | 266 | 0:59:15 | 11,14 | 5:23 |
| 816 | 747 | MOERMAN Marie-Hélène | LAUWE | 52 | F50 | 10 | 0:59:15 | 11,14 | 5:23 |
| 817 | 1434 | PARMENTIER Virginie | LAUWE | 36 | F35 | 22 | 0:59:18 | 11,13 | 5:23 |
| 818 | 578 | AMELOOT Elsy | HEESTERT | 34 | SEF | 57 | 0:59:18 | 11,13 | 5:23 |
| 819 | 1237 | SPILLEBEEN Katty | BRUGGE | 29 | SEF | 58 | 0:59:20 | 11,12 | 5:24 |
| 820 | 1887 | DE JAEGERE Deborah | WEVELGEM | 31 | SEF | 59 | 0:59:20 | 11,12 | 5:24 |
| 821 | 1482 | VANOVERBEKE Piet | MASSEMEN | 50 | M50 | 63 | 0:59:20 | 11,12 | 5:24 |
| 822 | 1113 | CUYVERS Bertrand | HARELBEKE | 55 | M55 | 32 | 0:59:20 | 11,12 | 5:24 |
| 823 | 1335 | DE WINTER Thibault | KORTRIJK | 15 | SEH | 267 | 0:59:20 | 11,12 | 5:24 |
| 824 | 1077 | ELIGH Linda | BREDA | 51 | F50 | 11 | 0:59:21 | 11,12 | 5:24 |
| 825 | 648 | VANDOORNE Franky | KORTRIJK | 56 | M55 | 33 | 0:59:21 | 11,12 | 5:24 |
| 826 | 669 | DEPREZ Natalie | KORTRIJK | 46 | F45 | 24 | 0:59:23 | 11,11 | 5:24 |
| 827 | 1430 | LEGEIN Frederick | ZUIENKERKE | 48 | M45 | 96 | 0:59:23 | 11,11 | 5:24 |
| 828 | 1815 | DURSIN Geert | ZWEVEGEM | 48 | M45 | 97 | 0:59:24 | 11,11 | 5:24 |
| 829 | 1245 | VAN DURME Liesbet | BRUGGE | 35 | F35 | 23 | 0:59:26 | 11,10 | 5:24 |
| 830 | 851 | COGHE Tom | KORTRIJK | 35 | M35 | 105 | 0:59:27 | 11,10 | 5:24 |
| 831 | 1241 | ALARCON Kevin | BRUGGE | 34 | SEH | 268 | 0:59:27 | 11,10 | 5:24 |
| 832 | 714 | DEBROUWERE Jeroen | OOIGEM | 34 | SEH | 269 | 0:59:28 | 11,10 | 5:24 |
| 832 | 1524 | SAMYN Wouter | ST-ELOOIS-VIJVE | 27 | SEH | 269 | 0:59:28 | 11,10 | 5:24 |
| 834 | 351 | SAGAERT Julien | KORTRIJK | -62 | - | | 0:59:29 | 11,10 | 5:24 |
| 835 | 238 | DE CLERCK Sylvie | KORTRIJK | 42 | F40 | 28 | 0:59:30 | 11,09 | 5:25 |
| 836 | 857 | DUTRY Katrien | ROESLARE | 48 | F45 | 25 | 0:59:32 | 11,09 | 5:25 |
| 837 | 863 | VANDERMEEREN Dieter | KORTRIJK | 33 | SEH | 271 | 0:59:33 | 11,08 | 5:25 |
| 838 | 1010 | NOTTE Frank | ST-MARTENS-LATEM | 47 | M45 | 98 | 0:59:33 | 11,08 | 5:25 |
| 839 | 1893 | | | | | | 0:59:34 | 11,08 | 5:25 |
| 840 | 933 | SERVAYGE Lien | KORTRIJK | 25 | SEF | 60 | 0:59:34 | 11,08 | 5:25 |
| 841 | 1308 | DE HENAU David | KORTRIJK | 29 | SEH | 272 | 0:59:34 | 11,08 | 5:25 |
| 842 | 834 | VANDAMME Geert | ZINGEM | 48 | M45 | 99 | 0:59:37 | 11,07 | 5:25 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|------------------|-----|-----|-------|---------|-------|---------|
| 843 | 234 | BERGHMANS Luc Louis | MIDDELKERKE | 59 | M55 | 34 | 0:59:38 | 11,07 | 5:25 |
| 844 | 340 | WILLE Marnix | INGELMUNSTER | 54 | M50 | 64 | 0:59:38 | 11,07 | 5:25 |
| 845 | 743 | DENYS Bruno | 8650 MERKEM | 44 | M40 | 94 | 0:59:39 | 11,06 | 5:25 |
| 846 | 869 | CLAERHOUT Filip | HARELBEKE | 62 | M60 | 14 | 0:59:39 | 11,06 | 5:25 |
| 847 | 843 | GLORIEUX Frederique | STASEGEM | 41 | M40 | 95 | 0:59:40 | 11,06 | 5:25 |
| 848 | 500 | DE WINTER Nicolas | GENT | 40 | M40 | 96 | 0:59:41 | 11,06 | 5:26 |
| 849 | 852 | VAN ONGEVAL Kevin | HARELBEKE | 32 | SEH | 273 | 0:59:41 | 11,06 | 5:26 |
| 850 | 790 | BOSSCHAERTS Peter | DIEGEM | 45 | M45 | 100 | 0:59:42 | 11,06 | 5:26 |
| 851 | 1342 | PROVOOST Jelle | NOORDSCHOTE | 28 | SEH | 274 | 0:59:43 | 11,05 | 5:26 |
| 852 | 1825 | BLONDEEL Els | KUURNE | 48 | F45 | 26 | 0:59:46 | 11,04 | 5:26 |
| 853 | 387 | HOLVOET Jonah | ST-AMANDSBERG | 28 | SEH | 275 | 0:59:47 | 11,04 | 5:26 |
| 854 | 1159 | DEPRAETERE Annelies | OUTRIJVE | 34 | SEF | 61 | 0:59:49 | 11,03 | 5:26 |
| 855 | 1172 | DESMET Thomas | DEERLIJK | 31 | SEH | 276 | 0:59:50 | 11,03 | 5:26 |
| 856 | 1590 | D'HOOGHE Hans | DESTELBERGEN | 56 | M55 | 35 | 0:59:52 | 11,02 | 5:27 |
| 857 | 1415 | RIEMENS Eric | TERNEUZEN | 51 | M50 | 65 | 0:59:52 | 11,02 | 5:27 |
| 858 | 1846 | | | | - | | 0:59:53 | 11,02 | 5:27 |
| 859 | 1594 | VANANTWERPEN Ellen | KORTRIJK | 35 | F35 | 24 | 0:59:56 | 11,01 | 5:27 |
| 860 | 1391 | VANNESTE Thomas | MARKE | 16 | SEH | 277 | 0:59:56 | 11,01 | 5:27 |
| 861 | 1512 | BLINDEMAN Tim Frank | KORTRIJK | 31 | SEH | 278 | 0:59:58 | 11,01 | 5:27 |
| 862 | 1429 | DEBUSSCHE Dirk | KORTRIJK | 49 | M45 | 101 | 1:00:01 | 11,00 | 5:27 |
| 863 | 1437 | VANDROMME Jan | MARKE | 64 | M60 | 15 | 1:00:01 | 11,00 | 5:27 |
| 864 | 1299 | VAN LEUVEN Nathalie | KORTRIJK | 38 | F35 | 25 | 1:00:02 | 10,99 | 5:27 |
| 865 | 1917 | LEENAERT Nathalie | MOORSLEDE | 49 | F45 | 27 | 1:00:02 | 10,99 | 5:27 |
| 866 | 1321 | LEENAERT Erika | MARKE | 51 | F50 | 12 | 1:00:02 | 10,99 | 5:27 |
| 867 | 434 | DELEERSNYDER Fabien | KORTRIJK | 43 | M40 | 97 | 1:00:03 | 10,99 | 5:28 |
| 868 | 608 | DIERICK Patrick | KORTRIJK | 47 | M45 | 102 | 1:00:03 | 10,99 | 5:28 |
| 869 | 876 | PENNINCK Isabelle | OUDENAARDE | 44 | F40 | 29 | 1:00:03 | 10,99 | 5:28 |
| 870 | 413 | VAN WIJK Nico | DE HAAN | 50 | M50 | 66 | 1:00:05 | 10,98 | 5:28 |
| 871 | 1083 | CORDERY Katherine | ANTWERPEN | 26 | SEF | 62 | 1:00:05 | 10,98 | 5:28 |
| 872 | 1150 | DENYS Rebecca | DE HAAN | 33 | SEF | 63 | 1:00:05 | 10,98 | 5:28 |
| 873 | 884 | VINDEVOGEL Steven | WORTEGEM-PETEGEM | 45 | M45 | 103 | 1:00:05 | 10,98 | 5:28 |
| 874 | 1084 | OLSEN Maja | ANTWERPEN | 32 | SEF | 64 | 1:00:06 | 10,98 | 5:28 |
| 875 | 697 | LABEEUW Veronique | INGELMUNSTER | 37 | F35 | 26 | 1:00:06 | 10,98 | 5:28 |
| 876 | 1848 | VERHEECKE Christoph | MARKE | 46 | M45 | 104 | 1:00:06 | 10,98 | 5:28 |
| 877 | 903 | DAMMAN Emmanuel | ZWEVEGEM | 42 | M40 | 98 | 1:00:07 | 10,98 | 5:28 |
| 878 | 850 | SIOEN Kris | MENEN | 43 | M40 | 99 | 1:00:08 | 10,98 | 5:28 |
| 879 | 1522 | REMY Stephanie | ROLLEGEM | 18 | SEF | 65 | 1:00:13 | 10,96 | 5:28 |
| 880 | 67 | LODEWYCK Paul | KORTRIJK | 67 | M65 | 4 | 1:00:13 | 10,96 | 5:28 |
| 881 | 369 | DE VYLDER Frederik | KLUISBERGEN | 43 | M40 | 100 | 1:00:14 | 10,96 | 5:29 |
| 882 | 1047 | DESMET Rik | WAREGEM | 53 | M50 | 67 | 1:00:16 | 10,95 | 5:29 |
| 883 | 1265 | MALFAIT Marjan | BRUGGE | 59 | F55 | 5 | 1:00:16 | 10,95 | 5:29 |
| 884 | 673 | STEVENS Elisabeth | KORTRIJK | 49 | F45 | 28 | 1:00:16 | 10,95 | 5:29 |
| 885 | 518 | DECOSTER Patrick | EMELGEM | 56 | M55 | 36 | 1:00:16 | 10,95 | 5:29 |
| 886 | 1082 | WITTOCK Ingrid | MEERLE | 63 | F60 | 1 | 1:00:17 | 10,95 | 5:29 |
| 887 | 891 | VANDENBULCKE Andy | HARELBEKE | 29 | SEH | 279 | 1:00:18 | 10,95 | 5:29 |
| 888 | 257 | VANACKERE Jean Pierre | KORTRIJK | 63 | M60 | 16 | 1:00:18 | 10,95 | 5:29 |
| 889 | 1883 | WYLIN Saskia | GULLEGEM | 39 | F35 | 27 | 1:00:18 | 10,95 | 5:29 |
| 890 | 1182 | DEMEY Sara | | 31 | SEF | 66 | 1:00:19 | 10,94 | 5:29 |
| 891 | 1269 | CNUUDE Carine | OLSENE | 50 | F50 | 13 | 1:00:19 | 10,94 | 5:29 |
| 892 | 845 | HERMANS Stijn | HEULE | 46 | M45 | 105 | 1:00:20 | 10,94 | 5:29 |
| 893 | 254 | GILLEMEN Jeanne | RONSE | 29 | SEF | 67 | 1:00:21 | 10,94 | 5:29 |
| 894 | 1144 | GUILBERT Bob | HEESTERT | 37 | M35 | 106 | 1:00:21 | 10,94 | 5:29 |
| 895 | 368 | PAREYN Inge | MOORSELE | 38 | F35 | 28 | 1:00:23 | 10,93 | 5:29 |
| 896 | 569 | EECKHOUT Burt | DOTTENIJS | 42 | M40 | 101 | 1:00:23 | 10,93 | 5:29 |
| 897 | 604 | VAN DE VELDE Peter | KORTRIJK | 45 | M45 | 106 | 1:00:23 | 10,93 | 5:29 |
| 898 | 255 | LAUWERS Charlotte | RONSE | 27 | SEF | 68 | 1:00:23 | 10,93 | 5:29 |
| 899 | 816 | HAERYNCK Mathias | HEULE | 42 | M40 | 102 | 1:00:24 | 10,93 | 5:29 |
| 900 | 1555 | VERFAILLE Elien | KORTRIJK | 33 | SEF | 69 | 1:00:24 | 10,93 | 5:29 |
| 901 | 964 | DE SCHOENMAEKER Wendy | MOERBEKE-WAAS | 34 | SEF | 70 | 1:00:26 | 10,92 | 5:30 |
| 902 | 900 | COUCKE Geert | BRUGGE | 55 | M55 | 37 | 1:00:28 | 10,92 | 5:30 |
| 903 | 1580 | STROBBE Olivier | KORTRIJK | 29 | SEH | 280 | 1:00:29 | 10,91 | 5:30 |
| 904 | 1869 | SCHAECK Gianni | BISSEGEM | 25 | SEH | 281 | 1:00:30 | 10,91 | 5:30 |
| 905 | 1856 | DEPOORTERE Kurt | KORTRIJK | 52 | M50 | 68 | 1:00:30 | 10,91 | 5:30 |
| 906 | 1622 | LATEUR Pieter-Jan | HARELBEKE | 29 | SEH | 282 | 1:00:31 | 10,91 | 5:30 |
| 907 | 1060 | LAST Stijn | REKKEM | 35 | M35 | 107 | 1:00:32 | 10,90 | 5:30 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 908 | 636 | DEKEYZER Pieter | KORTRIJK | 35 | M35 | 108 | 1:00:33 | 10,90 | 5:30 |
| 909 | 1070 | TERNOEY Kristof | BRUGGE | 41 | M40 | 103 | 1:00:34 | 10,90 | 5:30 |
| 910 | 1617 | AHSMANN Joost | EINDHOVEN | 55 | M55 | 38 | 1:00:34 | 10,90 | 5:30 |
| 911 | 562 | RIJCKOORT Jency | HARELBEKE | 28 | SEH | 283 | 1:00:35 | 10,89 | 5:30 |
| 912 | 1498 | NOTE Carine | BISSEGEM | 50 | F50 | 14 | 1:00:36 | 10,89 | 5:31 |
| 913 | 835 | VANDEPUTTE Wouter | MARKE | 32 | SEH | 284 | 1:00:39 | 10,88 | 5:31 |
| 914 | 107 | KOETHER Helmut | MARKE | 35 | M35 | 109 | 1:00:40 | 10,88 | 5:31 |
| 915 | 1427 | DE BRABANDERE Sarah | ZULTE | 30 | SEF | 71 | 1:00:42 | 10,87 | 5:31 |
| 916 | 1888 | VANSUYT Déborah | WEVELGEM | 33 | SEF | 72 | 1:00:43 | 10,87 | 5:31 |
| 917 | 236 | DE CLERCK Michel | KORTRIJK | 41 | M40 | 104 | 1:00:44 | 10,87 | 5:31 |
| 918 | 1075 | KOENDERS Frankie | KAPELLEN | 54 | M50 | 69 | 1:00:46 | 10,86 | 5:31 |
| 919 | 1101 | DEVOLDER David | HEULE | 37 | M35 | 110 | 1:00:46 | 10,86 | 5:31 |
| 920 | 1521 | DELABIE Isabelle | ROLLEGEM | 45 | F45 | 29 | 1:00:47 | 10,86 | 5:32 |
| 921 | 991 | DESMET Daan | KORTRIJK | 25 | SEH | 285 | 1:00:47 | 10,86 | 5:32 |
| 922 | 1639 | DESCHEEMAEKER Hanne | ROESLARE | 26 | SEF | 73 | 1:00:49 | 10,85 | 5:32 |
| 923 | 770 | DEJONGHE Sara | GENT | 25 | SEF | 74 | 1:00:50 | 10,85 | 5:32 |
| 924 | 515 | BELLEMANNS Maarten | BISSEGEM | 35 | M35 | 111 | 1:00:51 | 10,85 | 5:32 |
| 925 | 1250 | LONEUX Catherine | BRUGGE | 24 | SEF | 75 | 1:00:51 | 10,85 | 5:32 |
| 926 | 1239 | DE HERT Ellen | BRUGGE | 36 | F35 | 29 | 1:00:51 | 10,85 | 5:32 |
| 927 | 862 | VAN DAELE Erika | OOSTKAMP | 43 | F40 | 30 | 1:00:55 | 10,83 | 5:32 |
| 928 | 1375 | DEBOU Petro | STEENKERKE | 40 | M40 | 105 | 1:01:01 | 10,82 | 5:33 |
| 929 | 1387 | COSAERT Christophe | VICHTE | 66 | M65 | 5 | 1:01:01 | 10,82 | 5:33 |
| 930 | 748 | DUMON Michael | WAREGEM | 39 | M35 | 112 | 1:01:03 | 10,81 | 5:33 |
| 931 | 1826 | NOPPE Bart | DEERLIJK | 39 | M35 | 113 | 1:01:03 | 10,81 | 5:33 |
| 932 | 1268 | BAPTISTE Bram | AALBEKE | 41 | M40 | 106 | 1:01:03 | 10,81 | 5:33 |
| 933 | 416 | BOSSARD Philippe | COURTRAI | 55 | M55 | 39 | 1:01:04 | 10,81 | 5:33 |
| 934 | 761 | LIBEER Christian | HEULE | 65 | M65 | 6 | 1:01:06 | 10,80 | 5:33 |
| 935 | 1906 | CORRIGAN Candice | BELLESEM | 37 | F35 | 30 | 1:01:09 | 10,79 | 5:34 |
| 936 | 1293 | SUSTRONCK Sarah | RONSE | 36 | F35 | 31 | 1:01:10 | 10,79 | 5:34 |
| 937 | 1368 | CAMBIEN Karel Marcel | KORTRIJK | 63 | M60 | 17 | 1:01:10 | 10,79 | 5:34 |
| 938 | 1067 | CALLENS Dimitri | ZWEVEGEM | 36 | M35 | 114 | 1:01:10 | 10,79 | 5:34 |
| 939 | 1290 | BAKEROOT Hilde | LANGEMARK | 53 | F50 | 15 | 1:01:11 | 10,79 | 5:34 |
| 940 | 1319 | DEMIDDEL Ken | BEVEREN-LEIE | 45 | M45 | 107 | 1:01:11 | 10,79 | 5:34 |
| 941 | 1542 | VOET Pieter-Paul Eduard | LO-RENINGE | 36 | M35 | 115 | 1:01:12 | 10,78 | 5:34 |
| 942 | 131 | DEPRETER Barbara | GENTBRUGGE | 28 | SEF | 76 | 1:01:12 | 10,78 | 5:34 |
| 943 | 1298 | TEMMERMANS Grietje | WAREGEM | 30 | SEF | 77 | 1:01:13 | 10,78 | 5:34 |
| 944 | 1605 | MONTEYNE Astrid | GULLEGEM | 19 | SEF | 78 | 1:01:14 | 10,78 | 5:34 |
| 945 | 1606 | MONTEYNE Laura | GULLEGEM | 21 | SEF | 79 | 1:01:14 | 10,78 | 5:34 |
| 946 | 1872 | KETELS Kris | GULLEGEM | 45 | M45 | 108 | 1:01:15 | 10,78 | 5:34 |
| 947 | 1871 | MOREAU Fabian | HARELBEKE | 47 | M45 | 109 | 1:01:15 | 10,78 | 5:34 |
| 948 | 674 | RAMBOER Leslie | LAUWE | 33 | SEF | 80 | 1:01:18 | 10,77 | 5:34 |
| 948 | 583 | THOMAS Janssens | KORTRIJK | 25 | SEH | 286 | 1:01:18 | 10,77 | 5:34 |
| 950 | 1173 | JANSSENS Yannick | MARKE | 57 | M55 | 40 | 1:01:19 | 10,76 | 5:34 |
| 951 | 990 | VANHERPE Patrick | KORTRIJK | 58 | M55 | 41 | 1:01:21 | 10,76 | 5:35 |
| 952 | 1043 | BRANTS Jonas | ZONNEBEKE | 22 | SEH | 287 | 1:01:24 | 10,75 | 5:35 |
| 953 | 1604 | MONTEYNE Stefanie | ANTWERPEN | 23 | SEF | 81 | 1:01:24 | 10,75 | 5:35 |
| 954 | 856 | DELAERE Jessie | KUURNE | 30 | SEF | 82 | 1:01:25 | 10,75 | 5:35 |
| 955 | 1096 | VAN ACCOLYEN Aurélie | VELDEGEM | 36 | F35 | 32 | 1:01:28 | 10,74 | 5:35 |
| 956 | 271 | SAMOY Kristof | ST-ANDRIES | 36 | M35 | 116 | 1:01:29 | 10,73 | 5:35 |
| 957 | 242 | VANNESTE Guillaume | KORTRIJK | 35 | M35 | 117 | 1:01:31 | 10,73 | 5:36 |
| 958 | 941 | DEMETS Tine | DEERLIJK | 36 | F35 | 33 | 1:01:32 | 10,73 | 5:36 |
| 959 | 1460 | DELEU Nikola | KORTRIJK | 19 | SEH | 288 | 1:01:36 | 10,71 | 5:36 |
| 960 | 1407 | VERHEECKE Greet | ZWEVEGEM | 43 | F40 | 31 | 1:01:36 | 10,71 | 5:36 |
| 961 | 1584 | VAN DE WINCKEL Ronny | LOCHRISTI | 54 | M50 | 70 | 1:01:37 | 10,71 | 5:36 |
| 962 | 1398 | VERVAEKE Patrick | ZWEVEGEM | 62 | M60 | 18 | 1:01:37 | 10,71 | 5:36 |
| 963 | 828 | NUYTTENS Timothy | ST-NIKLAAS | 28 | SEH | 289 | 1:01:38 | 10,71 | 5:36 |
| 964 | 373 | LYCKE Dany Camiel | BRUGGE | 48 | M45 | 110 | 1:01:40 | 10,70 | 5:36 |
| 965 | 1904 | | | | - | | 1:01:41 | 10,70 | 5:36 |
| 966 | 1282 | DESMET Mathieu | KORTRIJK | 42 | M40 | 107 | 1:01:42 | 10,70 | 5:37 |
| 967 | 1903 | | | | - | | 1:01:44 | 10,69 | 5:37 |
| 968 | 1806 | VERBEKE Lien | GELUWE | 34 | SEF | 83 | 1:01:45 | 10,69 | 5:37 |
| 969 | 678 | TORFS Marianne | ST-NIKLAAS | 58 | F55 | 6 | 1:01:47 | 10,68 | 5:37 |
| 970 | 209 | GHEKIERE Melanie | GITS | 33 | SEF | 84 | 1:01:47 | 10,68 | 5:37 |
| 971 | 350 | VERBORGT Ivan | EEKLO | 61 | M60 | 19 | 1:01:50 | 10,67 | 5:37 |
| 972 | 1682 | CARDON Christine | HEULE | 59 | F55 | 7 | 1:01:52 | 10,67 | 5:37 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 973 | 1485 | DELBEKE Dimitri | KUURNE | 37 | M35 | 118 | 1:01:52 | 10,67 | 5:37 |
| 974 | 1468 | GUIDEE Kristiaan | BRUGGE | 52 | M50 | 71 | 1:01:52 | 10,67 | 5:37 |
| 975 | 1551 | WULLAERT Carmen | KORTRIJK | 51 | F50 | 16 | 1:01:52 | 10,67 | 5:37 |
| 976 | 1121 | MINNE Gregory | WEVELGEM | 32 | SEH | 290 | 1:01:52 | 10,67 | 5:37 |
| 977 | 1552 | KELCHTERMANS Mario | GENT | 42 | M40 | 108 | 1:01:53 | 10,67 | 5:38 |
| 978 | 511 | HERPELS Julie | KORTRIJK | 31 | SEF | 85 | 1:01:54 | 10,66 | 5:38 |
| 979 | 803 | HOT Mandy | LAUWE | 42 | F40 | 32 | 1:01:56 | 10,66 | 5:38 |
| 980 | 1504 | SAMAIN Barbara | ROESLARE | 36 | F35 | 34 | 1:01:58 | 10,65 | 5:38 |
| 981 | 245 | ESPINOZA VALCKE Pablo | WEVELGEM | 26 | SEH | 291 | 1:01:59 | 10,65 | 5:38 |
| 982 | 1898 | VANDERSTICHELE Jill | ROESLARE | 25 | SEF | 86 | 1:02:00 | 10,65 | 5:38 |
| 983 | 1632 | NUYTEN Matthias | KORTRIJK | 33 | SEH | 292 | 1:02:00 | 10,65 | 5:38 |
| 984 | 914 | GHEERAERT Anne-Marie | POPERINGE | 54 | F50 | 17 | 1:02:02 | 10,64 | 5:38 |
| 985 | 382 | DAVID Jeroen | KORTRIJK | 26 | SEH | 293 | 1:02:02 | 10,64 | 5:38 |
| 986 | 549 | COMPERNOLLE Ann | IEPER | 56 | F55 | 8 | 1:02:03 | 10,64 | 5:38 |
| 987 | 1849 | VANCRAEYVELDT Annelies | MENEN | 43 | F40 | 33 | 1:02:04 | 10,63 | 5:39 |
| 988 | 432 | CASTEELS Matthias | BERCHEM | 15 | SEH | 294 | 1:02:04 | 10,63 | 5:39 |
| 989 | 462 | VICTOR Steven Daniel | HARELBEKE | 29 | SEH | 295 | 1:02:04 | 10,63 | 5:39 |
| 990 | 1344 | CALLENS Sam | REKKEM | 32 | SEH | 296 | 1:02:04 | 10,63 | 5:39 |
| 991 | 262 | SCHIETGAT Pieter | KUURNE | 32 | SEH | 297 | 1:02:05 | 10,63 | 5:39 |
| 992 | 231 | RENARD Gauthier | KORTRIJK | 32 | SEH | 298 | 1:02:05 | 10,63 | 5:39 |
| 993 | 459 | VANDEKERCKHOVE Sem | BRUSSEL | 32 | SEH | 299 | 1:02:05 | 10,63 | 5:39 |
| 994 | 1667 | DEMAN Guillaume | KORTRIJK | 29 | SEH | 300 | 1:02:06 | 10,63 | 5:39 |
| 995 | 976 | VERVAECKE Fanny | ZWEVEGEM | 46 | F45 | 30 | 1:02:06 | 10,63 | 5:39 |
| 996 | 999 | ELINCK Caroline | BRUGGE | 49 | F45 | 31 | 1:02:06 | 10,63 | 5:39 |
| 997 | 1602 | MASSCHELEIN Jörgen | BRUGGE | 39 | M35 | 119 | 1:02:07 | 10,63 | 5:39 |
| 998 | 429 | KARKOUSSE Mickael | KORTRIJK | 36 | M35 | 120 | 1:02:07 | 10,63 | 5:39 |
| 999 | 1345 | VERSCHUERE Jan | OOIGEM | 35 | M35 | 121 | 1:02:07 | 10,63 | 5:39 |
| 1000 | 381 | SAESENS Giovanny | HEULE | 25 | SEH | 301 | 1:02:08 | 10,62 | 5:39 |
| 1001 | 1688 | VERSCHATSE Ilse | IEPER | 43 | F40 | 34 | 1:02:10 | 10,62 | 5:39 |
| 1002 | 901 | DE VULDER Wout | KORTRIJK | 22 | SEH | 302 | 1:02:11 | 10,61 | 5:39 |
| 1003 | 902 | KETELE Lore | KORTRIJK | 23 | SEF | 87 | 1:02:12 | 10,61 | 5:39 |
| 1004 | 815 | BOSTEELS Axelle | ZWEVEGEM | 40 | F40 | 35 | 1:02:12 | 10,61 | 5:39 |
| 1005 | 1334 | BOEYKENS Alfons | GENTBRUGGE | 58 | M55 | 42 | 1:02:15 | 10,60 | 5:40 |
| 1006 | 1539 | DEMUZERE Bart | DEERLIJK | 50 | M50 | 72 | 1:02:16 | 10,60 | 5:40 |
| 1007 | 809 | VANHUYSSSE Greet | ZWEVEGEM | 38 | F35 | 35 | 1:02:16 | 10,60 | 5:40 |
| 1008 | 652 | BELEAN Ann | MEULEBEKE | 43 | F40 | 36 | 1:02:19 | 10,59 | 5:40 |
| 1009 | 813 | VANMOORTELE Heleen | KOOIGEM | 33 | SEF | 88 | 1:02:19 | 10,59 | 5:40 |
| 1010 | 1142 | DEVROEY Stephanie | GENT | 29 | SEF | 89 | 1:02:21 | 10,59 | 5:40 |
| 1011 | 1108 | MILAD Neji | WETTEREN | 30 | SEH | 303 | 1:02:22 | 10,58 | 5:40 |
| 1012 | 1900 | DIERCKXSENS Yvan | KNOCKE HEIST | 55 | M55 | 43 | 1:02:23 | 10,58 | 5:40 |
| 1013 | 1820 | GORRÉ Brecht | KORTRIJK | 37 | M35 | 122 | 1:02:25 | 10,57 | 5:40 |
| 1014 | 1503 | BIARD Deborah | LICHTERVELDE | 35 | F35 | 36 | 1:02:26 | 10,57 | 5:41 |
| 1015 | 1292 | DEWULF Charlotte | DEERLIJK | 28 | SEF | 90 | 1:02:26 | 10,57 | 5:41 |
| 1016 | 1297 | KERCKHOVE Annelies | LAUWE | 41 | F40 | 37 | 1:02:26 | 10,57 | 5:41 |
| 1017 | 487 | DE MEESTER Bernard | WAREGEM | 49 | M45 | 111 | 1:02:28 | 10,57 | 5:41 |
| 1018 | 380 | DEGRANDE Ann | ROESLARE | 49 | F45 | 32 | 1:02:28 | 10,57 | 5:41 |
| 1019 | 1229 | BALCAEN Dieter | BRUGGE | 29 | SEH | 304 | 1:02:28 | 10,57 | 5:41 |
| 1020 | 498 | GUNST Sylvie | TORHOUT | 37 | F35 | 37 | 1:02:30 | 10,56 | 5:41 |
| 1021 | 1346 | CASTELEIN Katrien | MARKE | 56 | F55 | 9 | 1:02:32 | 10,55 | 5:41 |
| 1022 | 771 | VANDENBERGHE Lie | KOOLSKAMP | 51 | F50 | 18 | 1:02:34 | 10,55 | 5:41 |
| 1023 | 989 | VERRIEST Lieselot | ZWEVEGEM | 30 | SEF | 91 | 1:02:35 | 10,55 | 5:41 |
| 1024 | 760 | VERMOTE Evelien | DOTTENIJS | 32 | SEF | 92 | 1:02:35 | 10,55 | 5:41 |
| 1025 | 844 | HUYSENTRUYT Francis | HARELBEKE | 41 | M40 | 109 | 1:02:35 | 10,55 | 5:41 |
| 1026 | 778 | PALEMANS Anne-Marie | BURCHT | 53 | F50 | 19 | 1:02:35 | 10,55 | 5:41 |
| 1027 | 731 | SALEMBIER Didier | VEURNE | 37 | M35 | 123 | 1:02:35 | 10,55 | 5:41 |
| 1028 | 1294 | BELAEN Maxim | HEULE | 18 | SEH | 305 | 1:02:35 | 10,55 | 5:41 |
| 1029 | 877 | SCHIKHOF Wouter | AARTRIJKE | 39 | M35 | 124 | 1:02:39 | 10,53 | 5:42 |
| 1030 | 1275 | VAN HUFFEL Kelly | MACHELEN | 35 | F35 | 38 | 1:02:43 | 10,52 | 5:42 |
| 1031 | 861 | FOLLEBOUT Marijn | ASPER | 35 | M35 | 125 | 1:02:44 | 10,52 | 5:42 |
| 1032 | 754 | LIPPENS Carine | ASPER | 48 | F45 | 33 | 1:02:44 | 10,52 | 5:42 |
| 1033 | 1455 | DESMET Tom | OUTRIJVE | 41 | M40 | 110 | 1:02:44 | 10,52 | 5:42 |
| 1034 | 880 | LEJAEGERE Curd | MARKE | 52 | M50 | 73 | 1:02:45 | 10,52 | 5:42 |
| 1035 | 1048 | AMEYE Catherine | POPERINGE | 54 | F50 | 20 | 1:02:49 | 10,51 | 5:43 |
| 1036 | 471 | DEJAEGHERE Julie | ST-DENIJS | 39 | F35 | 39 | 1:02:50 | 10,50 | 5:43 |
| 1037 | 1549 | VERCRUYSSSE Laurent | NAZARETH | 44 | M40 | 111 | 1:02:51 | 10,50 | 5:43 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 1038 | 364 | NAESSENS Sabine | TIEGEM | 52 | F50 | 21 | 1:02:52 | 10,50 | 5:43 |
| 1039 | 1025 | LEFEVER Brenda | POPERINGE | 56 | F55 | 10 | 1:02:52 | 10,50 | 5:43 |
| 1040 | 612 | FLORQUIN Steffi | KORTRIJK | 26 | SEF | 93 | 1:02:53 | 10,50 | 5:43 |
| 1041 | 379 | HERMAN Sarah | ST-GILLIS | 31 | SEF | 94 | 1:02:53 | 10,50 | 5:43 |
| 1042 | 1208 | DE FRUYT Louise | BRUGGE | 20 | SEF | 95 | 1:02:53 | 10,50 | 5:43 |
| 1043 | 1310 | BLONDEEL Michael | KORTRIJK | 24 | SEH | 306 | 1:02:54 | 10,49 | 5:43 |
| 1044 | 1574 | DECRUYENAERE Vincent | ANZEGEM | 42 | M40 | 112 | 1:02:55 | 10,49 | 5:43 |
| 1045 | 741 | CNUUDE Marleen | KORTRIJK | 53 | F50 | 22 | 1:02:55 | 10,49 | 5:43 |
| 1046 | 1211 | DE FRUYT Stephanie | BRUGGE | 24 | SEF | 96 | 1:02:57 | 10,48 | 5:43 |
| 1047 | 733 | VANDENBUSSCHE Goedele | KORTRIJK | 43 | M40 | 113 | 1:02:58 | 10,48 | 5:43 |
| 1048 | 252 | SCHERPEREEL Silke | KORTRIJK | 36 | F35 | 40 | 1:02:58 | 10,48 | 5:43 |
| 1049 | 1287 | DELBECQUE Dries | DEERLIJK | 35 | M35 | 126 | 1:02:59 | 10,48 | 5:44 |
| 1050 | 630 | COZYNS Steven | KORTRIJK | 41 | M40 | 114 | 1:03:01 | 10,47 | 5:44 |
| 1051 | 605 | VERMAETE Mieke | KORTRIJK | 37 | F35 | 41 | 1:03:01 | 10,47 | 5:44 |
| 1052 | 970 | VANDERSCHUEREN Delphine | GENT | 22 | SEF | 97 | 1:03:01 | 10,47 | 5:44 |
| 1053 | 250 | GRUWEZ Jaume | KORTRIJK | 13 | SEH | 307 | 1:03:02 | 10,47 | 5:44 |
| 1054 | 696 | NOLF Yves | ZWEVEGEM | 54 | M50 | 74 | 1:03:02 | 10,47 | 5:44 |
| 1055 | 847 | TERMOTE Anja | ROESLARE | 45 | F45 | 34 | 1:03:04 | 10,47 | 5:44 |
| 1056 | 846 | VANHERWEGHE Thierry | ROESLARE | 50 | M50 | 75 | 1:03:04 | 10,47 | 5:44 |
| 1057 | 848 | HELEWAUT Renate | LAUWE | 40 | F40 | 38 | 1:03:04 | 10,47 | 5:44 |
| 1058 | 1094 | SAESENS Philip | KORTRIJK | 53 | M50 | 76 | 1:03:05 | 10,46 | 5:44 |
| 1059 | 936 | BUELENS Karel | BERCHEM | 51 | M50 | 77 | 1:03:08 | 10,45 | 5:44 |
| 1060 | 751 | BOURGEOIS Liesbeth | RONSE | 31 | SEF | 98 | 1:03:09 | 10,45 | 5:44 |
| 1061 | 587 | EGGERMONT Isabel | DEINZE | 34 | SEF | 99 | 1:03:10 | 10,45 | 5:45 |
| 1062 | 1432 | GOESAERT Doris | OOSTROZEBEKE | 54 | F50 | 23 | 1:03:10 | 10,45 | 5:45 |
| 1063 | 677 | TORFS Barbara | ST-NIKLAAS | 39 | F35 | 42 | 1:03:11 | 10,45 | 5:45 |
| 1064 | 1045 | BOUCIQUÉ Koen | KNOKKE | 47 | M45 | 112 | 1:03:13 | 10,44 | 5:45 |
| 1065 | 342 | BOGAERT Vanessa | KORTRIJK | 40 | F40 | 39 | 1:03:14 | 10,44 | 5:45 |
| 1066 | 341 | CARLIER Tania | KORTRIJK | 36 | F35 | 43 | 1:03:15 | 10,43 | 5:45 |
| 1067 | 1170 | VAN LOON Nick | TILBURG | 50 | M50 | 78 | 1:03:17 | 10,43 | 5:45 |
| 1068 | 1191 | GAEREMINCK Bjorn | BRUGGE | 37 | M35 | 127 | 1:03:17 | 10,43 | 5:45 |
| 1069 | 1220 | CALLEWAERT Dieter | BRUGGE | 41 | M40 | 115 | 1:03:17 | 10,43 | 5:45 |
| 1070 | 524 | DEWAELE Ann | BLANKENBERGE | 41 | F40 | 40 | 1:03:18 | 10,43 | 5:45 |
| 1071 | 1507 | DE GEETER Kjell Nicole | EDEGEM | 33 | SEH | 308 | 1:03:18 | 10,43 | 5:45 |
| 1072 | 1508 | MARYNS Caroline Luc | EDEGEM | 31 | SEF | 100 | 1:03:19 | 10,42 | 5:45 |
| 1073 | 897 | RIGOLE Vincent | MARKE | 47 | M45 | 113 | 1:03:19 | 10,42 | 5:45 |
| 1074 | 547 | DESMET Janaica | DEERLIJK | 26 | SEF | 101 | 1:03:19 | 10,42 | 5:45 |
| 1075 | 830 | VANLEYNSEELE Mike | HELKIJK | 31 | SEH | 309 | 1:03:20 | 10,42 | 5:45 |
| 1076 | 572 | CORBONNÉ Sophie | BELLESEM | 31 | SEF | 102 | 1:03:23 | 10,41 | 5:46 |
| 1077 | 362 | SNAUWAERT Peter | NAZARETH | 41 | M40 | 116 | 1:03:23 | 10,41 | 5:46 |
| 1078 | 794 | HOLLEZ Marianne | LAUWE | 32 | SEF | 103 | 1:03:24 | 10,41 | 5:46 |
| 1079 | 573 | APRILE Lorenzo | HARELBEKE | 26 | SEH | 310 | 1:03:26 | 10,40 | 5:46 |
| 1080 | 1511 | RYCKEBOSCH Isabelle | GELUWE | 37 | F35 | 44 | 1:03:27 | 10,40 | 5:46 |
| 1081 | 758 | RAEPSAET Leen | KLUISBERGEN | 35 | F35 | 45 | 1:03:28 | 10,40 | 5:46 |
| 1082 | 1052 | DE BELS Femke | IZEGEM | 47 | F45 | 35 | 1:03:29 | 10,40 | 5:46 |
| 1083 | 826 | VANDEKERCKHOVE Carine | ST-NIKLAAS | 57 | F55 | 11 | 1:03:34 | 10,38 | 5:47 |
| 1084 | 791 | DUMORITER Bjenna | KUURNE | 41 | F40 | 41 | 1:03:34 | 10,38 | 5:47 |
| 1085 | 882 | VERHUE Gwennaëlle | ZWEVEGEM | 43 | F40 | 42 | 1:03:40 | 10,37 | 5:47 |
| 1086 | 251 | VANTIEGHEM Casper | KORTRIJK | 13 | SEH | 311 | 1:03:40 | 10,37 | 5:47 |
| 1087 | 113 | LEBON Vanessa | DOTTENIJS | 34 | SEF | 104 | 1:03:40 | 10,37 | 5:47 |
| 1088 | 1561 | MASSCHELEIN Stefanie | IEPER | 35 | F35 | 46 | 1:03:40 | 10,37 | 5:47 |
| 1089 | 1611 | DURANT Charlotte | POPERINGE | 34 | SEF | 105 | 1:03:41 | 10,36 | 5:47 |
| 1090 | 525 | WITGEERS Christel | BLANKENBERGE | 37 | F35 | 47 | 1:03:42 | 10,36 | 5:47 |
| 1091 | 1062 | LAGROU Stephanie | WEVELGEM | 30 | SEF | 106 | 1:03:42 | 10,36 | 5:47 |
| 1092 | 1111 | MERTENS Ann | GISTEL | 41 | F40 | 43 | 1:03:43 | 10,36 | 5:48 |
| 1093 | 1095 | CLINCKEMAILLIE Griet | HEULE | 32 | SEF | 107 | 1:03:45 | 10,35 | 5:48 |
| 1094 | 269 | VANZIELEGHEM Anton | ST-DENIJS | 40 | M40 | 117 | 1:03:49 | 10,34 | 5:48 |
| 1095 | 1897 | VANDENBERGHE Daan | GELUWE | 26 | SEH | 312 | 1:03:50 | 10,34 | 5:48 |
| 1096 | 568 | SMETS Eddy | DRONGEN | 50 | M50 | 79 | 1:03:51 | 10,34 | 5:48 |
| 1097 | 1336 | PUTZEYS Guy | KORTRIJK | 51 | M50 | 80 | 1:03:51 | 10,34 | 5:48 |
| 1098 | 1129 | STEELAND Sophie | GENTBRUGGE | 27 | SEF | 108 | 1:03:54 | 10,33 | 5:49 |
| 1099 | 1261 | CAPPELLE Evelien | BRUGGE | 37 | F35 | 48 | 1:03:54 | 10,33 | 5:49 |
| 1100 | 1186 | CALLENS Arne | TIELT | 34 | SEH | 313 | 1:03:55 | 10,33 | 5:49 |
| 1101 | 1426 | MALFRÈRE Tine Trees | KLUISBERGEN | 35 | F35 | 49 | 1:03:56 | 10,32 | 5:49 |
| 1102 | 642 | CALU Elke | HEULE | 36 | F35 | 50 | 1:03:59 | 10,32 | 5:49 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|------------------|-----|-----|-------|---------|-------|---------|
| 1103 | 1857 | VANHAUWAERT Frank | KUURNE | 52 | M50 | 81 | 1:04:01 | 10,31 | 5:49 |
| 1104 | 1089 | MARTENS Marie-Christine | KORTRIJK | 60 | F60 | 2 | 1:04:04 | 10,30 | 5:49 |
| 1105 | 943 | CLAERHOUT Arthur | ZWEVEGEM | 14 | SEH | 314 | 1:04:06 | 10,30 | 5:50 |
| 1106 | 1867 | | | | - | | 1:04:08 | 10,29 | 5:50 |
| 1107 | 1474 | DE ROO Elise Maria | IEPER | 34 | SEF | 109 | 1:04:14 | 10,28 | 5:50 |
| 1108 | 1448 | STRUELENS Danny | MOORSELE | 53 | M50 | 82 | 1:04:14 | 10,28 | 5:50 |
| 1109 | 1568 | ORGAER Michel | BELLESEM | 64 | M60 | 20 | 1:04:15 | 10,27 | 5:50 |
| 1110 | 1523 | DECEUNINCK Hans | LENDELEDE | 55 | M55 | 44 | 1:04:16 | 10,27 | 5:51 |
| 1111 | 435 | LAPEIRE Steven | ROESLARE | 41 | M40 | 118 | 1:04:21 | 10,26 | 5:51 |
| 1112 | 436 | ROELENS Arian | WOESTEN | 29 | SEF | 110 | 1:04:21 | 10,26 | 5:51 |
| 1113 | 384 | TITECA Kris | KORTRIJK | 41 | M40 | 119 | 1:04:21 | 10,26 | 5:51 |
| 1114 | 1147 | VERSTRAETE Hanne | ST-NIKLAAS | 20 | SEF | 111 | 1:04:24 | 10,25 | 5:51 |
| 1115 | 718 | LAMBRECHT Dieter | OOIGEM | 30 | SEH | 315 | 1:04:25 | 10,25 | 5:51 |
| 1116 | 919 | ADENS Els | HEULE | 45 | F45 | 36 | 1:04:26 | 10,24 | 5:51 |
| 1117 | 409 | LAGROU Koen | ASSEBROEK | 41 | M40 | 120 | 1:04:26 | 10,24 | 5:51 |
| 1118 | 1139 | VERVEACK Ignace | TORHOUT | 42 | M40 | 121 | 1:04:27 | 10,24 | 5:52 |
| 1119 | 819 | VERVAECK Charlotte | DESSELGEM | 44 | F40 | 44 | 1:04:29 | 10,24 | 5:52 |
| 1120 | 1830 | CARPENTIER Isabel | ZWEVEGEM | 39 | F35 | 51 | 1:04:30 | 10,23 | 5:52 |
| 1121 | 836 | VANDENHENDE Patricia | PITTEM | 40 | F40 | 45 | 1:04:32 | 10,23 | 5:52 |
| 1122 | 808 | DECLERCQ Lut | DESSELGEM | 46 | F45 | 37 | 1:04:35 | 10,22 | 5:52 |
| 1123 | 1149 | DIDIER Willems | TORHOUT | 51 | M50 | 83 | 1:04:35 | 10,22 | 5:52 |
| 1124 | 927 | VANBIERVLIET Sabine | WAREGEM | 45 | F45 | 38 | 1:04:36 | 10,22 | 5:52 |
| 1125 | 825 | ZOMERLINCK Dominique | ANZEGEM | 44 | F40 | 46 | 1:04:37 | 10,21 | 5:52 |
| 1126 | 1155 | COMPERNOL Tine | KORTRIJK | 28 | SEF | 112 | 1:04:42 | 10,20 | 5:53 |
| 1127 | 1399 | COMPERNOL Nele | GISTEL | 26 | SEF | 113 | 1:04:43 | 10,20 | 5:53 |
| 1128 | 957 | PHILIPS Véronique | VEURNE | 45 | F45 | 39 | 1:04:45 | 10,19 | 5:53 |
| 1128 | 806 | SERPIETERS Deborah | ADINKERKE | 34 | SEF | 114 | 1:04:45 | 10,19 | 5:53 |
| 1130 | 448 | MAES Jan | ZWEVEGEM | 45 | M45 | 114 | 1:04:46 | 10,19 | 5:53 |
| 1131 | 264 | MEERSMAN Jelle | KORTRIJK | 29 | SEH | 316 | 1:04:46 | 10,19 | 5:53 |
| 1132 | 878 | DEWULF Ann | MARKE | 50 | F50 | 24 | 1:04:47 | 10,19 | 5:53 |
| 1133 | 1812 | VERSLYPE Lien | MENEN | 33 | SEF | 115 | 1:04:49 | 10,18 | 5:54 |
| 1134 | 1090 | VANCRAEYNST Sofie | KORTRIJK | 33 | SEF | 116 | 1:04:53 | 10,17 | 5:54 |
| 1135 | 1843 | BEERNAERT Greet | BAVIKHOVE | 45 | F45 | 40 | 1:04:54 | 10,17 | 5:54 |
| 1136 | 932 | CASIER Inge | MARKE | 49 | F45 | 41 | 1:04:56 | 10,16 | 5:54 |
| 1137 | 1278 | FORT Caroline | OUDENAARDE | 38 | F35 | 52 | 1:04:56 | 10,16 | 5:54 |
| 1138 | 895 | VERHAEGHE Nico | WEVELGEM | 49 | M45 | 115 | 1:04:57 | 10,16 | 5:54 |
| 1139 | 1828 | VANHOLST Jelle | GELUWE | 35 | M35 | 128 | 1:05:01 | 10,15 | 5:55 |
| 1140 | 1827 | VERHAMME Christophe | DADIZELE | 34 | SEH | 317 | 1:05:01 | 10,15 | 5:55 |
| 1141 | 1085 | CARON Siska | WATOU | 26 | SEF | 117 | 1:05:03 | 10,15 | 5:55 |
| 1142 | 1864 | | | | - | | 1:05:06 | 10,14 | 5:55 |
| 1143 | 1288 | DELHAYE Nike | LAUWE (MENEN) | 47 | M45 | 116 | 1:05:06 | 10,14 | 5:55 |
| 1144 | 1374 | ISEBAERT Ivan | ANZEGEM | 69 | M65 | 7 | 1:05:06 | 10,14 | 5:55 |
| 1145 | 928 | PAREYT Danny | LAUWE (MENEN) | 53 | M50 | 84 | 1:05:08 | 10,13 | 5:55 |
| 1146 | 1592 | VERCAUTEREN Tom | ST-NIKLAAS | 27 | SEH | 318 | 1:05:09 | 10,13 | 5:55 |
| 1147 | 473 | HAGEMAN Davy | KORTRIJK | 37 | M35 | 129 | 1:05:10 | 10,13 | 5:55 |
| 1148 | 1316 | SCHOUTTETEN Ine | LEDEGEM | 33 | SEF | 118 | 1:05:11 | 10,13 | 5:56 |
| 1149 | 571 | CREMMERY Ruben | KORTRIJK | 39 | M35 | 130 | 1:05:11 | 10,13 | 5:56 |
| 1150 | 1258 | HAEYAERT Nele | BRUGGE | 32 | SEF | 119 | 1:05:11 | 10,13 | 5:56 |
| 1151 | 1833 | HUYS Martin | DE HAAN | 56 | M55 | 45 | 1:05:12 | 10,12 | 5:56 |
| 1152 | 1831 | VANMARCKE Gwen | BRUGGE | 51 | F50 | 25 | 1:05:12 | 10,12 | 5:56 |
| 1153 | 1832 | BRAEMS Dorine | DE HAAN | 54 | F50 | 26 | 1:05:13 | 10,12 | 5:56 |
| 1154 | 1260 | CROMBEZ Jill | BRUGGE | 36 | F35 | 53 | 1:05:14 | 10,12 | 5:56 |
| 1155 | 1281 | VERDURMEN Patrick | MECHELEN | 51 | M50 | 85 | 1:05:16 | 10,11 | 5:56 |
| 1156 | 676 | FERLA Sylvain | MARKE | 33 | SEH | 319 | 1:05:17 | 10,11 | 5:56 |
| 1157 | 1203 | HEBBRECHT Joost | BRUGGE | 29 | SEH | 320 | 1:05:20 | 10,10 | 5:56 |
| 1158 | 1217 | GEIRNAERT Kristof | BRUGGE | 29 | SEH | 321 | 1:05:20 | 10,10 | 5:56 |
| 1159 | 1049 | VAN WYMERSCH Tanja | LIERDE | 47 | F45 | 42 | 1:05:23 | 10,09 | 5:57 |
| 1160 | 950 | DE JONGE Caroline | WORTEGEM-PETEGEM | 38 | F35 | 54 | 1:05:25 | 10,09 | 5:57 |
| 1161 | 951 | DE JONGE Isabelle | ELLEZELLES | 38 | F35 | 55 | 1:05:26 | 10,09 | 5:57 |
| 1162 | 1884 | VANHOUTTE Delphine | HARELBEKE | 36 | F35 | 56 | 1:05:28 | 10,08 | 5:57 |
| 1163 | 842 | ALGOET Ellen | MOORSLEDE | 37 | F35 | 57 | 1:05:30 | 10,08 | 5:57 |
| 1164 | 840 | REMMERY Nele | LEDEGEM | 42 | F40 | 47 | 1:05:30 | 10,08 | 5:57 |
| 1165 | 1092 | CORDARO Michele | RONSE | 41 | M40 | 122 | 1:05:31 | 10,07 | 5:57 |
| 1166 | 628 | MANTZIARIS Nicolas | BRUSSEL | 27 | SEH | 322 | 1:05:31 | 10,07 | 5:57 |
| 1167 | 831 | VYNCKE Kurt | KORTRIJK | 41 | M40 | 123 | 1:05:34 | 10,07 | 5:58 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|----------------|-----|-----|-------|---------|-------|---------|
| 1168 | 1480 | UJKANI Qendresa | TIELT | 20 | SEF | 120 | 1:05:35 | 10,06 | 5:58 |
| 1169 | 437 | VANTOMME Charlotte | ZWEVEGEM | 33 | SEF | 121 | 1:05:35 | 10,06 | 5:58 |
| 1170 | 1801 | VERVELGHE Kimberly | ZWEVEGEM | 32 | SEF | 122 | 1:05:36 | 10,06 | 5:58 |
| 1171 | 1865 | DE BAERE Petra | EDELARE | 47 | F45 | 43 | 1:05:38 | 10,06 | 5:58 |
| 1172 | 1286 | DUMON David | KORTRIJK | 36 | M35 | 131 | 1:05:38 | 10,06 | 5:58 |
| 1173 | 1866 | MESTDAGH Koen | EDELARE | 43 | M40 | 124 | 1:05:38 | 10,06 | 5:58 |
| 1174 | 1168 | DE POTTER Linda | OOMBERGEN | 56 | F55 | 12 | 1:05:39 | 10,05 | 5:58 |
| 1175 | 1167 | BAELE Marleen | ZOTTEGEM | 55 | F55 | 13 | 1:05:39 | 10,05 | 5:58 |
| 1176 | 1677 | MAERTENS Hanna | TERNAT | 53 | F50 | 27 | 1:05:40 | 10,05 | 5:58 |
| 1177 | 1560 | VERBRUGGHE Lyn | VICHTE | 37 | F35 | 58 | 1:05:41 | 10,05 | 5:58 |
| 1178 | 966 | HAUSPIE Isabelle | TEMSE | 39 | F35 | 59 | 1:05:41 | 10,05 | 5:58 |
| 1179 | 1465 | YSERBYT Marinka | KORTRIJK | 46 | F45 | 44 | 1:05:42 | 10,05 | 5:58 |
| 1180 | 1566 | DEHAEN Hilde | BELLESEM | 51 | F50 | 28 | 1:05:43 | 10,04 | 5:58 |
| 1181 | 1076 | VERBRAAK Joke | BREDA | 65 | F65 | 1 | 1:05:44 | 10,04 | 5:59 |
| 1182 | 1154 | POLLENTIER Sigrid | RUMBEKE | 43 | F40 | 48 | 1:05:45 | 10,04 | 5:59 |
| 1183 | 849 | CAMPENS Carole | KORTRIJK | 44 | F40 | 49 | 1:05:47 | 10,03 | 5:59 |
| 1184 | 588 | VANMELLAERTS Geert | IZEGEM | 47 | M45 | 117 | 1:05:47 | 10,03 | 5:59 |
| 1185 | 57 | ANNE Anthony | HARELBEKE | 43 | M40 | 125 | 1:05:48 | 10,03 | 5:59 |
| 1186 | 1302 | DE KNEEF Fiona | RUISELEDE | 33 | SEF | 123 | 1:05:49 | 10,03 | 5:59 |
| 1187 | 1576 | ACHIR Oussama | KORTRIJK | 19 | SEH | 323 | 1:05:50 | 10,03 | 5:59 |
| 1188 | 1303 | LAZOU Shanna | GELUVELD | 35 | F35 | 60 | 1:05:52 | 10,02 | 5:59 |
| 1189 | 1532 | DEBEUF Robin | MENEN | 34 | SEH | 324 | 1:05:52 | 10,02 | 5:59 |
| 1190 | 787 | SEGERS Stijn | ELSENE | 29 | SEH | 325 | 1:05:53 | 10,02 | 5:59 |
| 1191 | 893 | VANROBAEYS Lieselot | HAASRODE | 35 | F35 | 61 | 1:05:53 | 10,02 | 5:59 |
| 1192 | 1263 | OLLEVIER Pedro | BELGIË | 44 | M40 | 126 | 1:05:53 | 10,02 | 5:59 |
| 1193 | 800 | VAN DER HELSTRAETE Ilse | KORTRIJK | 43 | F40 | 50 | 1:05:54 | 10,02 | 5:59 |
| 1194 | 955 | OVAERE Petra | ANZEGEM | 37 | F35 | 62 | 1:05:55 | 10,01 | 6:00 |
| 1195 | 952 | FASSEUR Francine | VICHTE | 63 | F60 | 3 | 1:05:55 | 10,01 | 6:00 |
| 1196 | 1109 | TERNEST Thomas | KORTRIJK | 36 | M35 | 132 | 1:05:57 | 10,01 | 6:00 |
| 1197 | 1086 | VANDENBERGHE Jacques | ASSEBROEK | 66 | M65 | 8 | 1:06:00 | 10,00 | 6:00 |
| 1198 | 537 | DUJARDIN Stephanie | RUISLEDE | 26 | SEF | 124 | 1:06:07 | 9,98 | 6:01 |
| 1199 | 563 | VANDECASTEELE Francis | BAVIKHOVE | 52 | M50 | 86 | 1:06:12 | 9,97 | 6:01 |
| 1200 | 745 | BRAEMS Tibbie | VORST | 33 | SEF | 125 | 1:06:15 | 9,96 | 6:01 |
| 1201 | 1065 | VANDENBROUCKE Maarten | ST-AMANDSBERG | 36 | M35 | 133 | 1:06:17 | 9,96 | 6:02 |
| 1202 | 924 | VINCKE Alain | MARKE | 60 | M60 | 21 | 1:06:19 | 9,95 | 6:02 |
| 1203 | 1280 | VINCKE Loran | GENT | 30 | SEH | 326 | 1:06:20 | 9,95 | 6:02 |
| 1204 | 1438 | VANROBAYS Hadewig | KORTRIJK | 37 | F35 | 63 | 1:06:23 | 9,94 | 6:02 |
| 1205 | 971 | BOUTEN Romina | RENINGELSY | 30 | SEF | 126 | 1:06:24 | 9,94 | 6:02 |
| 1206 | 1860 | DE ZITTER Els | KUURNE | 38 | F35 | 64 | 1:06:25 | 9,94 | 6:02 |
| 1207 | 1097 | VAN HECKE Adele | ZOMERGEM | 63 | F60 | 4 | 1:06:25 | 9,94 | 6:02 |
| 1208 | 451 | OCKIER Benoit | KUURNE | 36 | M35 | 134 | 1:06:25 | 9,94 | 6:02 |
| 1209 | 1921 | DELEU Lien | WERVIK | 31 | SEF | 127 | 1:06:27 | 9,93 | 6:02 |
| 1210 | 1858 | VANDENHEEDE Kenny | KUURNE | 35 | M35 | 135 | 1:06:34 | 9,91 | 6:03 |
| 1211 | 1011 | VERDOODT Jill | NAZARETH | 37 | F35 | 65 | 1:06:35 | 9,91 | 6:03 |
| 1212 | 1202 | DECLERCQ Evy | BRUGGE | 30 | SEF | 128 | 1:06:37 | 9,91 | 6:03 |
| 1213 | 1158 | FRUY Anouk | MERELBEKE | 39 | F35 | 66 | 1:06:39 | 9,90 | 6:04 |
| 1214 | 1099 | HERMANS Hedwige | HEVER | 54 | F50 | 29 | 1:06:42 | 9,90 | 6:04 |
| 1215 | 1100 | HENDERIX Maarten | HEVER | 26 | SEH | 327 | 1:06:45 | 9,89 | 6:04 |
| 1216 | 960 | GHEsqUIERE Sophie | KORTRIJK | 30 | SEF | 129 | 1:06:46 | 9,89 | 6:04 |
| 1217 | 798 | DELEU Véronique | KORTRIJK | 51 | F50 | 30 | 1:06:47 | 9,88 | 6:04 |
| 1218 | 1484 | DESOMBERE Veroniek | MENEN | 51 | F50 | 31 | 1:06:48 | 9,88 | 6:04 |
| 1219 | 1277 | PARMENTIER Els | RENINGELST | 37 | F35 | 67 | 1:06:50 | 9,88 | 6:05 |
| 1220 | 1896 | VANWILDEMEERSCH Katrien | WEVELGEM | 35 | F35 | 68 | 1:06:53 | 9,87 | 6:05 |
| 1221 | 1836 | LOUAGIE Veerle | ZWEVEGEM | 42 | F40 | 51 | 1:06:54 | 9,87 | 6:05 |
| 1222 | 1835 | VANGHELUWE Stefanie | ZWEVEGEM | 43 | F40 | 52 | 1:06:54 | 9,87 | 6:05 |
| 1223 | 1534 | SCHOUPPE Anita | GERAARDSBERGEN | 68 | F65 | 2 | 1:06:58 | 9,86 | 6:05 |
| 1224 | 483 | CORNETTE Isabelle | LICHTERVELDE | 41 | F40 | 53 | 1:06:58 | 9,86 | 6:05 |
| 1225 | 449 | VANHOO Julie | KOOIGEM | 35 | F35 | 69 | 1:07:00 | 9,85 | 6:05 |
| 1226 | 1174 | KORNEGOOR Huibrecht | STEENOKKERZEEL | 47 | M45 | 118 | 1:07:04 | 9,84 | 6:06 |
| 1227 | 1057 | PARMENTIER Chris | ST-AMANDSBERG | 48 | M45 | 119 | 1:07:09 | 9,83 | 6:06 |
| 1228 | 1056 | BOSSUYT Valerie | OOIGEM | 41 | F40 | 54 | 1:07:09 | 9,83 | 6:06 |
| 1229 | 1240 | DE HEEL Michel | BRUGGE | 30 | SEH | 328 | 1:07:10 | 9,83 | 6:06 |
| 1230 | 1055 | SOETENS Valerie | WAREGEM | 40 | F40 | 55 | 1:07:11 | 9,82 | 6:06 |
| 1231 | 1416 | DE WOLF Yves | KORTRIJK | 54 | M50 | 87 | 1:07:16 | 9,81 | 6:07 |
| 1232 | 1227 | BAL Charlotte | BRUGGE | 29 | SEF | 130 | 1:07:19 | 9,80 | 6:07 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------------|-----------------|-----|-----|-------|---------|------|---------|
| 1233 | 821 | VANHAVERBEKE Nathalie | DESSELGEM | 46 | F45 | 45 | 1:07:20 | 9,80 | 6:07 |
| 1234 | 1340 | NEIRYNCK Jo | WAREGEM | 46 | M45 | 120 | 1:07:20 | 9,80 | 6:07 |
| 1235 | 947 | REYNAERT Petra | IZEGEM | 38 | F35 | 70 | 1:07:21 | 9,80 | 6:07 |
| 1236 | 201 | CLAEYS Matthieu René | KORTRIJK | 38 | M35 | 136 | 1:07:21 | 9,80 | 6:07 |
| 1237 | 1516 | VOLKAERT Marleen | GULLEGEM | 52 | F50 | 32 | 1:07:26 | 9,79 | 6:08 |
| 1238 | 1366 | TOP Katrien Madeleine | HARELBEKE | 48 | F45 | 46 | 1:07:26 | 9,79 | 6:08 |
| 1239 | 1572 | FATTA Eduard | MALLE | 70 | M70 | 3 | 1:07:28 | 9,78 | 6:08 |
| 1240 | 1365 | MESTDACH Katrijn | KORTRIJK | 40 | F40 | 56 | 1:07:28 | 9,78 | 6:08 |
| 1241 | 497 | BOSTOEN Steven | KORTRIJK | 32 | SEH | 329 | 1:07:30 | 9,78 | 6:08 |
| 1242 | 1053 | O CONNOR Keelin | BAVEL | 60 | F60 | 5 | 1:07:30 | 9,78 | 6:08 |
| 1243 | 935 | VELGHE Tine | BERCHEM | 49 | F45 | 47 | 1:07:32 | 9,77 | 6:08 |
| 1244 | 682 | PITTOORS David | ST-NIKLAAS | 51 | M50 | 88 | 1:07:33 | 9,77 | 6:08 |
| 1245 | 683 | IVENS Marleen | ST-NIKLAAS | 45 | F45 | 48 | 1:07:34 | 9,77 | 6:09 |
| 1246 | 732 | MONBAILLIU Yoshi | TORHOUT | 30 | SEH | 330 | 1:07:41 | 9,75 | 6:09 |
| 1247 | 1497 | VANMARIS Marlen | HEULE | 48 | F45 | 49 | 1:07:47 | 9,74 | 6:10 |
| 1248 | 506 | MESSELY Nik | LENDELEDE | 43 | M40 | 127 | 1:07:47 | 9,74 | 6:10 |
| 1249 | 721 | VAN BOECKEL Stefaan | OOSTROZEBEKE | 40 | M40 | 128 | 1:07:48 | 9,73 | 6:10 |
| 1250 | 956 | VAN HOUTE Inge | ANTWERPEN | 46 | F45 | 50 | 1:07:50 | 9,73 | 6:10 |
| 1251 | 635 | JACOB Christophe | KORTRIJK | 29 | SEH | 331 | 1:07:51 | 9,73 | 6:10 |
| 1252 | 734 | SMET Mieke | HAMME (O.-VL.) | 52 | F50 | 33 | 1:07:51 | 9,73 | 6:10 |
| 1252 | 872 | WILLEMS Lies | PASSEDALE | 27 | SEF | 131 | 1:07:51 | 9,73 | 6:10 |
| 1254 | 1079 | DAMMAN Lieven | ZWEVEGEM | 51 | M50 | 89 | 1:07:53 | 9,72 | 6:10 |
| 1255 | 1295 | MUSSLY Evelyne | HEULE | 42 | F40 | 57 | 1:07:56 | 9,72 | 6:11 |
| 1256 | 1296 | BELAEN Kurt | HEULE | 44 | M40 | 129 | 1:07:57 | 9,71 | 6:11 |
| 1257 | 775 | VERWERFT Cami | OOSTENDE | 50 | F50 | 34 | 1:08:01 | 9,70 | 6:11 |
| 1258 | 484 | BEECKAERT Annelies | ROESLARE | 35 | F35 | 71 | 1:08:03 | 9,70 | 6:11 |
| 1259 | 841 | HONORE Marie Christine | KORTRIJK | 56 | F55 | 14 | 1:08:04 | 9,70 | 6:11 |
| 1260 | 422 | MAIHEU Joke | TIEGEM | 22 | SEF | 132 | 1:08:05 | 9,69 | 6:11 |
| 1261 | 388 | LIBERT Christel | OUDENAARDE | 44 | F40 | 58 | 1:08:05 | 9,69 | 6:11 |
| 1262 | 421 | TACK Jasper | AVELGEM | 24 | SEH | 332 | 1:08:05 | 9,69 | 6:11 |
| 1263 | 1837 | CRUYSBERGHS Leila | GELUVELD | 32 | SEF | 133 | 1:08:06 | 9,69 | 6:11 |
| 1264 | 1519 | KETS Filip Paul | HARELBEKE | 54 | M50 | 90 | 1:08:06 | 9,69 | 6:11 |
| 1264 | 795 | RAPSAET Sofie | KORTRIJK | 34 | SEF | 134 | 1:08:06 | 9,69 | 6:11 |
| 1266 | 1314 | DA CONCEICAO Lusinete Maria | IZEGEM | 42 | F40 | 59 | 1:08:07 | 9,69 | 6:12 |
| 1267 | 1005 | SNOECK Wouter | ZWEVEGEM | 26 | SEH | 333 | 1:08:09 | 9,68 | 6:12 |
| 1268 | 740 | VANDEVYVERE Christa | REKKEM | 51 | F50 | 35 | 1:08:10 | 9,68 | 6:12 |
| 1269 | 558 | VERHAEGHE Stefaan | KUURNE | 50 | M50 | 91 | 1:08:14 | 9,67 | 6:12 |
| 1270 | 1892 | SERVAYGE Fien | KORTRIJK | 25 | SEF | 135 | 1:08:15 | 9,67 | 6:12 |
| 1271 | 1015 | FONTAYNE Dimitri | VARSNARE | 34 | SEH | 334 | 1:08:16 | 9,67 | 6:12 |
| 1272 | 1620 | SCHOLLAERT Fabian | BACHTE-M-LEERNE | 28 | SEH | 335 | 1:08:24 | 9,65 | 6:13 |
| 1273 | 507 | VAN DE VYVER Kurt | KACHTEM | 46 | M45 | 121 | 1:08:27 | 9,64 | 6:13 |
| 1274 | 482 | GODART Katrien | OOIGEM | 43 | F40 | 60 | 1:08:30 | 9,64 | 6:14 |
| 1275 | 213 | COOREVITS Liselotte | WEVELGEM | 30 | SEF | 136 | 1:08:32 | 9,63 | 6:14 |
| 1276 | 533 | MESTDAGH Jamie | GENT | 27 | SEF | 137 | 1:08:37 | 9,62 | 6:14 |
| 1277 | 454 | VAN HEUVEN Dirk | KORTRIJK | 54 | M50 | 92 | 1:08:38 | 9,62 | 6:14 |
| 1278 | 414 | DEWAELE Lut | INGOOIGEM | 57 | F55 | 15 | 1:08:39 | 9,61 | 6:14 |
| 1279 | 415 | COEMAN Pol | AVELGEM | 61 | M60 | 22 | 1:08:41 | 9,61 | 6:15 |
| 1280 | 1119 | CORDARO Emanuele | GENT | 36 | M35 | 137 | 1:08:42 | 9,61 | 6:15 |
| 1281 | 441 | LOOSVELD Hanne | KORTRIJK | 29 | SEF | 138 | 1:08:43 | 9,60 | 6:15 |
| 1282 | 528 | STRUYVE Robbe | KUURNE | 26 | SEH | 336 | 1:08:44 | 9,60 | 6:15 |
| 1283 | 516 | FOULON Jenna | BISSEGEM | 23 | SEF | 139 | 1:08:45 | 9,60 | 6:15 |
| 1284 | 1110 | VANHOUTTE Greet | ZWEVEGEM | 48 | F45 | 51 | 1:08:45 | 9,60 | 6:15 |
| 1285 | 1027 | TUYTENS Sarah | ZWEVEGEM | 32 | SEF | 140 | 1:08:51 | 9,59 | 6:16 |
| 1286 | 759 | BERCKMOES Steven | WETTEREN | 30 | SEH | 337 | 1:08:53 | 9,58 | 6:16 |
| 1287 | 542 | OBA Donald | HARELBEKE | 36 | M35 | 138 | 1:08:53 | 9,58 | 6:16 |
| 1288 | 1200 | DEVOS Micheline | BRUGGE | 29 | SEF | 141 | 1:08:53 | 9,58 | 6:16 |
| 1289 | 1198 | VANDENABEELE Audrey | BRUGGE | 29 | SEF | 142 | 1:08:53 | 9,58 | 6:16 |
| 1290 | 985 | DE RIJCKE Lindsey | OESSELGEM | 27 | SEF | 143 | 1:08:55 | 9,58 | 6:16 |
| 1291 | 1178 | VERNAILLEN Wim | ZAVENTEM | 42 | M40 | 130 | 1:08:56 | 9,57 | 6:16 |
| 1292 | 1819 | NOTEBAERT Marleen | KORTRIJK | 53 | F50 | 36 | 1:08:56 | 9,57 | 6:16 |
| 1293 | 1816 | DEBAVEYE Mia | KORTRIJK | 53 | F50 | 37 | 1:08:57 | 9,57 | 6:16 |
| 1294 | 1818 | HUYSENTRUYT Marleen | HARELBEKE | 54 | F50 | 38 | 1:08:57 | 9,57 | 6:16 |
| 1295 | 1817 | HALSBERGHE Fabienne | HARELBEKE | 53 | F50 | 39 | 1:08:57 | 9,57 | 6:16 |
| 1296 | 1323 | VANMARCKE Griet | SPIERE | 44 | F40 | 61 | 1:08:57 | 9,57 | 6:16 |
| 1297 | 488 | VERMEULEN Inge | HARELBEKE | 43 | F40 | 62 | 1:08:59 | 9,57 | 6:16 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|-----------------|-----|-----|-------|---------|------|---------|
| 1298 | 486 | THERMOTE Ann | WAREGEM | 48 | F45 | 52 | 1:08:59 | 9,57 | 6:16 |
| 1299 | 530 | VANMARCKE Annelies | ARDOOIE | 29 | SEF | 144 | 1:09:02 | 9,56 | 6:17 |
| 1300 | 1131 | SUYS Morgane | GENTBRUGGE | 27 | SEF | 145 | 1:09:04 | 9,56 | 6:17 |
| 1301 | 1132 | VAN DEN BROUCKE Julie | HARELBEKE | 31 | SEF | 146 | 1:09:04 | 9,56 | 6:17 |
| 1302 | 833 | BIESBROUCK Bart | HEULE | 57 | M55 | 46 | 1:09:05 | 9,55 | 6:17 |
| 1303 | 1284 | HUYS Annelies | BRUGGE | 37 | F35 | 72 | 1:09:06 | 9,55 | 6:17 |
| 1304 | 1612 | LECONTE Beatrijs | KUURNE | 47 | F45 | 53 | 1:09:07 | 9,55 | 6:17 |
| 1305 | 1909 | SOETE Lotte | DESSELGEM | 30 | SEF | 147 | 1:09:11 | 9,54 | 6:17 |
| 1306 | 998 | RYCKAERT Ilse | DEERLIJK | 28 | SEF | 148 | 1:09:12 | 9,54 | 6:17 |
| 1307 | 430 | LEROOY Annabel | VEURNE | 27 | SEF | 149 | 1:09:12 | 9,54 | 6:17 |
| 1308 | 997 | DESLYPERE Joke | BRUGGE | 28 | SEF | 150 | 1:09:12 | 9,54 | 6:17 |
| 1309 | 1585 | WYSEUR Sabien | WEVELGEM | 44 | F40 | 63 | 1:09:13 | 9,54 | 6:18 |
| 1310 | 526 | DEMUYNCK Mieke | ST-ELOOIS-VIJVE | 30 | SEF | 151 | 1:09:13 | 9,54 | 6:18 |
| 1311 | 611 | SOBRY Katrien | KORTRIJK | 37 | F35 | 73 | 1:09:15 | 9,53 | 6:18 |
| 1312 | 782 | DE JAEGHER Krist | WAREGEM | 50 | M50 | 93 | 1:09:17 | 9,53 | 6:18 |
| 1313 | 1028 | DENYS Benedicte | KORTRIJK | 40 | F40 | 64 | 1:09:18 | 9,52 | 6:18 |
| 1314 | 1071 | VALCKE Emily | ROLLEGEM | 30 | SEF | 152 | 1:09:18 | 9,52 | 6:18 |
| 1315 | 1306 | DEMESSEMAEKER Tom | HARELBEKE | 20 | SEH | 338 | 1:09:19 | 9,52 | 6:18 |
| 1316 | 1146 | CLAERHOUT Filip | OOSTKAMP | 45 | M45 | 122 | 1:09:20 | 9,52 | 6:18 |
| 1317 | 122 | GHEsqUIERE Sophie | KORTRIJK | 38 | F35 | 74 | 1:09:20 | 9,52 | 6:18 |
| 1318 | 606 | CALUWÉ Olivier | KORTRIJK | 45 | M45 | 123 | 1:09:22 | 9,51 | 6:18 |
| 1319 | 729 | DRIESSCHAERT Alex | VARSENARE | 52 | M50 | 94 | 1:09:24 | 9,51 | 6:19 |
| 1320 | 1271 | OLIEVIER Marleen | KORTRIJK | 54 | F50 | 40 | 1:09:24 | 9,51 | 6:19 |
| 1321 | 80 | DESCHUYMER Katrien | KORTRIJK | 53 | F50 | 41 | 1:09:24 | 9,51 | 6:19 |
| 1322 | 450 | MERLIN Charlotte | KUURNE | 34 | SEF | 153 | 1:09:25 | 9,51 | 6:19 |
| 1323 | 1453 | VAN HEULE Caroline | GENT | 35 | F35 | 75 | 1:09:25 | 9,51 | 6:19 |
| 1324 | 1199 | DECLERCQ Sylvie | BRUGGE | 35 | F35 | 76 | 1:09:27 | 9,50 | 6:19 |
| 1325 | 446 | RODTS Sofie | KORTRIJK | 36 | F35 | 77 | 1:09:29 | 9,50 | 6:19 |
| 1326 | 1564 | BOUDART Aaricia | BRUXELLES | 28 | SEF | 154 | 1:09:33 | 9,49 | 6:19 |
| 1327 | 873 | BUYSE Johanna | GULLEGEM | 51 | F50 | 42 | 1:09:35 | 9,49 | 6:20 |
| 1328 | 1137 | DECAESTECKER Annelien | IEPER | 27 | SEF | 155 | 1:09:38 | 9,48 | 6:20 |
| 1329 | 1026 | DEMEIRE Caroline | DEERLIJK | 52 | F50 | 43 | 1:09:41 | 9,47 | 6:20 |
| 1330 | 1326 | HUYGHE Xavier | GULLEGEM | 27 | SEH | 339 | 1:09:42 | 9,47 | 6:20 |
| 1331 | 1218 | COTTYN Ann-Sophie | BRUGGE | 27 | SEF | 156 | 1:09:46 | 9,46 | 6:21 |
| 1332 | 797 | MARTIN Virginie | BRUSSEL | 30 | SEF | 157 | 1:09:46 | 9,46 | 6:21 |
| 1333 | 461 | CALLENS Sophie | ROLLEGEM | 36 | F35 | 78 | 1:09:48 | 9,46 | 6:21 |
| 1334 | 261 | OCKIER Sylvia | ROLLEGEM | 37 | F35 | 79 | 1:09:48 | 9,46 | 6:21 |
| 1335 | 1330 | DECROOS Stefaan | GENT | 51 | M50 | 95 | 1:09:50 | 9,45 | 6:21 |
| 1336 | 1494 | BAEKELANDT Kurt | EMELGEM | 52 | M50 | 96 | 1:09:51 | 9,45 | 6:21 |
| 1337 | 938 | LECOT Sabine | HEULE | 49 | F45 | 54 | 1:09:53 | 9,44 | 6:21 |
| 1338 | 974 | VANHAEMEESCH Trui | NOKERE | 46 | F45 | 55 | 1:09:53 | 9,44 | 6:21 |
| 1339 | 1272 | BRILLE Annick | MARKE | 48 | F45 | 56 | 1:09:53 | 9,44 | 6:21 |
| 1340 | 934 | LAPERRE Stephanie | KORTRIJK | 44 | F40 | 65 | 1:09:53 | 9,44 | 6:21 |
| 1341 | 983 | KINDT Silvianne | ARDOOIE | 43 | F40 | 66 | 1:09:54 | 9,44 | 6:21 |
| 1342 | 774 | FRUY Stephanie | VARSENARE | 41 | F40 | 67 | 1:09:58 | 9,43 | 6:22 |
| 1343 | 1629 | VANHEE Koen | HEULE | 41 | M40 | 131 | 1:10:02 | 9,42 | 6:22 |
| 1344 | 1305 | VANDENBERGHE Leen | WEVELGEM | 58 | F55 | 16 | 1:10:04 | 9,42 | 6:22 |
| 1345 | 1307 | LIETAERT Katia | HARELBEKE | 48 | F45 | 57 | 1:10:05 | 9,42 | 6:22 |
| 1346 | 386 | DE WANDEL Hanne | ST-AMANDSBERG | 28 | SEF | 158 | 1:10:09 | 9,41 | 6:23 |
| 1347 | 427 | DUCHI Tine | ST-AMANDSBERG | 29 | SEF | 159 | 1:10:10 | 9,41 | 6:23 |
| 1348 | 1859 | CARTON Stéphanie | ASSEBROEK | 22 | SEF | 160 | 1:10:16 | 9,39 | 6:23 |
| 1349 | 707 | HIMPENS Eveline | WIELSBEKE | 32 | SEF | 161 | 1:10:16 | 9,39 | 6:23 |
| 1350 | 1312 | COYSMAN Griet | KOOLSKAMP | 22 | SEF | 162 | 1:10:18 | 9,39 | 6:23 |
| 1351 | 1311 | ELINE Delerue | GULLEGEM | 28 | SEF | 163 | 1:10:18 | 9,39 | 6:23 |
| 1352 | 866 | VERCRUYSSSE Barbara | OUDENAARDE | 31 | SEF | 164 | 1:10:23 | 9,38 | 6:24 |
| 1353 | 1686 | VANDEVELDE Arnaud | DEERLIJK | 28 | SEH | 340 | 1:10:24 | 9,38 | 6:24 |
| 1354 | 973 | MALFAIT Damienne | MENEN | 58 | F55 | 17 | 1:10:28 | 9,37 | 6:24 |
| 1355 | 889 | DEMUYNCK Nele | EERNEGEM | 35 | F35 | 80 | 1:10:29 | 9,36 | 6:24 |
| 1356 | 940 | PLASKIE Ann | BELLEGEM | 47 | F45 | 58 | 1:10:31 | 9,36 | 6:25 |
| 1357 | 1450 | DEWEERDT Pieter Jan | WEVELGEM | 40 | M40 | 132 | 1:10:33 | 9,36 | 6:25 |
| 1358 | 1451 | VANDENBUSSCHE Kelly | WEVELGEM | 23 | SEF | 165 | 1:10:33 | 9,36 | 6:25 |
| 1359 | 1423 | POELAERT Bart | WEVELGEM | 50 | M50 | 97 | 1:10:35 | 9,35 | 6:25 |
| 1360 | 1021 | DEFOORT Annelien | HARELBEKE | 29 | SEF | 166 | 1:10:35 | 9,35 | 6:25 |
| 1361 | 768 | PLYSIER Angelique | KOEKELARE | 35 | F35 | 81 | 1:10:36 | 9,35 | 6:25 |
| 1362 | 949 | Taelman Kimberly | DENTERGEM | 26 | SEF | 167 | 1:10:37 | 9,35 | 6:25 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|--------------------|-----|-----|-------|---------|------|---------|
| 1363 | 536 | SEYNHAEVE Ann | WEVELGEM | 55 | F55 | 18 | 1:10:38 | 9,34 | 6:25 |
| 1364 | 1386 | DECLOEDT Anne | DE PINTE | 51 | F50 | 44 | 1:10:41 | 9,34 | 6:26 |
| 1365 | 1538 | VAN HERZEELE Carine | DEINZE | 60 | F60 | 6 | 1:10:45 | 9,33 | 6:26 |
| 1366 | 750 | D'HESPEEL Peggy | AVELGEM | 41 | F40 | 68 | 1:10:48 | 9,32 | 6:26 |
| 1367 | 1300 | CARETTE Sandrine | ST-MARTENS-LATEM | 59 | F55 | 19 | 1:10:49 | 9,32 | 6:26 |
| 1368 | 728 | DEMUYNCK Els | EERNEGEM | 43 | F40 | 69 | 1:10:55 | 9,31 | 6:27 |
| 1369 | 717 | VAN WETTER Nele | OOSTROZEBEKE | 29 | SEF | 168 | 1:10:56 | 9,30 | 6:27 |
| 1370 | 1625 | JACQUES Sylvie | BISSEGEM | 39 | F35 | 82 | 1:10:59 | 9,30 | 6:27 |
| 1371 | 1916 | VAN VYNCKT Sebastien | ZULTE | 28 | SEH | 341 | 1:11:03 | 9,29 | 6:28 |
| 1372 | 1915 | GOEMAERE Celien | ANZEGEM | 25 | SEF | 169 | 1:11:03 | 9,29 | 6:28 |
| 1373 | 1112 | BAILLEUL Danny | MENEN | 60 | M60 | 23 | 1:11:03 | 9,29 | 6:28 |
| 1374 | 829 | LIBEERT Bert | KORTRIJK | 36 | M35 | 139 | 1:11:05 | 9,28 | 6:28 |
| 1375 | 1279 | MARTIJN David | KORTRIJK | 36 | M35 | 140 | 1:11:06 | 9,28 | 6:28 |
| 1376 | 1327 | DE RAEVE Sylvie | SEMMERZAKE | 38 | F35 | 83 | 1:11:10 | 9,27 | 6:28 |
| 1377 | 942 | THEUNINCK Maxim | DEERLIJK | 35 | M35 | 141 | 1:11:10 | 9,27 | 6:28 |
| 1378 | 468 | FREDERIQUE Pere | MOUSCRON | 47 | F45 | 59 | 1:11:18 | 9,26 | 6:29 |
| 1379 | 615 | JENNES Luc | KORTRIJK | 52 | M50 | 98 | 1:11:18 | 9,26 | 6:29 |
| 1380 | 465 | LIETAER Anne | MOESKROEN | 49 | F45 | 60 | 1:11:19 | 9,25 | 6:29 |
| 1381 | 1138 | DELEERSNYDER Annelies | KORTRIJK | 28 | SEF | 170 | 1:11:20 | 9,25 | 6:29 |
| 1382 | 86 | MOREELS Aagje | ZULTE | 25 | SEF | 171 | 1:11:23 | 9,25 | 6:29 |
| 1383 | 349 | COLMAN Caroline | WAREGEM | 27 | SEF | 172 | 1:11:24 | 9,24 | 6:29 |
| 1384 | 1873 | HANSSSENS Emmanuel | WINGENE | 26 | SEH | 342 | 1:11:25 | 9,24 | 6:30 |
| 1385 | 996 | TEERLYNCK Ann-Sophie | KORTRIJK | 35 | F35 | 84 | 1:11:32 | 9,23 | 6:30 |
| 1386 | 1031 | VERSTAEN Trui | ZULTE | 45 | F45 | 61 | 1:11:33 | 9,22 | 6:30 |
| 1387 | 1124 | CLEMENT Veronique | ZULTE | 41 | F40 | 70 | 1:11:34 | 9,22 | 6:30 |
| 1388 | 1414 | FLO Robin William | KUURNE | 33 | SEH | 343 | 1:11:38 | 9,21 | 6:31 |
| 1389 | 972 | MEKEIRLE Pieter | DEINZE | 27 | SEH | 344 | 1:11:39 | 9,21 | 6:31 |
| 1390 | 1393 | DEVOS Marleen | WORTEGEM-PETEGEM | 41 | F40 | 71 | 1:11:43 | 9,20 | 6:31 |
| 1391 | 200 | VERSAVEL Kathy | HEULE | 45 | F45 | 62 | 1:11:46 | 9,20 | 6:31 |
| 1392 | 206 | DE RUYCK Barbara | OUDENAARDE | 40 | F40 | 72 | 1:11:49 | 9,19 | 6:32 |
| 1393 | 799 | GHELDOF Heidi | WEVELGEM | 48 | F45 | 63 | 1:11:50 | 9,19 | 6:32 |
| 1394 | 469 | VANASSCHE Vincent | MOUSCRON | 47 | M45 | 124 | 1:11:54 | 9,18 | 6:32 |
| 1395 | 1573 | PAUWELS Olga | ELVERDINGE | 60 | F60 | 7 | 1:11:55 | 9,18 | 6:32 |
| 1396 | 467 | COLOSIMO Sylvie | MOUSCRON | 46 | F45 | 64 | 1:11:56 | 9,18 | 6:32 |
| 1397 | 1204 | DEBLOCK Rudi | BRUGGE | 51 | M50 | 99 | 1:12:09 | 9,15 | 6:34 |
| 1398 | 1050 | PENSIS Monica | LIERDE | 40 | F40 | 73 | 1:12:09 | 9,15 | 6:34 |
| 1399 | 1051 | COENEN Pascale | GERAARDSBERGEN | 47 | F45 | 65 | 1:12:09 | 9,15 | 6:34 |
| 1400 | 444 | DERMAUX Kristien | WEVELGEM | 49 | F45 | 66 | 1:12:10 | 9,15 | 6:34 |
| 1401 | 1478 | COENE Patricia | MORTSEL | 48 | F45 | 67 | 1:12:14 | 9,14 | 6:34 |
| 1402 | 874 | BRUWIER Lindsey | LENDELEDE | 30 | SEF | 173 | 1:12:15 | 9,13 | 6:34 |
| 1403 | 1488 | CALLEEUW Hannelore | WESTOUTER | 25 | SEF | 174 | 1:12:23 | 9,12 | 6:35 |
| 1404 | 1681 | VAN BIERVLIET Fanny | AALBEKE | 48 | F45 | 68 | 1:12:23 | 9,12 | 6:35 |
| 1405 | 336 | GOEMAERE Lieselot | POPERINGE | 25 | SEF | 175 | 1:12:23 | 9,12 | 6:35 |
| 1406 | 978 | CLARYSSE Evy | MOORSELE | 35 | F35 | 85 | 1:12:24 | 9,12 | 6:35 |
| 1407 | 1341 | DESMET Patrick | ST-MICHIELS BRUGGE | 59 | M55 | 47 | 1:12:37 | 9,09 | 6:36 |
| 1408 | 216 | BULCAEN Ann | PASSEDALE | 47 | F45 | 69 | 1:12:38 | 9,09 | 6:36 |
| 1409 | 614 | DELEU Tine | KORTRIJK | 52 | F50 | 45 | 1:12:43 | 9,08 | 6:37 |
| 1410 | 786 | MARNEF Liselotte | ELSENE | 28 | SEF | 176 | 1:12:49 | 9,06 | 6:37 |
| 1411 | 103 | VANTHUYNE Mathias | HULSTE | 39 | M35 | 142 | 1:12:52 | 9,06 | 6:37 |
| 1412 | 1039 | DESMET Hanne | KORTRIJK | 37 | F35 | 86 | 1:12:52 | 9,06 | 6:37 |
| 1413 | 1619 | SCHOLLAERT Annelies | WAREGEM | 34 | SEF | 177 | 1:12:53 | 9,06 | 6:38 |
| 1414 | 1443 | JANART Charlotte | KORTRIJK | 51 | F50 | 46 | 1:12:54 | 9,05 | 6:38 |
| 1415 | 1863 | COUSSENS Patsy | DEERLIJK | 42 | F40 | 74 | 1:12:59 | 9,04 | 6:38 |
| 1416 | 6131 | CLAERBOUT Lotte | KUURNE | 17 | SEF | 178 | 1:13:01 | 9,04 | 6:38 |
| 1417 | 1127 | SCHEPENS Wendy | VOLKEGEM | 38 | F35 | 87 | 1:13:01 | 9,04 | 6:38 |
| 1418 | 1120 | MAES Ruben | INGELMUNSTER | 33 | SEH | 345 | 1:13:02 | 9,04 | 6:38 |
| 1419 | 1012 | DERVEAUX Evelyne | KUURNE | 40 | F40 | 75 | 1:13:12 | 9,02 | 6:39 |
| 1420 | 802 | BEKAERT Veerlei | KUURNE | 47 | F45 | 70 | 1:13:13 | 9,01 | 6:39 |
| 1421 | 1014 | VANEECHOUTTE Veerle | KUURNE | 47 | F45 | 71 | 1:13:13 | 9,01 | 6:39 |
| 1422 | 698 | SERROEN Charlotte | TORHOUT | 25 | SEF | 179 | 1:13:14 | 9,01 | 6:39 |
| 1423 | 344 | DEMAECKER Tom | KORTRIJK | 27 | SEH | 346 | 1:13:14 | 9,01 | 6:39 |
| 1424 | 1093 | ALLAERT Dominique | KORTRIJK | 57 | F55 | 20 | 1:13:22 | 9,00 | 6:40 |
| 1425 | 661 | VAN CLUYSEN Loes | WEVELGEM | 32 | SEF | 180 | 1:13:24 | 8,99 | 6:40 |
| 1426 | 1169 | DELVOYE Dave | HEULE | 39 | M35 | 143 | 1:13:25 | 8,99 | 6:40 |
| 1427 | 977 | DE WAELE Kristel | GERAARDSBERGEN | 46 | F45 | 72 | 1:13:28 | 8,98 | 6:41 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
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| 1428 | 1583 | DESMET Sandra | ST-DENIJS | 46 | F45 | 73 | 1:13:39 | 8,96 | 6:42 |
| 1429 | 1472 | VANOVERTVELDT Darline | ST-DENIJS | 46 | F45 | 74 | 1:13:39 | 8,96 | 6:42 |
| 1430 | 756 | VAN BOVEN Urbain | OVERMERE | 60 | M60 | 24 | 1:13:43 | 8,95 | 6:42 |
| 1431 | 939 | VERVENNE Ellen | SPIERE | 40 | F40 | 76 | 1:13:45 | 8,95 | 6:42 |
| 1432 | 937 | BOLLE Jessica | SPIERE | 33 | SEF | 181 | 1:13:46 | 8,95 | 6:42 |
| 1433 | 1328 | LIBBRECHT Frederic | SEMMERZAKE | 43 | M40 | 133 | 1:13:54 | 8,93 | 6:43 |
| 1434 | 965 | HEIRBAUT Lieselotte | NIEUWKERKEN-WAAS | 36 | F35 | 88 | 1:13:58 | 8,92 | 6:43 |
| 1435 | 1425 | DERYCKE Delphine Sylvie | MENEN | 39 | F35 | 89 | 1:14:01 | 8,92 | 6:44 |
| 1436 | 207 | COSAERT Hilde | ARKE | 53 | F50 | 47 | 1:14:06 | 8,91 | 6:44 |
| 1437 | 823 | VANDEN BUSSCHE Katrien | KORTRIJK | 49 | F45 | 75 | 1:14:14 | 8,89 | 6:45 |
| 1438 | 92 | COORNAERT Dominique | KORTRIJK | 46 | F45 | 76 | 1:14:14 | 8,89 | 6:45 |
| 1439 | 946 | TAKACS Cindy | SPIERE | 34 | SEF | 182 | 1:14:21 | 8,88 | 6:46 |
| 1440 | 1128 | SCHEPENS Karleen | VOLKEGEM | 36 | F35 | 90 | 1:14:27 | 8,87 | 6:46 |
| 1441 | 1636 | OSTYN Lieven Pol | KORTRIJK | 46 | M45 | 125 | 1:14:38 | 8,84 | 6:47 |
| 1442 | 267 | DECLERCQ Mathieu | KORTRIJK | 35 | M35 | 144 | 1:14:39 | 8,84 | 6:47 |
| 1443 | 1635 | OSTYN Barbara | ST-ELOOIS-VIJVE | 43 | F40 | 77 | 1:14:40 | 8,84 | 6:47 |
| 1444 | 1634 | BONNET Sebastien | ST-ELOOIS-VIJVE | 43 | M40 | 134 | 1:14:40 | 8,84 | 6:47 |
| 1445 | 1054 | CANNIERE Jacqueline | LAUWE | 53 | F50 | 48 | 1:14:41 | 8,84 | 6:47 |
| 1446 | 1413 | MESDAG Joyce Ellen | KUURNE | 33 | SEF | 183 | 1:14:41 | 8,84 | 6:47 |
| 1447 | 1017 | HARTEEL Jozefien | BISSEGEM | 20 | SEF | 184 | 1:14:52 | 8,82 | 6:48 |
| 1448 | 909 | VANFLETEREN Kristof | KORTRIJK | 36 | M35 | 145 | 1:14:54 | 8,81 | 6:49 |
| 1449 | 1216 | COUWET Fanny | BRUGGE | 32 | SEF | 185 | 1:15:05 | 8,79 | 6:50 |
| 1450 | 1087 | OTTEVAERE Sharon | HARELBEKE | 34 | SEF | 186 | 1:15:05 | 8,79 | 6:50 |
| 1451 | 757 | DEJONCKHEERE Carmen | HEULE | 50 | F50 | 49 | 1:15:06 | 8,79 | 6:50 |
| 1452 | 1641 | WINCKELMANS Luc | BELLEGEM | 52 | M50 | 100 | 1:15:14 | 8,77 | 6:50 |
| 1453 | 1642 | VERHELLE Hilde | BELLEGEM | 54 | F50 | 50 | 1:15:14 | 8,77 | 6:50 |
| 1454 | 529 | FONTEYNE Liza | WESTOUTER | 33 | SEF | 187 | 1:15:28 | 8,75 | 6:52 |
| 1455 | 538 | FONTEYNE Hanne | POPERINGE | 38 | F35 | 91 | 1:15:28 | 8,75 | 6:52 |
| 1456 | 557 | DELEERSNYDER Frankline | WAREGEM | 53 | F50 | 51 | 1:15:36 | 8,73 | 6:52 |
| 1457 | 858 | DEBAENE Sofie | HOOGLEDE | 42 | F40 | 78 | 1:15:37 | 8,73 | 6:52 |
| 1458 | 1626 | D'HONT Frederik | BISSEGEM | 38 | M35 | 146 | 1:15:45 | 8,71 | 6:53 |
| 1459 | 986 | WATTEYN Kathleen | REKKEM | 47 | F45 | 77 | 1:15:52 | 8,70 | 6:54 |
| 1460 | 1103 | HELLEBAUT Valentien | NIEUWPOORT | 37 | F35 | 92 | 1:16:14 | 8,66 | 6:56 |
| 1461 | 582 | DEBELS Ulrike | AVELGEM | 39 | F35 | 93 | 1:16:16 | 8,65 | 6:56 |
| 1462 | 911 | DHONDT Steffie | DENTERGEM | 22 | SEF | 188 | 1:16:40 | 8,61 | 6:58 |
| 1463 | 1034 | PIENS Jean-Luc | KORTRIJK | 46 | M45 | 126 | 1:16:41 | 8,61 | 6:58 |
| 1464 | 984 | DE GEEST Sofie | AALTER | 32 | SEF | 189 | 1:16:42 | 8,60 | 6:58 |
| 1465 | 1418 | VUYLSTEKE Bart Louis | KORTRIJK | 45 | M45 | 127 | 1:16:49 | 8,59 | 6:59 |
| 1466 | 1685 | TANGHE Charlotte Cécile | MENEN | 33 | SEF | 190 | 1:16:50 | 8,59 | 6:59 |
| 1467 | 765 | MARVANI Reza | KORTRIJK | 22 | SEH | 347 | 1:16:54 | 8,58 | 6:59 |
| 1468 | 1417 | VUYLSTEKE Cedric | KORTRIJK | 9 | SEH | 348 | 1:16:57 | 8,58 | 7:00 |
| 1469 | 1253 | VAN DE VELDE Claudia | BRUGGE | 44 | F40 | 79 | 1:17:06 | 8,56 | 7:01 |
| 1470 | 1254 | VANHOVE Hilde | BRUGGE | 24 | SEF | 191 | 1:17:06 | 8,56 | 7:01 |
| 1471 | 1570 | ROSSEEL Katrien | BRUGGE | 29 | SEF | 192 | 1:17:06 | 8,56 | 7:01 |
| 1472 | 653 | PHAGAN Zuzana | KORTRIJK | 39 | F35 | 94 | 1:17:07 | 8,56 | 7:01 |
| 1473 | 1252 | VAN ROY Wilfried | BRUGGE | 40 | M40 | 135 | 1:17:07 | 8,56 | 7:01 |
| 1474 | 1247 | MUYS Joke | BRUGGE | 34 | SEF | 193 | 1:17:08 | 8,56 | 7:01 |
| 1475 | 1571 | CREVITS Hilde | BRUGGE | 49 | F45 | 78 | 1:17:08 | 8,56 | 7:01 |
| 1476 | 1246 | SEGERS Bart | BRUGGE | 39 | M35 | 147 | 1:17:08 | 8,56 | 7:01 |
| 1477 | 1244 | VAN ROY Charlotte | BRUGGE | 28 | SEF | 194 | 1:17:10 | 8,55 | 7:01 |
| 1478 | 1248 | CHENNOUF Rkia | BRUGGE | 38 | F35 | 95 | 1:17:10 | 8,55 | 7:01 |
| 1479 | 1251 | BUELENS Erika | BRUGGE | 36 | F35 | 96 | 1:17:10 | 8,55 | 7:01 |
| 1480 | 214 | PARMENTIER Bart | HARELBEKE | 55 | M55 | 48 | 1:17:29 | 8,52 | 7:03 |
| 1481 | 1575 | DESMET Nico Eric | KORTRIJK | 42 | M40 | 136 | 1:18:04 | 8,45 | 7:06 |
| 1482 | 726 | DEBAENE Tom | WAREGEM | 56 | M55 | 49 | 1:18:45 | 8,38 | 7:10 |
| 1483 | 875 | DEBAENE Mieke | ROESLARE | 51 | F50 | 52 | 1:18:45 | 8,38 | 7:10 |
| 1484 | 777 | VANACKER Stephanie | ZWEVEGEM | 41 | F40 | 80 | 1:18:46 | 8,38 | 7:10 |
| 1485 | 1650 | VERSLYPPE Stefanie | MENEN | 26 | SEF | 195 | 1:18:54 | 8,37 | 7:10 |
| 1486 | 1683 | DEKNUDT Fabienne | KORTRIJK | 29 | SEF | 196 | 1:19:10 | 8,34 | 7:12 |
| 1487 | 752 | DECOUTTERE Catherine | KORTRIJK | 44 | F40 | 81 | 1:19:40 | 8,28 | 7:15 |
| 1488 | 1030 | DE BACKER Charlotte | KORTRIJK | 14 | SEF | 197 | 1:19:40 | 8,28 | 7:15 |
| 1489 | 535 | MICHEL Solange | BRUGGE | 71 | F70 | 1 | 1:20:18 | 8,22 | 7:18 |
| 1490 | 1008 | COPPENS Sarah | KORTRIJK | 23 | SEF | 198 | 1:20:25 | 8,21 | 7:19 |
| 1491 | 916 | NOTEBAERT Eveline | RAMSDONK | 33 | SEF | 199 | 1:20:52 | 8,16 | 7:21 |
| 1492 | 917 | BOSSAERTS Liese | MERCHTEM | 28 | SEF | 200 | 1:20:52 | 8,16 | 7:21 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|------------|-----|-----|-------|---------|------|---------|
| 1493 | 1242 | ALTINTAS Sevilay | BRUGGE | 36 | F35 | 97 | 1:21:12 | 8,13 | 7:23 |
| 1494 | 1228 | ROELS Marleen | BRUGGE | 36 | F35 | 98 | 1:21:14 | 8,12 | 7:23 |
| 1495 | 1140 | CASTELEYN Brian | TORHOUT | 40 | M40 | 137 | 1:21:35 | 8,09 | 7:25 |
| 1496 | 1614 | OVAERE Daisy | HARELBEKE | 41 | F40 | 82 | 1:21:44 | 8,08 | 7:26 |
| 1497 | 1613 | BOSSUYT Charlotte | HARELBEKE | 34 | SEF | 201 | 1:21:56 | 8,06 | 7:27 |
| 1498 | 1535 | PARMENTIER Thomas | KORTRIJK | 29 | SEH | 349 | 1:22:37 | 7,99 | 7:31 |
| 1499 | 913 | SNOEKS Jorlie | HAM | 20 | SEF | 202 | 1:22:37 | 7,99 | 7:31 |
| 1500 | 1332 | PERSYN Lynn | ZWEVEZELE | 25 | SEF | 203 | 1:23:06 | 7,94 | 7:33 |
| 1501 | 1329 | VANDEN BERGHE Annemie | GENT | 50 | F50 | 53 | 1:23:08 | 7,94 | 7:33 |
| 1502 | 1236 | EL AYADI Chaima | BRUGGE | 36 | F35 | 99 | 1:39:44 | 6,62 | 9:04 |
| 1503 | 1569 | DECOSTER Carmen | BRUGGE | 29 | SEF | 204 | 1:39:45 | 6,62 | 9:04 |